



limmatsharkszürich

42. Internationales Hi-Point Meeting
Zürich, 16. - 17.3.2024

Wettkampf 31 17.03.2024 - 12:18	Damen, 400m Freistil					allg. Kategorie Rangliste
Schweizerrekord	4:09.29	RIGAMONTI, Flavia	AST	Austin (USA)		06.06.2008
Meetingrekord	4:12.04	KÖHLER, Sarah	GER	Zürich		28.02.2016
Sieger 2023	4:20.96	DJAKOVIC, Vanna	SUI	Zürich		05.03.2023

Limite HiPoint : 5:18.00

Punkte: FINA 2024

Rang				Jg.						Zeit	Pkt.	
1.	FREIMANN, Noemi			05	Limmat Sharks Zürich					4:28.90	670	
	50m:	31.65	31.65	150m:	1:40.02	34.53	250m:	2:48.30	34.29	350m:	3:56.69	34.38
	100m:	1:05.49	33.84	200m:	2:14.01	33.99	300m:	3:22.31	34.01	400m:	4:28.90	32.21
2.	BRUHIN, Anina			06	SV Baar					4:32.05	647	
	50m:	30.91	30.91	150m:	1:38.51	34.13	250m:	2:47.83	34.71	350m:	3:57.39	34.62
	100m:	1:04.38	33.47	200m:	2:13.12	34.61	300m:	3:22.77	34.94	400m:	4:32.05	34.66
3.	SOUZA BREGANT, Yanna			10	Swim Team Lucerne					4:37.93	607	
	50m:	31.57	31.57	150m:	1:41.55	35.38	250m:	2:52.66	35.46	350m:	4:04.94	35.85
	100m:	1:06.17	34.60	200m:	2:17.20	35.65	300m:	3:29.09	36.43	400m:	4:37.93	32.99
4.	BALSAMO, Elisa			08	Schwimmclub Romanshorn					4:38.69	602	
	50m:	32.23	32.23	150m:	1:43.25	35.45	250m:	2:54.47	35.41	350m:	4:05.08	34.91
	100m:	1:07.80	35.57	200m:	2:19.06	35.81	300m:	3:30.17	35.70	400m:	4:38.69	33.61
5.	STOFFEL, Alisa			99	SC Uster					4:39.45	597	
	50m:	31.95	31.95	150m:	1:42.42	35.33	250m:	2:54.02	35.52	350m:	4:05.82	35.12
	100m:	1:07.09	35.14	200m:	2:18.50	36.08	300m:	3:30.70	36.68	400m:	4:39.45	33.63
6.	HEINRICH, Patrizia			08	Schwimmclub Meilen					4:40.14	593	
	50m:	31.63	31.63	150m:	1:42.88	36.23	250m:	2:55.40	36.18	350m:	4:07.16	35.57
	100m:	1:06.65	35.02	200m:	2:19.22	36.34	300m:	3:31.59	36.19	400m:	4:40.14	32.98
7.	AKA, Meret			09	Limmat Sharks Zürich					4:44.88	564	
	50m:	32.39	32.39	150m:	1:45.01	36.56	250m:	2:58.17	36.47	350m:	4:10.89	36.10
