



Torneio Zonal de Infantis - Zona Norte
Castro Daire, 15 - 17/3/2024



Prova 21
17/03/2024 - 10:00

Masc., 400m Livres

Infantis A
Resultados

Recorde Nacional 25m Open 3:42.57 Jose Paulo Lopes POR Abu Dhabi (UAE) 16/12/2021
Recorde Nacional 25m Inf A 4:12.35 Andre Vilas Ruivo DNMG Campo Maior 29/03/2014

Pontos: Rudolph Table 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.		Tempo Final	Pts	Obs
1.	Afonso Carvalho Monteiro 50m: 30.44 100m: 1:04.38	M	208116	10	Famalicão	250m: 2:49.46 300m: 3:24.70	35.00 35.24	4:30.81 4:33.16	11.6 34.90 33.56	
2.	Tomas Alexandre Sousa 50m: 31.35 100m: 1:06.09	M	206026	10	Academico Viseu Futebol Clube	250m: 2:53.05 300m: 3:28.79	35.70 35.74	4:37.74 4:35.67	11.0 34.92 31.96	
3.	Francisco Suzuki Teixeira 50m: 31.67 100m: 1:06.50	M	210659	10	Foca Quinta da Lixa CNF	250m: 2:51.13 300m: 3:26.31	34.93 35.18	4:46.15 4:35.96	10.9 35.13 34.52	
4.	Santiago Marques Pereira 50m: 31.75 100m: 1:06.87	M	213189	10	Columbofita Cantanhedense	250m: 2:56.00 300m: 3:33.31	36.47 37.31	4:44.20 4:41.73	9.3 35.62 32.80	
5.	Afonso Oliveira Ribeiro 50m: 31.75 100m: 1:07.28	M	208991	10	Famalicão	250m: 2:57.07 300m: 3:33.07	36.66 36.00	4:44.20 4:45.38	8.4 36.70 35.61	
6.	Manuel Von Ferreira 50m: 30.99 100m: 1:06.46	M	209161	10	Porto	250m: 2:56.85 300m: 3:33.54	36.84 36.69	4:41.90 4:45.85	8.2 37.19 35.12	
7.	Rodrigo Almeida Marques 50m: 32.25 100m: 1:08.30	M	213937	10	Braga	250m: 2:58.73 300m: 3:36.34	36.61 37.61	4:53.07 4:50.86	6.9 37.64 36.88	
8.	Rafael Costa Bastos 50m: 30.98 100m: 1:06.70	M	214652	10	Sanjoanense/FEPSA	250m: 2:59.58 300m: 3:37.47	37.76 37.89	4:49.45 4:51.01	6.9 37.88 35.66	
9.	Miguel Santiago Lemos 50m: 32.61 100m: 1:08.58	M	209165	10	Porto	250m: 3:00.86 300m: 3:37.77	37.07 36.91	5:04.03 4:51.46	6.7 37.38 36.31	
10.	Filipe Antonio Couto 50m: 33.01 100m: 1:09.27	M	209227	10	Porto	250m: 3:01.69 300m: 3:38.29	36.11 36.60	4:56.28 4:51.51	6.7 36.99 36.23	
11.	Nicolai Dreyko 50m: 31.37 100m: 1:06.89	M	208668	10	Clube Naval Povoense	250m: 3:00.60 300m: 3:38.98	38.10 38.38	4:49.25 4:53.31	6.3 37.75 36.58	
12.	Gustavo Ribeiro Bichiarov 50m: 32.07 100m: 1:08.98	M	214543	10	Natacao de Valongo	250m: 3:03.42 300m: 3:40.47	38.46 37.05	4:50.52 4:53.46	6.2 36.44 36.55	
13.	Rafael Moreira Assuncao 50m: 31.83 100m: 1:08.12	M	208539	10	Clube Desportivo Feirense	250m: 3:01.85 300m: 3:39.64	37.92 37.79	4:53.99 4:53.80	6.1 38.21 35.95	
14.	Andre Ferreira Santos 50m: 33.48 100m: 1:09.77	M	213542	10	Academico Viseu Futebol Clube	250m: 3:02.39 300m: 3:39.16	37.33 36.77	4:54.76 4:53.90	6.1 37.85 36.89	
15.	Ruben Goncalo Alonso 50m: 32.03 100m: 1:08.92	M	209135	10	Foca Quinta da Lixa CNF	250m: 3:02.45 300m: 3:40.66	37.71 38.21	5:01.83 4:54.33	6.0 37.71 35.96	
16.	Rafael Pires Parente 50m: 32.51 100m: 1:08.77	M	213541	10	Academico Viseu Futebol Clube	250m: 3:03.11 300m: 3:41.09	38.13 37.98	4:49.64 4:55.76	5.6 38.24 36.43	
17.	Rodrigo Miguel Matias 50m: 32.32 100m: 1:07.54	M	211159	10	Náutico Académico de Coimbra	250m: 3:00.66 300m: 3:39.95	38.46 39.29	5:07.63 4:57.77	5.1 38.72 39.10	
18.	Arseniy Vedkal 50m: 33.44 100m: 1:10.13	M	211907	10	Braga	250m: 3:04.21 300m: 3:42.48	38.43 38.27	4:49.18 4:57.78	5.1 38.42 36.88	
19.	Tomas Domingues Reis 50m: 34.26 100m: 1:11.35	M	206315	10	Fluvial Portuense	250m: 3:06.52 300m: 3:45.78	38.15 39.26	4:59.29 5:00.79	4.3 38.81 36.20	
20.	Francisco Martins Simoes 50m: 32.89 100m: 1:09.67	M	211153	10	Náutico Académico de Coimbra	250m: 3:06.70 300m: 3:45.96	39.43 39.26	5:04.84 5:00.98	4.2 38.96 36.06	
	Pedro Cerejo Carvalho 50m: 33.11 100m: 1:09.00	M	207980	10	Vilacondense	250m: 3:03.67 300m: 3:43.40	38.83 39.73	4:57.24 5:00.98	4.2 39.52 38.06	
22.	Gustavo Brito Ricardo 50m: 34.59 100m: 1:12.01	M	214609	10	Vilacondense	250m: 3:07.89 300m: 3:47.02	39.07 39.13	5:02.09 5:01.17	4.1 38.14 36.03	
23.	Andre Goncalo Mendes 50m: 31.54 100m: 1:07.90	M	139741	10	CN Vagos	250m: 3:03.54 300m: 3:43.59	39.47 40.05	5:04.01 5:01.71	4.0 39.62 38.50	



