

Invitation NSH décembre 2023
Québec, 1- - 2-12-2023

Epreuve 5
2023-12-01 - 19:05

1500m Libre

11 ans et plus
Liste résultats

Points: FINA 2023

Rang			Age					Temps	Pts		
11 - 12 ans, Filles											
1.	CHOUINARD, Maélie		12	Club de Natation des Riverains				21:50.80	332		
	100m:	1:20.72	500m:	7:11.01	1:28.40	900m:	13:05.51	1:28.88	1300m:	18:59.75	1:28.70
	200m:	2:47.60	600m:	8:38.99	1:27.98	1000m:	14:34.45	1:28.94	1400m:	20:27.88	1:28.13
	300m:	4:15.33	700m:	10:08.14	1:29.15	1100m:	16:02.75	1:28.30	1500m:	21:50.80	1:22.92
	400m:	5:42.61	800m:	11:36.63	1:28.49	1200m:	17:31.05	1:28.30			
2.	LABBÉ, Mathilde		11	Nsh				24:09.68	245		
	100m:	1:23.74	500m:	7:49.21	1:37.28	900m:	14:18.23	1:36.66	1300m:	20:54.72	1:38.85
	200m:	2:56.97	600m:	9:26.02	1:36.81	1000m:	15:56.98	1:38.75	1400m:	22:35.80	1:41.08
	300m:	4:33.69	700m:	11:03.29	1:37.27	1100m:	17:35.75	1:38.77	1500m:	24:09.68	1:33.88
	400m:	6:11.93	800m:	12:41.57	1:38.28	1200m:	19:15.87	1:40.12			

11 - 12 ans, Garçons

1.	PIGEON, Arthur		12	Club de Natation des Riverains				20:09.54	343		
	100m:	1:13.82	500m:	6:41.58	1:22.37	900m:	12:11.86	1:22.71	1300m:	17:31.64	1:19.45
	200m:	2:34.99	600m:	8:04.39	1:22.81	1000m:	13:31.54	1:19.68	1400m:	18:51.86	1:20.22
	300m:	3:56.49	700m:	9:26.97	1:22.58	1100m:	14:51.65	1:20.11	1500m:	20:09.54	1:17.68
	400m:	5:19.21	800m:	10:49.15	1:22.18	1200m:	16:12.19	1:20.54			

13 - 14 ans, Filles

Liste résultats provisoire

	CHOUINARD, Dalia		14	Club de Natation des Riverains				20:06.99	426		
	100m:	1:15.10	500m:	6:39.57	1:22.38	900m:	12:09.49	1:22.30	1300m:	17:31.21	1:20.16
	200m:	2:35.23	600m:	8:01.92	1:22.35	1000m:	13:30.88	1:21.39	1400m:	18:52.31	1:21.10
	300m:	3:55.55	700m:	9:24.67	1:22.75	1100m:	14:50.95	1:20.07	1500m:	20:06.99	1:14.68
	400m:	5:17.19	800m:	10:47.19	1:22.52	1200m:	16:11.05	1:20.10			
	TAVARA, Maélie		14	Club de Natation des Riverains				20:15.70	416		
	100m:	1:15.86	500m:	6:35.73	1:21.19	900m:	12:02.99	1:22.67	1300m:	17:32.57	1:22.43
	200m:	2:35.25	600m:	7:57.24	1:21.51	1000m:	13:25.16	1:22.17	1400m:	18:53.97	1:21.40
	300m:	3:54.18	700m:	9:19.13	1:21.89	1100m:	14:47.76	1:22.60	1500m:	20:15.70	1:21.73
	400m:	5:14.54	800m:	10:40.32	1:21.19	1200m:	16:10.14	1:22.38			
	CADARIO, Émilie		14	Nsh				21:17.75	359		
	100m:	1:21.52	500m:	7:09.40	1:27.75	900m:	12:57.35	1:26.45	1300m:	18:39.99	1:24.49
	200m:	2:47.68	600m:	8:36.26	1:26.86	1000m:	14:24.35	1:27.00	1400m:	20:02.46	1:22.47
	300m:	4:14.22	700m:	10:03.77	1:27.51	1100m:	15:50.34	1:25.99	1500m:	21:17.75	1:15.29
	400m:	5:41.65	800m:	11:30.90	1:27.13	1200m:	17:15.50	1:25.16			
	BLAIS, Florence		13	Club de Natation des Riverains				21:29.81	349		
	100m:	1:20.33	500m:	7:10.62	1:28.28	900m:	12:57.62	1:28.72	1300m:		
	200m:		600m:			1000m:	14:25.83	1:28.21	1400m:	20:10.97	
	300m:	4:14.96	700m:	10:04.30		1100m:	15:49.96	1:24.13	1500m:	21:29.81	1:18.84
	400m:	5:42.34	800m:	11:28.90	1:24.60	1200m:	17:17.91	1:27.95			
	REID, Alexane		14	Club de Natation des Riverains				21:59.00	326		
	100m:	1:19.43	500m:	7:12.97	1:28.80	900m:	13:06.84	1:28.05	1300m:	19:03.49	1:29.74
	200m:	2:47.10	600m:	8:41.35	1:28.38	1000m:	14:35.45	1:28.61	1400m:	20:33.69	1:30.20
	300m:	4:15.19	700m:	10:10.62	1:29.27	1100m:	16:04.45	1:29.00	1500m:	21:59.00	1:25.31
	400m:	5:44.17	800m:	11:38.79	1:28.17	1200m:	17:33.75	1:29.30			
	BOUCHARD, Marianne		14	Nsh				23:28.26	268		
	100m:	1:24.89	500m:	7:53.07	1:38.49	900m:			1300m:	20:31.90	1:33.50
	200m:		600m:			1000m:	15:47.68		1400m:	22:05.68	1:33.78
	300m:		700m:			1100m:			1500m:	23:28.26	1:22.58
	400m:	6:14.58	800m:	12:37.73		1200m:	18:58.40				

