

Distance CNQ 2023
Québec, 2-12-2023

Epreuve 1
2023-12-02 - 9:20

800m Libre

Cat. générale
Liste résultats

Points: FINA 2023

| Rang | | | Age | | | | | | Temps | Pts | | |
|---------------------------------|-----------------------------|---------|---------|------------------------------|---------|---------|-------|----------|-----------------|-------|----------|---------|
| 12 ans et moins, Filles | | | | | | | | | | | | |
| 1. | LESSARD, Rachel | | 12 | Cnq | | | | | 11:12.02 | 358 | | |
| | 100m: | 1:17.92 | 1:17.92 | 300m: | 4:05.92 | 1:24.46 | 500m: | 6:57.99 | 1:25.69 | 700m: | 9:48.67 | 1:24.78 |
| | 200m: | 2:41.46 | 1:23.54 | 400m: | 5:32.30 | 1:26.38 | 600m: | 8:23.89 | 1:25.90 | 800m: | 11:12.02 | 1:23.35 |
| 2. | BOUCHARD, Sarah | | 11 | Rouge et Or/Université Laval | | | | | 12:02.10 | 289 | | |
| | 100m: | 1:20.37 | 1:20.37 | 300m: | 4:21.49 | 1:32.06 | 500m: | 7:25.02 | 1:31.34 | 700m: | 10:31.46 | 1:32.81 |
| | 200m: | 2:49.43 | 1:29.06 | 400m: | 5:53.68 | 1:32.19 | 600m: | 8:58.65 | 1:33.63 | 800m: | 12:02.10 | 1:30.64 |
| 3. | ABETTI, Alae | | 10 | Cnq | | | | | 12:44.90 | 243 | | |
| | 100m: | 1:31.77 | 1:31.77 | 300m: | 4:41.80 | 1:33.19 | 500m: | 7:55.30 | 1:38.40 | 700m: | 11:10.18 | 1:36.85 |
| | 200m: | 3:08.61 | 1:36.84 | 400m: | 6:16.90 | 1:35.10 | 600m: | 9:33.33 | 1:38.03 | 800m: | 12:44.90 | 1:34.72 |
| 4. | GAGNON, Lysanne | | 11 | Cnq | | | | | 13:22.42 | 210 | | |
| | 100m: | 1:33.14 | 1:33.14 | 300m: | 4:55.39 | 1:40.31 | 500m: | 8:21.95 | 1:43.59 | 700m: | 11:46.80 | 1:41.07 |
| | 200m: | 3:15.08 | 1:41.94 | 400m: | 6:38.36 | 1:42.97 | 600m: | 10:05.73 | 1:43.78 | 800m: | 13:22.42 | 1:35.62 |
| 13 ans et moins, Garçons | | | | | | | | | | | | |
| 1. | BEAUDOIN, Loic | | 13 | Rouge et Or/Université Laval | | | | | 9:55.99 | 411 | | |
| | 100m: | 1:08.80 | 1:08.80 | 300m: | 3:40.18 | 1:15.06 | 500m: | 6:11.46 | 1:15.59 | 700m: | 8:41.96 | 1:15.28 |
| | 200m: | 2:25.12 | 1:16.32 | 400m: | 4:55.87 | 1:15.69 | 600m: | 7:26.68 | 1:15.22 | 800m: | 9:55.99 | 1:14.03 |
| 2. | BAIN, Alexis | | 13 | Cnq | | | | | 10:03.23 | 397 | | |
| | 100m: | 1:11.65 | 1:11.65 | 300m: | 3:44.27 | 1:16.25 | 500m: | 6:16.24 | 1:15.79 | 700m: | 8:50.21 | 1:17.34 |
