

KZK Laatste Kans 2023
Kortrijk, 26/12/2023

Programmanr. 2
26/12/2023 - 10:40

Meisjes, 400m vrije slag

11 - 14 jaar
Resultaten

Loodsvijsje 2023 11: 5:49.43; 14: 5:05.26; 13: 5:17.48; 12: 5:31.93 / Haai 2023 11: 5:15.20; 14: 4:33.20; 12: 4:56.20; 13: 4:37.70

Punten: FINA 2023

Rang					Inschr.	Tijd		Pnt
11 - 12 jaar								
1.	Gantois Janne		BZK/21324/11		4:51.68	4:53.66		488
	50m:	33.50 33.50	150m:	1:48.04 37.68	250m:	3:02.94 37.21	350m:	4:18.19 37.37
	100m:	1:10.36 36.86	200m:	2:25.73 37.69	300m:	3:40.82 37.88	400m:	4:53.66 35.47
2.	Malfait Lizanna (Lizi)		FAST/21024/11		5:22.66	5:07.71		424
	50m:	33.00 33.00	150m:	1:51.67 40.07	250m:	3:10.77 39.36	350m:	4:30.82 39.52
	100m:	1:11.60 38.60	200m:	2:31.41 39.74	300m:	3:51.30 40.53	400m:	5:07.71 36.89
3.	De Cuyper Maylée		FAST/21034/11		5:31.17	5:10.64		412
	50m:	32.94 32.94	150m:	1:49.75 39.44	250m:	3:08.73 39.25	350m:	4:30.54 41.51
	100m:	1:10.31 37.37	200m:	2:29.48 39.73	300m:	3:49.03 40.30	400m:	5:10.64 40.10
4.	Velghe Laura		IKZ/21118/12		5:11.88	5:11.22		410
	50m:	34.47 34.47	150m:	1:53.80 40.18	250m:	3:13.25 39.83	350m:	4:32.76 39.89
	100m:	1:13.62 39.15	200m:	2:33.42 39.62	300m:	3:52.87 39.62	400m:	5:11.22 38.46
5.	Schacht Hanne		IKZ/21104/11		5:07.95	5:19.20		380
	50m:	34.70 34.70	150m:	1:54.28 40.48	250m:	3:16.05 41.05	350m:	4:38.19 40.63
	100m:	1:13.80 39.10	200m:	2:35.00 40.72	300m:	3:57.56 41.51	400m:	5:19.20 41.01
6.	Druwel Nora		ZTB/21057/11		5:28.82	5:19.38		379
	50m:	36.14 36.14	150m:	1:58.60 41.98	250m:	3:21.10 41.48	350m:	4:39.86 38.22
	100m:	1:16.62 40.48	200m:	2:39.62 41.02	300m:	4:01.64 40.54	400m:	5:19.38 39.52
7.	Claeys Inna		ISWIM/21085/11		5:27.19	5:20.08		377
	50m:	35.21 35.21	150m:	1:54.49 40.17	250m:	3:17.08 41.58	350m:	4:40.30 41.18
	100m:	1:14.32 39.11	200m:	2:35.50 41.01	300m:	3:59.12 42.04	400m:	5:20.08 39.78
8.	Verhelst Tiele		IKZ/21113/11		5:42.29	5:23.60		365
	50m:	36.01 36.01	150m:	1:58.01 42.03	250m:	3:21.69 41.83	350m:	4:43.78 40.40
	100m:	1:15.98 39.97	200m:	2:39.86 41.85	300m:	4:03.38 41.69	400m:	5:23.60 39.82
9.	De Vreese Julie		MEGA/21418/12		5:40.48	5:25.73		358
	50m:	35.37 35.37	150m:	1:57.92 42.23	250m:	3:23.12 42.45	350m:	4:47.46 41.84
	100m:	1:15.69 40.32	200m:	2:40.67 42.75	300m:	4:05.62 42.50	400m:	5:25.73 38.27
10.	Anraed Camille		ZTB/21067/11		5:47.61	5:26.45		355
	50m:	36.48 36.48	150m:	1:59.59 42.06	250m:	3:23.04 41.77	350m:	4:46.47 41.40
	100m:	1:17.53 41.05	200m:	2:41.27 41.68	300m:	4:05.07 42.03	400m:	5:26.45 39.98
11.	Van Iseghem Phéline		BZK/21323/12		5:49.21	5:27.23		353
	50m:	37.70 37.70	150m:	2:01.20 42.01	250m:	3:25.16 42.17	350m:	4:48.39 40.64
	100m:	1:19.19 41.49	200m:	2:42.99 41.79	300m:	4:07.75 42.59	400m:	5:27.23 38.84
12.	Feys Farah		KZK/21126/11		5:33.37	5:27.47		352
	50m:	34.41 34.41	150m:	1:56.17 41.84	250m:	3:21.40 42.51	350m:	4:42.47 38.75
	100m:	1:14.33 39.92	200m:	2:38.89 42.72	300m:	4:03.72 42.32	400m:	5:27.47 45.00
13.	Verstraete Linde		IKZ/21128/12		5:45.02	5:31.04		341
	50m:	36.39 36.39	150m:	2:01.30 43.14	250m:	3:27.45 43.50	350m:	4:53.02 42.48
	100m:	1:18.16 41.77	200m:	2:43.95 42.65	300m:	4:10.54 43.09	400m:	5:31.04 38.02
14.	Vernieuwe Irene		TZT/21110/12		5:46.47	5:32.27		337
	50m:	35.37 35.37	150m:	1:58.16 42.25	250m:	3:24.70 43.81	350m:	4:51.85 43.11
	100m:	1:15.91 40.54	200m:	2:40.89 42.73	300m:	4:08.74 44.04	400m:	5:32.27 40.42
15.	Demarest Hailey		ZB/21082/12		6:01.56	5:34.73		329
	50m:	36.95 36.95	150m:	2:01.05 42.54	250m:	3:28.55 44.02	350m:	4:54.85 43.35
	100m:	1:18.51 41.56	200m:	2:44.53 43.48	300m:	4:11.50 42.95	400m:	5:34.73 39.88
16.	Caenepeel Aimée		ISWIM/21111/11		5:34.57	5:34.88		329
	50m:	35.74 35.74	150m:	1:59.41 42.45	250m:	3:24.83 42.53	350m:	4:53.32 43.70
	100m:	1:16.96 41.22	200m:	2:42.30 42.89	300m:	4:09.62 44.79	400m:	5:34.88 41.56

