



limmatsharkszürich

42. Internationales Hi-Point Meeting
Zürich, 16. - 17.3.2024

Event 5	Men, 400m Medley				Open Results
16.03.2024 - 16:14					
Schweizerrekord	4:12.86	DESPLANCHES, Jérémy	GEN	Rennes (FRA)	16.04.2019
Meetingrekord	4:21.96	LEBHERZ, Yannick	GER	Zürich	05.03.2011
Sieger 2023	4:24.27	TOSCAN, Marius	SUI	Zürich	04.03.2023
Limite HiPoint : 5:38.00					

Points: FINA 2024

Rank	YB		Time		Pts
1.	GARTMANN, Gian-Luca	03	SC Uster	4:36.10	677
	50m: 29.03 29.03	150m: 1:39.61 36.73	250m: 2:52.82 37.56	350m: 4:04.87 32.71	
	100m: 1:02.88 33.85	200m: 2:15.26 35.65	300m: 3:32.16 39.34	400m: 4:36.10 31.23	
2.	BUCCA, Flavio	05	Schwimmclub Kreuzlingen	4:37.89	664
	50m: 29.25 29.25	150m: 1:38.02 34.84	250m: 2:53.23 41.04	350m: 4:06.53 32.01	
	100m: 1:03.18 33.93	200m: 2:12.19 34.17	300m: 3:34.52 41.29	400m: 4:37.89 31.36	
3.	POLSTER, Attila	07	SC Thalwil	4:40.76	644
	50m: 28.79 28.79	150m: 1:39.43 37.55	250m: 2:55.48 39.99	350m: 4:09.22 33.46	
	100m: 1:01.88 33.09	200m: 2:15.49 36.06	300m: 3:35.76 40.28	400m: 4:40.76 31.54	
4.	GERDES, Eder	04	Schwimmverein St.Gallen-Witten	4:46.38	607
	50m: 29.23 29.23	150m: 1:41.78 37.34	250m: 2:59.46 41.03	350m: 4:13.67 32.58	
	100m: 1:04.44 35.21	200m: 2:18.43 36.65	300m: 3:41.09 41.63	400m: 4:46.38 32.71	
5.	BRUHIN, Demian	08	SV Baar	4:51.99	572
	50m: 29.33 29.33	150m: 1:42.99 38.46	250m: 3:03.39 42.81	350m: 4:20.29 32.97	
	100m: 1:04.53 35.20	200m: 2:20.58 37.59	300m: 3:47.32 43.93	400m: 4:51.99 31.70	
6.	KELLY, Simon	09	Limmat Sharks Zuerich	4:53.19	565
	50m: 29.65 29.65	150m: 1:45.88 39.70	250m: 3:05.43 40.86	350m: 4:20.34 34.78	
	100m: 1:06.18 36.53	200m: 2:24.57 38.69	300m: 3:45.56 40.13	400m: 4:53.19 32.85	
7.	RYKOV, Vladyslav	08	SC Buelach	4:54.31	559
	50m: 30.21 30.21	150m: 1:43.31 38.25	250m: 3:03.46 42.73	350m: 4:20.81 33.58	
	100m: 1:05.06 34.85	200m: 2:20.73 37.42	300m: 3:47.23 43.77	400m: 4:54.31 33.50	
8.	ERZINGER, Til	05	SC Thalwil	4:57.14	543
	50m: 30.50 30.50	150m: 1:46.87 39.76	250m: 3:06.86 41.81	350m: 4:23.62 34.69	
	100m: 1:07.11 36.61	200m: 2:25.05 38.18	300m: 3:48.93 42.07	400m: 4:57.14 33.52	
9.	RUDOLF, Niels	08	SV Baar	4:59.70	529
	50m: 30.18 30.18	150m: 1:45.53 38.12	250m: 3:08.35 44.48	350m: 4:27.77 34.64	
	100m: 1:07.41 37.23	200m: 2:23.87 38.34	300m: 3:53.13 44.78	400m: 4:59.70 31.93	
10.	MUELLER, Tobias	01	Schwimmverein St.Gallen-Witten	5:02.47	515
	50m: 30.71 30.71	150m: 1:45.64 38.87	250m: 3:08.89 44.87	350m: 4:28.69 33.88	
	100m: 1:06.77 36.06	200m: 2:24.02 38.38	300m: 3:54.81 45.92	400m: 5:02.47 33.78	
11.	WUEST, Linus	09	Limmat Sharks Zuerich	5:03.64	509
	50m: 31.49 31.49	150m: 1:51.76 41.58	250m: 3:12.92 41.41	350m: 4:29.54 35.50	
	100m: 1:10.18 38.69	200m: 2:31.51 39.75	300m: 3:54.04 41.12	400m: 5:03.64 34.10	
12.	KNAB, Yannick	06	Schwimmclub Liestal	5:04.02	507
	50m: 32.33 32.33	150m: 1:48.82 37.79	250m: 3:09.40 42.86	350m: 4:29.10 36.05	
	100m: 1:11.03 38.70	200m: 2:26.54 37.72	300m: 3:53.05 43.65	400m: 5:04.02 34.92	
13.	ROHDEN, Malte	95	Schwimmclub Aarefisch	5:05.53	500
	50m: 32.23 32.23	150m: 1:48.16 39.21	250m: 3:09.89 43.50	350m: 4:29.87 36.54	
	100m: 1:08.95 36.72	200m: 2:26.39 38.23	300m: 3:53.33 43.44	400m: 5:05.53 35.66	
14.	MCAVOY, Alexander	09	Limmat Sharks Zuerich	5:10.58	476
	50m: 31.08 31.08	150m: 1:47.85 39.87	250m: 3:15.43 47.70	350m: 4:29.10 36.05	
	100m: 1:07.98 36.90	200m: 2:27.73 39.88	300m: 4:02.28 46.85	400m: 5:10.58 36.10	
15.	HOEFLAKEN, Frits	08	SC Uster	5:17.57	445
	50m: 31.99 31.99	150m: 1:52.03 41.06	250m: 3:16.96 44.10	350m: 4:41.06 37.39	
	100m: 1:10.97 38.98	200m: 2:32.86 40.83	300m: 4:03.67 46.71	400m: 5:17.57 36.51	