	100m:	1:08.45	36.06	200m:	2:21.70	36.69	300m:	3:34.79	36.62	400m:	4:44.88	33.99
8.	TREPTE, Chiara			10	Limmat Sharks Zürich					4:45.33	561	
	50m:	33.41	33.41	150m:	1:46.61	37.16	250m:	2:59.27	35.12	350m:	4:11.17	36.02
	100m:	1:09.45	36.04	200m:	2:24.15	37.54	300m:	3:35.15	35.88	400m:	4:45.33	34.16
9.	KÄSLIN, Annika Lara			09	Limmat Sharks Zürich					4:47.06	551	
	50m:	33.58	33.58	150m:	1:47.30	37.02	250m:	2:59.95	36.34	350m:	4:12.00	35.92
	100m:	1:10.28	36.70	200m:	2:23.61	36.31	300m:	3:36.08	36.13	400m:	4:47.06	35.06
10.	SCHMIDBERGER, Anouk			07	SC Winterthur					4:47.24	550	
	50m:	33.18	33.18	150m:	1:46.01	36.58	250m:	3:00.00	36.74	350m:	4:12.77	35.88
	100m:	1:09.43	36.25	200m:	2:23.26	37.25	300m:	3:36.89	36.89	400m:	4:47.24	34.47
11.	WICK, Mia			08	Limmat Sharks Zürich					4:48.99	540	
	50m:	33.95	33.95	150m:	1:47.25	36.55	250m:	3:00.11	36.57	350m:	4:12.86	36.32
	100m:	1:10.70	36.75	200m:	2:23.54	36.29	300m:	3:36.54	36.43	400m:	4:48.99	36.13
12.	POLLINI, Enya			06	SV Baar					4:49.00	540	
	50m:	32.91	32.91	150m:	1:45.04	36.28	250m:	2:58.45	36.78	350m:	4:12.90	37.50
	100m:	1:08.76	35.85	200m:	2:21.67	36.63	300m:	3:35.40	36.95	400m:	4:49.00	36.10
13.	SCHWARZER, Ylenia			08	SC Winterthur					4:49.95	534	
	50m:	31.76	31.76	150m:	1:42.80	36.33	250m:	2:57.54	37.48	350m:	4:13.36	37.80
	100m:	1:06.47	34.71	200m:	2:20.06	37.26	300m:	3:35.56	38.02	400m:	4:49.95	36.59
14.	SCHIESS, Naomie			08	Schwimmclub Kreuzlingen					4:52.74	519	
	50m:	32.41	32.41	150m:	1:45.95	37.40	250m:	3:01.46	37.41	350m:	4:16.76	37.68
	100m:	1:08.55	36.14	200m:	2:24.05	38.10	300m:	3:39.08	37.62	400m:	4:52.74	35.98
15.	VON BURG, Alicia			08	Schwimmklub Langenthal					4:52.81	519	
	50m:	33.13	33.13	150m:	1:47.26	37.55	250m:	3:01.89	36.86	350m:	4:17.78	38.12
	100m:	1:09.71	36.58	200m:	2:25.03	37.77	300m:	3:39.66	37.77	400m:	4:52.81	35.03



