

ANLSL Regional Meet 3 - Célébration du nouvelle an
Côte Saint-Luc, 20- - 21-1-2024

Epreuve 212
2024-01-21 - 10:18

400m Libre

11 - 12 ans
Liste résultats

Points: FINA 2023

Rang				Age					Temps	Pts		
11 et 12 ans M, Garçons												
1.	PAQUETTE, Olivier			12	Pointe-Claire Swim Club				4:59.90	354		
	50m:	32.69	32.69	150m:	1:47.96	38.46	250m:	3:05.92	39.03	350m:	4:23.38	38.76
	100m:	1:09.50	36.81	200m:	2:26.89	38.93	300m:	3:44.62	38.70	400m:	4:59.90	36.52
2.	XIE, Steven			12	Pointe-Claire Swim Club				5:21.61	287		
	50m:	35.16	35.16	150m:	1:56.71	41.02	250m:	3:19.52	41.48	350m:	4:42.46	41.38
	100m:	1:15.69	40.53	200m:	2:38.04	41.33	300m:	4:01.08	41.56	400m:	5:21.61	39.15
3.	HILLIER, Malcolm			11	Pointe-Claire Swim Club				5:27.42	272		
	50m:	38.77	38.77	150m:	2:01.87	41.86	250m:	3:26.01	42.26	350m:	4:48.73	41.32
	100m:	1:20.01	41.24	200m:	2:43.75	41.88	300m:	4:07.41	41.40	400m:	5:27.42	38.69
4.	BEN-ABDALLAH, Adam			12	Club de natation Saint-Laurent				5:36.71	250		
	50m:	37.93	37.93	150m:	2:03.34	42.97	250m:	3:29.65	42.89	350m:	4:55.38	42.55
	100m:	1:20.37	42.44	200m:	2:46.76	43.42	300m:	4:12.83	43.18	400m:	5:36.71	41.33
5.	LAGHNEJ, Ali Mohamed			11	Club de natation Saint-Laurent				5:39.09	245		
	50m:	38.43	38.43	150m:	2:04.84	44.07	250m:	3:31.97	43.18	350m:	4:58.44	42.64
	100m:	1:20.77	42.34	200m:	2:48.79	43.95	300m:	4:15.80	43.83	400m:	5:39.09	40.65
6.	FAN, Ryan			12	Pointe-Claire Swim Club				5:42.33	238		
	50m:	38.01	38.01	150m:	2:04.14	42.78	250m:	3:31.60	43.62	350m:	4:59.19	43.78
	100m:	1:21.36	43.35	200m:	2:47.98	43.84	300m:	4:15.41	43.81	400m:	5:42.33	43.14
7.	WANG, Yechen			11	Pointe-Claire Swim Club				5:47.79	227		
	50m:	39.17	39.17	150m:	2:06.37	44.03	250m:	3:34.20	44.13	350m:	5:03.63	43.91
	100m:	1:22.34	43.17	200m:	2:50.07	43.70	300m:	4:19.72	45.52	400m:	5:47.79	44.16
8.	CUI, Gavin			11	Pointe-Claire Swim Club				5:58.07	208		
	50m:	41.11	41.11	150m:	2:11.62	45.66	250m:	3:42.72	45.65	350m:	5:14.40	46.33
	100m:	1:25.96	44.85	200m:	2:57.07	45.45	300m:	4:28.07	45.35	400m:	5:58.07	43.67
9.	JAREMA, Cedar			12	Pointe-Claire Swim Club				5:58.16	208		
	50m:	38.18	38.18	150m:	2:08.59	46.11	250m:	3:40.63	46.43	350m:	5:13.93	46.98
	100m:	1:22.48	44.30	200m:	2:54.20	45.61	300m:	4:26.95	46.32	400m:	5:58.16	44.23
10.	LAGRANGE, Sébastien			12	Club de natation Saint-Laurent				6:20.14	174		
	50m:	41.15	41.15	150m:	2:17.46	48.74	250m:	3:56.13	49.40	350m:	5:33.70	48.02
	100m:	1:28.72	47.57	200m:	3:06.73	49.27	300m:	4:45.68	49.55	400m:	6:20.14	46.44
11.	AMBROSONE, Karson			11	Bbf				6:40.31	149		
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	6:40.31	
12.	TELLABI, Iyad			11	Club de natation Saint-Laurent				7:05.56	124		
	50m:			150m:	2:30.24	53.44	250m:	4:20.04	54.88	350m:	6:12.27	56.53
	100m:	1:36.80		200m:	3:25.16	54.92	300m:	5:15.74	55.70	400m:	7:05.56	53.29
13.	SHENG, Haoran			11	Cote Saint-Luc Aquatics				8:13.49	79		
	50m:	50.56	50.56	150m:	2:54.77	1:03.39	250m:	5:06.19	1:05.41	350m:	7:13.87	1:03.25
	100m:	1:51.38	1:00.82	200m:	4:00.78	1:06.01	300m:	6:10.62	1:04.43	400m:	8:13.49	59.62