KZK Laatste Kans 2023
Kortrijk, 26/12/2023

Programmanr. 2, Meisjes, 400m vrije slag, 11 - 12 jaar

Rang					Inscr.	Tijd	Pnt		
17.	Bonassi Hélène		UZKZ/21124/11		5:50.17	5:38.07	320		
	50m:	36.68	36.68	150m:	2:02.60	43.46	250m:	3:30.33	44.50
	100m:	1:19.14	42.46	200m:	2:45.83	43.23	300m:	4:14.31	43.98
							350m:	4:57.94	43.63
							400m:	5:38.07	40.13
18.	Huyben Isolde		TZT/21123/12		6:07.82	5:40.43	313		
	50m:	36.26	36.26	150m:	2:02.16	43.69	250m:	3:30.53	44.75
	100m:	1:18.47	42.21	200m:	2:45.78	43.62	300m:	4:15.01	44.48
							350m:	4:58.31	43.30
							400m:	5:40.43	42.12
19.	Decroix Britt		ISWIM/21095/11		5:36.54	5:40.57	313		
	50m:	36.29	36.29	150m:	2:01.26	43.52	250m:	3:29.40	44.09
	100m:	1:17.74	41.45	200m:	2:45.31	44.05	300m:	4:14.17	44.77
							350m:	4:58.47	44.30
							400m:	5:40.57	42.10
20.	Decupere Laurence		KZK/21142/12		6:00.67	5:45.44	300		
	50m:	37.04	37.04	150m:	2:03.62	44.19	250m:	3:35.24	45.80
	100m:	1:19.43	42.39	200m:	2:49.44	45.82	300m:	4:20.48	45.24
							350m:	5:04.71	44.23
							400m:	5:45.44	40.73
21.	Devlieghe Febe		MEGA/21411/11		5:40.06	5:48.64	292		
	50m:	38.75	38.75	150m:	2:05.43	43.74	250m:	3:35.10	45.31
	100m:	1:21.69	42.94	200m:	2:49.79	44.36	300m:	4:20.60	45.50
							350m:	5:06.67	46.07
							400m:	5:48.64	41.97
22.	Noppe Pauline		IKZ/21126/12		6:00.25	5:52.96	281		
	50m:	39.04	39.04	150m:	2:09.12	45.10	250m:	3:41.59	45.94
	100m:	1:24.02	44.98	200m:	2:55.65	46.53	300m:	4:28.21	46.62
							350m:	5:14.25	46.04
							400m:	5:52.96	38.71
23.	Casteleyn Yana		ZB/21081/12		5:53.68	5:53.88	279		
	50m:	39.14	39.14	150m:	2:08.27	45.65	250m:	3:39.75	45.47
	100m:	1:22.62	43.48	200m:	2:54.28	46.01	300m:	4:25.34	45.59
							350m:	5:11.06	45.72
							400m:	5:53.88	42.82
24.	Van Ooteghem Kyana		FAST/21095/11		6:14.29	5:54.36	278		
	50m:	38.95	38.95	150m:	2:04.67	44.27	250m:	3:36.81	46.27
	100m:	1:20.40	41.45	200m:	2:50.54	45.87	300m:	4:22.77	45.96
							350m:	5:08.15	45.38
							400m:	5:54.36	46.21
25.	Vanhaecke Juliette		MEGA/21419/12		6:20.06	5:55.58	275		
	50m:	39.45	39.45	150m:	2:09.93	45.50	250m:	3:41.42	45.35
	100m:	1:24.43	44.98	200m:	2:56.07	46.14	300m:	4:28.07	46.65
							350m:	5:13.31	45.24
							400m:	5:55.58	42.27
26.	Descan Hanne		IKZ/21127/12		6:29.89	5:59.28	266		
	50m:	39.67	39.67	150m:	2:12.79	47.13	250m:	3:45.57	46.47
	100m:	1:25.66	45.99	200m:	2:59.10	46.31	300m:	4:31.82	46.25
							350m:	5:17.20	45.38
							400m:	5:59.28	42.08
27.	Vandemaele Ellie		UZKZ/21123/11		6:03.88	6:00.81	263		
	50m:	40.24	40.24	150m:	2:13.02	46.98	250m:	3:46.23	46.37
	100m:	1:26.04	45.80	200m:	2:59.86	46.84	300m:	4:31.82	45.59
							350m:	5:17.71	45.89
							400m:	6:00.81	43.10
28.	Thienpondt Nina		ZTB/21093/12		6:02.32	6:02.91	258		
	50m:	38.39	38.39	150m:	2:10.98	47.34	250m:	3:45.62	46.79
	100m:	1:23.64	45.25	200m:	2:58.83	47.85	300m:	4:32.22	46.60
							350m:	5:18.07	45.85
							400m:	6:02.91	44.84
29.	Delporte Elle		ZB/21080/12		6:00.87	6:04.98	254		
	50m:	40.03	40.03	150m:	2:11.48	46.34	250m:	3:45.04	46.64
	100m:	1:25.14	45.11	200m:	2:58.40	46.92	300m:	4:32.70	47.66
							350m:	5:19.63	46.93
							400m:	6:04.98	45.35
30.	Claeys Elena		TZT/21129/12		6:24.51	6:11.99	240		
	50m:	41.13	41.13	150m:	2:15.25	47.87	250m:	3:50.41	48.03
	100m:	1:27.38	46.25	200m:	3:02.38	47.13	300m:	4:38.28	47.87
							350m:	5:25.17	46.89
							400m:	6:11.99	46.82
31.	Callens Margaux		UZKZ/21118/12		6:28.50	6:16.28	232		
	50m:	43.72	43.72	150m:	3:08.35	1:36.61	250m:	6:16.28	44.71
	100m:	1:31.74	48.02	200m:	5:31.57	2:23.22	300m:		
							350m:		
							400m:	6:16.28	
32.	Huysentruyt Flore-Marie		UZKZ/21126/12		6:42.99	6:23.86	218		
	50m:	43.89	43.89	150m:	2:20.29	49.11	250m:	3:59.14	49.56
	100m:	1:31.18	47.29	200m:	3:09.58	49.29	300m:	4:48.66	49.52
							350m:	5:37.56	48.90
							400m:	6:23.86	46.30
33.	Fouquet Moyha		FAST/21117/12		6:52.83	6:32.22	205		
	50m:	42.06	42.06	150m:	2:18.09	49.09	250m:	3:59.84	51.02
	100m:	1:29.00	46.94	200m:	3:08.82	50.73	300m:	4:50.96	51.12
							350m:	5:42.27	51.31
							400m:	6:32.22	49.95

