

Epreuve 5

Dames, 400m Libre

11 ans et plus

2023-12-08 - 18:42

Liste résultats

Quebec Provincial Age Group Records 15 -4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 13 -4:17.41	HUTCHISON, Jennifer	PCSC	???	1987-02-01
Quebec Provincial Age Group Records - 124:23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01
Quebec Provincial Senior Records 4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17

Points: FINA 2023

Rang	Age		Temps				Pts
11 - 12 ans							
1.	PATINO ROSERO, Zarita	12	Rouge et Or/Université Laval	5:07.19	426		
	50m: 33.69 33.69	150m: 1:50.12	38.48 250m: 3:08.27 38.89	350m: 4:27.38	39.89		
	100m: 1:11.64 37.95	200m: 2:29.38	39.26 300m: 3:47.49 39.22	400m: 5:07.19	39.81		
2.	DINU, Maria Ioana	12	Club de Natation Samak	5:13.48	401		
	50m: 34.66 34.66	150m: 1:53.84	40.13 250m: 3:15.72 41.03	350m: 4:36.28	40.15		
	100m: 1:13.71 39.05	200m: 2:34.69	40.85 300m: 3:56.13 40.41	400m: 5:13.48	37.20		
3.	TESSIER, Ellyanne	11	Unik	5:13.96	399		
	50m: 34.14 34.14	150m: 1:53.33	40.37 250m: 3:15.08 41.05	350m: 4:35.23	39.93		
	100m: 1:12.96 38.82	200m: 2:34.03	40.70 300m: 3:55.30 40.22	400m: 5:13.96	38.73		
4.	HUANG, Vinciane	12	Club de Natation Samak	5:16.20	391		
	50m: 35.15 35.15	150m: 1:53.70	39.76 250m: 3:15.95 41.24	350m: 4:37.02	40.31		
	100m: 1:13.94 38.79	200m: 2:34.71	41.01 300m: 3:56.71 40.76	400m: 5:16.20	39.18		
5.	CHAMBERLAND, Zoé	12	Cnq	5:16.74	389		
	50m: 34.79 34.79	150m: 1:53.87	39.84 250m: 3:14.95 40.84	350m: 4:36.37	41.08		
	100m: 1:14.03 39.24	200m: 2:34.11	40.24 300m: 3:55.29 40.34	400m: 5:16.74	40.37		
6.	LEPAGE, Ann-Frédérique	12	Espadons	5:18.17	384		
	50m: 36.10 36.10	150m: 1:56.51	40.10 250m: 3:18.60 41.41	350m: 4:39.57	40.35		
	100m: 1:16.41 40.31	200m: 2:37.19	40.68 300m: 3:59.22 40.62	400m: 5:18.17	38.60		
7.	LESSARD, Rachel	12	Cnq	5:18.42	383		
	50m: 34.08 34.08	150m: 1:52.27	39.93 250m: 3:13.85 40.87	350m: 4:37.75	42.03		
	100m: 1:12.34 38.26	200m: 2:32.98	40.71 300m: 3:55.72 41.87	400m: 5:18.42	40.67		
8.	FORTIN, Flavie	12	Rouge et Or/Université Laval	5:19.22	380		
	50m: 34.82 34.82	150m: 1:54.00	40.20 250m: 3:16.57 41.24	350m: 4:39.30	41.58		
	100m: 1:13.80 38.98	200m: 2:35.33	41.33 300m: 3:57.72 41.15	400m: 5:19.22	39.92		
9.	HARVEY, Éllie	12	Cnq	5:21.50	372		
	50m: 36.70 36.70	150m: 1:58.87	41.24 250m: 3:20.76 40.98	350m: 4:42.14	41.00		
	100m: 1:17.63 40.93	200m: 2:39.78	40.91 300m: 4:01.14 40.38	400m: 5:21.50	39.36		
10.	MARCOTTE, Rosalie	12	Unik	5:23.86	364		
	50m: 36.59 36.59	150m: 1:58.70	40.47 250m: 3:22.75 41.90	350m: 4:45.74	39.87		
	100m: 1:18.23 41.64	200m: 2:40.85	42.15 300m: 4:05.87 43.12	400m: 5:23.86	38.12		
11.	MCGRAW, Rose	12	Cnq	5:25.67	358		
	50m: 35.78 35.78	150m: 1:57.21	41.49 250m: 3:21.43 42.27	350m: 4:44.62	40.85		
	100m: 1:15.72 39.94	200m: 2:39.16	41.95 300m: 4:03.77 42.34	400m: 5:25.67	41.05		
12.	POIRIER, Adèle	11	Unik	5:36.95	323		
	50m: 37.27 37.27	150m: 2:04.09	43.74 250m: 3:31.54 43.94	350m: 4:57.01	42.76		
	100m: 1:20.35 43.08	200m: 2:47.60	43.51 300m: 4:14.25 42.71	400m: 5:36.95	39.94		
13.	STEVENS, Marty	11	Rouge et Or/Université Laval	5:47.77	294		
	50m: 39.54 39.54	150m: 2:06.04	43.43 250m: 3:34.70 44.50	350m: 5:01.19	42.03		
	100m: 1:22.61 43.07	200m: 2:50.20	44.16 300m: 4:19.16 44.46	400m: 5:47.77	46.58		
14.	GERVAIS, Florence	11	Unik	5:53.43	280		
	50m: 39.17 39.17	150m: 2:09.74	45.14 250m: 3:41.04 44.96	350m: 5:10.84	44.51		
	100m: 1:24.60 45.43	200m: 2:56.08	46.34 300m: 4:26.33 45.29	400m: 5:53.43	42.59		

