

Prova 26
17/03/2024 - 15:30

Femin., 400m Livres

Infantis B
Resultados

Recorde Nacional 25m Open 4:04.61 Diana Margarida Duraes POR Copenhagen (DEN) 17/12/2017
Recorde Nacional 25m Inf B 4:38.40 Filipa Vilas Ruivo DNMG Alcobaca 13/06/2009

Pontos: Rudolph Table 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.				Tempo Final	Pts	Obs
1.	Alice Bezerra Cunha	F	214367	12	Vilacondense	5:18.11	350m:	4:27.83	5:05.79	11,0		
	50m: 34.46	34.46	150m: 1:52.11	39.28	250m: 3:10.98	39.54	350m:	4:27.83	38.29			
	100m: 1:12.83	38.37	200m: 2:31.44	39.33	300m: 3:49.54	38.56	400m:	5:05.79	37.96			
2.	Leonor Cunha Alves	F	217136	12	Famalicao	5:16.99	350m:	4:32.17	5:08.27	10,4		
	50m: 34.01	34.01	150m: 1:51.08	39.23	250m: 3:11.65	40.21	350m:	4:32.17	40.75			
	100m: 1:11.85	37.84	200m: 2:31.44	40.36	300m: 3:51.42	39.77	400m:	5:08.27	36.10			
3.	Sofia Apalyonova Monteiro	F	212125	12	CN Vagos	5:15.94	350m:	4:35.87	5:11.94	9,5		
	50m: 36.33	36.33	150m: 1:55.83	39.66	250m: 3:16.57	40.61	350m:	4:35.87	39.71			
	100m: 1:16.17	39.84	200m: 2:35.96	40.13	300m: 3:56.16	39.59	400m:	5:11.94	36.07			
4.	Maria Luisa Nogueira	F	215775	12	Academica de Coimbra	5:17.58	350m:	4:39.52	5:17.34	8,2		
	50m: 37.20	37.20	150m: 1:58.29	40.56	250m: 3:19.17	40.41	350m:	4:39.52	40.02			
	100m: 1:17.73	40.53	200m: 2:38.76	40.47	300m: 3:59.50	40.33	400m:	5:17.34	37.82			
5.	Maria Olivia Ferreira	F	211423	12	Galitos / Bresimar	5:27.99	350m:	4:39.97	5:17.57	8,2		
	50m: 36.16	36.16	150m: 1:57.18	41.08	250m: 3:19.14	41.09	350m:	4:39.97	40.09			
	100m: 1:16.10	39.94	200m: 2:38.05	40.87	300m: 3:59.88	40.74	400m:	5:17.57	37.60			
6.	Maria Leonor Lobo	F	216720	12	Condeixa Aqua Clube	5:33.60	350m:	4:40.11	5:17.96	8,1		
	50m: 37.83	37.83	150m: 2:00.22	40.83	250m: 3:21.64	40.64	350m:	4:40.11	38.57			
	100m: 1:19.39	41.56	200m: 2:41.00	40.78	300m: 4:01.54	39.90	400m:	5:17.96	37.85			
7.	Maria Clara Pereira	F	214669	12	Porto	5:28.19	350m:	4:42.22	5:22.18	7,1		
	50m: 37.09	37.09	150m: 1:58.09	40.61	250m: 3:20.45	40.82	350m:	4:42.22	40.58			
	100m: 1:17.48	40.39	200m: 2:39.63	41.54	300m: 4:01.64	41.19	400m:	5:22.18	39.96			
8.	Camila Ganito Santos	F	209359	12	Galitos / Bresimar	5:26.55	350m:	4:42.34	5:22.29	7,0		
	50m: 36.77	36.77	150m: 1:57.93	41.00	250m: 3:20.61	41.19	350m:	4:42.34	41.02			
	100m: 1:16.93	40.16	200m: 2:39.42	41.49	300m: 4:01.32	40.71	400m:	5:22.29	39.95			
9.	Maria Luis Simoes	F	211707	12	Porto	5:31.44	350m:	4:43.25	5:23.18	6,8		
	50m: 37.25	37.25	150m: 1:59.32	41.25	250m: 3:21.40	40.89	350m:	4:43.25	40.79			
	100m: 1:18.07	40.82	200m: 2:40.51	41.19	300m: 4:02.46	41.06	400m:	5:23.18	39.93			
10.	Leonor Matos Gomes	F	211680	12	Aquatico Pacense	5:17.85	350m:	4:43.10	5:23.59	6,7		
	50m: 34.91	34.91	150m: 1:54.24	39.70	250m: 3:18.17	42.68	350m:	4:43.10	43.15			
	100m: 1:14.54	39.63	200m: 2:35.49	41.25	300m: 3:59.95	41.78	400m:	5:23.59	40.49			
11.	Leonor Simoes Sousa	F	213229	12	Nautico Academico de Coimbra	5:40.19	350m:	4:46.04	5:23.83	6,7		
	50m: 37.21	37.21	150m: 2:00.08	40.73	250m: 3:22.47	41.13	350m:	4:46.04	41.38			
	100m: 1:19.35	42.14	200m: 2:41.34	41.26	300m: 4:04.66	42.19	400m:	5:23.83	37.79			
