

Sundgrein 107
15.12.2023 - 18:33

karla, 400m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2023

Sæti			F.ár						Tími	Stig
1.	Andri Már Kristjánsson		06	Sh					4:13.21	588
	50m:	27.96 27.96	150m:	1:31.52 32.65	250m:	2:37.70 33.02	350m:	3:42.45 31.92		
	100m:	58.87 30.91	200m:	2:04.68 33.16	300m:	3:10.53 32.83	400m:	4:13.21 30.76		
2.	Karl Bjornsson		08	Sh					4:13.35	588
	50m:	28.51 28.51	150m:	1:32.52 32.58	250m:	2:38.05 32.63	350m:	3:42.90 32.39		
	100m:	59.94 31.43	200m:	2:05.42 32.90	300m:	3:10.51 32.46	400m:	4:13.35 30.45		
3.	Benedikt Bjarni Melsted		08	Sunddeild KR					5:24.03	281
	50m:	34.15 34.15	150m:	1:53.83 40.58	250m:	3:17.62 42.22	350m:	4:42.65 42.11		
	100m:	1:13.25 39.10	200m:	2:35.40 41.57	300m:	4:00.54 42.92	400m:	5:24.03 41.38		