Epreuve 5, Filles, 400m Libre, 11 - 12 ans

Rang				Age					Temps	Pts		
15.	MARCHAND, Gabrielle			11	Club de Natation Samak				5:54.14	278		
	50m:	40.50	40.50	150m:	2:10.68	45.30	250m:	3:39.72	44.85	350m:	5:09.88	45.28
	100m:	1:25.38	44.88	200m:	2:54.87	44.19	300m:	4:24.60	44.88	400m:	5:54.14	44.26
13 - 14 ans												
1.	BOUFFARD, Jeanne			14	Riverains				4:39.71	565		
	50m:	31.70	31.70	150m:	1:42.15	35.61	250m:	2:53.56	35.81	350m:	4:04.80	35.37
	100m:	1:06.54	34.84	200m:	2:17.75	35.60	300m:	3:29.43	35.87	400m:	4:39.71	34.91
2.	ABETTI, Douae			14	Cnq				4:41.15	556		
	50m:	31.33	31.33	150m:	1:41.08	35.19	250m:	2:53.66	36.15	350m:	4:06.33	36.45
	100m:	1:05.89	34.56	200m:	2:17.51	36.43	300m:	3:29.88	36.22	400m:	4:41.15	34.82
3.	DE VOGELAERE, Noémie			14	Club de Natation Samak				4:44.04	539		
	50m:	31.93	31.93	150m:	1:42.42	35.57	250m:	2:54.40	36.11	350m:	4:07.90	37.12
	100m:	1:06.85	34.92	200m:	2:18.29	35.87	300m:	3:30.78	36.38	400m:	4:44.04	36.14
4.	PICHETTE, Alexandra			13	Cnq				4:44.53	537		
	50m:	32.09	32.09	150m:	1:44.75	36.96	250m:	2:56.91	36.03	350m:	4:09.56	35.92
	100m:	1:07.79	35.70	200m:	2:20.88	36.13	300m:	3:33.64	36.73	400m:	4:44.53	34.97
5.	LEMELIN, Émie			13	Cnq				4:46.51	526		
	50m:	32.76	32.76	150m:	1:44.82	36.40	250m:	2:58.02	36.53	350m:	4:11.90	37.04
	100m:	1:08.42	35.66	200m:	2:21.49	36.67	300m:	3:34.86	36.84	400m:	4:46.51	34.61
6.	LAFRENIÈRE, Juliette			13	Cnq				4:47.96	518		
	50m:	31.87	31.87	150m:	1:43.92	36.31	250m:	2:58.91	37.70	350m:	4:13.14	37.66
	100m:	1:07.61	35.74	200m:	2:21.21	37.29	300m:	3:35.48	36.57	400m:	4:47.96	34.82
7.	LACHANCE, Emma			13	Cnq				4:50.95	502		
	50m:	33.06	33.06	150m:	1:46.11	36.87	250m:	3:00.02	36.87	350m:	4:13.99	36.94
	100m:	1:09.24	36.18	200m:	2:23.15	37.04	300m:	3:37.05	37.03	400m:	4:50.95	36.96
8.	CORNEAU, Élyza			13	Cnq				4:51.02	502		
	50m:	31.76	31.76	150m:	1:43.02	36.05	250m:	2:57.15	37.52	350m:	4:12.84	37.99
	100m:	1:06.97	35.21	200m:	2:19.63	36.61	300m:	3:34.85	37.70	400m:	4:51.02	38.18
9.	LEGARÉ, Lili-Marguerite			13	Cnq				4:52.47	494		
	50m:	31.99	31.99	150m:	1:43.72	36.56	250m:	2:59.06	37.86	350m:	4:15.26	38.25
	100m:	1:07.16	35.17	200m:	2:21.20	37.48	300m:	3:37.01	37.95	400m:	4:52.47	37.21
10.	CÔTÉ, Aurélie			13	Bg				4:52.50	494		
	50m:	31.97	31.97	150m:	1:43.95	36.69	250m:	2:59.22	37.85	350m:	4:15.55	38.49
	100m:	1:07.26	35.29	200m:	2:21.37	37.42	300m:	3:37.06	37.84	400m:	4:52.50	36.95
11.	LEMELIN DUCHARME, Michaëlle			13	Cnq				4:53.26	490		
	50m:	31.73	31.73	150m:	1:44.17	36.89	250m:	2:58.18	37.06	350m:	4:16.06	39.16
	100m:	1:07.28	35.55	200m:	2:21.12	36.95	300m:	3:36.90	38.72	400m:	4:53.26	37.20
12.	TANGUAY, Lily-Rose			13	Riverains				4:54.02	486		
	50m:	32.02	32.02	150m:	1:45.38	37.38	250m:	3:01.38	38.21	350m:	4:17.83	38.17
	100m:	1:08.00	35.98	200m:	2:23.17	37.79	300m:	3:39.66	38.28	400m:	4:54.02	36.19
13.	PANAITESCU, Andreea-Francesca			14	Mustang Boucherville				4:54.10	486		
	50m:	32.05	32.05	150m:	1:44.37	36.48	250m:	2:59.44	37.85	350m:	4:16.44	38.59
	100m:	1:07.89	35.84	200m:	2:21.59	37.22	300m:	3:37.85	38.41	400m:	4:54.10	37.66
14.	LABERGE, Élise			14	Rouge et Or/Université Laval				4:55.23	480		
	50m:	33.23	33.23	150m:	1:46.92	37.19	250m:	3:02.29	38.19	350m:	4:18.56	38.04
	100m:	1:09.73	36.50	200m:	2:24.10	37.18	300m:	3:40.52	38.23	400m:	4:55.23	36.67

Epreuve 5, Filles, 400m Libre, 13 - 14 ans

Rang				Age					Temps	Pts		
15.	MICHAUD, Roxane			13	LMRL Rivière-du-Loup				4:55.49	479		
	50m:	34.66	34.66	150m:	1:49.01	37.52	250m:	3:03.91	37.59	350m:	4:19.57	37.70
	100m:	1:11.49	36.83	200m:	2:26.32	37.31	300m:	3:41.87	37.96	400m:	4:55.49	35.92
16.	HARVEY, Léa			14	Cnq				4:57.07	472		
	50m:	32.85	32.85	150m:	1:47.67	37.63	250m:	3:03.78	37.96	350m:	4:20.20	38.09
	100m:	1:10.04	37.19	200m:	2:25.82	38.15	300m:	3:42.11	38.33	400m:	4:57.07	36.87
17.	BELISLE, Viviane			13	Cnq				4:57.31	470		
	50m:	33.68	33.68	150m:	1:48.09	37.52	250m:	3:03.23	37.31	350m:	4:19.70	38.39
	100m:	1:10.57	36.89	200m:	2:25.92	37.83	300m:	3:41.31	38.08	400m:	4:57.31	37.61
18.	BOUCHARD, Marie			14	Rouge et Or/Université Laval				5:00.47	456		
	50m:	34.73	34.73	150m:	1:51.23	38.65	250m:	3:07.15	37.85	350m:	4:22.92	38.06
	100m:	1:12.58	37.85	200m:	2:29.30	38.07	300m:	3:44.86	37.71	400m:	5:00.47	37.55
19.	HADLEY, Chloé			14	Mustang Boucherville				5:01.85	449		
	50m:	34.65	34.65	150m:	1:52.81	39.27	250m:	3:10.56	39.02	350m:	4:26.83	38.16
	100m:	1:13.54	38.89	200m:	2:31.54	38.73	300m:	3:48.67	38.11	400m:	5:01.85	35.02
20.	TURBIDE, Florence			14	C.Natation. Sept-Iles				5:05.48	434		
	50m:	35.40	35.40	150m:	1:51.42	38.49	250m:	3:08.64	38.73	350m:	4:25.86	38.64
	100m:	1:12.93	37.53	200m:	2:29.91	38.49	300m:	3:47.22	38.58	400m:	5:05.48	39.62
21.	CANTIN, Élisabeth			13	Rouge et Or/Université Laval				5:07.28	426		
	50m:	33.12	33.12	150m:	1:49.60	38.79	250m:	3:08.93	39.89	350m:	4:29.15	40.19
	100m:	1:10.81	37.69	200m:	2:29.04	39.44	300m:	3:48.96	40.03	400m:	5:07.28	38.13
22.	CHOUINARD, Dalia			14	Riverains				5:07.60	425		
	50m:	34.69	34.69	150m:	1:52.32	39.03	250m:	3:11.86	39.81	350m:	4:31.02	39.37
	100m:	1:13.29	38.60	200m:	2:32.05	39.73	300m:	3:51.65	39.79	400m:	5:07.60	36.58
23.	LEBLANC, Gabrielle			14	Riverains				5:07.80	424		
	50m:	34.51	34.51	150m:	1:51.75	38.85	250m:	3:10.11	39.52	350m:	4:29.61	40.06
	100m:	1:12.90	38.39	200m:	2:30.59	38.84	300m:	3:49.55	39.44	400m:	5:07.80	38.19
24.	ESSIEMBRE, Léanne			14	Cpc				5:08.47	421		
	50m:	34.45	34.45	150m:	1:52.40	39.45	250m:	3:12.35	40.23	350m:	4:31.93	39.54
	100m:	1:12.95	38.50	200m:	2:32.12	39.72	300m:	3:52.39	40.04	400m:	5:08.47	36.54
25.	PRONOVOST, Juliane			14	Rouge et Or/Université Laval				5:13.62	401		
	50m:	33.96	33.96	150m:	1:52.67	39.99	250m:	3:13.73	40.42	350m:	4:35.39	40.51
	100m:	1:12.68	38.72	200m:	2:33.31	40.64	300m:	3:54.88	41.15	400m:	5:13.62	38.23
26.	BELLE-ISLE, Emilie			13	Cac				5:15.44	394		
	50m:	34.19	34.19	150m:	1:52.13	39.30	250m:	3:14.44	41.36	350m:	4:36.34	40.32
	100m:	1:12.83	38.64	200m:	2:33.08	40.95	300m:	3:56.02	41.58	400m:	5:15.44	39.10
27.	GAGNON-BOULAY, Emma			14	Rouge et Or/Université Laval				5:15.45	394		
	50m:	37.55	37.55	150m:	1:59.06	40.76	250m:	3:20.42	40.71	350m:	4:39.50	39.24
	100m:	1:18.30	40.75	200m:	2:39.71	40.65	300m:	4:00.26	39.84	400m:	5:15.45	35.95
28.	BANNON, Maxim			13	Club de Natation Samak				5:16.34	390		
	50m:	36.58	36.58	150m:	1:56.10	40.03	250m:	3:17.39	40.61	350m:	4:38.17	40.02
	100m:	1:16.07	39.49	200m:	2:36.78	40.68	300m:	3:58.15	40.76	400m:	5:16.34	38.17
29.	BELLEMARE, Alexia			14	Aquanautes				5:17.13	387		
	50m:	34.20	34.20	150m:	1:53.22	40.33	250m:	3:15.02	41.14	350m:	4:37.57	41.25
	100m:	1:12.89	38.69	200m:	2:33.88	40.66	300m:	3:56.32	41.30	400m:	5:17.13	39.56
30.	BOUCHARD, Lydia-Maude			14	Club de natation Chibougamau-Chapais				5:17.31	387		
	50m:	35.20	35.20	150m:	1:55.97	40.90	250m:	3:17.47	40.84	350m:	4:39.06	40.61
	100m:	1:15.07	39.87	200m:	2:36.63	40.66	300m:	3:58.45	40.98	400m:	5:17.31	38.25

