

Rigas cempionats
Riga, 15. - 16.12.2023

Event 9
15.12.2023 - 17:19

Women, 400m Freestyle

2009 and older
Results

Points: FINA 2023

Rank	UZV	RDS, V rds	YB	Komanda	Laiks	Punkti	RL	
1.	SIRJAJEVA Arina		06	RBJSS Ridzene-DSN	4:57.27	502	+0.77	
	50m:	32.82 32.82	150m:	1:49.46 38.82	250m:	3:06.74 38.36	350m:	4:22.11 37.33
	100m:	1:10.64 37.82	200m:	2:28.38 38.92	300m:	3:44.78 38.04	400m:	4:57.27 35.16
2.	GULBE Liva		08	RBJSS Ridzene-DSN	5:07.21	455	+0.84	
	50m:	34.32 34.32	150m:	1:51.99 39.25	250m:	3:11.12 39.71	350m:	4:29.52 39.06
	100m:	1:12.74 38.42	200m:	2:31.41 39.42	300m:	3:50.46 39.34	400m:	5:07.21 37.69
3.	SIRMA Dzenifera		08	RBJSS Ridzene I	5:08.35	450	+0.76	
	50m:	34.46 34.46	150m:	1:52.06 39.03	250m:	3:11.15 39.08	350m:	4:29.94 38.62
	100m:	1:13.03 38.57	200m:	2:32.07 40.01	300m:	3:51.32 40.17	400m:	5:08.35 38.41
4.	TUCE Elvija		07	RBJSS Ridzene-DSN	5:09.34	446	+0.79	
	50m:	34.95 34.95	150m:	1:52.65 38.91	250m:	3:11.44 39.16	350m:	4:30.61 39.35
	100m:	1:13.74 38.79	200m:	2:32.28 39.63	300m:	3:51.26 39.82	400m:	5:09.34 38.73
5.	BALTMANE Katrina		06	Augsdaugavas NSS	5:27.75	375	+0.76	
	50m:	35.95 35.95	150m:	1:57.35 41.37	250m:	3:22.43 42.69	350m:	4:48.14 42.53
	100m:	1:15.98 40.03	200m:	2:39.74 42.39	300m:	4:05.61 43.18	400m:	5:27.75 39.61
6.	TRASUNA Verona		09	Kipsalas peldbaseins IV	5:27.79	375	+0.68	
	50m:	37.33 37.33	150m:	2:00.82 42.32	250m:	3:26.71 42.49	350m:	4:48.25 40.00
	100m:	1:18.50 41.17	200m:	2:44.22 43.40	300m:	4:08.25 41.54	400m:	5:27.79 39.54
7.	DALBINA Sofija		09	Kekavas NSS	5:33.60	355	+0.83	
	50m:	38.31 38.31	150m:	2:03.51 42.79	250m:	3:29.66 43.73	350m:	4:54.08 41.70
	100m:	1:20.72 42.41	200m:	2:45.93 42.42	300m:	4:12.38 42.72	400m:	5:33.60 39.52
8.	VERDENHOFA Sarlote		06	RBJSS Ridzene-DSN	5:34.61	352	+0.76	
	50m:	35.92 35.92	150m:	1:59.45 42.62	250m:	3:26.40 43.89	350m:	4:53.22 43.36
	100m:	1:16.83 40.91	200m:	2:42.51 43.06	300m:	4:09.86 43.46	400m:	5:34.61 41.39
9.	BALODE Katrina		05	RBJSS Ridzene-DSN	5:35.74	349	+0.80	
	50m:	36.86 36.86	150m:	2:00.87 42.77	250m:	3:28.82 43.92	350m:	4:55.59 42.98
	100m:	1:18.10 41.24	200m:	2:44.90 44.03	300m:	4:12.61 43.79	400m:	5:35.74 40.15
10.	MELDZERE Pola		05	Kekavas NSS	5:36.97	345	+0.69	
	50m:	37.40 37.40	150m:	2:01.54 42.66	250m:	3:28.67 43.81	350m:	4:55.19 43.09
	100m:	1:18.88 41.48	200m:	2:44.86 43.32	300m:	4:12.10 43.43	400m:	5:36.97 41.78
11.	NAGOBADĒ Nora		07	RBJSS Ridzene-DSN	5:40.40	334	+0.83	
	50m:	35.80 35.80	150m:	1:59.82 43.70	250m:	3:29.17 44.98	350m:	4:58.51 44.36
	100m:	1:16.12 40.32	200m:	2:44.19 44.37	300m:	4:14.15 44.98	400m:	5:40.40 41.89