

Epreuve 3 Dames, 400m Libre Cat. générale
2023-12-01 - 17:13 Liste résultats

Records championnat USPORTS 4:02.76 KING, Savannah 2012-01-01
Records universitaires RSEQ 4:06.57 JARDIN, Barbara UDEM Toronto 2014-02-21

RSEQ (2023-2024) : 4:43.17 / USPORTS (2023-2024) : 4:22.19

Points: FINA 2023

Rang					Age					Temps	Pts	
1.	LO, Naomie				20	McGILL				4:17.58	724 QT	
	50m:	30.58	30.58	150m:	1:35.35	32.46	250m:	2:40.71	32.52	350m:	3:45.97	32.56
	100m:	1:02.89	32.31	200m:	2:08.19	32.84	300m:	3:13.41	32.70	400m:	4:17.58	31.61
2.	TINMOUTH, Iris				19	McGILL				4:18.46	716 QT	
	50m:	30.19	30.19	150m:	1:35.87	32.99	250m:	2:41.12	32.47	350m:	3:46.72	32.91
	100m:	1:02.88	32.69	200m:	2:08.65	32.78	300m:	3:13.81	32.69	400m:	4:18.46	31.74
3.	FROST, Natasha				20	McGILL				4:23.56	675	
	50m:	30.41	30.41	150m:	1:36.78	33.31	250m:	2:43.80	33.54	350m:	3:50.82	33.44
	100m:	1:03.47	33.06	200m:	2:10.26	33.48	300m:	3:17.38	33.58	400m:	4:23.56	32.74
4.	BROWN, Gabrielle				19	McGILL				4:24.59	668	
	50m:	30.66	30.66	150m:	1:36.73	33.22	250m:	2:43.89	33.65	350m:	3:51.80	33.98
	100m:	1:03.51	32.85	200m:	2:10.24	33.51	300m:	3:17.82	33.93	400m:	4:24.59	32.79
5.	HULFORD, Kate				19	University of Ottawa Gee-Gees				4:25.82	658	
	50m:	30.82	30.82	150m:	1:38.73	33.90	250m:	2:46.13	33.56	350m:	3:53.37	33.58
	100m:	1:04.83	34.01	200m:	2:12.57	33.84	300m:	3:19.79	33.66	400m:	4:25.82	32.45
6.	LANGRIDGE, Isabel				18	University of Ottawa Gee-Gees				4:27.64	645	
	50m:	29.90	29.90	150m:	1:35.92	33.22	250m:	2:43.68	34.10	350m:	3:53.39	35.04
	100m:	1:02.70	32.80	200m:	2:09.58	33.66	300m:	3:18.35	34.67	400m:	4:27.64	34.25
7.	HARVEY, Pénélope				20	Rouge et Or universitaire				4:28.11	642	
	50m:	31.19	31.19	150m:	1:37.62	33.26	250m:	2:45.42	34.13	350m:	3:54.71	34.85
	100m:	1:04.36	33.17	200m:	2:11.29	33.67	300m:	3:19.86	34.44	400m:	4:28.11	33.40
8.	SHEMILT, Sydney				20	McGILL				4:28.63	638	
	50m:	31.15	31.15	150m:	1:38.23	33.65	250m:	2:46.10	33.97	350m:	3:54.62	34.36
	100m:	1:04.58	33.43	200m:	2:12.13	33.90	300m:	3:20.26	34.16	400m:	4:28.63	34.01
9.	PONSARDIN, Alice				23	Rouge et Or universitaire				4:29.60	631	
	50m:	31.03	31.03	150m:	1:37.62	33.52	250m:	2:45.99	34.30	350m:	3:55.33	34.99
	100m:	1:04.10	33.07	200m:	2:11.69	34.07	300m:	3:20.34	34.35	400m:	4:29.60	34.27
10.	MEHARG, Amy				20	University of Ottawa Gee-Gees				4:29.92	629	
	50m:	30.33	30.33	150m:	1:37.62	33.80	250m:	2:46.09	34.56	350m:	3:55.64	35.35
	100m:	1:03.82	33.49	200m:	2:11.53	33.91	300m:	3:20.29	34.20	400m:	4:29.92	34.28
11.	DE CHAZAL, Emilie				18	McGILL				4:32.11	614	
	50m:	31.26	31.26	150m:	1:39.55	34.63	250m:	2:48.26	34.21	350m:	3:58.10	34.90
	100m:	1:04.92	33.66	200m:	2:14.05	34.50	300m:	3:23.20	34.94	400m:	4:32.11	34.01
12.	DAGENAIS, Noémie				24	Université de Montréal				4:33.92	602	
	50m:	31.34	31.34	150m:	1:39.79	34.62	250m:	2:49.02	34.65	350m:	3:59.33	34.81
	100m:	1:05.17	33.83	200m:	2:14.37	34.58	300m:	3:24.52	35.50	400m:	4:33.92	34.59
13.	ROCH, Carolane				25	Rouge et Or universitaire				4:35.06	594	
	50m:	31.75	31.75	150m:	1:39.87	34.14	250m:	2:48.98	34.57	350m:	4:00.06	35.89
	100m:	1:05.73	33.98	200m:	2:14.41	34.54	300m:	3:24.17	35.19	400m:	4:35.06	35.00
14.	PHAM-SPICKLER, Alexia				20	Université de Montréal				4:35.86	589	
	50m:	31.25	31.25	150m:	1:39.94	34.77	250m:	2:50.22	35.07	350m:	4:00.90	35.58
	100m:	1:05.17	33.92	200m:	2:15.15	35.21	300m:	3:25.32	35.10	400m:	4:35.86	34.96

