

Sundgrein 26
16.12.2023 - 17:57

kvenna, 400m fjórsund

Opinn
Úrslitalistar

Stig: FINA 2023

Sæti	F.ár				Tími				Stig			
1.	Freyja Birkisdóttir				06	Sunddeild Breiðabliks				4:59.76	644	
	50m:	31.59	31.59	150m:	1:49.84	40.93	250m:	3:08.81	39.66	350m:	4:26.02	34.85
	100m:	1:08.91	37.32	200m:	2:29.15	39.31	300m:	3:51.17	42.36	400m:	4:59.76	33.74
2.	Katja Lilja Andriyasdóttir				06	Sh				5:05.91	606	
	50m:	31.67	31.67	150m:	1:52.06	42.22	250m:	3:14.28	42.27	350m:	4:31.89	34.80
	100m:	1:09.84	38.17	200m:	2:32.01	39.95	300m:	3:57.09	42.81	400m:	5:05.91	34.02
3.	Birgitta Ingólfssdóttir				05	Sh				5:06.17	604	
	50m:	31.82	31.82	150m:	1:47.26	39.12	250m:	3:09.92	42.97	350m:	4:31.43	36.16
	100m:	1:08.14	36.32	200m:	2:26.95	39.69	300m:	3:55.27	45.35	400m:	5:06.17	34.74
4.	Sunneva Bergmann Ásbjornsdóttir				07	Íþróttabandalag Reykjanesbæjar				5:08.93	588	
	50m:	33.07	33.07	150m:	1:52.35	39.85	250m:	3:14.32	42.99	350m:	4:35.00	35.54
	100m:	1:12.50	39.43	200m:	2:31.33	38.98	300m:	3:59.46	45.14	400m:	5:08.93	33.93
5.	Sólveig Freyja Hákonardóttir				09	Sunddeild Breiðabliks				5:09.48	585	
	50m:	33.67	33.67	150m:	1:54.14	41.26	250m:	3:18.11	43.38	350m:	4:36.69	34.34
	100m:	1:12.88	39.21	200m:	2:34.73	40.59	300m:	4:02.35	44.24	400m:	5:09.48	32.79
6.	Katla Mist Bragadóttir				07	Ármann				5:17.48	542	
	50m:	34.25	34.25	150m:	1:58.40	44.17	250m:	3:23.15	42.31	350m:	4:42.97	36.05
	100m:	1:14.23	39.98	200m:	2:40.84	42.44	300m:	4:06.92	43.77	400m:	5:17.48	34.51
7.	Birta Rún Smáradóttir				04	Umsk				5:23.11	514	
	50m:	35.22	35.22	150m:	1:58.09	42.07	250m:	3:24.61	44.92	350m:	4:46.64	36.76
	100m:	1:16.02	40.80	200m:	2:39.69	41.60	300m:	4:09.88	45.27	400m:	5:23.11	36.47
8.	Kristín Ásta Sigtryggssdóttir				09	Sundfélagið Ægir				5:35.39	460	
	50m:	33.89	33.89	150m:	1:59.08	44.45	250m:	3:30.75	48.01	350m:	4:59.14	39.46
	100m:	1:14.63	40.74	200m:	2:42.74	43.66	300m:	4:19.68	48.93	400m:	5:35.39	36.25
9.	Adriana Agnes Derti				10	Íþróttabandalag Reykjanesbæjar				5:35.40	460	
	50m:	34.65	34.65	150m:	1:57.71	43.20	250m:	3:31.10	50.63	350m:	5:00.89	37.35
	100m:	1:14.51	39.86	200m:	2:40.47	42.76	300m:	4:23.54	52.44	400m:	5:35.40	34.51
10.	Ingunn Jónsdóttir				02	Umsk				5:38.77	446	
	50m:	33.41	33.41	150m:	1:56.07	43.51	250m:	3:26.27	47.55	350m:	4:57.01	42.33
	100m:	1:12.56	39.15	200m:	2:38.72	42.65	300m:	4:14.68	48.41	400m:	5:38.77	41.76
11.	Bjarnrás Olga Hansen				10	Sundfélagið Ægir				5:48.99	408	
	50m:	38.89	38.89	150m:	2:07.96	41.22	250m:	3:41.30	52.58	350m:	5:12.00	38.31
	100m:	1:26.74	47.85	200m:	2:48.72	40.76	300m:	4:33.69	52.39	400m:	5:48.99	36.99
12.	Gabriela Roza Bondarow				10	Ármann				6:08.09	348	
	50m:	38.60	38.60	150m:	2:17.28	46.67	250m:	3:52.28	49.25	350m:	5:28.11	43.64
	100m:	1:30.61	52.01	200m:	3:03.03	45.75	300m:	4:44.47	52.19	400m:	6:08.09	39.98
ÓG.	Natalía Eir Curtis				10	Ármann				5:43.78		
	<i>Bf4 - önnur hönd í bakka eða hendur snertu ekki bakkann samtímis í snúningi eða við lok sunds og/eða hendur ekki aðskildar (SW 8.4)</i>											
	50m:	39.12	39.12	150m:	2:10.19	43.47	250m:	3:40.69	47.35	350m:	5:08.05	37.82
	100m:	1:26.72	47.60	200m:	2:53.34	43.15	300m:	4:30.23	49.54	400m:	5:43.78	35.73