

LAC Deel 3
Hengelo, 1-12-2023

Programmanr. 7
1-12-2023 - 18:57

Dames, 800m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Pien Ooijman	De Berkelduikers	11:16.79	200504500	11:07.32
	100m: 1:16.51	1:16.51 300m:	500m:	700m:	
	200m: 2:38.69	1:22.18 400m: 5:26.78	600m:	800m: 11:07.32	
2.	Nynke van Leeuwen	De Berkelduikers	11:22.63	200701272	11:19.87
	100m: 1:14.74	1:14.74 300m:	500m:	700m:	
	200m: 2:39.62	1:24.88 400m: 5:32.76	600m:	800m: 11:19.87	
3.	Kim Holterman	ZPC De Hof	11:14.90	200603488	11:43.89
	100m: 1:23.02	1:23.02 300m:	500m:	700m:	
	200m: 2:50.97	1:27.95 400m: 5:49.48	600m:	800m: 11:43.89	
4.	Aimee van Tongeren	WS Twente	12:31.76	201100214	12:06.00
	100m: 1:20.21	1:20.21 300m:	500m:	700m:	
	200m: 2:51.52	1:31.31 400m: 5:58.57	600m:	800m: 12:06.00	
5.	Ribanna Damm	Losser	13:07.15	201100304	12:11.61
	100m: 1:25.11	1:25.11 300m:	500m:	700m:	
	200m: 2:59.23	1:34.12 400m: 6:10.33	600m:	800m: 12:11.61	
6.	Jorien Hogebrug	WS Twente	12:55.18	200702260	12:25.19
	100m: 1:25.18	1:25.18 300m:	500m:	700m:	
	200m: 2:58.20	1:33.02 400m: 6:09.52	600m:	800m: 12:25.19	
7.	Noor Wierda	WS Twente	12:57.19	201200542	12:51.44
	100m: 1:26.86	1:26.86 300m:	500m:	700m:	
	200m: 3:05.04	1:38.18 400m: 6:24.07	600m:	800m: 12:51.44	
8.	Leonie Smit	EZC	13:00.90	200301978	13:18.57 FJ 1
	100m: 1:28.16	1:28.16 300m:	500m:	700m:	
	200m: 3:06.89	1:38.73 400m: 6:33.15	600m:	800m: 13:18.57	
9.	Lara Heesterbeek	EZC	NT	201200102	13:18.57 FJ 2
	100m: 1:26.77	1:26.77 300m:	500m:	700m:	
	200m: 3:06.10	1:39.33 400m: 6:34.25	600m:	800m: 13:18.57	