12.	Constanca Sousa Fontinha	F	212496	12	O Crasto	5:32.52	350m:	4:47.47	5:27.82	5,7		
	50m: 36.30	36.30	150m: 2:00.35	41.97	250m: 3:23.25	41.38	350m:	4:47.47	42.30			
	100m: 1:18.38	42.08	200m: 2:41.87	41.52	300m: 4:05.17	41.92	400m:	5:27.82	40.35			
13.	Clarisse Pereira Sampaio	F	211982	12	Foca Quinta da Lixa CNF	5:31.01	350m:	4:49.33	5:29.68	5,2		
	50m: 36.35	36.35	150m: 1:59.44	42.15	250m: 3:24.29	42.30	350m:	4:49.33	42.26			
	100m: 1:17.29	40.94	200m: 2:41.99	42.55	300m: 4:07.07	42.78	400m:	5:29.68	40.35			
14.	Maria Pereira Domingues	F	219722	12	Leixoes Sport Clube	5:57.08	350m:	4:52.07	5:31.54	4,8		
	50m: 37.80	37.80	150m: 2:01.29	42.15	250m: 3:26.72	42.37	350m:	4:52.07	42.75			
	100m: 1:19.14	41.34	200m: 2:44.35	43.06	300m: 4:09.32	42.60	400m:	5:31.54	39.47			
15.	Maria Miguel Lopes	F	220311	12	Academico Viseu Futebol Clube	5:35.91	350m:	4:53.19	5:32.21	4,6		
	50m: 38.18	38.18	150m: 2:04.24	43.40	250m: 3:28.91	41.92	350m:	4:53.19	41.58			
	100m: 1:20.84	42.66	200m: 2:46.99	42.75	300m: 4:11.61	42.70	400m:	5:32.21	39.02			
16.	Matilde Dantas Correia	F	212735	12	Sporting Club Caminhense	5:30.09	350m:	4:50.93	5:34.18	4,2		
	50m: 37.23	37.23	150m: 2:00.39	41.91	250m: 3:25.04	42.39	350m:	4:50.93	42.95			
	100m: 1:18.48	41.25	200m: 2:42.65	42.26	300m: 4:07.98	42.94	400m:	5:34.18	43.25			
17.	Filipa Carneiro Dias	F	214183	12	Academico Viseu Futebol Clube	5:40.71	350m:	4:54.67	5:34.39	4,1		
	50m: 39.04	39.04	150m: 2:04.74	42.67	250m: 3:28.96	42.50	350m:	4:54.67	42.92			
	100m: 1:22.07	43.03	200m: 2:46.46	41.72	300m: 4:11.75	42.79	400m:	5:34.39	39.72			
18.	M. Magalhaes	F	212739	12	Sporting Club Caminhense	5:45.70	350m:	4:56.15	5:35.66	3,8		
	50m: 36.02	36.02	150m: 2:00.60	43.19	250m: 3:28.95	43.58	350m:	4:56.15	43.04			
	100m: 1:17.41	41.39	200m: 2:45.37	44.77	300m: 4:13.11	44.16	400m:	5:35.66	39.51			
19.	Leonor Ribeiro Ferreira	F	214500	12	Columbofila Cantanhedense	5:36.61	350m:	4:55.30	5:35.98	3,7		
	50m: 37.62	37.62	150m: 2:02.16	43.08	250m: 3:28.90	43.20	350m:	4:55.30	42.70			
	100m: 1:19.08	41.46	200m: 2:45.70	43.54	300m: 4:12.60	43.70	400m:	5:35.98	40.68			
20.	Ana Carolina Pimenta	F	211419	12	Galitos / Bresimar	5:35.54	350m:	4:55.71	5:37.15	3,4		
	50m: 37.91	37.91	150m: 2:02.67	42.29	250m: 3:28.75	43.05	350m:	4:55.71	43.61			
	100m: 1:20.38	42.47	200m: 2:45.70	43.03	300m: 4:12.10	43.35	400m:	5:37.15	41.44			
21.	Margarida Costa Bastos	F	212272	12	Porto	5:33.65	350m:	4:55.98	5:38.22	3,2		
	50m: 37.51	37.51	150m: 2:02.57	43.02	250m: 3:28.82	43.46	350m:	4:55.98	43.73			
	100m: 1:19.55	42.04	200m: 2:45.36	42.79	300m: 4:12.25	43.43	400m:	5:38.22	42.24			
22.	Ines Teixeira Sousa	F	214337	12	Foca Quinta da Lixa CNF	5:51.55	350m:	4:58.58	5:39.24	2,9		
	50m: 38.47	38.47	150m: 2:04.92	44.23	250m: 3:32.61	43.70	350m:	4:58.58	42.23			
	100m: 1:20.69	42.22	200m: 2:48.91	43.99	300m: 4:16.35	43.74	400m:	5:39.24	40.66			
23.	Luisa Barros Ferraz	F	215442	12	Leixoes Sport Clube	6:01.03	350m:	4:58.11	5:39.33	2,9		
	50m: 38.26	38.26	150m: 2:05.18	43.67	250m: 3:32.04	43.02	350m:	4:58.11	42.65			
	100m: 1:21.51	43.25	200m: 2:49.02	43.84	300m: 4:15.46	43.42	400m:	5:39.33	41.22			



