

Câmara Municipal de Leiria
www.cm-leiria.pt



Torneio Zonal de Infantis - Zona Sul
Leiria, 15 - 17/3/2024

Prova 11

Femin., 400m Livres

Infantil A

16/03/2024 - 9:00

Resultados

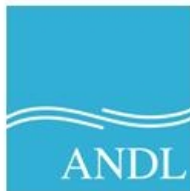
R N 25m Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
R N 25m INF A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980

TAC INF A FEM 50m: 5:25.83 - 25m: 5:19.50

Pontos: Rudolph Table 2023

Lugar			Ano					Tempo final	Pts
1.	Margarida Santos, MOURA		11	Sporting				4:52.40	11,4
	50m: 33.84 33.84	150m: 1:47.87 37.25		250m: 3:02.54 37.18	350m: 4:16.33 36.78				
	100m: 1:10.62 36.78	200m: 2:25.36 37.49		300m: 3:39.55 37.01	400m: 4:52.40 36.07				
2.	Alice Machado, CAPAREIRA		11	Academia Desportiva dos Açores				4:57.11	10,2
	50m: 33.47 33.47	150m: 1:48.52 37.93		250m: 3:05.04 38.43	350m: 4:20.87 37.37				
	100m: 1:10.59 37.12	200m: 2:26.61 38.09		300m: 3:43.50 38.46	400m: 4:57.11 36.24				
3.	Margarida Almeida, FERREIRA		11	Sporting				4:59.42	9,6
	50m: 33.77 33.77	150m: 1:49.23 38.21		250m: 3:05.50 38.39	350m: 4:23.10 39.02				
	100m: 1:11.02 37.25	200m: 2:27.11 37.88		300m: 3:44.08 38.58	400m: 4:59.42 36.32				
4.	Vera Franca, JESUS		11	Naval do Funchal				5:00.87	9,2
	50m: 33.35 33.35	150m: 1:48.37 37.71		250m: 3:05.40 38.80	350m: 4:23.90 39.57				
	100m: 1:10.66 37.31	200m: 2:26.60 38.23		300m: 3:44.33 38.93	400m: 5:00.87 36.97				
5.	Anastasiya, PRYMACHENKO		11	Nucleo de Pombal				5:03.45	8,6
	50m: 34.92 34.92	150m: 1:51.47 38.86		250m: 3:09.15 38.69	350m: 4:27.13 39.18				
	100m: 1:12.61 37.69	200m: 2:30.46 38.99		300m: 3:47.95 38.80	400m: 5:03.45 36.32				
6.	Sofia Barroca, PEREIRA		11	BUZIOS - Coruche				5:03.57	8,6
	50m: 35.02 35.02	150m: 1:52.29 38.89		250m: 3:11.23 39.00	350m: 4:27.96 37.90				
	100m: 1:13.40 38.38	200m: 2:32.23 39.94		300m: 3:50.06 38.83	400m: 5:03.57 35.61				
7.	Ana Filipa, SERRA		11	Desporto Póvoa Santa Iria				5:03.95	8,5
	50m: 34.13 34.13	150m: 1:49.97 38.38		250m: 3:07.54 38.80	350m: 4:25.83 38.96				
	100m: 1:11.59 37.46	200m: 2:28.74 38.77		300m: 3:46.87 39.33	400m: 5:03.95 38.12				
8.	Carolina Morao, FERREIRA		11	Academia Desportiva dos Açores				5:04.66	8,3
	50m: 33.99 33.99	150m: 1:49.33 38.21		250m: 3:07.27 39.25	350m: 4:26.56 39.65				
	100m: 1:11.12 37.13	200m: 2:28.02 38.69		300m: 3:46.91 39.64	400m: 5:04.66 38.10				
9.	Ana, MAO DE FERRO		11	Sporting				5:06.86	7,7
	50m: 35.32 35.32	150m: 1:52.60 39.12		250m: 3:11.73 39.22	350m: 4:29.55 38.98				
	100m: 1:13.48 38.16	200m: 2:32.51 39.91		300m: 3:50.57 38.84	400m: 5:06.86 37.31				
10.	Maria Rendeiro, CORREIA		11	Alges				5:11.23	6,6
	50m: 35.26 35.26	150m: 1:52.59 39.02		250m: 3:12.49 40.08	350m: 4:33.02 40.56				
	100m: 1:13.57 38.31	200m: 2:32.41 39.82		300m: 3:52.46 39.97	400m: 5:11.23 38.21				
11.	Madalena Ferreira, BALDO		11	Colégio Monte Maior				5:11.93	6,5
	50m: 33.59 33.59	150m: 1:49.68 38.78		250m: 3:10.70 40.73	350m: 4:32.88 41.52				
	100m: 1:10.90 37.31	200m: 2:29.97 40.29		300m: 3:51.36 40.66	400m: 5:11.93 39.05				
12.	Leonor Mota, ALVES		11	Nautico Marinha Grande				5:13.33	6,1
	50m: 35.55 35.55	150m: 1:54.91 40.34		250m: 3:15.61 39.96	350m: 4:36.13 39.98				
	100m: 1:14.57 39.02	200m: 2:35.65 40.74		300m: 3:56.15 40.54	400m: 5:13.33 37.20				
13.	Mafalda Teles, SOUSA		11	Pimpoes/Cimai				5:13.36	6,1
	50m: 36.14 36.14	150m: 1:56.62 40.39		250m: 3:16.23 39.36	350m: 4:35.78 39.42				
	100m: 1:16.23 40.09	200m: 2:36.87 40.25		300m: 3:56.36 40.13	400m: 5:13.36 37.58				