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Epreuve 5, 1500m Libre

13 - 14 ans, Garçons

1. FORTIN, Ludovic	14	Club de Natation des Riverains	17:41.48	507
100m: 1:06.57 1:06.57	500m: 5:54.02 1:11.55	900m: 10:38.70 1:10.73	1300m: 15:23.02 1:11.49	
200m: 2:18.90 1:12.33	600m: 7:04.98 1:10.96	1000m: 11:50.47 1:11.77	1400m: 16:34.99 1:11.97	
300m: 3:30.64 1:11.74	700m: 8:16.65 1:11.67	1100m: 13:00.71 1:10.24	1500m: 17:41.48 1:06.49	
400m: 4:42.47 1:11.83	800m: 9:27.97 1:11.32	1200m: 14:11.53 1:10.82		
2. TREMBLAY, Lou	14	Club de Natation des Riverains	18:27.43	447
100m: 1:08.78 1:08.78	500m: 6:03.62 1:14.00	900m: 11:02.35 1:14.56	1300m: 16:00.31 1:14.40	
200m: 2:22.33 1:13.55	600m: 7:18.47 1:14.85	1000m: 12:16.85 1:14.50	1400m: 17:15.26 1:14.95	
300m: 3:35.54 1:13.21	700m: 8:32.90 1:14.43	1100m: 13:31.60 1:14.75	1500m: 18:27.43 1:12.17	
400m: 4:49.62 1:14.08	800m: 9:47.79 1:14.89	1200m: 14:45.91 1:14.31		
3. BLAIS, Guillaume	13	Club de Natation des Riverains	20:45.12	314
100m: 1:15.80 1:15.80	500m: 6:48.20 1:25.69	900m: 12:24.36 1:23.90	1300m: 18:00.57	
200m: 2:37.07 1:21.27	600m: 8:12.45 1:24.25	1000m: 13:47.40 1:23.04	1400m: 19:23.47 1:22.90	
300m: 4:00.14 1:23.07	700m: 9:36.29 1:23.84	1100m:	1500m: 20:45.12 1:21.65	
400m: 5:22.51 1:22.37	800m: 11:00.46 1:24.17	1200m:		
4. ROY, Logan-Elyot	13	Club de Natation des Riverains	20:57.92	305
100m: 1:19.21 1:19.21	500m: 6:57.08 1:24.08	900m: 12:37.46 1:25.16	1300m: 18:15.06 1:24.37	
200m: 2:43.35 1:24.14	600m: 8:21.75 1:24.67	1000m: 14:01.94 1:24.48	1400m: 19:39.90 1:24.84	
300m: 4:08.00 1:24.65	700m: 9:46.45 1:24.70	1100m: 15:26.28 1:24.34	1500m: 20:57.92 1:18.02	
400m: 5:33.00 1:25.00	800m: 11:12.30 1:25.85	1200m: 16:50.69 1:24.41		
5. PINETTE, Youri	13	Club de Natation des Riverains	21:39.66	276
100m: 1:21.28 1:21.28	500m: 7:11.93 1:27.86	900m: 13:05.10	1300m: 18:54.82 1:26.64	
200m: 2:48.61 1:27.33	600m: 8:40.05 1:28.12	1000m: 14:32.91 1:27.81	1400m: 20:19.22 1:24.40	
300m: 4:16.73 1:28.12	700m: 10:08.11 1:28.06	1100m: 16:01.20 1:28.29	1500m: 21:39.66 1:20.44	
400m: 5:44.07 1:27.34	800m:	1200m: 17:28.18 1:26.98		
6. GRONDIN, Louka	13	Club de Natation des Riverains	22:17.38	253
100m: 1:20.31 1:20.31	500m:	900m: 13:07.50 1:29.47	1300m:	
200m: 2:48.51 1:28.20	600m: 8:40.24	1000m: 14:36.83 1:29.33	1400m: 20:49.66	
300m: 4:16.53 1:28.02	700m:	1100m: 16:10.04 1:33.21	1500m: 22:17.38 1:27.72	
400m: 5:42.91 1:26.38	800m: 11:38.03	1200m:		
7. CASTONGUAY, Olivier	13	Nsh	23:44.51	210
100m: 1:25.16 1:25.16	500m: 7:48.59 1:35.82	900m: 14:14.91 1:35.69	1300m: 20:41.52 1:37.94	
200m: 2:59.69 1:34.53	600m: 9:25.15 1:36.56	1000m: 15:51.51 1:36.60	1400m: 22:16.31 1:34.79	
300m: 4:35.13 1:35.44	700m: 11:04.24 1:39.09	1100m: 17:26.59 1:35.08	1500m: 23:44.51 1:28.20	
400m: 6:12.77 1:37.64	800m: 12:39.22 1:34.98	1200m: 19:03.58 1:36.99		