| | 200m: | 2:28.02 | 1:16.37 | 400m: | 5:00.45 | 1:16.18 | 600m: | 7:32.87 | 1:16.63 | 800m: | 10:03.23 | 1:13.02 |
| 3. | CAMBRON, Alexis | | 12 | Cnq | | | | | 10:21.39 | 363 | | |
| | 100m: | 1:12.05 | 1:12.05 | 300m: | 3:51.14 | 1:19.94 | 500m: | 6:30.48 | 1:20.27 | 700m: | 9:09.42 | 1:19.50 |
| | 200m: | 2:31.20 | 1:19.15 | 400m: | 5:10.21 | 1:19.07 | 600m: | 7:49.92 | 1:19.44 | 800m: | 10:21.39 | 1:11.97 |
| 4. | GOSSELIN, Manoé | | 11 | Rouge et Or/Université Laval | | | | | 10:42.64 | 328 | | |
| | 100m: | 1:14.96 | 1:14.96 | 300m: | 3:56.49 | 1:21.59 | 500m: | 6:39.08 | 1:21.47 | 700m: | 9:23.99 | 1:22.94 |
| | 200m: | 2:34.90 | 1:19.94 | 400m: | 5:17.61 | 1:21.12 | 600m: | 8:01.05 | 1:21.97 | 800m: | 10:42.64 | 1:18.65 |
| 5. | ANGLEHART, Simon | | 10 | Cnq | | | | | 12:54.99 | 187 | | |
| | 100m: | 1:28.49 | 1:28.49 | 300m: | 4:42.93 | 1:37.84 | 500m: | 8:02.37 | 1:40.50 | 700m: | 11:21.46 | 1:37.09 |
| | 200m: | 3:05.09 | 1:36.60 | 400m: | 6:21.87 | 1:38.94 | 600m: | 9:44.37 | 1:42.00 | 800m: | 12:54.99 | 1:33.53 |
| 13 - 14 ans, Filles | | | | | | | | | | | | |
| 1. | LAFRENIÈRE, Juliette | | 13 | Cnq | | | | | 9:54.74 | 517 | | |
| | 100m: | 1:07.12 | 1:07.12 | 300m: | 3:38.55 | 1:16.06 | 500m: | 6:10.55 | 1:15.65 | 700m: | 8:42.68 | 1:16.09 |
| | 200m: | 2:22.49 | 1:15.37 | 400m: | 4:54.90 | 1:16.35 | 600m: | 7:26.59 | 1:16.04 | 800m: | 9:54.74 | 1:12.06 |
| 2. | GOSSELIN, Mélia | | 13 | Rouge et Or/Université Laval | | | | | 9:58.91 | 506 | | |
| | 100m: | 1:10.21 | 1:10.21 | 300m: | 3:41.71 | 1:15.66 | 500m: | 6:14.37 | 1:16.13 | 700m: | 8:45.62 | 1:15.32 |
| | 200m: | 2:26.05 | 1:15.84 | 400m: | 4:58.24 | 1:16.53 | 600m: | 7:30.30 | 1:15.93 | 800m: | 9:58.91 | 1:13.29 |
| 3. | ALBERT, Maélie | | 13 | Cnq | | | | | 10:20.40 | 455 | | |
| | 100m: | 1:09.36 | 1:09.36 | 300m: | 3:43.64 | 1:17.56 | 500m: | 6:21.58 | 1:19.63 | 700m: | 9:02.36 | |
| | 200m: | 2:26.08 | 1:16.72 | 400m: | 5:01.95 | 1:18.31 | 600m: | | | 800m: | 10:20.40 | 1:18.04 |
| 4. | LEMELIN DUCHARME, Michaëlle | | 13 | Cnq | | | | | 10:21.80 | 452 | | |
| | 100m: | 1:09.49 | 1:09.49 | 300m: | 3:42.92 | 1:17.72 | 500m: | 6:21.86 | 1:19.75 | 700m: | 9:03.30 | 1:21.44 |
| | 200m: | 2:25.20 | 1:15.71 | 400m: | 5:02.11 | 1:19.19 | 600m: | 7:41.86 | 1:20.00 | 800m: | 10:21.80 | 1:18.50 |