Torneio Zonal de Infantis - Zona Norte
Castro Daire, 15 - 17/3/2024



Prova 26, Femin., 400m Livres, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
24.	Alice Dantas Correia 50m: 39.15 100m: 1:21.89	F	212736	12	Sporting Club Caminhense 50m: 43.13 100m: 2:05.02 150m: 43.26 200m: 2:48.28	250m: 3:31.92 300m: 4:15.14	43.64 350m: 4:58.36 400m: 5:40.51	26 43.22 42.15	
25.	Dania Pereira Cardoso 50m: 39.72 100m: 1:23.30	F	214825	12	Estamos Juntos 50m: 43.78 100m: 2:07.08 150m: 43.93 200m: 2:51.01	250m: 3:34.28 300m: 4:17.27	43.27 350m: 5:01.13 400m: 5:40.95	25 43.86 39.82	
26.	Carolina Ribeiro Nobre 50m: 38.94 100m: 1:21.29	F	210919	12	Natacao de Valongo 50m: 42.82 100m: 2:04.11 150m: 43.66 200m: 2:47.77	250m: 3:31.17 300m: 4:14.63	43.40 350m: 4:58.72 400m: 5:41.23	25 44.09 42.51	
27.	Matilde Neves Portela 50m: 39.44 100m: 1:23.13	F	215223	12	Colegio Efanor 50m: 44.31 100m: 2:07.44 150m: 44.12 200m: 2:51.56	250m: 3:35.30 300m: 4:19.71	43.74 350m: 5:01.97 400m: 5:41.62	24 42.26 39.65	
28.	Laura Daniela Gomes 50m: 39.95 100m: 1:23.46	F	211983	12	Foca Quinta da Lixa CNF 50m: 44.76 100m: 2:08.22 150m: 43.79 200m: 2:52.01	250m: 3:35.35 300m: 4:18.95	43.34 350m: 5:01.67 400m: 5:41.91	23 42.72 40.24	
29.	Eva Valente Marques 50m: 38.80 100m: 1:22.55	F	216653	12	Sporting Clube de Aveiro 50m: 43.81 100m: 2:06.36 150m: 43.82 200m: 2:50.18	250m: 3:34.77 300m: 4:18.56	44.59 350m: 5:02.07 400m: 5:42.53	21 43.51 40.46	
30.	Ines Gomes Ribeiro 50m: 38.54 100m: 1:22.32	F	211664	12	Famalição 50m: 44.54 100m: 2:06.86 150m: 44.57 200m: 2:51.43	250m: 3:36.33 300m: 4:21.47	44.90 350m: 5:05.16 400m: 5:44.28	17 43.69 39.12	
31.	C. Aragao 50m: 38.86 100m: 1:22.66	F	211990	12	Fluvial Portuense 50m: 43.92 100m: 2:06.58 150m: 44.03 200m: 2:50.61	250m: 3:35.50 300m: 4:19.69	44.89 350m: 5:03.42 400m: 5:44.38	17 43.73 40.96	
32.	Carolina Torres Cortes 50m: 37.63 100m: 1:20.46	F	216707	12	Braga 50m: 44.09 100m: 2:04.55 150m: 44.90 200m: 2:49.45	250m: 3:34.34 300m: 4:18.91	44.89 350m: 5:03.87 400m: 5:45.16	15 44.96 41.29	
33.	Sofia Lopes Cunha 50m: 39.26 100m: 1:23.08	F	211710	12	Porto 50m: 44.28 100m: 2:07.36 150m: 43.96 200m: 2:51.32	250m: 3:35.66 300m: 4:19.33	44.34 350m: 5:03.63 400m: 5:45.73	14 44.30 42.10	
