

Distance CNQ 2023  
Québec, 2-12-2023

Epreuve 4  
2023-12-02

400m Libre

Cat. générale  
Liste résultats

Points: FINA 2023

Rang	Age		Temps				Pts
<b>12 ans et moins, Filles</b>							
1.	LESSARD, Rachel	12	Cnq			<b>5:32.30</b>	337
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:32.30		
2.	BOUCHARD, Sarah	11	Rouge et Or/Université Laval			<b>5:53.68</b>	279
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:53.68		
3.	ABETTI, Alae	10	Cnq			<b>6:16.90</b>	231
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:16.90		
4.	GAGNON, Lysanne	11	Cnq			<b>6:38.36</b>	195
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:38.36		
<b>13 ans et moins, Garçons</b>							
1.	BEAUDOIN, Loic	13	Rouge et Or/Université Laval			<b>4:55.87</b>	369
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	4:55.87		
2.	BAIN, Alexis	13	Cnq			<b>5:00.45</b>	352
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:00.45		
3.	CAMBRON, Alexis	12	Cnq			<b>5:10.21</b>	320
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:10.21		
4.	GOSSELIN, Manoé	11	Rouge et Or/Université Laval			<b>5:17.61</b>	298
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:17.61		
5.	WILDI, Jake	12	Rouge et Or/Université Laval			<b>5:17.74</b>	298
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:17.74		
6.	ANGLEHART, Simon	10	Cnq			<b>6:21.87</b>	171
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:21.87		
<b>13 - 14 ans, Filles</b>							
1.	LAFRENIÈRE, Juliette	13	Cnq			<b>4:54.90</b>	482
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	4:54.90		
2.	GOSSELIN, Mélia	13	Rouge et Or/Université Laval			<b>4:58.24</b>	466
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	4:58.24		
3.	ALBERT, Maélie	13	Cnq			<b>5:01.95</b>	449
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:01.95		

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Epreuve 4, Filles, 400m Libre, 13 - 14 ans

Rang	Age	Temps	Pts
4. LEMELIN DUCARME, Michaëlle	13 Cnq	<b>5:02.11</b>	448
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:02.11
5. CANTIN, Élisabeth	13 Rouge et Or/Université Laval	<b>5:15.24</b>	395
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:15.24
6. GILBERT, Laurie	14 Cnq	<b>5:23.87</b>	364
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:23.87
7. DESGAGNÉS, Alice	13 Rouge et Or/Université Laval	<b>5:31.49</b>	339
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:31.49
8. GAGNÉ, Déa	14 Cnq	<b>5:37.30</b>	322
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:37.30
9. BÉDARD, Juliette	13 Rouge et Or/Université Laval	<b>5:43.11</b>	306
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:43.11
10. SAYEGH, Jasmine	13 Rouge et Or/Université Laval	<b>6:03.96</b>	256
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:03.96
11. GROLEAU, Olivia	13 Cnq	<b>6:13.99</b>	236
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 6:13.99

14 - 15 ans, Garçons

1. ROCHETTE, Hubert	14 Cnq	<b>4:36.63</b>	451
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 4:36.63

15 - 16 ans, Filles

1. GUY, Roxane	16 Cnq	<b>4:46.77</b>	524
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 4:46.77
2. MALENFANT, Viviane	16 Cnq	<b>4:49.05</b>	512
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 4:49.05
3. BEAUDOIN, Charlotte	15 Cnq	<b>5:30.77</b>	341
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:30.77
4. MORINVILLE, Clara	16 Cnq	<b>5:40.21</b>	314
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:40.21

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16 - 17 ans, Garçons

1. LÉVESQUE, Alexandre	17	Rouge et Or/Université Laval	<b>4:29.68</b>	487
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:29.68
2. CAMBRON, Charles-Antoine	17	Cnq	<b>4:36.89</b>	450
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:36.89
3. CORRIVEAU-BONOSTRO, Charles	16	Rouge et Or/Université Laval	<b>4:54.67</b>	373
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:54.67
4. LÉGER, Thomas	16	Rouge et Or/Université Laval	<b>4:58.95</b>	357
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:58.95

17 ans et plus, Dames

1. SHINK, Ariane	17	Cnq	<b>4:39.21</b>	568
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:39.21
2. PAUL, Florence	17	Rouge et Or/Université Laval	<b>5:03.08</b>	444
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	5:03.08
3. SIMARD, Anne	17	Rouge et Or/Université Laval	<b>5:09.49</b>	417
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	5:09.49
4. LAFLAMME, Léa	19	Rouge et Or/Université Laval	<b>5:41.52</b>	310
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	5:41.52

18 ans et plus, Messieurs

1. GOSSELIN, Justin	18	Cnq	<b>4:39.17</b>	439
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:39.17
2. LABERGE, Mathieu	18	Rouge et Or/Université Laval	<b>4:53.37</b>	378
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m:	4:53.37