

Epreuve 17

Dames, 400m 4 nages

11 ans et plus

2023-12-09 - 11:18

Liste résultats

Quebec Provincial Age Group Records 15 -4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Quebec Provincial Age Group Records 13 -4:40.94	HARVEY, Mary-Sophie	MEGO	Tualatin Hills (USA)	2013-12-13
Quebec Provincial Age Group Records - 124:57.89	HARVEY, Mary-Sophie	MEGO	Trois-Rivieres	2012-04-21
Quebec Provincial Senior Records 4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16

Points: FINA 2023

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	TESSIER, Ellyanne		11	Unik						5:42.37	432	
	50m:	38.23	38.23	150m:	2:10.88	45.94	250m:	3:40.67	45.31	350m:	5:04.43	38.91
	100m:	1:24.94	46.71	200m:	2:55.36	44.48	300m:	4:25.52	44.85	400m:	5:42.37	37.94
2.	TSANG, Chloe Oi Yan		12	Club de Natation Samak						5:48.15	411	
	50m:	36.27	36.27	150m:	2:04.49	42.90	250m:	3:39.21	51.68	350m:	5:11.27	39.15
	100m:	1:21.59	45.32	200m:	2:47.53	43.04	300m:	4:32.12	52.91	400m:	5:48.15	36.88
3.	HUANG, Vinciane		12	Club de Natation Samak						5:53.68	392	
	50m:	39.08	39.08	150m:	2:09.47	44.18	250m:	3:45.04	50.01	350m:	5:16.57	41.36
	100m:	1:25.29	46.21	200m:	2:55.03	45.56	300m:	4:35.21	50.17	400m:	5:53.68	37.11
4.	MARCHAND, Gabrielle		11	Club de Natation Samak						6:36.41	278	
	50m:	46.32	46.32	150m:	2:30.48	49.05	250m:	4:15.47	55.46	350m:	5:55.04	43.96
	100m:	1:41.43	55.11	200m:	3:20.01	49.53	300m:	5:11.08	55.61	400m:	6:36.41	41.37
5.	CAVAR, Léonie		12	Club de Natation Samak						6:40.32	270	
	50m:	42.56	42.56	150m:	2:28.51	52.08	250m:	4:15.32	55.49	350m:	5:55.56	43.65
	100m:	1:36.43	53.87	200m:	3:19.83	51.32	300m:	5:11.91	56.59	400m:	6:40.32	44.76
13 - 14 ans												
1.	CÔTÉ, Aurélie		13	Bg						5:30.71	480	
	50m:	34.51	34.51	150m:	1:58.46	42.01	250m:	3:28.38	48.39	350m:	4:54.41	37.78
	100m:	1:16.45	41.94	200m:	2:39.99	41.53	300m:	4:16.63	48.25	400m:	5:30.71	36.30
2.	AUDET, Marjorie		14	Cnq						5:37.53	451	
	50m:	34.58	34.58	150m:	1:56.78	39.98	250m:	3:27.81	50.95	350m:	4:58.64	38.47
	100m:	1:16.80	42.22	200m:	2:36.86	40.08	300m:	4:20.17	52.36	400m:	5:37.53	38.89
3.	BEAUDOIN, Marie-Laurence		14	Rouge et Or/Université Laval						5:39.10	445	
	50m:	35.72	35.72	150m:	2:01.88	44.78	250m:	3:33.16	47.15	350m:	5:00.96	40.19
	100m:	1:17.10	41.38	200m:	2:46.01	44.13	300m:	4:20.77	47.61	400m:	5:39.10	38.14
4.	CHOUINARD, Dalia		14	Riverains						5:39.33	444	
	50m:	37.97	37.97	150m:	2:06.15	44.63	250m:	3:36.71	46.08	350m:	5:02.43	39.76
	100m:	1:21.52	43.55	200m:	2:50.63	44.48	300m:	4:22.67	45.96	400m:	5:39.33	36.90
5.	RACHEDI, Ranya		14	Riverains						5:50.59	402	
	50m:	38.42	38.42	150m:	2:09.57	45.72	250m:	3:42.59	48.67	350m:	5:12.24	40.43
	100m:	1:23.85	45.43	200m:	2:53.92	44.35	300m:	4:31.81	49.22	400m:	5:50.59	38.35
6.	TURBIDE, Florence		14	C.Natation. Sept-Iles						5:50.91	401	
	50m:	36.77	36.77	150m:	2:07.60	46.72	250m:	3:43.36	51.22	350m:	5:14.82	39.58
	100m:	1:20.88	44.11	200m:	2:52.14	44.54	300m:	4:35.24	51.88	400m:	5:50.91	36.09
7.	EMOND, Aryelle		13	Mustang Boucherville						5:51.44	399	
	50m:	36.71	36.71	150m:	2:05.04	45.21	250m:	3:38.44	49.40	350m:	5:10.43	42.37
	100m:	1:19.83	43.12	200m:	2:49.04	44.00	300m:	4:28.06	49.62	400m:	5:51.44	41.01
8.	DEMERS, Lauralie		13	Riverains						5:52.09	397	
	50m:	38.04	38.04	150m:	2:09.26	45.25	250m:	3:44.72	51.45	350m:	5:14.80	39.29
	100m:	1:24.01	45.97	200m:	2:53.27	44.01	300m:	4:35.51	50.79	400m:	5:52.09	37.29

