

Distance CNQ 2023  
Québec, 2-12-2023

Epreuve 2  
2023-12-02 - 10:31

400m 4 nages

Cat. générale  
Liste résultats

Points: FINA 2023

Rang			Age							Temps	Pts	
<b>13 ans et moins, Garçons</b>												
1.	BELISLE, Vincent		11	Cnq						<b>5:45.61</b>	313	
	50m:	35.15	35.15	150m:	2:02.83	43.43	250m:	3:36.21	52.10	350m:	5:09.71	39.41
	100m:	1:19.40	44.25	200m:	2:44.11	41.28	300m:	4:30.30	54.09	400m:	5:45.61	35.90
2.	BOUTIN, Karel		13	Cnq						<b>6:01.90</b>	273	
	50m:	39.05	39.05	150m:	2:16.21	47.03	250m:	3:49.15	47.88	350m:	5:21.77	43.14
	100m:	1:29.18	50.13	200m:	3:01.27	45.06	300m:	4:38.63	49.48	400m:	6:01.90	40.13
<b>13 - 14 ans, Filles</b>												
1.	LEGARÉ, Lili-Marguerite		13	Cnq						<b>5:40.00</b>	441	
	50m:	33.92	33.92	150m:	1:57.70	44.81	250m:	3:31.08	49.78	350m:	5:01.74	40.60
	100m:	1:12.89	38.97	200m:	2:41.30	43.60	300m:	4:21.14	50.06	400m:	5:40.00	38.26
2.	TROTIER, Alycia		14	Cnq						<b>6:06.08</b>	353	
	50m:	40.55	40.55	150m:	2:17.90	48.69	250m:	3:55.86	50.68	350m:	5:28.06	41.01
	100m:	1:29.21	48.66	200m:	3:05.18	47.28	300m:	4:47.05	51.19	400m:	6:06.08	38.02
<b>14 - 15 ans, Garçons</b>												
1.	SAWAYA-GUÉRARD, Mathis		15	Rouge et Or/Université Laval						<b>5:11.15</b>	429	
	50m:	31.11	31.11	150m:	1:46.43	39.13	250m:	3:11.77	47.19	350m:	4:36.39	36.93
	100m:	1:07.30	36.19	200m:	2:24.58	38.15	300m:	3:59.46	47.69	400m:	5:11.15	34.76
2.	POMERLEAU, Laurent		15	Rouge et Or/Université Laval						<b>5:13.59</b>	419	
	50m:	31.37	31.37	150m:	1:49.93	40.47	250m:	3:12.40	43.88	350m:	4:36.06	38.66
	100m:	1:09.46	38.09	200m:	2:28.52	38.59	300m:	3:57.40	45.00	400m:	5:13.59	37.53
3.	PAQUIN, Loïc		14	Cnq						<b>5:22.10</b>	387	
	50m:	32.05	32.05	150m:	1:54.18	44.06	250m:	3:21.49	45.59	350m:	4:47.65	38.41
	100m:	1:10.12	38.07	200m:	2:35.90	41.72	300m:	4:09.24	47.75	400m:	5:22.10	34.45
4.	POMERLEAU, Justin		14	Rouge et Or/Université Laval						<b>5:25.91</b>	373	
	50m:	33.58	33.58	150m:	1:56.87	43.25	250m:	3:26.15	48.66	350m:	4:51.74	37.29
	100m:	1:13.62	40.04	200m:	2:37.49	40.62	300m:	4:14.45	48.30	400m:	5:25.91	34.17
5.	BOUKER, Salah-Fédy		14	Rouge et Or/Université Laval						<b>5:29.24</b>	362	
	50m:	30.99	30.99	150m:	1:52.65	44.38	250m:	3:24.62	49.63	350m:	4:51.96	36.81
	100m:	1:08.27	37.28	200m:	2:34.99	42.34	300m:	4:15.15	50.53	400m:	5:29.24	37.28
<b>15 - 16 ans, Filles</b>												
1.	MALENFANT, Viviane		16	Cnq						<b>5:21.80</b>	521	
	50m:	33.30	33.30	150m:	1:54.15	41.41	250m:	3:21.93	46.88	350m:	4:46.96	37.84
	100m:	1:12.74	39.44	200m:	2:35.05	40.90	300m:	4:09.12	47.19	400m:	5:21.80	34.84
2.	HARVEY, Clara		15	Cnq						<b>5:41.67</b>	435	
	50m:	34.08	34.08	150m:	1:59.96	44.00	250m:	3:35.55	53.72	350m:	5:05.77	37.44
	100m:	1:15.96	41.88	200m:	2:41.83	41.87	300m:	4:28.33	52.78	400m:	5:41.67	35.90