15 ans et plus, Dames

Liste résultats provisoire

BEN HAMIDOU, Assia	16	Nsh	24:41.56	230
100m: 1:23.27 1:23.27	500m: 7:52.85 1:39.37	900m: 14:37.20	1300m:	
200m: 2:58.52 1:35.25	600m: 9:33.23 1:40.38	1000m: 16:20.08 1:42.88	1400m:	
300m: 4:34.44 1:35.92	700m: 11:14.30 1:41.07	1100m: 18:03.90 1:43.82	1500m: 24:41.56	
400m: 6:13.48 1:39.04	800m:	1200m: 19:45.53 1:41.63		

15 ans et plus, Messieurs

1. CAYER, Eliot	16	Club de Natation des Riverains	16:12.82	659
100m: 58.61 58.61	500m: 5:19.73 1:05.77	900m: 9:40.53 1:05.47	1300m: 14:03.08 1:06.12	
200m: 2:03.33 1:04.72	600m: 6:24.63 1:04.90	1000m: 10:45.88 1:05.35	1400m: 15:09.09 1:06.01	
300m: 3:08.63 1:05.30	700m: 7:30.00 1:05.37	1100m: 11:51.34 1:05.46	1500m: 16:12.82 1:03.73	
400m: 4:13.96 1:05.33	800m: 8:35.06 1:05.06	1200m: 12:56.96 1:05.62		

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Epreuve 5, Messieurs, 1500m Libre, 15 ans et plus

Rang	Age								Temps	Pts		
2.	BÉLANGER, Eliot		15	Club de Natation des Riverains				17:06.88	560			
	100m:	1:03.15	1:03.15	500m:	5:38.03	1:09.35	900m:	10:17.15	1:09.70	1300m:	14:55.14	1:08.96
	200m:	2:11.45	1:08.30	600m:	6:47.74	1:09.71	1000m:	11:27.02	1:09.87	1400m:	16:03.44	1:08.30
	300m:	3:20.65	1:09.20	700m:	7:58.06	1:10.32	1100m:	12:37.57	1:10.55	1500m:	17:06.88	1:03.44
	400m:	4:28.68	1:08.03	800m:	9:07.45	1:09.39	1200m:	13:46.18	1:08.61			
3.	GUY, Thomas		16	Club de Natation des Riverains				17:07.08	560			
	100m:	1:03.27	1:03.27	500m:	5:35.06	1:08.50	900m:	10:11.94	1:09.52	1300m:	14:52.14	1:10.62
	200m:	2:10.36	1:07.09	600m:	6:43.89	1:08.83	1000m:	11:21.65	1:09.71	1400m:	16:01.68	1:09.54
	300m:	3:18.37	1:08.01	700m:	7:52.97	1:09.08	1100m:	12:32.04	1:10.39	1500m:	17:07.08	1:05.40
	400m:	4:26.56	1:08.19	800m:	9:02.42	1:09.45	1200m:	13:41.52	1:09.48			
4.	FORTIN, Loric		17	Club de Natation des Riverains				17:49.28	496			
	100m:	1:07.22	1:07.22	500m:	5:54.71	1:12.12	900m:	10:41.97	1:11.69	1300m:	15:27.84	1:10.88
	200m:	2:19.12	1:11.90	600m:	7:06.45	1:11.74	1000m:	11:53.61	1:11.64	1400m:	16:39.13	1:11.29
	300m:	3:31.10	1:11.98	700m:	8:18.21	1:11.76	1100m:	13:05.05	1:11.44	1500m:	17:49.28	1:10.15
	400m:	4:42.59	1:11.49	800m:	9:30.28	1:12.07	1200m:	14:16.96	1:11.91			
5.	LANDRY, Olivier		15	Club de Natation des Riverains				18:09.24	469			
	100m:	1:07.04	1:07.04	500m:	6:00.82	1:14.21	900m:	10:52.61	1:13.58	1300m:	15:45.96	1:13.53
	200m:	2:19.93	1:12.89	600m:	7:13.63	1:12.81	1000m:	12:06.47	1:13.86	1400m:	16:59.15	1:13.19
	300m:	3:33.07	1:13.14	700m:	8:25.87	1:12.24	1100m:	13:19.97	1:13.50	1500m:	18:09.24	1:10.09
	400m:	4:46.61	1:13.54	800m:	9:39.03	1:13.16	1200m:	14:32.43	1:12.46			