Epreuve 17, Filles, 400m 4 nages, 13 - 14 ans

Rang				Age						Temps	Pts	
9.	LANGLOIS, Gabrielle			14	Cac					5:53.54	392	
	50m:	40.42	40.42	150m:	2:11.36	44.20	250m:	3:44.45	48.98	350m:	5:15.60	40.04
	100m:	1:27.16	46.74	200m:	2:55.47	44.11	300m:	4:35.56	51.11	400m:	5:53.54	37.94
10.	FERNET, Sarah			14	Requins de Drummondville					5:55.20	387	
	50m:	36.53	36.53	150m:	2:06.88	45.44	250m:	3:41.27	48.94	350m:	5:14.88	42.26
	100m:	1:21.44	44.91	200m:	2:52.33	45.45	300m:	4:32.62	51.35	400m:	5:55.20	40.32
11.	BELLE-ISLE, Emilie			13	Cac					6:02.79	363	
	50m:	40.25	40.25	150m:	2:15.69	48.10	250m:	3:52.13	50.77	350m:	5:24.79	41.38
	100m:	1:27.59	47.34	200m:	3:01.36	45.67	300m:	4:43.41	51.28	400m:	6:02.79	38.00
12.	ESSIEMBRE, Léanne			14	Cpc					6:07.11	350	
	50m:	40.50	40.50	150m:	2:18.32	48.37	250m:	3:56.85	50.77	350m:	5:30.34	41.15
	100m:	1:29.95	49.45	200m:	3:06.08	47.76	300m:	4:49.19	52.34	400m:	6:07.11	36.77
13.	FOREST, Alice			14	Cpc					6:07.44	349	
	50m:	38.57	38.57	150m:	2:12.83	45.36	250m:	3:50.13	52.89	350m:	5:28.42	44.83
	100m:	1:27.47	48.90	200m:	2:57.24	44.41	300m:	4:43.59	53.46	400m:	6:07.44	39.02
14.	FERLAND, Aurélie			13	Cac					6:07.70	349	
	50m:	41.45	41.45	150m:	2:14.92	46.17	250m:	3:54.02	54.94	350m:	5:29.13	39.60
	100m:	1:28.75	47.30	200m:	2:59.08	44.16	300m:	4:49.53	55.51	400m:	6:07.70	38.57
15.	BELLEMARE, Alexia			14	Aquanautes					6:10.36	341	
	50m:	39.01	39.01	150m:	2:11.77	45.96	250m:	3:53.44	53.87	350m:	5:29.79	41.80
	100m:	1:25.81	46.80	200m:	2:59.57	47.80	300m:	4:47.99	54.55	400m:	6:10.36	40.57
16.	PELLETIER, Mélyane			14	Les Dauphins de Rimouski					6:10.72	340	
	50m:	41.85	41.85	150m:	2:22.65	47.94	250m:	3:58.53	48.54	350m:	5:32.44	44.25
	100m:	1:34.71	52.86	200m:	3:09.99	47.34	300m:	4:48.19	49.66	400m:	6:10.72	38.28