Epreuve 5, Filles, 400m Libre, 13 - 14 ans

Rang				Age						Temps	Pts	
31.	LAVOIE, Florence			13	C. N. de Chicoutimi					5:17.33	387	
	50m:	35.82	35.82	150m:	1:56.02	40.76	250m:	3:17.48	40.81	350m:	4:39.82	40.70
	100m:	1:15.26	39.44	200m:	2:36.67	40.65	300m:	3:59.12	41.64	400m:	5:17.33	37.51
32.	POULIOT, Roxane			14	Club de Natation Régional de la Beauce					5:17.38	387	
	50m:	33.63	33.63	150m:	1:51.92	40.17	250m:	3:15.74	41.93	350m:	4:38.91	41.13
	100m:	1:11.75	38.12	200m:	2:33.81	41.89	300m:	3:57.78	42.04	400m:	5:17.38	38.47
33.	POULIOT, Ariane			14	Club de Natation Régional de la Beauce					5:17.49	386	
	50m:	34.30	34.30	150m:	1:54.05	39.90	250m:	3:16.39	41.34	350m:	4:38.08	41.00
	100m:	1:14.15	39.85	200m:	2:35.05	41.00	300m:	3:57.08	40.69	400m:	5:17.49	39.41
34.	BERTHELET, Mahée			14	Club de Natation NATAQUI					5:17.58	386	
	50m:	33.69	33.69	150m:	1:52.62	40.24	250m:	3:14.35	41.19	350m:	4:37.31	41.68
	100m:	1:12.38	38.69	200m:	2:33.16	40.54	300m:	3:55.63	41.28	400m:	5:17.58	40.27
35.	ST LAURENT, Emy			14	Espadons					5:17.79	385	
	50m:	36.34	36.34	150m:	1:57.01	40.49	250m:	3:18.76	40.50	350m:	4:39.49	40.80
	100m:	1:16.52	40.18	200m:	2:38.26	41.25	300m:	3:58.69	39.93	400m:	5:17.79	38.30
36.	GAGNÉ, Déa			14	Cnq					5:22.63	368	
	50m:	35.18	35.18	150m:	1:56.68	41.44	250m:	3:20.74	41.95	350m:	4:44.05	41.53
	100m:	1:15.24	40.06	200m:	2:38.79	42.11	300m:	4:02.52	41.78	400m:	5:22.63	38.58
37.	FERLAND, Aurélie			13	Cac					5:23.04	367	
	50m:	36.11	36.11	150m:	1:57.14	41.08	250m:	3:19.04	40.99	350m:	4:42.33	41.92
	100m:	1:16.06	39.95	200m:	2:38.05	40.91	300m:	4:00.41	41.37	400m:	5:23.04	40.71
38.	MORIN, Raphaëlle			14	Rouge et Or/Université Laval					5:24.33	362	
	50m:	36.38	36.38	150m:	1:59.80	42.18	250m:	3:24.29	42.40	350m:	4:46.25	40.68
	100m:	1:17.62	41.24	200m:	2:41.89	42.09	300m:	4:05.57	41.28	400m:	5:24.33	38.08
39.	DULAC, Julia			14	Club de Natation Régional de la Beauce					5:25.41	359	
	50m:	36.41	36.41	150m:	1:58.25	41.66	250m:	3:23.25	42.68	350m:	4:47.82	41.40
	100m:	1:16.59	40.18	200m:	2:40.57	42.32	300m:	4:06.42	43.17	400m:	5:25.41	37.59
40.	DESGAGNÉS, Alice			13	Rouge et Or/Université Laval					5:25.60	358	
	50m:	37.03	37.03	150m:	2:00.06	41.84	250m:	3:23.18	41.24	350m:	4:46.44	41.79
	100m:	1:18.22	41.19	200m:	2:41.94	41.88	300m:	4:04.65	41.47	400m:	5:25.60	39.16
41.	LALIBERTE, Sofia			13	Club de Natation Samak					5:25.94	357	
	50m:	35.76	35.76	150m:	1:59.05	42.08	250m:	3:22.32	41.29	350m:	4:45.58	41.99
	100m:	1:16.97	41.21	200m:	2:41.03	41.98	300m:	4:03.59	41.27	400m:	5:25.94	40.36
42.	CADARIO, Émilie			14	Nsh					5:25.95	357	
	50m:	36.23	36.23	150m:	1:59.41	42.70	250m:	3:24.25	42.43	350m:	4:47.57	41.04
	100m:	1:16.71	40.48	200m:	2:41.82	42.41	300m:	4:06.53	42.28	400m:	5:25.95	38.38
43.	NAULT, Rose			13	Unik					5:27.12	353	
	50m:	35.51	35.51	150m:	1:57.28	41.72	250m:	3:22.16	42.44	350m:	4:46.58	41.68
	100m:	1:15.56	40.05	200m:	2:39.72	42.44	300m:	4:04.90	42.74	400m:	5:27.12	40.54
44.	REID, Alexane			14	Riverains					5:27.79	351	
	50m:	35.84	35.84	150m:	1:58.56	41.96	250m:	3:24.76	43.14	350m:	4:48.57	41.99
	100m:	1:16.60	40.76	200m:	2:41.62	43.06	300m:	4:06.58	41.82	400m:	5:27.79	39.22
45.	ZUNIGA-SOLIS, Daniela			14	Requins de Drummondville					5:29.20	346	
	50m:	36.76	36.76	150m:	1:58.00	41.28	250m:	3:23.27	42.69	350m:	4:48.22	41.94
	100m:	1:16.72	39.96	200m:	2:40.58	42.58	300m:	4:06.28	43.01	400m:	5:29.20	40.98
46.	MELOATAM, Jade			13	LMRL Rivière-du-Loup					5:32.52	336	
	50m:	37.80	37.80	150m:	2:01.47	42.59	250m:	3:27.67	42.92	350m:	4:52.38	42.35
	100m:	1:18.88	41.08	200m:	2:44.75	43.28	300m:	4:10.03	42.36	400m:	5:32.52	40.14