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Wettkampf 31, Damen, 400m Freistil, allg. Kategorie

Rang				Jg.						Zeit	Pkt.	
16.	DÖRFLER, Zoe			05	SC Thalwil					4:54.82	508	
	50m:	33.15	33.15	150m:	1:46.29	36.70	250m:	3:01.48	37.79	350m:	4:17.66	37.78
	100m:	1:09.59	36.44	200m:	2:23.69	37.40	300m:	3:39.88	38.40	400m:	4:54.82	37.16
17.	WOHLGENSINGER, Florina			10	Rhy Swimming					4:56.08	502	
	50m:	33.54	33.54	150m:	1:49.47	37.95	250m:	3:06.21	38.14	350m:	4:21.35	37.15
	100m:	1:11.52	37.98	200m:	2:28.07	38.60	300m:	3:44.20	37.99	400m:	4:56.08	34.73
18.	CRISTEA, Mara Zoica			10	SC Chur					4:56.38	500	
	50m:	33.66	33.66	150m:	1:48.52	38.00	250m:	3:04.68	38.15	350m:	4:20.85	37.85
	100m:	1:10.52	36.86	200m:	2:26.53	38.01	300m:	3:43.00	38.32	400m:	4:56.38	35.53
19.	GIAIMO, Leona			08	Swim Team Lucerne					4:56.59	499	
	50m:	34.06	34.06	150m:	1:48.82	37.73	250m:	3:04.42	37.59	350m:	4:20.68	37.65
	100m:	1:11.09	37.03	200m:	2:26.83	38.01	300m:	3:43.03	38.61	400m:	4:56.59	35.91
20.	TURCANU, Alexandra			08	Schwimmclub Meilen					4:56.77	498	
	50m:	33.02	33.02	150m:	1:47.59	37.76	250m:	3:04.37	38.61	350m:	4:20.64	38.06
	100m:	1:09.83	36.81	200m:	2:25.76	38.17	300m:	3:42.58	38.21	400m:	4:56.77	36.13
21.	FRISK, Christina			10	Schwimmverein St.Gallen-Witten					4:59.57	485	
	50m:	33.19	33.19	150m:	1:50.03	38.94	250m:	3:05.17	36.44	350m:	4:22.45	38.14
	100m:	1:11.09	37.90	200m:	2:28.73	38.70	300m:	3:44.31	39.14	400m:	4:59.57	37.12
22.	PAWLENKA, Antonia			09	SV Baar					5:00.16	482	
	50m:	33.66	33.66	150m:	1:49.64	38.31	250m:	3:06.54	38.40	350m:	4:23.54	38.25
	100m:	1:11.33	37.67	200m:	2:28.14	38.50	300m:	3:45.29	38.75	400m:	5:00.16	36.62
23.	BEVIVINO, Giovanna			05	Schwimm Club Flös					5:00.36	481	
	50m:	33.36	33.36	150m:	1:51.13	39.30	250m:	3:08.32	38.08	350m:	4:23.34	37.32
	100m:	1:11.83	38.47	200m:	2:30.24	39.11	300m:	3:46.02	37.70	400m:	5:00.36	37.02
24.	MAURI, Aisha			10	Limmat Sharks Zürich					5:00.65	479	
	50m:	33.61	33.61	150m:	1:49.23	37.48	250m:	3:06.10	38.33	350m:	4:23.28	38.51
	100m:	1:11.75	38.14	200m:	2:27.77	38.54	300m:	3:44.77	38.67	400m:	5:00.65	37.37
25.	MÜLLER, Sara			07	SV Baar					5:00.87	478	
	50m:	33.38	33.38	150m:	1:49.74	38.51	250m:	3:07.29	38.94	350m:	4:23.88	37.41
	100m:	1:11.23	37.85	200m:	2:28.35	38.61	300m:	3:46.47	39.18	400m:	5:00.87	36.99
26.	SÖLLNER, Lilly			11	Schwimmverein St.Gallen-Witten					5:01.15	477	
	50m:	34.23	34.23	150m:	1:50.38	38.53	250m:	3:07.91	38.74	350m:	4:25.01	38.23
	100m:	1:11.85	37.62	200m:	2:29.17	38.79	300m:	3:46.78	38.87	400m:	5:01.15	36.14
27.	UMEGBOLU, Lara			08	Limmat Sharks Zürich					5:01.80	474	
	50m:	34.44	34.44	150m:	1:51.49	38.87	250m:	3:08.97	38.81	350m:	4:25.88	38.34
	100m:	1:12.62	38.18	200m:	2:30.16	38.67	300m:	3:47.54	38.57	400m:	5:01.80	35.92
28.	BÄTTIG, Juliana			07	Schwimmclub Frauenfeld					5:02.33	471	
	50m:	34.02	34.02	150m:	1:49.63	38.51	250m:	3:07.29	38.98	350m:	4:25.02	38.43
	100m:	1:11.12	37.10	200m:	2:28.31	38.68	300m:	3:46.59	39.30	400m:	5:02.33	37.31
29.	LUDI, Minja			10	Limmat Sharks Zürich					5:03.52	466	
	50m:	34.85	34.85	150m:	1:52.59	38.96	250m:	3:10.49	38.88	350m:	4:27.14	38.28
	100m:	1:13.63	38.78	200m:	2:31.61	39.02	300m:	3:48.86	38.37	400m:	5:03.52	36.38
30.	BAUMGARTNER, Vida			11	Schwimmverein St.Gallen-Witten					5:04.43	462	
	50m:	34.67	34.67	150m:	1:52.45	39.19	250m:	3:11.05	39.20	350m:	4:28.08	38.13
	100m:	1:13.26	38.59	200m:	2:31.85	39.40	300m:	3:49.95	38.90	400m:	5:04.43	36.35
31.	HOFFMANN, Andreina			10	Schwimmclub Aarefisch					5:05.88	455	
	50m:	33.37	33.37	150m:	1:49.36	38.34	250m:	3:07.60	39.45	350m:	4:27.55	39.88
	100m:	1:11.02	37.65	200m:	2:28.15	38.79	300m:	3:47.67	40.07	400m:	5:05.88	38.33



