

Championnats FFBN Jeunes 25m  
Bastogne, 2 - 3/12/2023

Epreuve 61  
03/12/2023

Filles, 400m Libre

11 - 12 ans  
Liste résultats

Points: FINA 2023

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
11 ans								
1.		GILLAIN, Gwenalynn	12	MOSAN	BEL	5:09.35	<b>5:04.68</b>	437
	50m:	34.71 34.71	150m:	1:51.85 39.04	250m:	3:09.80 38.78	350m:	4:27.26 38.70
	100m:	1:12.81 38.10	200m:	2:31.02 39.17	300m:	3:48.56 38.76	400m:	5:04.68 37.42
2.		ROUDOMETKINA, Ksenia	12	HELIOS	BEL	5:16.51	<b>5:14.61</b>	397
	50m:	34.35 34.35	150m:	1:51.86 39.13	250m:	3:12.65 40.40	350m:	4:34.99 41.07
	100m:	1:12.73 38.38	200m:	2:32.25 40.39	300m:	3:53.92 41.27	400m:	5:14.61 39.62
3.		LA PLACA, Livia	12	MOSAN	BEL	5:12.14	<b>5:18.45</b>	383
	50m:	33.52 33.52	150m:	1:52.52 40.57	250m:	3:15.17 41.75	350m:	4:38.17 41.57
	100m:	1:11.95 38.43	200m:	2:33.42 40.90	300m:	3:56.60 41.43	400m:	5:18.45 40.28
4.		MYERSCOUGH, Alice	12	WN	FRA	5:41.19	<b>5:33.75</b>	332
	50m:	36.39 36.39	150m:	2:00.46 42.69	250m:	3:26.43 42.69	350m:	4:52.91 43.17
	100m:	1:17.77 41.38	200m:	2:43.74 43.28	300m:	4:09.74 43.31	400m:	5:33.75 40.84
5.		FALZONE, Tess	12	ENLN	BEL	5:36.81	<b>5:33.88</b>	332
	50m:	36.83 36.83	150m:	2:02.19 43.38	250m:	3:27.75 42.01	350m:	4:54.21 42.94
	100m:	1:18.81 41.98	200m:	2:45.74 43.55	300m:	4:11.27 43.52	400m:	5:33.88 39.67
6.		FONTAINE, Eline	12	WN	BEL	5:45.95	<b>5:34.52</b>	330
	50m:	36.35 36.35	150m:	2:00.48 42.90	250m:	3:26.07 42.88	350m:	4:50.89 42.41
	100m:	1:17.58 41.23	200m:	2:43.19 42.71	300m:	4:08.48 42.41	400m:	5:34.52 43.63
7.		GRENADE RAETS, Lison	12	PERRON	BEL	6:01.37	<b>5:38.20</b>	319
	50m:	37.70 37.70	150m:	2:02.24 42.65	250m:	3:28.68 43.27	350m:	4:55.04 43.55
	100m:	1:19.59 41.89	200m:	2:45.41 43.17	300m:	4:11.49 42.81	400m:	5:38.20 43.16
8.		PULINX, Giulia	12	WN	BEL	5:52.23	<b>5:40.19</b>	314
	50m:	38.75 38.75	150m:	2:05.81 43.75	250m:	3:30.87 42.01	350m:	4:56.98 42.83
	100m:	1:22.06 43.31	200m:	2:48.86 43.05	300m:	4:14.15 43.28	400m:	5:40.19 43.21
9.		DELEPLANQUE, Erin	12	HELIOS	BEL	5:36.63	<b>5:40.95</b>	312
	50m:	37.38 37.38	150m:	2:03.66 43.50	250m:	3:30.72 43.84	350m:	4:58.45 43.77
	100m:	1:20.16 42.78	200m:	2:46.88 43.22	300m:	4:14.68 43.96	400m:	5:40.95 42.50
10.		ANDOURA, Sidra	12	MOSAN	BEL	5:56.86	<b>5:43.70</b>	304
	50m:	38.12 38.12	150m:	2:04.09 43.06	250m:	3:32.01 43.71	350m:	5:01.08 44.96
	100m:	1:21.03 42.91	200m:	2:48.30 44.21	300m:	4:16.12 44.11	400m:	5:43.70 42.62
11.		ABOUABDERRAHMANE, Inès	12	ENW	BEL	5:48.67	<b>5:44.56</b>	302
	50m:	38.52 38.52	150m:	2:04.61 43.27	250m:	3:33.27 44.49	350m:	5:02.32 45.02
	100m:	1:21.34 42.82	200m:	2:48.78 44.17	300m:	4:17.30 44.03	400m:	5:44.56 42.24
12.		MAENE, Lea	12	MHN	BEL	5:47.34	<b>5:47.33</b>	295
	50m:	38.73 38.73	150m:	2:06.61 44.43	250m:	3:35.87 44.61	350m:	5:06.37 44.58
	100m:	1:22.18 43.45	200m:	2:51.26 44.65	300m:	4:21.79 45.92	400m:	5:47.33 40.96
13.		VALLEE, Elisa	12	BCSG	BEL	5:52.61	<b>5:50.43</b>	287
	50m:	39.48 39.48	150m:	2:06.94 44.65	250m:	3:36.60 45.21	350m:	5:07.07 45.37
	100m:	1:22.29 42.81	200m:	2:51.39 44.45	300m:	4:21.70 45.10	400m:	5:50.43 43.36
14.		NAZIANZENO, Dayana	12	ENLN	BEL	6:17.07	<b>6:00.69</b>	263
	50m:	40.20 40.20	150m:	2:12.83 45.98	250m:	3:45.80 46.79	350m:	5:18.57 45.59
	100m:	1:26.85 46.65	200m:	2:59.01 46.18	300m:	4:32.98 47.18	400m:	6:00.69 42.12
15.		SALAMONE, Luna	12	MHN	BEL	6:18.36	<b>6:19.60</b>	226
	50m:	44.02 44.02	150m:	2:20.20 48.29	250m:		350m:	
	100m:	1:31.91 47.89	200m:	3:09.44 49.24	300m:		400m:	6:19.60
16.		BIETTE, Luce	12	CNB	BEL	7:30.29	<b>6:34.32</b>	201
	50m:	43.96 43.96	150m:	2:22.61 50.00	250m:	4:03.69 50.60	350m:	5:46.81 51.52
	100m:	1:32.61 48.65	200m:	3:13.09 50.48	300m:	4:55.29 51.60	400m:	6:34.32 47.51
disq.		CAMPS, Flora	12	PERRON	BEL	8:16.28		
	<i>SW 10.2 - N'a pas couvert la totalité de la distance de l'épreuve</i>							