Epreuve 5, Filles, 400m Libre, 13 - 14 ans

Rang					Age					Temps	Pts	
47.	RAMDANI, Sara				13	Club de Natation Samak				5:32.63	336	
	50m:	36.73	36.73	150m:	1:58.94	41.62	250m:	3:23.80	42.90	350m:	4:50.40	43.24
	100m:	1:17.32	40.59	200m:	2:40.90	41.96	300m:	4:07.16	43.36	400m:	5:32.63	42.23
48.	LAVOIE, Élodie				13	Club de Natation NATAQUI				5:38.36	319	
	50m:	37.20	37.20	150m:	2:02.87	42.98	250m:	3:30.25	43.54	350m:	4:57.99	43.94
	100m:	1:19.89	42.69	200m:	2:46.71	43.84	300m:	4:14.05	43.80	400m:	5:38.36	40.37
49.	LAMOTHE, Julia				13	Requins de Drummondville				5:40.90	312	
	50m:	36.88	36.88	150m:	2:03.37	44.00	250m:	3:32.93	45.13	350m:	5:01.96	44.72
	100m:	1:19.37	42.49	200m:	2:47.80	44.43	300m:	4:17.24	44.31	400m:	5:40.90	38.94
50.	AUDET, Eve-Marie				14	C. N. de Chicoutimi				5:41.56	310	
	50m:	36.96	36.96	150m:	2:01.34	42.25	250m:	3:29.50	44.19	350m:	4:58.54	45.01
	100m:	1:19.09	42.13	200m:	2:45.31	43.97	300m:	4:13.53	44.03	400m:	5:41.56	43.02
51.	DOUCET, Simone				14	Les Dauphins de Rimouski				5:45.85	299	
	50m:	35.92	35.92	150m:	2:02.60	44.54	250m:	3:33.92	45.81	350m:	5:03.95	44.43
	100m:	1:18.06	42.14	200m:	2:48.11	45.51	300m:	4:19.52	45.60	400m:	5:45.85	41.90
52.	BLANCHETTE-TASSÉ, Flora				13	Requins de Drummondville				5:46.31	297	
	50m:	36.62	36.62	150m:	2:02.17	44.14	250m:	3:32.75	45.27	350m:	5:03.28	45.36
	100m:	1:18.03	41.41	200m:	2:47.48	45.31	300m:	4:17.92	45.17	400m:	5:46.31	43.03
53.	BEAUDRY, Annabelle				14	Cac				5:47.38	295	
	50m:	38.04	38.04	150m:	2:06.15	44.21	250m:	3:35.36	44.52	350m:	5:04.85	44.05
	100m:	1:21.94	43.90	200m:	2:50.84	44.69	300m:	4:20.80	45.44	400m:	5:47.38	42.53
54.	D'AMOURS, Constance				13	Club de Natation NATAQUI				5:48.27	292	
	50m:	39.27	39.27	150m:	2:08.34	44.67	250m:	3:37.30	44.66	350m:	5:05.58	44.44
	100m:	1:23.67	44.40	200m:	2:52.64	44.30	300m:	4:21.14	43.84	400m:	5:48.27	42.69
55.	VANIER, Malya				14	Unik				5:48.35	292	
	50m:	37.79	37.79	150m:	2:05.79	44.32	250m:	3:34.47	44.52	350m:	5:04.52	44.65
	100m:	1:21.47	43.68	200m:	2:49.95	44.16	300m:	4:19.87	45.40	400m:	5:48.35	43.83
56.	LICCIARDI, Mirella				13	Rouge et Or/Université Laval				5:50.08	288	
	50m:	36.89	36.89	150m:	2:04.33	44.50	250m:	3:34.09	45.31	350m:	5:04.73	45.26
	100m:	1:19.83	42.94	200m:	2:48.78	44.45	300m:	4:19.47	45.38	400m:	5:50.08	45.35
57.	GAGNÉ-TREMBLAY, Elsi				13	Cnq				5:51.13	285	
	50m:	38.13	38.13	150m:	2:04.98	44.29	250m:	3:36.23	45.66	350m:	5:07.65	45.41
	100m:	1:20.69	42.56	200m:	2:50.57	45.59	300m:	4:22.24	46.01	400m:	5:51.13	43.48
58.	BEAUDOIN, Jade				14	Club de Natation Samak				5:55.66	275	
	50m:	36.01	36.01	150m:	2:02.90	44.90	250m:	3:35.33	46.55	350m:	5:08.77	46.84
	100m:	1:18.00	41.99	200m:	2:48.78	45.88	300m:	4:21.93	46.60	400m:	5:55.66	46.89
59.	MELO, Barbara				14	Club de Natation Samak				5:58.67	268	
	50m:	38.07	38.07	150m:	2:07.67	45.61	250m:	3:39.98	45.94	350m:	5:15.36	46.85
	100m:	1:22.06	43.99	200m:	2:54.04	46.37	300m:	4:28.51	48.53	400m:	5:58.67	43.31
60.	PETAWABANO, Abighail				13	Club de natation Chibougamau-Chapais				5:58.74	268	
	50m:	37.42	37.42	150m:	2:06.72	45.02	250m:	3:39.36	46.72	350m:	5:13.39	46.15
	100m:	1:21.70	44.28	200m:	2:52.64	45.92	300m:	4:27.24	47.88	400m:	5:58.74	45.35
61.	CORMIER, Charlie				14	Cac				5:59.28	266	
	50m:	39.56	39.56	150m:	2:10.82	46.81	250m:	3:42.42	45.54	350m:	5:15.66	47.90
	100m:	1:24.01	44.45	200m:	2:56.88	46.06	300m:	4:27.76	45.34	400m:	5:59.28	43.62
62.	LEFEBVRE, Léa				13	Cnq				6:11.07	242	
	50m:	39.32	39.32	150m:	2:11.63	47.13	250m:	3:48.49	48.48	350m:	5:24.44	48.02
	100m:	1:24.50	45.18	200m:	3:00.01	48.38	300m:	4:36.42	47.93	400m:	6:11.07	46.63