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Rank				YB						Time	Pts	
16.	FAVALE, Danilo			07	Schwimmclub Schaffhausen					5:19.23	438	
	50m:	32.47	32.47	150m:	1:54.00	42.46	250m:	3:17.77	43.14	350m:	4:42.20	40.21
	100m:	1:11.54	39.07	200m:	2:34.63	40.63	300m:	4:01.99	44.22	400m:	5:19.23	37.03
17.	YOTSUMOTO, Yuuki			10	Limmat Sharks Zuerich					5:19.71	436	
	50m:	34.14	34.14	150m:	1:56.60	42.79	250m:	3:23.11	44.84	350m:	4:44.25	35.86
	100m:	1:13.81	39.67	200m:	2:38.27	41.67	300m:	4:08.39	45.28	400m:	5:19.71	35.46
18.	SALADIN, Aurel			07	Schwimmclub Schaffhausen					5:22.12	426	
	50m:	33.95	33.95	150m:	1:58.21	42.15	250m:	3:24.80	45.10	350m:	4:47.34	37.54
	100m:	1:16.06	42.11	200m:	2:39.70	41.49	300m:	4:09.80	45.00	400m:	5:22.12	34.78
19.	TCHOUGA, Harris			08	Limmat Sharks Zuerich					5:23.62	420	
	50m:	32.41	32.41	150m:	1:52.81	41.53	250m:	3:21.68	46.72	350m:	4:47.19	36.32
	100m:	1:11.28	38.87	200m:	2:34.96	42.15	300m:	4:10.87	49.19	400m:	5:23.62	36.43
20.	LI, Christian			11	Limmat Sharks Zuerich					5:23.92	419	
	50m:	34.91	34.91	150m:	1:56.91	41.24	250m:	3:24.63	46.93	350m:	4:48.11	37.30
	100m:	1:15.67	40.76	200m:	2:37.70	40.79	300m:	4:10.81	46.18	400m:	5:23.92	35.81
21.	UMEGBOLU, Colin			12	Limmat Sharks Zuerich					5:36.90	372	
	50m:	34.71	34.71	150m:	2:02.19	44.68	250m:	3:33.07	46.79	350m:	4:59.26	38.31
	100m:	1:17.51	42.80	200m:	2:46.28	44.09	300m:	4:20.95	47.88	400m:	5:36.90	37.64
WDR	ARNOLD, Julius Dian			07	Limmat Sharks Zuerich							