KZK Laatste Kans 2023
Kortrijk, 26/12/2023

Programmanr. 2, Meisjes, 400m vrije slag

13 - 14 jaar

1.	Caris Marthe			ZTZ/21051/10	4:52.88	4:51.06	501					
	50m:	33.40	33.40	150m:	1:46.53	37.01	250m:	3:01.62	37.57	350m:	4:16.81	37.77
	100m:	1:09.52	36.12	200m:	2:24.05	37.52	300m:	3:39.04	37.42	400m:	4:51.06	34.25
2.	Den Baes Elise			BZK/21327/10	5:09.43	4:59.66	459					
	50m:	34.44	34.44	150m:	1:50.67	38.23	250m:	3:08.35	38.80	350m:	4:23.89	37.10
	100m:	1:12.44	38.00	200m:	2:29.55	38.88	300m:	3:46.79	38.44	400m:	4:59.66	35.77
3.	Dumont Mila			MEGA/21335/09	5:04.83	5:00.37	456					
	50m:	34.07	34.07	150m:	1:47.83	37.31	250m:	3:04.60	38.58	350m:	4:22.35	38.93
	100m:	1:10.52	36.45	200m:	2:26.02	38.19	300m:	3:43.42	38.82	400m:	5:00.37	38.02
4.	Schram Mila			MEGA/21296/10	5:00.95	5:00.74	454					
	50m:	33.65	33.65	150m:	1:49.30	37.64	250m:	3:06.60	38.96	350m:	4:24.25	38.56
	100m:	1:11.66	38.01	200m:	2:27.64	38.34	300m:	3:45.69	39.09	400m:	5:00.74	36.49
5.	Notredame Ine			ZB/21064/09	5:07.58	5:05.21	435					
	50m:	34.08	34.08	150m:	1:51.87	39.35	250m:	3:10.46	39.05	350m:	4:28.48	38.78
	100m:	1:12.52	38.44	200m:	2:31.41	39.54	300m:	3:49.70	39.24	400m:	5:05.21	36.73
6.	Hauspie Nore			ISWIM/21110/10	5:15.06	5:08.45	421					
	50m:	34.67	34.67	150m:	1:51.98	38.71	250m:	3:10.64	39.43	350m:	4:30.31	39.72
	100m:	1:13.27	38.60	200m:	2:31.21	39.23	300m:	3:50.59	39.95	400m:	5:08.45	38.14
7.	Van Herpe Milly			MEGA/21399/10	5:27.69	5:10.14	414					
	50m:	36.18	36.18	150m:	1:53.37	39.26	250m:	3:11.44	39.37	350m:	4:33.55	41.34
	100m:	1:14.11	37.93	200m:	2:32.07	38.70	300m:	3:52.21	40.77	400m:	5:10.14	36.59
8.	Bouttelegier Anaïs			ZB/21071/09	5:20.22	5:13.36	402					
	50m:	35.72	35.72	150m:	1:55.46	40.00	250m:	3:15.45	39.80	350m:	4:34.72	39.25
	100m:	1:15.46	39.74	200m:	2:35.65	40.19	300m:	3:55.47	40.02	400m:	5:13.36	38.64
9.	Beijnsberger Mare			FAST/21119/10	5:49.40	5:19.08	380					
	50m:	32.74	32.74	150m:	1:50.26	39.89	250m:	3:12.58	41.05	350m:	4:34.60	40.21