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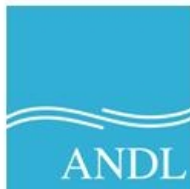


Torneio Zonal de Infantis - Zona Sul
Leiria, 15 - 17/3/2024

Prova 11, Femin., 400m Livres, Infantil A

Lugar			Ano						Tempo final	Pts
14.	Maria Joao, VALA		11	Pimpoes/Cimai					5:14.82	5,7
	50m: 36.47	36.47	150m: 1:55.25	39.41	250m: 3:16.45	40.37	350m: 4:36.77	40.36		
	100m: 1:15.84	39.37	200m: 2:36.08	40.83	300m: 3:56.41	39.96	400m: 5:14.82	38.05		
15.	Margarida Pinho, FORMIGO		11	Torres Novas					5:17.64	5,0
	50m: 35.09	35.09	150m: 1:54.90	40.95	250m: 3:16.48	40.42	350m: 4:38.78	41.46		
	100m: 1:13.95	38.86	200m: 2:36.06	41.16	300m: 3:57.32	40.84	400m: 5:17.64	38.86		
16.	Francisca Moreira, FELICIANO		11	Alcobaca					5:18.12	4,9
	50m: 35.69	35.69	150m: 1:53.74	39.72	250m: 3:15.61	41.17	350m: 4:38.29	41.32		
	100m: 1:14.02	38.33	200m: 2:34.44	40.70	300m: 3:56.97	41.36	400m: 5:18.12	39.83		
17.	Francisca Cunha, MONTEIRO		11	Benfica					5:18.42	4,8
	50m: 34.42	34.42	150m: 1:54.84	41.22	250m: 3:16.16	39.99	350m: 4:38.45	41.20		
	100m: 1:13.62	39.20	200m: 2:36.17	41.33	300m: 3:57.25	41.09	400m: 5:18.42	39.97		
	Carlota Sa, SANTOS		11	Nucleo de Pombal					5:18.42	4,8
	50m: 35.89	35.89	150m: 1:54.82	40.18	250m: 3:15.99	40.68	350m: 4:38.34	41.27		
	100m: 1:14.64	38.75	200m: 2:35.31	40.49	300m: 3:57.07	41.08	400m: 5:18.42	40.08		
19.	Rafaela Marreiros, OLIVEIRA		11	Palmela Desporto, E.M.					5:18.70	4,8
	50m: 36.26	36.26	150m: 1:55.69	39.73	250m: 3:18.50	41.72	350m: 4:40.21	41.10		
	100m: 1:15.96	39.70	200m: 2:36.78	41.09	300m: 3:59.11	40.61	400m: 5:18.70	38.49		
20.	Leonor Coelho, SILVA		11	Vikings Sports Club					5:18.73	4,8
	50m: 35.87	35.87	150m: 1:56.87	40.87	250m: 3:18.97	41.21	350m: 4:40.88	40.64		