Epreuve 5, Filles, 400m Libre, 13 - 14 ans

Rang				Age					Temps	Pts		
63.	FLEURY, Marie-Claude			13	Club de natation Jonquière				6:14.15	236		
	50m:	42.46	42.46	150m:	2:16.96	47.82	250m:	3:54.08	48.68	350m:	5:29.80	47.22
	100m:	1:29.14	46.68	200m:	3:05.40	48.44	300m:	4:42.58	48.50	400m:	6:14.15	44.35
64.	CARON, Eve-Marie			14	Cndm				6:27.10	213		
	50m:	42.06	42.06	150m:	2:19.90	50.12	250m:	4:01.52	50.95	350m:	5:43.67	49.59
	100m:	1:29.78	47.72	200m:	3:10.57	50.67	300m:	4:54.08	52.56	400m:	6:27.10	43.43

15 - 16 ans

1.	LACROIX, Charlotte			16	Cnq				4:30.00	628		
	50m:	30.41	30.41	150m:	1:38.24	34.36	250m:	2:47.22	34.32	350m:	3:55.91	34.23
	100m:	1:03.88	33.47	200m:	2:12.90	34.66	300m:	3:21.68	34.46	400m:	4:30.00	34.09
2.	GUY, Roxane			16	Cnq				4:34.67	597		
	50m:	31.38	31.38	150m:	1:39.00	34.31	250m:	2:48.63	34.94	350m:	3:59.29	35.45
	100m:	1:04.69	33.31	200m:	2:13.69	34.69	300m:	3:23.84	35.21	400m:	4:34.67	35.38
3.	LELIÈVRE, Karelle			16	Club de Natation Samak				4:35.30	593		
	50m:	30.49	30.49	150m:	1:38.77	34.38	250m:	2:48.81	35.08	350m:	4:00.71	36.21
	100m:	1:04.39	33.90	200m:	2:13.73	34.96	300m:	3:24.50	35.69	400m:	4:35.30	34.59
4.	SHINK, Laurie			15	Cnq				4:40.98	557		
	50m:	31.56	31.56	150m:	1:41.44	35.32	250m:	2:53.38	36.20	350m:	4:06.09	36.45
	100m:	1:06.12	34.56	200m:	2:17.18	35.74	300m:	3:29.64	36.26	400m:	4:40.98	34.89
5.	KELLY, Gabrielle			16	Cac				4:42.96	546		
	50m:	30.90	30.90	150m:	1:40.35	35.09	250m:	2:52.25	36.19	350m:	4:06.49	36.93
	100m:	1:05.26	34.36	200m:	2:16.06	35.71	300m:	3:29.56	37.31	400m:	4:42.96	36.47
6.	LACHAPPELLE, Frédérique			15	Mustang Boucherville				4:44.10	539		
	50m:	31.98	31.98	150m:	1:41.96	35.55	250m:	2:53.38	35.50	350m:	4:07.19	37.56
	100m:	1:06.41	34.43	200m:	2:17.88	35.92	300m:	3:29.63	36.25	400m:	4:44.10	36.91
7.	THÉROUX, Sabrina			15	Cnq				4:44.51	537		
	50m:	31.60	31.60	150m:	1:41.29	35.38	250m:	2:54.69	36.94	350m:	4:08.60	37.00
	100m:	1:05.91	34.31	200m:	2:17.75	36.46	300m:	3:31.60	36.91	400m:	4:44.51	35.91
8.	JUTRAS, Annalie			15	Riverains				4:52.25	495		
	50m:	32.81	32.81	150m:	1:46.11	37.12	250m:	3:01.81	37.98	350m:	4:16.82	37.26
	100m:	1:08.99	36.18	200m:	2:23.83	37.72	300m:	3:39.56	37.75	400m:	4:52.25	35.43
9.	HERARD, Gabrielle			16	LMRL Rivière-du-Loup				4:53.83	487		
	50m:	34.74	34.74	150m:	1:48.41	37.17	250m:	3:02.95	37.04	350m:	4:17.73	37.34
	100m:	1:11.24	36.50	200m:	2:25.91	37.50	300m:	3:40.39	37.44	400m:	4:53.83	36.10
10.	GUHA, Anjali			15	C. N. de Chicoutimi				4:54.48	484		
	50m:	32.87	32.87	150m:	1:45.85	37.05	250m:	3:01.74	38.15	350m:	4:17.29	38.10
	100m:	1:08.80	35.93	200m:	2:23.59	37.74	300m:	3:39.19	37.45	400m:	4:54.48	37.19
11.	GERVAIS, Frédérique			16	Rouge et Or/Université Laval				4:55.49	479		
	50m:	33.12	33.12	150m:	1:47.55	37.54	250m:	3:03.29	37.96	350m:	4:18.72	37.97
	100m:	1:10.01	36.89	200m:	2:25.33	37.78	300m:	3:40.75	37.46	400m:	4:55.49	36.77
12.	BOUCHARD, Laurie-Anne			15	Riverains				4:55.50	479		
	50m:	32.62	32.62	150m:	1:45.90	37.39	250m:	3:01.71	37.91	350m:	4:17.61	37.91
	100m:	1:08.51	35.89	200m:	2:23.80	37.90	300m:	3:39.70	37.99	400m:	4:55.50	37.89
13.	BELLANGER, Madeleine			16	Rouge et Or/Université Laval				4:55.63	478		
	50m:	33.41	33.41	150m:	1:47.96	37.66	250m:	3:03.87	37.86	350m:	4:19.21	37.70
	100m:	1:10.30	36.89	200m:	2:26.01	38.05	300m:	3:41.51	37.64	400m:	4:55.63	36.42