Distance CNQ 2023
Québec, 2-12-2023

Epreuve 1, Filles, 800m Libre, 13 - 14 ans

| Rang | | | Age | | | | | Temps | Pts | | | |
|------|-------------------|---------|---------|------------------------------|---------|---------|-------|-----------------|---------|-------|----------|---------|
| 5. | CANTIN, Élisabeth | | 13 | Rouge et Or/Université Laval | | | | 10:39.30 | 416 | | | |
| | 100m: | 1:14.05 | 1:14.05 | 300m: | 3:54.49 | 1:20.69 | 500m: | 6:37.65 | 1:22.41 | 700m: | 9:21.58 | 1:22.96 |
| | 200m: | 2:33.80 | 1:19.75 | 400m: | 5:15.24 | 1:20.75 | 600m: | 7:58.62 | 1:20.97 | 800m: | 10:39.30 | 1:17.72 |
| 6. | GILBERT, Laurie | | 14 | Cnq | | | | 10:55.94 | 385 | | | |
| | 100m: | 1:15.31 | 1:15.31 | 300m: | 4:00.37 | 1:23.22 | 500m: | 6:48.37 | 1:24.50 | 700m: | 9:36.24 | 1:23.87 |
| | 200m: | 2:37.15 | 1:21.84 | 400m: | 5:23.87 | 1:23.50 | 600m: | 8:12.37 | 1:24.00 | 800m: | 10:55.94 | 1:19.70 |
| 7. | DESGAGNÉS, Alice | | 13 | Rouge et Or/Université Laval | | | | 11:05.55 | 369 | | | |
| | 100m: | 1:19.36 | 1:19.36 | 300m: | 4:07.11 | 1:23.78 | 500m: | 6:56.52 | 1:25.03 | 700m: | 9:45.48 | 1:25.05 |
| | 200m: | 2:43.33 | 1:23.97 | 400m: | 5:31.49 | 1:24.38 | 600m: | 8:20.43 | 1:23.91 | 800m: | 11:05.55 | 1:20.07 |
| 8. | GAGNÉ, Déa | | 14 | Cnq | | | | 11:27.37 | 335 | | | |
| | 100m: | 1:18.15 | 1:18.15 | 300m: | 4:09.12 | 1:25.50 | 500m: | 7:04.74 | 1:27.44 | 700m: | 10:02.62 | 1:27.97 |
| | 200m: | 2:43.62 | 1:25.47 | 400m: | 5:37.30 | 1:28.18 | 600m: | 8:34.65 | 1:29.91 | 800m: | 11:27.37 | 1:24.75 |
| 9. | BÉDARD, Juliette | | 13 | Rouge et Or/Université Laval | | | | 11:28.83 | 332 | | | |
| | 100m: | 1:20.71 | 1:20.71 | 300m: | 4:14.87 | 1:27.53 | 500m: | 7:09.65 | 1:26.54 | 700m: | 10:07.59 | 1:28.69 |
| | 200m: | 2:47.34 | 1:26.63 | 400m: | 5:43.11 | 1:28.24 | 600m: | 8:38.90 | 1:29.25 | 800m: | 11:28.83 | 1:21.24 |
| 10. | SAYEGH, Jasmine | | 13 | Rouge et Or/Université Laval | | | | 12:15.36 | 273 | | | |
| | 100m: | 1:25.74 | 1:25.74 | 300m: | 4:31.15 | 1:33.07 | 500m: | 7:36.83 | 1:32.87 | 700m: | 10:45.24 | 1:33.50 |
| | 200m: | 2:58.08 | 1:32.34 | 400m: | 6:03.96 | 1:32.81 | 600m: | 9:11.74 | 1:34.91 | 800m: | 12:15.36 | 1:30.12 |
| 11. | GROLEAU, Olivia | | 13 | Cnq | | | | 12:22.21 | 266 | | | |
| | 100m: | 1:30.18 | 1:30.18 | 300m: | 4:39.59 | 1:34.22 | 500m: | 7:47.30 | 1:33.31 | 700m: | 10:53.59 | 1:33.10 |
| | 200m: | 3:05.37 | 1:35.19 | 400m: | 6:13.99 | 1:34.40 | 600m: | 9:20.49 | 1:33.19 | 800m: | 12:22.21 | 1:28.62 |

14 - 15 ans, Garçons

| | | | | | | | | | | | | |
|----|------------------|---------|---------|-------|---------|---------|-------|----------------|---------|-------|---------|---------|
| 1. | ROCHETTE, Hubert | | 14 | Cnq | | | | 9:22.91 | 488 | | | |
| | 100m: | 1:05.23 | 1:05.23 | 300m: | 3:25.39 | 1:10.59 | 500m: | 5:48.42 | 1:11.79 | 700m: | 8:12.42 | 1:11.65 |
| | 200m: | 2:14.80 | 1:09.57 | 400m: | 4:36.63 | 1:11.24 | 600m: | 7:00.77 | 1:12.35 | 800m: | 9:22.91 | 1:10.49 |