17.	LAPOINTE, Noémie			14	Cac					6:11.33	339	
	50m:	39.27	39.27	150m:	2:16.88	47.58	250m:	3:54.75	50.76	350m:	5:29.65	43.65
	100m:	1:29.30	50.03	200m:	3:03.99	47.11	300m:	4:46.00	51.25	400m:	6:11.33	41.68
18.	NAULT, Rose			13	Unik					6:12.08	337	
	50m:	37.93	37.93	150m:	2:09.91	48.56	250m:	3:54.53	54.08	350m:	5:33.05	42.06
	100m:	1:21.35	43.42	200m:	3:00.45	50.54	300m:	4:50.99	56.46	400m:	6:12.08	39.03
19.	LEMAY-PRESCOTT, Jeanne			13	Club de Natation Juvaqua Alma					6:15.72	327	
	50m:	40.95	40.95	150m:	2:17.69	45.77	250m:	3:57.20	53.48	350m:	5:32.30	42.78
	100m:	1:31.92	50.97	200m:	3:03.72	46.03	300m:	4:49.52	52.32	400m:	6:15.72	43.42
20.	CÔTÉ, Maxime			14	Cac					6:20.05	316	
	50m:	41.88	41.88	150m:	2:14.13	47.24	250m:	3:58.44	1:00.51	350m:	5:40.12	42.75
	100m:	1:26.89	45.01	200m:	2:57.93	43.80	300m:	4:57.37	58.93	400m:	6:20.05	39.93
21.	GAUDREAU, Juliane			14	Club de Natation Juvaqua Alma					6:21.69	312	
	50m:	41.34	41.34	150m:	2:17.67	47.72	250m:	3:59.33	54.44	350m:	5:40.03	46.57
	100m:	1:29.95	48.61	200m:	3:04.89	47.22	300m:	4:53.46	54.13	400m:	6:21.69	41.66
22.	LALIBERTE, Sofia			13	Club de Natation Samak					6:21.81	311	
	50m:	39.43	39.43	150m:	2:15.08	45.74	250m:	3:59.85	1:00.17	350m:	5:40.79	41.95
	100m:	1:29.34	49.91	200m:	2:59.68	44.60	300m:	4:58.84	58.99	400m:	6:21.81	41.02
23.	BELLAVANCE, Marianne			14	Club de Natation Régional de la Beauce					6:21.91	311	
	50m:	40.25	40.25	150m:	2:16.04	47.49	250m:	4:00.40	56.33	350m:	5:41.89	43.10
	100m:	1:28.55	48.30	200m:	3:04.07	48.03	300m:	4:58.79	58.39	400m:	6:21.91	40.02
24.	DAGNAULT, Flavie			14	Club de Natation des Equinoxes					6:45.61	260	
	50m:	40.40	40.40	150m:	2:26.11	54.59	250m:	4:13.29	54.19	350m:	5:59.40	50.30
	100m:	1:31.52	51.12	200m:	3:19.10	52.99	300m:	5:09.10	55.81	400m:	6:45.61	46.21