Epreuve 5, Filles, 400m Libre, 15 - 16 ans

Rang					Age					Temps	Pts	
14.	COLLIN, Camille				15	Les Dauphins de Rimouski				4:55.87	477	
	50m:	33.16	33.16	150m:	1:46.97	37.34	250m:	3:01.76	36.94	350m:	4:17.73	38.26
	100m:	1:09.63	36.47	200m:	2:24.82	37.85	300m:	3:39.47	37.71	400m:	4:55.87	38.14
15.	GINGRAS, Aurélie				16	Riverains				4:57.92	467	
	50m:	33.17	33.17	150m:	1:46.32	37.16	250m:	3:02.71	38.05	350m:	4:19.76	38.65
	100m:	1:09.16	35.99	200m:	2:24.66	38.34	300m:	3:41.11	38.40	400m:	4:57.92	38.16
16.	BLAIS, Laurence				16	Riverains				5:00.98	453	
	50m:	32.76	32.76	150m:	1:47.06	37.73	250m:	3:04.00	38.43	350m:	4:22.92	39.82
	100m:	1:09.33	36.57	200m:	2:25.57	38.51	300m:	3:43.10	39.10	400m:	5:00.98	38.06
17.	HERNANDEZ-FAUCHER, Emma				16	Rouge et Or/Université Laval				5:03.70	441	
	50m:	34.32	34.32	150m:	1:51.77	39.09	250m:	3:09.22	38.27	350m:	4:26.55	38.66
	100m:	1:12.68	38.36	200m:	2:30.95	39.18	300m:	3:47.89	38.67	400m:	5:03.70	37.15
18.	HAMEL, Rosalie				15	Riverains				5:04.48	438	
	50m:	34.44	34.44	150m:	1:51.56	39.06	250m:	3:08.91	38.26	350m:	4:26.96	39.00
	100m:	1:12.50	38.06	200m:	2:30.65	39.09	300m:	3:47.96	39.05	400m:	5:04.48	37.52
19.	GAGNON, Amélie				16	Nsh				5:05.32	434	
	50m:	33.62	33.62	150m:	1:49.42	38.65	250m:	3:08.79	40.13	350m:	4:27.33	39.22
	100m:	1:10.77	37.15	200m:	2:28.66	39.24	300m:	3:48.11	39.32	400m:	5:05.32	37.99
20.	LAVOIE, Éloïse				16	Club de natation Jonquière				5:06.99	427	
	50m:	32.04	32.04	150m:	1:48.19	39.23	250m:	3:06.88	39.75	350m:	4:27.44	40.32
	100m:	1:08.96	36.92	200m:	2:27.13	38.94	300m:	3:47.12	40.24	400m:	5:06.99	39.55
21.	GAUDREAU, Léa				16	C.Natation. Sept-Iles				5:07.22	426	
	50m:	33.75	33.75	150m:	1:51.73	39.44	250m:	3:10.73	39.50	350m:	4:29.33	39.01
	100m:	1:12.29	38.54	200m:	2:31.23	39.50	300m:	3:50.32	39.59	400m:	5:07.22	37.89
22.	PRÉVOST, Amanda				16	Club de Natation des Equinoxes				5:08.58	421	
	50m:	33.69	33.69	150m:	1:50.29	38.92	250m:	3:09.56	39.49	350m:	4:29.48	40.15
	100m:	1:11.37	37.68	200m:	2:30.07	39.78	300m:	3:49.33	39.77	400m:	5:08.58	39.10
23.	LAVOIE, Alyson				15	Club de Natation Juvaqua Alma				5:08.62	420	
	50m:	33.88	33.88	150m:	1:52.23	39.74	250m:	3:11.59	39.53	350m:	4:31.08	39.81
	100m:	1:12.49	38.61	200m:	2:32.06	39.83	300m:	3:51.27	39.68	400m:	5:08.62	37.54
24.	POIRIER, Alexanne				16	LMRL Rivière-du-Loup				5:08.75	420	
	50m:			150m:		250m:	3:13.68		350m:			
	100m:			200m:		300m:			400m:	5:08.75		
25.	BEAUMIER, Marianne				16	Mustang Boucherville				5:12.15	406	
	50m:	35.20	35.20	150m:	1:52.54	39.09	250m:	3:12.01	39.75	350m:	4:32.92	40.57
	100m:	1:13.45	38.25	200m:	2:32.26	39.72	300m:	3:52.35	40.34	400m:	5:12.15	39.23
26.	BERGERON, Marie-Laurence				15	Mustang Boucherville				5:12.50	405	
	50m:	34.59	34.59	150m:	1:52.32	39.22	250m:	3:12.13	39.95	350m:	4:32.81	40.61
	100m:	1:13.10	38.51	200m:	2:32.18	39.86	300m:	3:52.20	40.07	400m:	5:12.50	39.69
27.	BARRIAULT, Rosalie				15	Bg				5:16.12	391	
	50m:	35.71	35.71	150m:	1:56.48	40.96	250m:	3:17.69	40.65	350m:	4:37.69	39.65
	100m:	1:15.52	39.81	200m:	2:37.04	40.56	300m:	3:58.04	40.35	400m:	5:16.12	38.43
28.	GIGUÈRE, Adélie				15	Requins de Drummondville				5:16.22	391	
	50m:	34.77	34.77	150m:	1:53.14	39.76	250m:	3:14.58	40.87	350m:	4:35.47	40.53
	100m:	1:13.38	38.61	200m:	2:33.71	40.57	300m:	3:54.94	40.36	400m:	5:16.22	40.75
29.	BOUDREAU, Alice				16	Les Dauphins de Rimouski				5:16.79	389	
	50m:	35.12	35.12	150m:	1:54.45	40.38	250m:	3:16.81	41.51	350m:	4:37.57	41.10
	100m:	1:14.07	38.95	200m:	2:35.30	40.85	300m:	3:56.47	39.66	400m:	5:16.79	39.22

