



limmatsharkszürich

42. Internationales Hi-Point Meeting
Zürich, 16. - 17.3.2024

Wettkampf 5 Herren, 400m Lagen allg. Kategorie
16.03.2024 - 16:14 Rangliste

Schweizerrekord	4:12.86	DESPLANCHES, Jérémy	GEN	Rennes (FRA)	16.04.2019
Meetingrekord	4:21.96	LEBHERZ, Yannick	GER	Zürich	05.03.2011
Sieger 2023	4:24.27	TOSCAN, Marius	SUI	Zürich	04.03.2023

Limite HiPoint : 5:38.00

Punkte: FINA 2024

Rang	Jg.		Zeit		Pkt.		
1.	GARTMANN, Gian-Luca	03	SC Uster	4:36.10	677		
	50m: 29.03	29.03	150m: 1:39.61	36.73	250m: 2:52.82	37.56	
	100m: 1:02.88	33.85	200m: 2:15.26	35.65	300m: 3:32.16	39.34	
				350m: 4:04.87	32.71	400m: 4:36.10	31.23
2.	BUCCA, Flavio	05	Schwimmclub Kreuzlingen	4:37.89	664		
	50m: 29.25	29.25	150m: 1:38.02	34.84	250m: 2:53.23	41.04	
	100m: 1:03.18	33.93	200m: 2:12.19	34.17	300m: 3:34.52	41.29	
				350m: 4:06.53	32.01	400m: 4:37.89	31.36
3.	POLSTER, Attila	07	SC Thalwil	4:40.76	644		
	50m: 28.79	28.79	150m: 1:39.43	37.55	250m: 2:55.48	39.99	
	100m: 1:01.88	33.09	200m: 2:15.49	36.06	300m: 3:35.76	40.28	
				350m: 4:09.22	33.46	400m: 4:40.76	31.54
4.	GERDES, Eder	04	Schwimmverein St.Gallen-Witten	4:46.38	607		
	50m: 29.23	29.23	150m: 1:41.78	37.34	250m: 2:59.46	41.03	
	100m: 1:04.44	35.21	200m: 2:18.43	36.65	300m: 3:41.09	41.63	
				350m: 4:13.67	32.58	400m: 4:46.38	32.71
5.	BRUHIN, Demian	08	SV Baar	4:51.99	572		
	50m: 29.33	29.33	150m: 1:42.99	38.46	250m: 3:03.39	42.81	
	100m: 1:04.53	35.20	200m: 2:20.58	37.59	300m: 3:47.32	43.93	
				350m: 4:20.29	32.97	400m: 4:51.99	31.70
6.	KELLY, Simon	09	Limmat Sharks Zürich	4:53.19	565		
	50m: 29.65	29.65	150m: 1:45.88	39.70	250m: 3:05.43	40.86	
	100m: 1:06.18	36.53	200m: 2:24.57	38.69	300m: 3:45.56	40.13	
				350m: 4:20.34	34.78	400m: 4:53.19	32.85
7.	RYKOV, Vladyslav	08	SC Bülach	4:54.31	559		
	50m: 30.21	30.21	150m: 1:43.31	38.25	250m: 3:03.46	42.73	
	100m: 1:05.06	34.85	200m: 2:20.73	37.42	300m: 3:47.23	43.77	
				350m: 4:20.81	33.58	400m: 4:54.31	33.50
8.	ERZINGER, Til	05	SC Thalwil	4:57.14	543		
	50m: 30.50	30.50	150m: 1:46.87	39.76	250m: 3:06.86	41.81	
	100m: 1:07.11	36.61	200m: 2:25.05	38.18	300m: 3:48.93	42.07	
				350m: 4:23.62	34.69	400m: 4:57.14	33.52
9.	RUDOLF, Niels	08	SV Baar	4:59.70	529		
	50m: 30.18	30.18	150m: 1:45.53	38.12	250m: 3:08.35	44.48	
	100m: 1:07.41	37.23	200m: 2:23.87	38.34	300m: 3:53.13	44.78	
				350m: 4:27.77	34.64	400m: 4:59.70	31.93
10.	MÜLLER, Tobias	01	Schwimmverein St.Gallen-Witten	5:02.47	515		
	50m: 30.71	30.71	150m: 1:45.64	38.87	250m: 3:08.89	44.87	
	100m: 1:06.77	36.06	200m: 2:24.02	38.38	300m: 3:54.81	45.92	
				350m: 4:28.69	33.88	400m: 5:02.47	33.78
11.	WÜST, Linus	09	Limmat Sharks Zürich	5:03.64	509		
	50m: 31.49	31.49	150m: 1:51.76	41.58	250m: 3:12.92	41.41	
	100m: 1:10.18	38.69	200m: 2:31.51	39.75	300m: 3:54.04	41.12	
				350m: 4:29.54	35.50	400m: 5:03.64	34.10
12.	KNAB, Yannick	06	Schwimmclub Liestal	5:04.02	507		
	50m: 32.33	32.33	150m: 1:48.82	37.79	250m: 3:09.40	42.86	
	100m: 1:11.03	38.70	200m: 2:26.54	37.72	300m: 3:53.05	43.65	
				350m: 4:29.10	36.05	400m: 5:04.02	34.92
13.	ROHDEN, Malte	95	Schwimmclub Aarefisch	5:05.53	500		
	50m: 32.23	32.23	150m: 1:48.16	39.21	250m: 3:09.89	43.50	
	100m: 1:08.95	36.72	200m: 2:26.39	38.23	300m: 3:53.33	43.44	
				350m: 4:29.87	36.54	400m: 5:05.53	35.66
14.	MCAVOY, Alexander	09	Limmat Sharks Zürich	5:10.58	476		
	50m: 31.08	31.08	150m: 1:47.85	39.87	250m: 3:15.43	47.70	
	100m: 1:07.98	36.90	200m: 2:27.73	39.88	300m: 4:02.28	46.85	
				350m: 5:10.58		400m: 5:10.58	
15.	HOEFLAKEN, Frits	08	SC Uster	5:17.57	445		
	50m: 31.99	31.99	150m: 1:52.03	41.06	250m: 3:16.96	44.10	
	100m: 1:10.97	38.98	200m: 2:32.86	40.83	300m: 4:03.67	46.71	
				350m: 4:41.06	37.39	400m: 5:17.57	36.51