34.	Carolina Melo Homem 50m: 40.99 100m: 1:24.15	F	216658	12	Sporting Clube de Aveiro 50m: 44.72 100m: 2:08.87 150m: 43.83 200m: 2:52.70	250m: 3:36.20 300m: 4:19.85	43.50 350m: 5:03.93 400m: 5:46.45	12 44.08 42.52	
35.	Maria Ponte Pereira 50m: 38.42 100m: 1:21.65	F	216327	12	Braga 50m: 44.90 100m: 2:06.55 150m: 45.52 200m: 2:52.07	250m: 3:37.02 300m: 4:22.19	44.95 350m: 5:07.23 400m: 5:47.36	45.04 40.13	
36.	Gabriela Silva Godinho 50m: 37.64 100m: 1:19.36	F	212087	12	CLIP Teams 50m: 44.15 100m: 2:03.51 150m: 45.72 200m: 2:49.23	250m: 3:35.06 300m: 4:20.65	45.83 350m: 5:05.45 400m: 5:47.38	44.80 41.93	
37.	Margarida Paiva Correia 50m: 39.63 100m: 1:22.63	F	213860	12	Miranda do Corvo 50m: 45.06 100m: 2:07.69 150m: 43.97 200m: 2:51.66	250m: 3:36.48 300m: 4:21.61	44.82 350m: 5:06.28 400m: 5:48.98	44.67 42.70	
38.	Clara Lopes Fernandes 50m: 39.87 100m: 1:22.83	F	214424	12	Louzan Natacao/EFAPEL 50m: 45.46 100m: 2:08.29 150m: 45.43 200m: 2:53.72	250m: 3:38.52 300m: 4:23.77	44.80 350m: 5:07.74 400m: 5:49.34	43.97 41.60	
39.	Matilde Soares Fernandes 50m: 40.05 100m: 1:24.37	F	213549	12	Academico Viseu Futebol Clube 50m: 44.92 100m: 2:09.29 150m: 44.84 200m: 2:54.13	250m: 3:39.56 300m: 4:24.13	45.43 350m: 5:07.49 400m: 5:50.24	43.36 42.75	
40.	Beatriz Esteves Coutinho 50m: 38.69 100m: 1:21.94	F	214237	12	Assoc. Desportiva de Fafe 50m: 44.39 100m: 2:06.33 150m: 45.29 200m: 2:51.56	250m: 3:37.11 300m: 4:22.63	45.55 350m: 5:06.48 400m: 5:50.60	43.85 44.12	
41.	Matilde Martins Lopes 50m: 41.60 100m: 1:25.62	F	215153	12	Vilacondense 50m: 45.15 100m: 2:10.77 150m: 45.05 200m: 2:55.82	250m: 3:41.11 300m: 4:24.70	45.29 350m: 5:08.17 400m: 5:53.72	43.47 45.55	
42.	Maria Joao Fonseca 50m: 43.07 100m: 1:30.18	F	214338	12	Leixões Sport Clube 50m: 47.02 100m: 2:17.20 150m: 46.79 200m: 3:03.99	250m: 3:51.42 300m: 4:38.99	47.43 350m: 5:26.19 400m: 6:11.44	47.20 45.25	
43.	Alice Silva Senna 50m: 43.97 100m: 1:30.57	F	217566	12	Condeixa Aqua Clube 50m: 47.58 100m: 2:18.15 150m: 47.98 200m: 3:06.13	250m: 3:54.55 300m: 4:41.95	48.42 350m: 5:29.42 400m: 6:13.64	47.47 44.22	