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Rang					Jg.					Zeit	Pkt.	
32.	MIHÁLSZKI, Emília Ágnes				11	SC Chur				5:06.85	451	
	50m:	34.22	34.22	150m:	1:50.67	38.43	250m:	3:07.60	38.25	350m:	4:25.84	39.92
	100m:	1:12.24	38.02	200m:	2:29.35	38.68	300m:	3:45.92	38.32	400m:	5:06.85	41.01
33.	LIM, Kezia				12	Schwimmclub Romanshorn				5:07.49	448	
	50m:	33.70	33.70	150m:	1:50.85	38.93	250m:	3:10.05	39.59	350m:	4:29.07	39.52
	100m:	1:11.92	38.22	200m:	2:30.46	39.61	300m:	3:49.55	39.50	400m:	5:07.49	38.42
34.	BAUR, Ann-Sophie				09	SV Basel				5:08.99	442	
	50m:	35.05	35.05	150m:	1:52.52	39.25	250m:	3:11.32	39.23	350m:	4:30.72	39.82
	100m:	1:13.27	38.22	200m:	2:32.09	39.57	300m:	3:50.90	39.58	400m:	5:08.99	38.27
35.	KALOUSKOVA, Lucie				10	SC Winterthur				5:09.89	438	
	50m:	34.38	34.38	150m:	1:52.86	39.22	250m:	3:12.38	39.47	350m:	4:31.72	39.16
	100m:	1:13.64	39.26	200m:	2:32.91	40.05	300m:	3:52.56	40.18	400m:	5:09.89	38.17
36.	MEIER, Flavia				08	Schwimmclub Liestal				5:10.11	437	
	50m:	34.36	34.36	150m:	1:52.39	39.35	250m:	3:12.27	40.38	350m:	4:31.51	39.64
	100m:	1:13.04	38.68	200m:	2:31.89	39.50	300m:	3:51.87	39.60	400m:	5:10.11	38.60
37.	JANOUT, Paula				06	Schwimmclub Romanshorn				5:10.52	435	
	50m:	33.86	33.86	150m:	1:51.81	39.31	250m:	3:12.13	40.18	350m:	4:32.18	39.34
	100m:	1:12.50	38.64	200m:	2:31.95	40.14	300m:	3:52.84	40.71	400m:	5:10.52	38.34
38.	BILLETER, Leonie				09	Schwimmverein St.Gallen-Witten				5:15.89	413	
	50m:	35.61	35.61	150m:	1:55.38	40.06	250m:	3:16.44	40.61	350m:	4:37.65	40.12
	100m:	1:15.32	39.71	200m:	2:35.83	40.45	300m:	3:57.53	41.09	400m:	5:15.89	38.24
39.	RAUSCH, Lara				09	Schwimmverein Wädenswil				5:17.62	406	
	50m:	34.89	34.89	150m:	1:55.19	40.88	250m:	3:17.24	40.99	350m:	4:39.25	40.77
	100m:	1:14.31	39.42	200m:	2:36.25	41.06	300m:	3:58.48	41.24	400m:	5:17.62	38.37
40.	AZZARONE, Adriana				04	Schwimm Club Flös				5:21.12	393	
	50m:	35.29	35.29	150m:	1:56.08	40.81	250m:	3:18.42	41.22	350m:	4:41.40	41.36
	100m:	1:15.27	39.98	200m:	2:37.20	41.12	300m:	4:00.04	41.62	400m:	5:21.12	39.72
41.	SIGRIST, Aline				08	SC Uster				5:23.89	383	
	50m:	35.77	35.77	150m:	1:58.21	41.66	250m:	3:22.04	41.97	350m:	4:44.51	41.33
	100m:	1:16.55	40.78	200m:	2:40.07	41.86	300m:	4:03.18	41.14	400m:	5:23.89	39.38
naSt.	BANG, Caroline Mathilde				06	Swim Regio Solothurn						
naSt.	SPAGNOL, Lucia				11	Limmat Sharks Zürich						
abg.	PITZER, Anna				05	SV Basel						
abg.	PITZER, Julia				07	SV Basel						