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Rang					Age					Temps	Pts	
15.	NO, Lili				19	Université de Montréal				4:38.91	570	
	50m:	32.16	32.16	150m:	1:42.44	35.33	250m:	2:53.68	35.67	350m:	4:04.81	35.14
	100m:	1:07.11	34.95	200m:	2:18.01	35.57	300m:	3:29.67	35.99	400m:	4:38.91	34.10
16.	HAGE, Dounia				22	Université de Montréal				4:39.09	569	
	50m:	30.86	30.86	150m:	1:39.95	35.03	250m:	2:51.11	35.38	350m:	4:02.75	35.87
	100m:	1:04.92	34.06	200m:	2:15.73	35.78	300m:	3:26.88	35.77	400m:	4:39.09	36.34
17.	HARVEY, Olivia				20	Rouge et Or universitaire				4:41.25	556	
	50m:	31.83	31.83	150m:	1:41.07	35.19	250m:	2:52.39	35.61	350m:	4:05.21	36.75
	100m:	1:05.88	34.05	200m:	2:16.78	35.71	300m:	3:28.46	36.07	400m:	4:41.25	36.04
18.	ARSENAULT, Laurence				20	UQTR Patriotes				4:43.33	544	
	50m:	32.11	32.11	150m:	1:42.57	35.78	250m:	2:54.50	36.11	350m:	4:07.61	36.41
	100m:	1:06.79	34.68	200m:	2:18.39	35.82	300m:	3:31.20	36.70	400m:	4:43.33	35.72
19.	RACHIDI, Inass				18	University of Ottawa Gee-Gees				4:50.48	504	
	50m:	32.91	32.91	150m:	1:44.95	36.35	250m:	2:59.24	37.39	350m:	4:14.19	37.37
	100m:	1:08.60	35.69	200m:	2:21.85	36.90	300m:	3:36.82	37.58	400m:	4:50.48	36.29
20.	DUCHESNE_S7SB7SM7, Sabrina				22	Rouge et Or universitaire				5:28.11	350	
	50m:	38.59	38.59	150m:	2:02.86	41.98	250m:	3:24.83	40.38	350m:	4:48.06	41.32
	100m:	1:20.88	42.29	200m:	2:44.45	41.59	300m:	4:06.74	41.91	400m:	5:28.11	40.05
hc.	PARR, Severen				20	McGILL				4:31.28	619hc.	
	50m:	32.21	32.21	150m:	1:40.46	34.24	250m:	2:49.01	34.04	350m:	3:57.61	34.27
	100m:	1:06.22	34.01	200m:	2:14.97	34.51	300m:	3:23.34	34.33	400m:	4:31.28	33.67
hc.	CLOUTIER, Sabrina				19	Université de Sherbrooke Vert				4:52.89	492hc.	
	50m:	32.82	32.82	150m:	1:45.70	36.92	250m:	3:00.49	37.38	350m:	4:16.07	37.67
	100m:	1:08.78	35.96	200m:	2:23.11	37.41	300m:	3:38.40	37.91	400m:	4:52.89	36.82