Epreuve 5, Filles, 400m Libre, 15 - 16 ans

Rang					Age					Temps	Pts	
30.	COURCY, Marianne				15	Les Dauphins de Rimouski				5:17.98	384	
	50m:	32.76	32.76	150m:	1:50.43	39.88	250m:	3:13.03	41.03	350m:	4:36.09	41.44
	100m:	1:10.55	37.79	200m:	2:32.00	41.57	300m:	3:54.65	41.62	400m:	5:17.98	41.89
31.	THERIAULT, Claudie				16	LMRL Rivière-du-Loup				5:18.17	384	
	50m:	34.71	34.71	150m:	1:54.45	40.70	250m:	3:15.89	40.40	350m:	4:37.76	41.56
	100m:	1:13.75	39.04	200m:	2:35.49	41.04	300m:	3:56.20	40.31	400m:	5:18.17	40.41
32.	GUAY, Kelly-Ann				15	Club de Natation Juvaqua Alma				5:19.22	380	
	50m:	35.51	35.51	150m:	1:57.44	41.68	250m:	3:18.89	40.03	350m:	4:38.60	39.62
	100m:	1:15.76	40.25	200m:	2:38.86	41.42	300m:	3:58.98	40.09	400m:	5:19.22	40.62
33.	THÉRIAULT, Marie-Pier				15	Unik				5:20.69	375	
	50m:	34.80	34.80	150m:	1:54.79	40.42	250m:	3:17.29	41.48	350m:	4:39.81	41.33
	100m:	1:14.37	39.57	200m:	2:35.81	41.02	300m:	3:58.48	41.19	400m:	5:20.69	40.88
34.	PENELLE, Mathilde				15	Club de Natation Memphrémagog				5:24.49	362	
	50m:	36.06	36.06	150m:	1:57.37	41.27	250m:	3:20.24	41.74	350m:	4:43.67	41.60
	100m:	1:16.10	40.04	200m:	2:38.50	41.13	300m:	4:02.07	41.83	400m:	5:24.49	40.82
35.	LAMONTAGNE, Ariane				16	LMRL Rivière-du-Loup				5:25.39	359	
	50m:	35.88	35.88	150m:	1:59.53	42.08	250m:	3:21.68	39.78	350m:	4:44.94	42.04
	100m:	1:17.45	41.57	200m:	2:41.90	42.37	300m:	4:02.90	41.22	400m:	5:25.39	40.45
36.	LAMONTAGNE, Léa				15	Aquanautes				5:28.03	350	
	50m:	35.54	35.54	150m:	1:57.39	42.14	250m:	3:22.68	42.66	350m:	4:47.49	42.50
	100m:	1:15.25	39.71	200m:	2:40.02	42.63	300m:	4:04.99	42.31	400m:	5:28.03	40.54
37.	NADEAU, Julia				15	Les Dauphins de Rimouski				5:31.32	340	
	50m:	35.82	35.82	150m:	1:57.19	41.59	250m:	3:22.68	42.99	350m:	4:49.44	42.99
	100m:	1:15.60	39.78	200m:	2:39.69	42.50	300m:	4:06.45	43.77	400m:	5:31.32	41.88
38.	MORIN, Noémie				16	C. N. de Chicoutimi				5:32.08	337	
	50m:	36.54	36.54	150m:	2:00.17	42.71	250m:	3:25.78	42.83	350m:	4:50.57	42.88
	100m:	1:17.46	40.92	200m:	2:42.95	42.78	300m:	4:07.69	41.91	400m:	5:32.08	41.51
39.	MARTEL, Frédérique				16	Requins de Drummondville				5:41.10	311	
	50m:	38.05	38.05	150m:	2:05.72	44.36	250m:	3:33.45	43.66	350m:	5:00.75	43.32
	100m:	1:21.36	43.31	200m:	2:49.79	44.07	300m:	4:17.43	43.98	400m:	5:41.10	40.35
40.	SERGERIE, Evangélyne				16	Espadons				5:41.98	309	
	50m:	39.46	39.46	150m:	2:06.17	42.82	250m:	3:33.58	43.16	350m:	4:59.51	42.81
	100m:	1:23.35	43.89	200m:	2:50.42	44.25	300m:	4:16.70	43.12	400m:	5:41.98	42.47
41.	CHARETTE, Roxanne				16	Cac				5:42.34	308	
	50m:	38.04	38.04	150m:	2:04.05	43.43	250m:	3:32.93	44.45	350m:	5:01.82	44.50
	100m:	1:20.62	42.58	200m:	2:48.48	44.43	300m:	4:17.32	44.39	400m:	5:42.34	40.52
42.	BOIVIN, Laurence				15	C. N. de Chicoutimi				5:43.00	306	
	50m:	37.17	37.17	150m:	2:01.63	43.31	250m:	3:30.52	44.41	350m:	5:00.12	44.44
	100m:	1:18.32	41.15	200m:	2:46.11	44.48	300m:	4:15.68	45.16	400m:	5:43.00	42.88
43.	JEAN, Rosalie				16	C. N. de Chicoutimi				5:43.12	306	
	50m:	37.00	37.00	150m:	2:04.36	44.74	250m:	3:33.34	44.26	350m:	5:01.61	44.07
	100m:	1:19.62	42.62	200m:	2:49.08	44.72	300m:	4:17.54	44.20	400m:	5:43.12	41.51
44.	SANTERRE, Élodie				16	Club de natation Jonquière				5:45.39	300	
	50m:	36.01	36.01	150m:	2:00.85	43.31	250m:	3:29.95	45.41	350m:	5:01.05	45.86
	100m:	1:17.54	41.53	200m:	2:44.54	43.69	300m:	4:15.19	45.24	400m:	5:45.39	44.34
45.	MALENFANT, Julia				15	LMRL Rivière-du-Loup				5:49.33	290	
	50m:	41.33	41.33	150m:	2:08.92	43.94	250m:	3:37.76	44.30	350m:	5:06.87	44.68
	100m:	1:24.98	43.65	200m:	2:53.46	44.54	300m:	4:22.19	44.43	400m:	5:49.33	42.46

Epreuve 5, Filles, 400m Libre, 15 - 16 ans

Rang					Age					Temps	Pts	
46.	DUMONT, Maia				15	LMRL Rivière-du-Loup				5:50.29	287	
	50m:	40.32	40.32	150m:	2:09.25	44.84	250m:	3:38.07	43.72	350m:	5:07.39	44.42
	100m:	1:24.41	44.09	200m:	2:54.35	45.10	300m:	4:22.97	44.90	400m:	5:50.29	42.90
47.	LECROQ, Marguerite				15	Les Dauphins de Rimouski				5:50.73	286	
	50m:	36.74	36.74	150m:	2:02.41	44.15	250m:	3:34.25	46.85	350m:	5:07.05	46.15
	100m:	1:18.26	41.52	200m:	2:47.40	44.99	300m:	4:20.90	46.65	400m:	5:50.73	43.68
48.	MARCEAU, Eve				15	Cndm				5:58.44	268	
	50m:	39.00	39.00	150m:	2:10.68	47.32	250m:	3:44.63	46.40	350m:	5:15.51	44.47
	100m:	1:23.36	44.36	200m:	2:58.23	47.55	300m:	4:31.04	46.41	400m:	5:58.44	42.93
49.	SIMONEAU, Alexia				16	Les Dauphins de Rimouski				5:59.43	266	
	50m:	38.52	38.52	150m:	2:08.45	45.85	250m:	3:41.41	46.47	350m:	5:14.61	46.53
	100m:	1:22.60	44.08	200m:	2:54.94	46.49	300m:	4:28.08	46.67	400m:	5:59.43	44.82
50.	CARON, Louane				15	Cac				6:00.35	264	
	50m:	39.88	39.88	150m:			250m:			350m:		
	100m:	1:25.13	45.25	200m:			300m:	4:34.05		400m:	6:00.35	
51.	BEN HAMIDOU, Assia				16	Nsh				6:05.14	254	
	50m:	38.80	38.80	150m:	2:11.48	47.02	250m:	3:46.01	47.84	350m:	5:20.26	46.80
	100m:	1:24.46	45.66	200m:	2:58.17	46.69	300m:	4:33.46	47.45	400m:	6:05.14	44.88
52.	LABRECQUE, Liana				15	Cnq				6:13.05	238	
	50m:	41.19	41.19	150m:	2:14.79	47.72	250m:	3:53.27	48.67	350m:	5:28.54	47.35
	100m:	1:27.07	45.88	200m:	3:04.60	49.81	300m:	4:41.19	47.92	400m:	6:13.05	44.51
disq.	ROBITAILLE, Sara				15	Mustang Boucherville						
	50m:	32.47	32.47	150m:	1:45.96	37.17	250m:	3:01.54	37.86	350m:	4:15.42	36.18
	100m:	1:08.79	36.32	200m:	2:23.68	37.72	300m:	3:39.24	37.70	400m:		