	100m: 1:16.00	40.13	200m: 2:37.76	40.89	300m: 4:00.24	41.27	400m: 5:18.73	37.85		
21.	Julia Laginha, BRAZ		11	Lagoa Academico Clube					5:19.07	4,7
	50m: 36.53	36.53	150m: 1:58.69	41.32	250m: 3:20.21	40.86	350m: 4:40.82	40.25		
	100m: 1:17.37	40.84	200m: 2:39.35	40.66	300m: 4:00.57	40.36	400m: 5:19.07	38.25		
22.	Madalena Correia, GOMES		11	Colégio Monte Maior					5:20.38	4,3
	50m: 35.45	35.45	150m: 1:57.73	41.68	250m: 3:19.42	40.83	350m: 4:40.32	41.37		
	100m: 1:16.05	40.60	200m: 2:38.59	40.86	300m: 3:58.95	39.53	400m: 5:20.38	40.06		
23.	Angelina, LUTSIV		11	Lagoa Academico Clube					5:22.37	3,9
	50m: 35.36	35.36	150m: 1:55.80	41.08	250m: 3:19.19	41.57	350m: 4:42.83	41.90		
	100m: 1:14.72	39.36	200m: 2:37.62	41.82	300m: 4:00.93	41.74	400m: 5:22.37	39.54		
24.	Carolina Silva, CASTANHEIRA		11	CNLeiria					5:23.57	3,5
	50m: 35.38	35.38	150m: 1:57.19	41.43	250m: 3:20.29	41.95	350m: 4:42.72	40.89		
	100m: 1:15.76	40.38	200m: 2:38.34	41.15	300m: 4:01.83	41.54	400m: 5:23.57	40.85		
25.	Ines Freitas, ABRANTES		11	Colégio Monte Maior					5:27.01	2,7
	50m: 36.62	36.62	150m: 1:58.65	41.48	250m: 3:22.94	42.48	350m: 4:46.07	41.42		
	100m: 1:17.17	40.55	200m: 2:40.46	41.81	300m: 4:04.65	41.71	400m: 5:27.01	40.94		
26.	Francisca Meneses, GONCALVES		11	Benfica					5:28.71	2,3
	50m: 34.39	34.39	150m: 1:53.76	40.37	250m: 3:15.21	40.84	350m: 4:34.78	39.29		
	100m: 1:13.39	39.00	200m: 2:34.37	40.61	300m: 3:55.49	40.28	400m: 5:28.71	53.93		
27.	Zoe Leitao, CONDON		11	Naval de Faro					5:28.73	2,3
	50m: 34.92	34.92	150m: 1:56.94	41.85	250m: 3:21.50	42.63	350m: 4:47.79	43.31		
	100m: 1:15.09	40.17	200m: 2:38.87	41.93	300m: 4:04.48	42.98	400m: 5:28.73	40.94		





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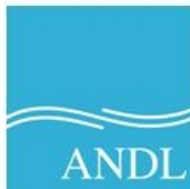