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11 et 12 ans F, Filles

1.	BRENNAN, Savannah	11	Pointe-Claire Swim Club	5:17.18	387
	50m: 36.91 36.91	150m: 1:57.95 40.33	250m: 3:18.95 40.07	350m: 4:38.96 39.62	
	100m: 1:17.62 40.71	200m: 2:38.88 40.93	300m: 3:59.34 40.39	400m: 5:17.18 38.22	
2.	ZHANG, Ruoxi	12	Pointe-Claire Swim Club	5:33.08	334
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m: 5:33.08	
3.	CHEN, Helena	11	Pointe-Claire Swim Club	5:38.73	318
	50m: 37.23 37.23	150m: 2:03.96 43.72	250m: 3:31.14 43.71	350m: 4:57.40 42.88	
	100m: 1:20.24 43.01	200m: 2:47.43 43.47	300m: 4:14.52 43.38	400m: 5:38.73 41.33	
4.	NYKANOROV, Emma	11	Pointe-Claire Swim Club	5:38.98	317
	50m: 38.26 38.26	150m: 2:04.69 43.01	250m: 3:30.63 42.84	350m: 4:57.59 43.36	
	100m: 1:21.68 43.42	200m: 2:47.79 43.10	300m: 4:14.23 43.60	400m: 5:38.98 41.39	
5.	NAKAD, Jade	11	Club de natation Saint-Laurent	6:15.46	233
	50m: 42.51 42.51	150m: 2:17.65 48.28	250m: 3:54.09 48.74	350m: 5:31.19 48.41	
	100m: 1:29.37 46.86	200m: 3:05.35 47.70	300m: 4:42.78 48.69	400m: 6:15.46 44.27	
6.	ZHANG, Xinru	11	Pointe-Claire Swim Club	6:31.64	205
	50m: 42.21 42.21	150m: 2:20.60 49.59	250m: 4:00.64 50.04	350m: 5:42.56 50.98	
	100m: 1:31.01 48.80	200m: 3:10.60 50.00	300m: 4:51.58 50.94	400m: 6:31.64 49.08	
7.	GHRIB, Kayla Maysun	11	Club de natation Saint-Laurent	6:33.10	203
	50m: 44.92 44.92	150m: 2:23.35 50.30	250m: 4:02.87 49.80	350m: 5:45.88 51.57	
	100m: 1:33.05 48.13	200m: 3:13.07 49.72	300m: 4:54.31 51.44	400m: 6:33.10 47.22	
8.	LYESHCHYNER, Anastasia	11	Club Aquatique Calac Lasalle	7:13.57	151
	50m: 49.32 49.32	150m: 2:36.92 53.86	250m: 4:29.55 56.27	350m: 6:22.97 56.08	
	100m: 1:43.06 53.74	200m: 3:33.28 56.36	300m: 5:26.89 57.34	400m: 7:13.57 50.60	
9.	TSEYENDORJ, Mekheer	11	Cote Saint-Luc Aquatics	7:22.68	142
	50m: 50.08 50.08	150m: 2:42.85 56.91	250m: 4:35.68 55.77	350m: 6:30.21 56.36	
	100m: 1:45.94 55.86	200m: 3:39.91 57.06	300m: 5:33.85 58.17	400m: 7:22.68 52.47	
10.	LIAO, Yuanzhi Anna	12	Club Aquatique Calac Lasalle	8:05.75	107
	50m: 47.59 47.59	150m: 2:49.90 1:02.64	250m: 4:54.90 1:02.72	350m: 7:03.33 1:04.57	
	100m: 1:47.26 59.67	200m: 3:52.18 1:02.28	300m: 5:58.76 1:03.86	400m: 8:05.75 1:02.42	