	100m:	1:10.37	37.63	200m:	2:31.53	41.27	300m:	3:54.39	41.81	400m:	5:19.08	44.48
10.	Baeke Stine			MEGA/21332/09	5:29.78	5:19.74	378					
	50m:	35.59	35.59	150m:	1:54.92	40.44	250m:	3:17.49	41.43	350m:	4:39.31	40.41
	100m:	1:14.48	38.89	200m:	2:36.06	41.14	300m:	3:58.90	41.41	400m:	5:19.74	40.43
11.	Demuyndt Margot			ZB/21073/09	5:26.66	5:20.97	374					
	50m:	36.84	36.84	150m:	1:58.16	41.34	250m:	3:20.79	41.12	350m:	4:41.50	40.42
	100m:	1:16.82	39.98	200m:	2:39.67	41.51	300m:	4:01.08	40.29	400m:	5:20.97	39.47
12.	Sanders Juliette			MEGA/21258/09	5:18.65	5:23.04	367					
	50m:	36.47	36.47	150m:	1:58.14	41.25	250m:	3:20.84	41.29	350m:	4:43.64	41.23
	100m:	1:16.89	40.42	200m:	2:39.55	41.41	300m:	4:02.41	41.57	400m:	5:23.04	39.40
13.	Verhaeghe Marthe			ZTB/21088/10	5:14.10	5:25.11	360					
	50m:	34.39	34.39	150m:	1:55.08	41.05	250m:	3:19.44	42.54	350m:	4:45.21	42.91
	100m:	1:14.03	39.64	200m:	2:36.90	41.82	300m:	4:02.30	42.86	400m:	5:25.11	39.90
14.	Depuydt Hasse			IKZ/21166/09	NT	5:28.71	348					
	50m:	36.43	36.43	150m:	1:58.85	41.83	250m:	3:22.05	41.80	350m:	4:45.92	42.70
	100m:	1:17.02	40.59	200m:	2:40.25	41.40	300m:	4:03.22	41.17	400m:	5:28.71	42.79
15.	Cardon Qietta			FAST/21068/10	5:39.12	5:31.22	340					
	50m:	37.56	37.56	150m:	1:59.53	41.59	250m:	3:25.39	43.21	350m:	4:51.05	42.80
	100m:	1:17.94	40.38	200m:	2:42.18	42.65	300m:	4:08.25	42.86	400m:	5:31.22	40.17
16.	Claeys Amélie			MEGA/21344/10	5:29.53	5:32.61	336					
	50m:	37.43	37.43	150m:	2:01.07	42.37	250m:	3:26.18	42.78	350m:	4:51.68	42.54
	100m:	1:18.70	41.27	200m:	2:43.40	42.33	300m:	4:09.14	42.96	400m:	5:32.61	40.93
17.	Dufoort Alexia			IKZ/21114/10	5:46.33	5:33.63	333					
	50m:	36.72	36.72	150m:	2:00.38	42.16	250m:	3:25.87	42.42	350m:	4:51.73	43.36
	100m:	1:18.22	41.50	200m:	2:43.45	43.07	300m:	4:08.37	42.50	400m:	5:33.63	41.90
18.	Hoeymans Elise			FAST/21093/10	6:03.43	5:39.98	314					
	50m:	36.80	36.80	150m:	2:03.37	44.19	250m:	3:32.33	44.75	350m:	5:00.64	43.85
	100m:	1:19.18	42.38	200m:	2:47.58	44.21	300m:	4:16.79	44.46	400m:	5:39.98	39.34