15 - 16 ans, Filles

| | | | | | | | | | | | | |
|----|---------------------|---------|---------|-------|---------|---------|-------|-----------------|---------|-------|----------|---------|
| 1. | GUY, Roxane | | 16 | Cnq | | | | 9:39.70 | 558 | | | |
| | 100m: | 1:07.11 | 1:07.11 | 300m: | 3:32.89 | 1:13.53 | 500m: | 5:59.30 | 1:12.53 | 700m: | 8:26.83 | 1:13.69 |
| | 200m: | 2:19.36 | 1:12.25 | 400m: | 4:46.77 | 1:13.88 | 600m: | 7:13.14 | 1:13.84 | 800m: | 9:39.70 | 1:12.87 |
| 2. | MALENFANT, Viviane | | 16 | Cnq | | | | 9:46.96 | 538 | | | |
| | 100m: | 1:08.93 | 1:08.93 | 300m: | 3:34.43 | 1:13.00 | 500m: | 6:03.49 | 1:14.44 | 700m: | 8:34.24 | 1:15.31 |
| | 200m: | 2:21.43 | 1:12.50 | 400m: | 4:49.05 | 1:14.62 | 600m: | 7:18.93 | 1:15.44 | 800m: | 9:46.96 | 1:12.72 |
| 3. | BEAUDOIN, Charlotte | | 15 | Cnq | | | | 11:04.71 | 370 | | | |
| | 100m: | 1:17.83 | 1:17.83 | 300m: | 4:06.58 | 1:24.94 | 500m: | 6:55.11 | 1:24.34 | 700m: | | |
| | 200m: | 2:41.64 | 1:23.81 | 400m: | 5:30.77 | 1:24.19 | 600m: | 8:19.42 | 1:24.31 | 800m: | 11:04.71 | |
| 4. | MORINVILLE, Clara | | 16 | Cnq | | | | 11:25.75 | 337 | | | |
| | 100m: | 1:20.71 | 1:20.71 | 300m: | 4:12.99 | 1:26.66 | 500m: | 7:07.77 | 1:27.56 | 700m: | 10:01.46 | |
| | 200m: | 2:46.33 | 1:25.62 | 400m: | 5:40.21 | 1:27.22 | 600m: | | | 800m: | 11:25.75 | 1:24.29 |

16 - 17 ans, Garçons

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|----|--------------------------|---------|---------|------------------------------|---------|---------|-------|----------------|---------|-------|---------|---------|
| 1. | LÉVESQUE, Alexandre | | 17 | Rouge et Or/Université Laval | | | | 8:54.81 | 569 | | | |
| | 100m: | 1:03.62 | 1:03.62 | 300m: | 3:21.05 | 1:09.00 | 500m: | 5:37.58 | 1:07.90 | 700m: | 7:52.24 | 1:06.81 |
| | 200m: | 2:12.05 | 1:08.43 | 400m: | 4:29.68 | 1:08.63 | 600m: | 6:45.43 | 1:07.85 | 800m: | 8:54.81 | 1:02.57 |
| 2. | CAMBRON, Charles-Antoine | | 17 | Cnq | | | | 9:21.13 | 493 | | | |
| | 100m: | 1:02.59 | 1:02.59 | 300m: | 3:24.18 | 1:11.56 | 500m: | 5:48.74 | 1:11.85 | 700m: | 8:13.90 | 1:12.91 |
| | 200m: | 2:12.62 | 1:10.03 | 400m: | 4:36.89 | 1:12.71 | 600m: | 7:00.99 | 1:12.25 | 800m: | 9:21.13 | 1:07.23 |

Distance CNQ 2023
Québec, 2-12-2023

Epreuve 1, Garçons, 800m Libre, 16 - 17 ans

| Rang | Age | | | | | | | | Temps | Pts | | |
|------|---|---------|---------|-------|---------|---------|-------|---------|-----------------|-------|----------|---------|
| 3. | LÉGER, Thomas 16 Rouge et Or/Université Laval | | | | | | | | 10:04.83 | 394 | | |
| | 100m: | 1:09.33 | 1:09.33 | 300m: | 3:41.27 | 1:16.94 | 500m: | 6:16.55 | 1:17.60 | 700m: | 8:50.05 | 1:16.97 |
| | 200m: | 2:24.33 | 1:15.00 | 400m: | 4:58.95 | 1:17.68 | 600m: | 7:33.08 | 1:16.53 | 800m: | 10:04.83 | 1:14.78 |
| 4. | CORRIVEAU-BONOSTRO, Charles 16 Rouge et Or/Université Laval | | | | | | | | 10:13.27 | 377 | | |
| | 100m: | 1:07.30 | 1:07.30 | 300m: | 3:37.68 | 1:15.78 | 500m: | 6:12.43 | 1:17.76 | 700m: | 8:53.71 | 1:21.22 |
| | 200m: | 2:21.90 | 1:14.60 | 400m: | 4:54.67 | 1:16.99 | 600m: | 7:32.49 | 1:20.06 | 800m: | 10:13.27 | 1:19.56 |