Prova 21, Masc., 400m Livres, Infantis A

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs				
24.	David Dourado Gomes	M	212470	10	Clube Naval Povoense	5:09.66	5:01.90	4,0					
						50m: 34.76	34.76	150m: 1:52.96	39.25	250m: 3:09.78	37.59	350m: 4:26.00	37.26
						100m: 1:13.71	38.95	200m: 2:32.19	39.23	300m: 3:48.74	38.96	400m: 5:01.90	35.90
25.	Jose Pedro Almeida	M	207387	10	Foca Quinta da Lixa CNF	5:10.49	5:03.08	3,6					
						50m: 34.13	34.13	150m: 1:51.29	38.92	250m: 3:09.45	38.64	350m: 4:25.47	37.90
						100m: 1:12.37	38.24	200m: 2:30.81	39.52	300m: 3:47.57	38.12	400m: 5:03.08	37.61
26.	Rafael Vieira Santos	M	205583	10	Vilacondense	5:08.41	5:04.16	3,3					
						50m: 33.58	33.58	150m: 1:49.39	38.83	250m: 3:08.06	39.53	350m: 4:26.43	39.08
						100m: 1:10.56	36.98	200m: 2:28.53	39.14	300m: 3:47.35	39.29	400m: 5:04.16	37.73
27.	Francisco Laranjeira Morais	M	208427	10	Algés e Águeda XXI	5:14.94	5:04.35	3,3					
						50m: 33.61	33.61	150m: 1:50.46	38.59	250m: 3:07.93	38.72	350m: 4:26.22	39.22
						100m: 1:11.87	38.26	200m: 2:29.21	38.75	300m: 3:47.00	39.07	400m: 5:04.35	38.13
28.	Francisco Vilar Brito	M	208343	10	Vilacondense	5:15.19	5:05.30	3,0					
						50m: 34.66	34.66	150m: 1:50.88	38.69	250m: 3:07.99	38.38	350m: 4:27.53	40.39
						100m: 1:12.19	37.53	200m: 2:29.61	38.73	300m: 3:47.14	39.15	400m: 5:05.30	37.77
29.	Tomas Santos Valente	M	212461	10	Leixões Sport Clube	5:00.53	5:06.38	2,8					
						50m: 34.37	34.37	150m: 1:49.98	38.37	250m: 3:08.04	39.07	350m: 4:27.26	39.62
						100m: 1:11.61	37.24	200m: 2:28.97	38.99	300m: 3:47.64	39.60	400m: 5:06.38	39.12
30.	Rodrigo Sousa Braz	M	208359	10	Náutico Académico de Coimbra	5:20.05	5:06.66	2,7					
						50m: 34.29	34.29	150m: 1:51.23	39.17	250m: 3:09.98	39.38	350m: 4:28.79	39.40
						100m: 1:12.06	37.77	200m: 2:30.60	39.37	300m: 3:49.39	39.41	400m: 5:06.66	37.87
Rodrigo Mitreiros Torres	M	209261	10	Aquatico Pacense	5:05.60	5:06.66	2,7						
					50m: 33.73	33.73	150m: 1:50.25	39.88	250m: 3:09.91	39.78	350m: 4:30.19	40.43	
					100m: 1:11.57	37.84	200m: 2:30.13	39.88	300m: 3:49.76	39.85	400m: 5:06.66	36.47	
32.	Tomas Figueiredo Branco	M	206651	10	Gafanha da Encarnacao	5:07.88	5:06.85	2,6					
						50m: 34.84	34.84	150m: 1:52.43	39.10	250m: 3:10.81	39.00	350m: 4:29.90	39.55
						100m: 1:13.33	38.49	200m: 2:31.81	39.38	300m: 3:50.35	39.54	400m: 5:06.85	36.95
33.	Miguel Tomas Gomes	M	211779	10	Náutico Académico de Coimbra	5:33.11	5:07.59	2,4					
						50m: 33.64	33.64	150m: 1:51.35	39.27	250m: 3:10.36	39.37	350m: 4:27.57	38.25
						100m: 1:12.08	38.44	200m: 2:30.99	39.64	300m: 3:49.32	38.96	400m: 5:07.59	40.02
34.	Tiago Joao Olas	M	215503	10	Academico Viseu Futebol Clube	5:02.94	5:08.21	2,3					