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Rang				Jg.					Zeit	Pkt.		
16.	FAVALE, Danilo			07	Schwimmclub Schaffhausen				5:19.23	438		
	50m:	32.47	32.47	150m:	1:54.00	42.46	250m:	3:17.77	43.14	350m:	4:42.20	40.21
	100m:	1:11.54	39.07	200m:	2:34.63	40.63	300m:	4:01.99	44.22	400m:	5:19.23	37.03
17.	YOTSUMOTO, Yuuki			10	Limmat Sharks Zürich				5:19.71	436		
	50m:	34.14	34.14	150m:	1:56.60	42.79	250m:	3:23.11	44.84	350m:	4:44.25	35.86
	100m:	1:13.81	39.67	200m:	2:38.27	41.67	300m:	4:08.39	45.28	400m:	5:19.71	35.46
18.	SALADIN, Aurel			07	Schwimmclub Schaffhausen				5:22.12	426		
	50m:	33.95	33.95	150m:	1:58.21	42.15	250m:	3:24.80	45.10	350m:	4:47.34	37.54
	100m:	1:16.06	42.11	200m:	2:39.70	41.49	300m:	4:09.80	45.00	400m:	5:22.12	34.78
19.	TCHOUGA, Harris			08	Limmat Sharks Zürich				5:23.62	420		
	50m:	32.41	32.41	150m:	1:52.81	41.53	250m:	3:21.68	46.72	350m:	4:47.19	36.32
	100m:	1:11.28	38.87	200m:	2:34.96	42.15	300m:	4:10.87	49.19	400m:	5:23.62	36.43
20.	LI, Christian			11	Limmat Sharks Zürich				5:23.92	419		
	50m:	34.91	34.91	150m:	1:56.91	41.24	250m:	3:24.63	46.93	350m:	4:48.11	37.30
	100m:	1:15.67	40.76	200m:	2:37.70	40.79	300m:	4:10.81	46.18	400m:	5:23.92	35.81
21.	UMEGBOLU, Colin			12	Limmat Sharks Zürich				5:36.90	372		
	50m:	34.71	34.71	150m:	2:02.19	44.68	250m:	3:33.07	46.79	350m:	4:59.26	38.31
	100m:	1:17.51	42.80	200m:	2:46.28	44.09	300m:	4:20.95	47.88	400m:	5:36.90	37.64
abg.	ARNOLD, Julius Dian			07	Limmat Sharks Zürich							