Championnats FFBN Jeunes 25m  
Bastogne, 2 - 3/12/2023

Epreuve 61, Filles, 400m Libre

12 ans

1. WÉGRIA, Elena	11	ENW	BEL	4:48.40	<b>4:49.07</b>	512			
50m: 31.04	31.04	150m: 1:42.15	36.41	250m: 2:56.85	37.40	350m: 4:11.86	37.46		
100m: 1:05.74	34.70	200m: 2:19.45	37.30	300m: 3:34.40	37.55	400m: 4:49.07	37.21		
2. DE GYNS, Lilwenn	11	MOSAN	BEL	5:08.74	<b>4:54.04</b>	486			
50m: 31.66	31.66	150m: 1:44.03	36.70	250m: 2:58.91	37.64	350m: 4:15.79	38.47		
100m: 1:07.33	35.67	200m: 2:21.27	37.24	300m: 3:37.32	38.41	400m: 4:54.04	38.25		
3. ABDELKHALEK, Lina	11	ENW	BEL	5:03.19	<b>5:00.83</b>	454			
50m: 32.10	32.10	150m: 1:46.54	38.02	250m: 3:04.34	39.01	350m: 4:22.94	39.35		
100m: 1:08.52	36.42	200m: 2:25.33	38.79	300m: 3:43.59	39.25	400m: 5:00.83	37.89		
4. SCHWALL, Laurence	11	SSSV	BEL	5:28.69	<b>5:07.85</b>	424			
50m: 35.16	35.16	150m: 1:52.76	39.32	250m: 3:12.08	39.84	350m: 4:30.41	38.52		
100m: 1:13.44	38.28	200m: 2:32.24	39.48	300m: 3:51.89	39.81	400m: 5:07.85	37.44		
5. BURY, Pauline	11	WN	BEL	5:25.58	<b>5:07.96</b>	423			
50m: 34.27	34.27	150m: 1:53.15	39.75	250m: 3:14.11	40.53	350m: 4:32.72	39.33		
100m: 1:13.40	39.13	200m: 2:33.58	40.43	300m: 3:53.39	39.28	400m: 5:07.96	35.24		
6. MARCHAL, Lauraline	11	NOC	BEL	5:21.75	<b>5:15.23</b>	395			
50m: 33.52	33.52	150m: 1:52.42	40.26	250m: 3:13.60	40.87	350m: 4:36.02	41.60		
100m: 1:12.16	38.64	200m: 2:32.73	40.31	300m: 3:54.42	40.82	400m: 5:15.23	39.21		
7. DELARGE, Claire	11	PERRON	BEL	5:43.87	<b>5:24.40</b>	362			
50m: 35.65	35.65	150m: 1:57.05	40.89	250m: 3:20.54	42.03	350m: 4:43.75	41.68		
100m: 1:16.16	40.51	200m: 2:38.51	41.46	300m: 4:02.07	41.53	400m: 5:24.40	40.65		
8. EDOU, Léa-Lyne	11	WN	FRA	5:44.30	<b>5:30.62</b>	342			
50m: 36.54	36.54	150m: 1:58.44	41.35	250m: 3:24.88	43.23	350m: 4:52.07	43.79		
100m: 1:17.09	40.55	200m: 2:41.65	43.21	300m: 4:08.28	43.40	400m: 5:30.62	38.55		
9. INGHILLERI, Maëly	11	ENLN	BEL	5:44.54	<b>5:45.36</b>	300			
50m: 36.20	36.20	150m: 2:01.54	43.63	250m: 3:30.90	45.06	350m: 5:02.26	45.83		
100m: 1:17.91	41.71	200m: 2:45.84	44.30	300m: 4:16.43	45.53	400m: 5:45.36	43.10		
10. MERCHE, Lola	11	CNB	BEL	NT	<b>6:18.76</b>	227			
50m: 41.35	41.35	150m: 2:15.92	47.95	250m: 3:53.29	48.85	350m:			
100m: 1:27.97	46.62	200m: 3:04.44	48.52	300m: 4:41.89	48.60	400m: 6:18.76			
disq. KOEUNE, Julia	11	CNB	BEL	NT	<b>6:39.28</b>				
<i>SW 4.4 - Départ anticipé</i>									
50m: 43.48	43.48	150m: 2:25.87	52.24	250m: 4:10.13	52.25	350m: 5:52.96	51.40		
100m: 1:33.63	50.15	200m: 3:17.88	52.01	300m: 5:01.56	51.43	400m: 6:39.28	46.32		