Epreuve 17, Filles, 400m 4 nages, 13 - 14 ans

Rang				Age					Temps	Pts		
disq.	BEAUDOIN, Jade			14	Club de Natation Samak				6:39.94			
	50m:	42.68	42.68	150m:	2:29.06	50.01	250m:	4:12.72	54.74	350m:	5:55.59	45.26
	100m:	1:39.05	56.37	200m:	3:17.98	48.92	300m:	5:10.33	57.61	400m:	6:39.94	44.35
15 - 16 ans												
1.	LACROIX, Charlotte			16	Cnq				4:59.50	646		
	50m:	32.02	32.02	150m:	1:48.49	39.56	250m:	3:09.80	43.02	350m:	4:27.36	34.21
	100m:	1:08.93	36.91	200m:	2:26.78	38.29	300m:	3:53.15	43.35	400m:	4:59.50	32.14
2.	MICHAUD, Laurence			16	Club de natation Jonquière				5:09.61	584		
	50m:	32.44	32.44	150m:	1:51.23	40.60	250m:	3:15.65	45.20	350m:	4:35.48	35.33
	100m:	1:10.63	38.19	200m:	2:30.45	39.22	300m:	4:00.15	44.50	400m:	5:09.61	34.13
3.	SHINK, Laurie			15	Cnq				5:16.93	545		
	50m:	33.65	33.65	150m:	1:51.41	40.97	250m:	3:19.32	46.52	350m:	4:41.55	36.85
	100m:	1:10.44	36.79	200m:	2:32.80	41.39	300m:	4:04.70	45.38	400m:	5:16.93	35.38
4.	DUMAS, Annabelle			15	Riverains				5:24.13	509		
	50m:	33.75	33.75	150m:	1:55.43	41.38	250m:	3:23.03	47.87	350m:	4:48.89	37.09
	100m:	1:14.05	40.30	200m:	2:35.16	39.73	300m:	4:11.80	48.77	400m:	5:24.13	35.24
5.	LACOSTE, Florence			15	Nsh				5:26.65	498		
	50m:	34.89	34.89	150m:	1:59.86	43.81	250m:	3:26.18	45.33	350m:	4:50.01	38.53
	100m:	1:16.05	41.16	200m:	2:40.85	40.99	300m:	4:11.48	45.30	400m:	5:26.65	36.64
6.	GUHA, Anjali			15	C. N. de Chicoutimi				5:31.40	477		
	50m:	36.89	36.89	150m:	2:00.16	40.61	250m:	3:28.22	47.22	350m:	4:53.81	38.59
	100m:	1:19.55	42.66	200m:	2:41.00	40.84	300m:	4:15.22	47.00	400m:	5:31.40	37.59
7.	SHEEL, Laura			16	Club de Natation Samak				5:32.65	471		
	50m:	32.48	32.48	150m:	1:52.79	40.33	250m:	3:24.35	51.25	350m:	4:54.70	38.45
	100m:	1:12.46	39.98	200m:	2:33.10	40.31	300m:	4:16.25	51.90	400m:	5:32.65	37.95
8.	BOUCHARD, Laurie-Anne			15	Riverains				5:36.03	457		
	50m:	35.19	35.19	150m:	1:57.21	40.93	250m:	3:28.04	49.67	350m:	4:58.48	38.71
	100m:	1:16.28	41.09	200m:	2:38.37	41.16	300m:	4:19.77	51.73	400m:	5:36.03	37.55
9.	COLLIN, Camille			15	Les Dauphins de Rimouski				5:40.85	438		
	50m:	35.98	35.98	150m:	2:02.31	43.81	250m:	3:33.24	48.28	350m:	5:02.98	39.69
	100m:	1:18.50	42.52	200m:	2:44.96	42.65	300m:	4:23.29	50.05	400m:	5:40.85	37.87
10.	BARRIAULT, Rosalie			15	Bg				5:41.16	437		
	50m:	36.98	36.98	150m:	2:04.53	43.64	250m:	3:35.60	47.88	350m:	5:02.57	40.48
	100m:	1:20.89	43.91	200m:	2:47.72	43.19	300m:	4:22.09	46.49	400m:	5:41.16	38.59
11.	GAUDREAU, Raphaëlle			16	Club de Natation Memphrémagog				5:44.96	422		
	50m:	36.42	36.42	150m:	2:06.03	43.78	250m:	3:38.32	50.24	350m:	5:07.81	38.82
	100m:	1:22.25	45.83	200m:	2:48.08	42.05	300m:	4:28.99	50.67	400m:	5:44.96	37.15
12.	BEAUMIER, Marianne			16	Mustang Boucherville				5:51.52	399		
	50m:	38.09	38.09	150m:	2:07.78	45.43	250m:	3:43.24	51.61	350m:	5:13.81	39.17
	100m:	1:22.35	44.26	200m:	2:51.63	43.85	300m:	4:34.64	51.40	400m:	5:51.52	37.71
13.	ROY, Noémie			15	Riverains				5:53.55	392		
	50m:	38.09	38.09	150m:	2:07.63	44.81	250m:	3:43.57	52.83	350m:	5:15.78	39.33
	100m:	1:22.82	44.73	200m:	2:50.74	43.11	300m:	4:36.45	52.88	400m:	5:53.55	37.77
14.	LAMONTAGNE, Ariane			16	LMRL Rivière-du-Loup				6:01.77	366		
	50m:	36.84	36.84	150m:	2:11.98	49.80	250m:	3:48.80	48.23	350m:	5:20.52	43.26
	100m:	1:22.18	45.34	200m:	3:00.57	48.59	300m:	4:37.26	48.46	400m:	6:01.77	41.25