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Leiria, 15 - 17/3/2024

Prova 11, Femin., 400m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
28.	Isabella Nascimento, SOARES		11	Naval da Horta				5:29.69	2,0
	50m:	37.44 37.44	150m:	1:59.59	41.63	250m:	3:23.84 42.03	350m:	4:48.62 42.40
	100m:	1:17.96 40.52	200m:	2:41.81	42.22	300m:	4:06.22 42.38	400m:	5:29.69 41.07
29.	Clara Santos, MADUREIRA		11	Torres Novas				5:32.07	1,4
	50m:	36.23 36.23	150m:	1:57.31	41.04	250m:	3:20.22 41.45	350m:	4:41.28 40.02
	100m:	1:16.27 40.04	200m:	2:38.77	41.46	300m:	4:01.26 41.04	400m:	5:32.07 50.79
30.	Eva Alves, SANTOS		11	Colégio Monte Maior				5:32.89	1,2
	50m:	37.87 37.87	150m:	2:02.56	42.48	250m:	3:27.57 41.85	350m:	4:52.37 42.18
	100m:	1:20.08 42.21	200m:	2:45.72	43.16	300m:	4:10.19 42.62	400m:	5:32.89 40.52
31.	Raquel Silva, DELGADINHO		11	Palmela Desporto, E.M.				5:33.49	1,1
	50m:	34.93 34.93	150m:	1:58.48	42.69	250m:	3:24.98 43.51	350m:	4:52.93 44.55
	100m:	1:15.79 40.86	200m:	2:41.47	42.99	300m:	4:08.38 43.40	400m:	5:33.49 40.56
32.	Marta Gak, GUERREIRO		11	Louletano / Loule Concelho				5:33.73	1,0
	50m:	35.48 35.48	150m:	1:58.24	41.98	250m:	3:23.32 42.98	350m:	4:55.18 48.70
	100m:	1:16.26 40.78	200m:	2:40.34	42.10	300m:	4:06.48 43.16	400m:	5:33.73 38.55
33.	Beatriz Marques, TEIXEIRA		11	Lagoa Academico Clube				5:34.18	
	50m:	37.54 37.54	150m:	2:02.73	43.17	250m:	3:29.49 43.02	350m:	4:54.98 42.15
	100m:	1:19.56 42.02	200m:	2:46.47	43.74	300m:	4:12.83 43.34	400m:	5:34.18 39.20
34.	Carolina Melo, CAMEJO		11	Sporting				5:34.25	
	50m:	35.82 35.82	150m:	1:59.73	42.54	250m:	3:25.38 42.43	350m:	4:48.79 40.96
	100m:	1:17.19 41.37	200m:	2:42.95	43.22	300m:	4:07.83 42.45	400m:	5:34.25 45.46
35.	Matilde Bento, PEREIRA		11	Geslours				5:34.59	
	50m:	35.92 35.92	150m:	1:57.80	41.19	250m:	3:21.22 41.99	350m:	4:45.13 42.22
	100m:	1:16.61 40.69	200m:	2:39.23	41.43	300m:	4:02.91 41.69	400m:	5:34.59 49.46
36.	Ana Matilde, VELOSA		11	Juventude Atlantico Clube				5:34.67	
	50m:	36.60 36.60	150m:	2:02.76	43.99	250m:	3:29.22 43.22	350m:	4:55.19 42.18
	100m:	1:18.77 42.17	200m:	2:46.00	43.24	300m:	4:13.01 43.79	400m:	5:34.67 39.48
37.	Ines Silva, PAIVA		11	Colégio Monte Maior				5:35.25	
	50m:	36.10 36.10	150m:	2:01.87	43.42	250m:	3:27.77 43.12	350m:	4:53.76 42.56
	100m:	1:18.45 42.35	200m:	2:44.65	42.78	300m:	4:11.20 43.43	400m:	5:35.25 41.49
38.	Constanca Oliveira, FONSECA		11	Naval Praia da Vitoria				5:35.39	
	50m:	39.12 39.12	150m:	2:05.39	43.31	250m:	3:30.24 42.28	350m:	4:54.97 42.11
	100m:	1:22.08 42.96	200m:	2:47.96	42.57	300m:	4:12.86 42.62	400m:	5:35.39 40.42
39.	Rafaela Tome, COSTA		11	Naval do Funchal				5:35.40	
	50m:	38.08 38.08	150m:	2:02.06	42.30	250m:	3:27.53 43.11	350m:	4:54.08 43.19
	100m:	1:19.76 41.68	200m:	2:44.42	42.36	300m:	4:10.89 43.36	400m:	5:35.40 41.32
40.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande				5:35.51	
	50m:	36.02 36.02	150m:	1:59.47	41.82	250m:	3:24.09 42.49	350m:	4:49.84 43.05
	100m:	1:17.65 41.63	200m:	2:41.60	42.13	300m:	4:06.79 42.70	400m:	5:35.51 45.67
41.	Laura Aguiar, BERGAMO		11	Alges				5:36.36	
	50m:	37.72 37.72	150m:	2:01.90	43.01	250m:	3:27.93 42.55	350m:	4:55.78 43.35
	100m:	1:18.89 41.17	200m:	2:45.38	43.48	300m:	4:12.43 44.50	400m:	5:36.36 40.58