						50m: 35.28	35.28	150m: 1:53.00	39.47	250m: 3:11.60	38.80	350m: 4:30.38	39.62
						100m: 1:13.53	38.25	200m: 2:32.80	39.80	300m: 3:50.76	39.16	400m: 5:08.21	37.83
35.	Rodrigo Guedes Ferreira	M	213631	10	Clube Desportivo Feirense	5:26.03	5:09.48	1,9					
						50m: 34.36	34.36	150m: 1:51.91	39.20	250m: 3:10.69	39.41	350m: 4:31.05	40.60
						100m: 1:12.71	38.35	200m: 2:31.28	39.37	300m: 3:50.45	39.76	400m: 5:09.48	38.43
36.	Miguel Oliveira Araujo	M	209495	10	Escola Desportiva de Viana	5:12.71	5:10.87	1,6					
						50m: 35.09	35.09	150m: 1:53.84	39.68	250m: 3:13.90	39.77	350m: 4:32.73	38.98
						100m: 1:14.16	39.07	200m: 2:34.13	40.29	300m: 3:53.75	39.85	400m: 5:10.87	38.14
37.	Matias Matos Duarte	M	215208	10	Leixões Sport Clube	5:16.21	5:12.70	1,1					
						50m: 35.14	35.14	150m: 1:56.65	41.98	250m: 3:16.70	39.72	350m: 4:35.47	38.63
						100m: 1:14.67	39.53	200m: 2:36.98	40.33	300m: 3:56.84	40.14	400m: 5:12.70	37.23
38.	Rodrigo Goncalves Correia	M	219037	10	Academico Viseu Futebol Clube	NT	5:13.22						
						50m: 34.15	34.15	150m: 1:51.94	39.60	250m: 3:12.92	40.38	350m: 4:34.17	40.60
						100m: 1:12.34	38.19	200m: 2:32.54	40.60	300m: 3:53.57	40.65	400m: 5:13.22	39.05
39.	Guilherme Afonso Romao	M	214608	10	Vilacondense	5:27.82	5:16.00						
						50m: 33.97	33.97	150m: 1:51.39	39.69	250m: 3:12.01	40.58	350m: 4:34.48	41.26
						100m: 1:11.70	37.73	200m: 2:31.43	40.04	300m: 3:53.22	41.21	400m: 5:16.00	41.52
40.	Joao Martins Bento	M	211898	10	Amigos da Montanha	5:15.99	5:21.22						
						50m: 34.43	34.43	150m: 1:53.60	40.53	250m: 3:17.62	42.23	350m: 4:41.79	42.14
						100m: 1:13.07	38.64	200m: 2:35.39	41.79	300m: 3:59.65	42.03	400m: 5:21.22	39.43
41.	Ivo Pereira Lopes	M	214758	10	Colegio Efanor	5:31.24	5:22.48						
						50m: 34.33	34.33	150m: 1:53.38	40.67	250m: 3:16.63	41.56	350m: 4:41.46	42.51
						100m: 1:12.71	38.38	200m: 2:35.07	41.69	300m: 3:58.95	42.32	400m: 5:22.48	41.02
42.	Leonardo Sanjuan Gomes	M	211263	10	Estamos Juntos	5:23.88	5:24.15						
						50m: 35.80	35.80	150m: 1:59.09	42.72	250m: 3:22.52	41.69	350m: 4:44.79	41.50
						100m: 1:16.37	40.57	200m: 2:40.83	41.74	300m: 4:03.29	40.77	400m: 5:24.15	39.36
43.	Diogo Spratley Graca	M	215541	10	Fluvial Portuense	5:27.59	5:24.45						
						50m: 34.62	34.62	150m: 1:54.02	40.57	250m: 3:18.48	42.43	350m: 4:44.23	42.20
						100m: 1:13.45	38.83	200m: 2:36.05	42.03	300m: 4:02.03	43.55	400m: 5:24.45	40.22
EXH	Erik Anthony Howland	M	219796	10	CLIP Teams	4:49.07	4:41.35	9,4	EXH				
						50m: 31.38	31.38	150m: 1:40.00	34.72	250m: 2:52.52	36.55	350m: 4:06.38	36.89
						100m: 1:05.28	33.90	200m: 2:15.97	35.97	300m: 3:29.49	36.97	400m: 4:41.35	34.97