Epreuve 17, Filles, 400m 4 nages, 15 - 16 ans

Rang				Age					Temps	Pts		
15.	MERCIER, Naura			16	Club de Natation Régional de la Beauce				6:04.80	357		
	50m:	37.18	37.18	150m:	2:09.21	45.79	250m:	3:48.18	55.13	350m:	5:24.74	41.65
	100m:	1:23.42	46.24	200m:	2:53.05	43.84	300m:	4:43.09	54.91	400m:	6:04.80	40.06
16.	FRENETTE, Maude			15	Club de Natation Régional de la Beauce				6:08.72	346		
	50m:	38.67	38.67	150m:	2:11.91	46.48	250m:	3:48.97	51.42	350m:	5:25.72	45.11
	100m:	1:25.43	46.76	200m:	2:57.55	45.64	300m:	4:40.61	51.64	400m:	6:08.72	43.00
17.	DUCHESNE, Rachel			16	C. N. de Chicoutimi				6:42.18	266		
	50m:	41.58	41.58	150m:	2:24.88	51.65	250m:	4:13.01	57.30	350m:	5:56.15	43.63
	100m:	1:33.23	51.65	200m:	3:15.71	50.83	300m:	5:12.52	59.51	400m:	6:42.18	46.03

17 ans et plus

1.	CHALIFOUR, Mathilde			18	Rouge et Or/Université Laval				5:22.96	515		
	50m:	34.20	34.20	150m:	1:58.15	45.04	250m:	3:24.39	43.00	350m:	4:46.27	38.03
	100m:	1:13.11	38.91	200m:	2:41.39	43.24	300m:	4:08.24	43.85	400m:	5:22.96	36.69
2.	GIRARDIN, Naomie			17	Rouge et Or/Université Laval				5:29.96	483		
	50m:	35.66	35.66	150m:	1:59.92	42.04	250m:	3:26.27	45.89	350m:	4:53.54	40.57
	100m:	1:17.88	42.22	200m:	2:40.38	40.46	300m:	4:12.97	46.70	400m:	5:29.96	36.42
3.	SIMARD, Anne			17	Rouge et Or/Université Laval				5:30.01	483		
	50m:	35.54	35.54	150m:	2:01.10	43.45	250m:	3:29.50	46.98	350m:	4:55.10	38.41
	100m:	1:17.65	42.11	200m:	2:42.52	41.42	300m:	4:16.69	47.19	400m:	5:30.01	34.91
4.	METIVIER, Lea			17	LMRL Rivière-du-Loup				5:44.45	424		
	50m:	36.93	36.93	150m:	2:05.04	44.17	250m:	3:36.77	47.55	350m:	5:05.23	41.33
	100m:	1:20.87	43.94	200m:	2:49.22	44.18	300m:	4:23.90	47.13	400m:	5:44.45	39.22
5.	ST-PIERRE, Laurence			17	LMRL Rivière-du-Loup				6:16.34	325		
	50m:	40.55	40.55	150m:	2:18.87	49.38	250m:	3:56.07	50.18	350m:	5:32.76	45.84
	100m:	1:29.49	48.94	200m:	3:05.89	47.02	300m:	4:46.92	50.85	400m:	6:16.34	43.58
disq.	LORD, Raphaëlle			19	Cnq				5:15.87			
	50m:	31.87	31.87	150m:	1:51.87	42.83	250m:	3:19.78	46.03	350m:	4:41.52	36.00
	100m:	1:09.04	37.17	200m:	2:33.75	41.88	300m:	4:05.52	45.74	400m:	5:15.87	34.35