17 ans et plus

1.	TREMBLAY, Raphaëlle				19	LMRL Rivière-du-Loup				4:14.85	747	
	50m:	30.24	30.24	150m:	1:33.60	31.94	250m:	2:37.76	31.88	350m:	3:42.56	32.53
	100m:	1:01.66	31.42	200m:	2:05.88	32.28	300m:	3:10.03	32.27	400m:	4:14.85	32.29
2.	GAGNON, Isabelle				20	Rouge et Or/Université Laval				4:30.59	624	
	50m:	32.09	32.09	150m:	1:39.57	34.03	250m:	2:46.86	33.70	350m:	3:56.62	34.97
	100m:	1:05.54	33.45	200m:	2:13.16	33.59	300m:	3:21.65	34.79	400m:	4:30.59	33.97
3.	SHINK, Ariane				17	Cnq				4:30.82	622	
	50m:	31.11	31.11	150m:	1:38.34	33.73	250m:	2:46.63	34.25	350m:	3:56.38	34.93
	100m:	1:04.61	33.50	200m:	2:12.38	34.04	300m:	3:21.45	34.82	400m:	4:30.82	34.44
4.	CHAMPAGNE, Amélia				18	Rouge et Or/Université Laval				4:33.51	604	
	50m:	31.70	31.70	150m:	1:40.27	34.47	250m:	2:50.00	35.02	350m:	4:00.51	35.24
	100m:	1:05.80	34.10	200m:	2:14.98	34.71	300m:	3:25.27	35.27	400m:	4:33.51	33.00
5.	ROCH, Carolane				25	Rouge et Or universitaire				4:33.56	604	
	50m:	30.98	30.98	150m:	1:39.35	34.57	250m:	2:48.71	34.56	350m:	3:59.10	35.48
	100m:	1:04.78	33.80	200m:	2:14.15	34.80	300m:	3:23.62	34.91	400m:	4:33.56	34.46
6.	LORD, Raphaëlle				19	Cnq				4:34.01	601	
	50m:	31.01	31.01	150m:	1:38.51	34.02	250m:	2:48.49	35.29	350m:	3:59.50	35.57
	100m:	1:04.49	33.48	200m:	2:13.20	34.69	300m:	3:23.93	35.44	400m:	4:34.01	34.51
7.	TREMBLAY, Marie-Christine				19	Rouge et Or universitaire				4:35.77	590	
	50m:	31.10	31.10	150m:	1:38.52	34.46	250m:	2:47.94	34.35	350m:	4:00.30	36.18
	100m:	1:04.06	32.96	200m:	2:13.59	35.07	300m:	3:24.12	36.18	400m:	4:35.77	35.47

Epreuve 5, Dames, 400m Libre, 17 ans et plus

Rang					Age					Temps	Pts	
8.	PAUL, Florence				17	Rouge et Or/Université Laval				4:41.06	557	
	50m:	32.16	32.16	150m:	1:43.58	35.93	250m:	2:55.15	35.40	350m:	4:06.55	35.36
	100m:	1:07.65	35.49	200m:	2:19.75	36.17	300m:	3:31.19	36.04	400m:	4:41.06	34.51
9.	MARSOLAIS, Julia				18	Mustang Boucherville				4:56.63	474	
	50m:	32.35	32.35	150m:	1:45.71	37.34	250m:	3:01.73	38.04	350m:	4:18.95	38.85
	100m:	1:08.37	36.02	200m:	2:23.69	37.98	300m:	3:40.10	38.37	400m:	4:56.63	37.68
10.	SIMARD, Anne				17	Rouge et Or/Université Laval				4:58.15	466	
	50m:	32.64	32.64	150m:	1:46.93	37.57	250m:	3:04.04	38.97	350m:	4:20.75	38.20
	100m:	1:09.36	36.72	200m:	2:25.07	38.14	300m:	3:42.55	38.51	400m:	4:58.15	37.40
11.	MORISSETTE, Marie-Soleil				17	C. N. de Chicoutimi				5:06.84	428	
	50m:	33.49	33.49	150m:	1:49.06	38.58	250m:	3:08.16	40.04	350m:	4:28.23	40.04
	100m:	1:10.48	36.99	200m:	2:28.12	39.06	300m:	3:48.19	40.03	400m:	5:06.84	38.61
12.	GENOIS, Catherine				26	Club de Natation des Equinoxes				5:08.15	422	
	50m:	33.70	33.70	150m:	1:50.25	39.00	250m:	3:09.57	39.78	350m:	4:29.97	40.42
	100m:	1:11.25	37.55	200m:	2:29.79	39.54	300m:	3:49.55	39.98	400m:	5:08.15	38.18
13.	BOSSE, Marie-Laurence				17	LMRL Rivière-du-Loup				5:11.91	407	
	50m:	35.19	35.19	150m:	1:52.22	38.82	250m:	3:11.47	39.59	350m:	4:32.55	40.49
	100m:	1:13.40	38.21	200m:	2:31.88	39.66	300m:	3:52.06	40.59	400m:	5:11.91	39.36
14.	ECHEVARRIA, Adriana				17	Nsh				5:21.65	371	
	50m:	37.41	37.41	150m:	2:02.42	42.70	250m:	3:26.65	41.94	350m:	4:47.15	40.11
	100m:	1:19.72	42.31	200m:	2:44.71	42.29	300m:	4:07.04	40.39	400m:	5:21.65	34.50
15.	GIRARD, Justine				17	C. N. de Chicoutimi				5:25.30	359	
	50m:	35.39	35.39	150m:	1:54.66	40.38	250m:	3:18.16	42.35	350m:	4:43.36	42.85
	100m:	1:14.28	38.89	200m:	2:35.81	41.15	300m:	4:00.51	42.35	400m:	5:25.30	41.94
16.	GILBERT, Béatrice				17	Club de Natation Memphrémagog				5:28.79	348	
	50m:	36.26	36.26	150m:	1:57.64	41.47	250m:	3:21.88	41.77	350m:	4:47.31	42.64
	100m:	1:16.17	39.91	200m:	2:40.11	42.47	300m:	4:04.67	42.79	400m:	5:28.79	41.48
17.	TREMBLAY, Marielle				20	Club de natation Jonquière				5:42.82	307	
	50m:	37.63	37.63	150m:	2:04.50	43.90	250m:	3:32.92	44.09	350m:	5:00.89	43.84
	100m:	1:20.60	42.97	200m:	2:48.83	44.33	300m:	4:17.05	44.13	400m:	5:42.82	41.93
18.	LAVOIE, Koralie				17	C. N. de Chicoutimi				5:48.36	292	
	50m:	39.35	39.35	150m:	2:08.23	44.81	250m:	3:39.67	46.23	350m:	5:07.01	42.45
	100m:	1:23.42	44.07	200m:	2:53.44	45.21	300m:	4:24.56	44.89	400m:	5:48.36	41.35
19.	CHATIGNY, Geneviève				18	Club de natation Jonquière				5:49.24	290	
	50m:	33.50	33.50	150m:	2:00.40	41.88	250m:	3:30.54	43.63	350m:	5:03.30	44.00
	100m:	1:18.52	45.02	200m:	2:46.91	46.51	300m:	4:19.30	48.76	400m:	5:49.24	45.94
20.	POTVIN, Anick				17	Club de natation Jonquière				6:00.70	263	
	50m:	37.33	37.33	150m:	2:09.19	46.24	250m:	3:41.42	45.73	350m:	5:16.28	47.63
	100m:	1:22.95	45.62	200m:	2:55.69	46.50	300m:	4:28.65	47.23	400m:	6:00.70	44.42