Câmara Municipal de Leiria
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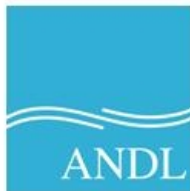


Torneio Zonal de Infantis - Zona Sul
Leiria, 15 - 17/3/2024

Prova 11, Femin., 400m Livres, Infantil A

Lugar			Ano					Tempo final	Pts		
42.	Maria Abreu, ARROJADO		11	Naval Praia da Vitoria				5:36.57			
	50m:	35.34 35.34	150m:	1:58.34	42.71	250m:	3:25.89	44.10	350m:	4:55.55	44.51
	100m:	1:15.63 40.29	200m:	2:41.79	43.45	300m:	4:11.04	45.15	400m:	5:36.57	41.02
43.	Mariana Lopes, OLIVEIRA		11	Naval do Funchal				5:37.64			
	50m:	36.73 36.73	150m:	2:01.46	43.15	250m:	3:29.26	44.08	350m:	4:56.86	43.69
	100m:	1:18.31 41.58	200m:	2:45.18	43.72	300m:	4:13.17	43.91	400m:	5:37.64	40.78
44.	Ana Matilde, PEREIRA		11	Naval do Funchal				5:38.40			
	50m:	38.04 38.04	150m:	2:02.20	42.48	250m:	3:27.26	42.73	350m:	4:56.06	45.64
	100m:	1:19.72 41.68	200m:	2:44.53	42.33	300m:	4:10.42	43.16	400m:	5:38.40	42.34
45.	Isabel Grilo, OLIVEIRA		11	Lagoa Academico Clube				5:38.66			
	50m:	36.03 36.03	150m:	2:02.01	44.41	250m:	3:30.13	44.24	350m:	4:56.64	43.06
	100m:	1:17.60 41.57	200m:	2:45.89	43.88	300m:	4:13.58	43.45	400m:	5:38.66	42.02
46.	Eva, MAGIYEVA		11	Lagoa Academico Clube				5:39.29			
	50m:	36.74 36.74	150m:	1:59.45	42.09	250m:	3:25.31	43.85	350m:	4:56.07	45.16
	100m:	1:17.36 40.62	200m:	2:41.46	42.01	300m:	4:10.91	45.60	400m:	5:39.29	43.22
47.	Maria Leonor, ALMEIDA		11	Benedita				5:39.57			
	50m:	38.70 38.70	150m:	2:05.84	43.74	250m:	3:33.82	44.15	350m:	4:58.81	42.33
	100m:	1:22.10 43.40	200m:	2:49.67	43.83	300m:	4:16.48	42.66	400m:	5:39.57	40.76
48.	Rita Ribeiro, PEREIRA		11	Gesloures				5:41.15			
	50m:	37.52 37.52	150m:	2:04.76	44.53	250m:	3:32.96	43.96	350m:	5:00.79	44.49
	100m:	1:20.23 42.71	200m:	2:49.00	44.24	300m:	4:16.30	43.34	400m:	5:41.15	40.36
49.	Lara Nobre, SEMIAO		11	Fundacao Salesianos				5:41.44			
	50m:	37.59 37.59	150m:	2:04.87	44.43	250m:	3:33.16	43.89	350m:	5:01.86	43.92
	100m:	1:20.44 42.85	200m:	2:49.27	44.40	300m:	4:17.94	44.78	400m:	5:41.44	39.58
50.	Maria Goncalves, SANTOS		11	Lagoa Academico Clube				5:42.11			
	50m:	39.22 39.22	150m:	2:06.20	43.88	250m:	3:35.24	44.83	350m:	5:02.12	42.20
	100m:	1:22.32 43.10	200m:	2:50.41	44.21	300m:	4:19.92	44.68	400m:	5:42.11	39.99
51.	Ines Diogo, MESTRE		11	Aljustrelense				5:45.24			
	50m:	36.67 36.67	150m:	2:02.58	43.67	250m:	3:32.76	45.55	350m:	5:03.18	45.21
	100m:	1:18.91 42.24	200m:	2:47.21	44.63	300m:	4:17.97	45.21	400m:	5:45.24	42.06
52.	Alice Martins, PAIVA		11	Palmela Desporto, E.M.				5:45.44			
	50m:	37.63 37.63	150m:	2:07.35	45.61	250m:	3:36.17	44.82	350m:	5:03.85	42.94
	100m:	1:21.74 44.11	200m:	2:51.35	44.00	300m:	4:20.91	44.74	400m:	5:45.44	41.59
53.	Leticia Coelho, SILVA		11	Vikings Sports Club				5:45.64			
	50m:	38.43 38.43	150m:	2:06.02	44.00	250m:	3:35.21	44.41	350m:	5:02.91	43.89
	100m:	1:22.02 43.59	200m:	2:50.80	44.78	300m:	4:19.02	43.81	400m:	5:45.64	42.73
54.	Leonor Lourenco, SARGO		11	Naval do Funchal				5:46.10			
	50m:	36.06 36.06	150m:	2:02.72	44.37	250m:	3:32.81	44.81	350m:	5:01.85	43.74
	100m:	1:18.35 42.29	200m:	2:48.00	45.28	300m:	4:18.11	45.30	400m:	5:46.10	44.25
55.	Valeria Isabel, MATA		11	Naval do Funchal				5:47.33			
	50m:	39.05 39.05	150m:	2:05.53	43.61	250m:	3:34.49	44.22	350m:	5:02.51	42.83
	100m:	1:21.92 42.87	200m:	2:50.27	44.74	300m:	4:19.68	45.19	400m:	5:47.33	44.82