17 ans et plus, Dames

| | | | | | | | | | | | | |
|----|--|---------|---------|-------|---------|---------|-------|---------|-----------------|-------|----------|---------|
| 1. | SHINK, Ariane 17 Cnq | | | | | | | | 9:26.30 | 599 | | |
| | 100m: | 1:05.52 | 1:05.52 | 300m: | 3:27.27 | 1:11.57 | 500m: | 5:51.36 | 1:12.15 | 700m: | 8:15.64 | 1:12.00 |
| | 200m: | 2:15.70 | 1:10.18 | 400m: | 4:39.21 | 1:11.94 | 600m: | 7:03.64 | 1:12.28 | 800m: | 9:26.30 | 1:10.66 |
| 2. | PAUL, Florence 17 Rouge et Or/Université Laval | | | | | | | | 10:10.80 | 477 | | |
| | 100m: | 1:09.43 | 1:09.43 | 300m: | 3:44.24 | 1:18.94 | 500m: | 6:18.24 | 1:15.16 | 700m: | 8:53.61 | 1:19.00 |
| | 200m: | 2:25.30 | 1:15.87 | 400m: | 5:03.08 | 1:18.84 | 600m: | 7:34.61 | 1:16.37 | 800m: | 10:10.80 | 1:17.19 |
| 3. | SIMARD, Anne 17 Rouge et Or/Université Laval | | | | | | | | 10:24.24 | 447 | | |
| | 100m: | 1:10.96 | 1:10.96 | 300m: | 3:49.90 | 1:19.91 | 500m: | 6:29.40 | 1:19.91 | 700m: | 9:08.33 | 1:19.50 |
| | 200m: | 2:29.99 | 1:19.03 | 400m: | 5:09.49 | 1:19.59 | 600m: | 7:48.83 | 1:19.43 | 800m: | 10:24.24 | 1:15.91 |
| 4. | LAFLAMME, Léa 19 Rouge et Or/Université Laval | | | | | | | | 11:22.78 | 341 | | |
| | 100m: | 1:20.12 | 1:20.12 | 300m: | 4:13.74 | 1:27.09 | 500m: | 7:07.62 | 1:26.10 | 700m: | 10:00.15 | 1:25.98 |
| | 200m: | 2:46.65 | 1:26.53 | 400m: | 5:41.52 | 1:27.78 | 600m: | 8:34.17 | 1:26.55 | 800m: | 11:22.78 | 1:22.63 |

18 ans et plus, Messieurs

| | | | | | | | | | | | | |
|----|--|---------|---------|-------|---------|---------|-------|---------|----------------|-------|---------|---------|
| 1. | GOSELIN, Justin 18 Cnq | | | | | | | | 9:24.98 | 483 | | |
| | 100m: | 1:05.46 | 1:05.46 | 300m: | 3:27.40 | 1:11.78 | 500m: | 5:51.18 | 1:12.01 | 700m: | 8:16.21 | 1:12.50 |
| | 200m: | 2:15.62 | 1:10.16 | 400m: | 4:39.17 | 1:11.77 | 600m: | 7:03.71 | 1:12.53 | 800m: | 9:24.98 | 1:08.77 |
| 2. | LABERGE, Mathieu 18 Rouge et Or/Université Laval | | | | | | | | 9:50.83 | 422 | | |
| | 100m: | 1:08.42 | 1:08.42 | 300m: | 3:38.89 | 1:15.44 | 500m: | 6:08.55 | 1:15.18 | 700m: | 8:38.92 | 1:15.81 |
| | 200m: | 2:23.45 | 1:15.03 | 400m: | 4:53.37 | 1:14.48 | 600m: | 7:23.11 | 1:14.56 | 800m: | 9:50.83 | 1:11.91 |