Câmara Municipal de Leiria
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Torneio Zonal de Infantis - Zona Sul
Leiria, 15 - 17/3/2024

Prova 11, Femin., 400m Livres, Infantil A

Lugar									Ano									Tempo final	Pts
56.	Maria Fatima, PAGANI								11	Associação Bombeiros Estoris								5:53.97	
	50m:	36.65	36.65	150m:	2:08.34	47.17	250m:	3:39.97	46.34	350m:	5:12.05	45.79							
	100m:	1:21.17	44.52	200m:	2:53.63	45.29	300m:	4:26.26	46.29	400m:	5:53.97	41.92							
57.	Matilde Sofia, VIEIRA								11	Clube Desportivo Nacional								5:59.40	
	50m:	40.46	40.46	150m:	2:12.56	46.98	250m:	3:44.99	45.66	350m:	5:16.32	45.61							
	100m:	1:25.58	45.12	200m:	2:59.33	46.77	300m:	4:30.71	45.72	400m:	5:59.40	43.08							
58.	Ines Martins, FARINHA								11	CCDSerta								6:15.40	
	50m:	42.05	42.05	150m:	2:16.48	48.35	250m:	3:52.03	46.89	350m:	5:28.91	47.14							
	100m:	1:28.13	46.08	200m:	3:05.14	48.66	300m:	4:41.77	49.74	400m:	6:15.40	46.49							