KZK Laatste Kans 2023
Kortrijk, 26/12/2023

Programmanr. 2, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang			Inscr.				Tijd	Pnt				
19.	Meurisse Kyana		UZKZ/21150/10				5:29.81	5:40.15	314			
	50m:	35.71	35.71	150m:	1:59.95	43.15	250m:	3:27.43	43.99	350m:	4:57.27	45.42
	100m:	1:16.80	41.09	200m:	2:43.44	43.49	300m:	4:11.85	44.42	400m:	5:40.15	42.88
20.	Anseeuw Lieze		MEGA/21343/10				5:55.16	5:46.72	296			
	50m:	38.41	38.41	150m:	2:07.19	44.70	250m:	3:36.37	43.80	350m:	5:04.95	44.82
	100m:	1:22.49	44.08	200m:	2:52.57	45.38	300m:	4:20.13	43.76	400m:	5:46.72	41.77
21.	Bonnier Charlène		FAST/21033/10				6:08.82	5:50.23	288			
	50m:	39.01	39.01	150m:	2:08.55	45.24	250m:	3:38.89	44.94	350m:	5:08.41	43.95
	100m:	1:23.31	44.30	200m:	2:53.95	45.40	300m:	4:24.46	45.57	400m:	5:50.23	41.82
22.	Van Eenoo Rani		TZT/21136/10				6:32.72	6:06.13	252			
	50m:	38.29	38.29	150m:	2:09.80	46.86	250m:	3:44.87	47.34	350m:	5:19.79	47.02
	100m:	1:22.94	44.65	200m:	2:57.53	47.73	300m:	4:32.77	47.90	400m:	6:06.13	46.34
23.	Deprez Julie		ZB/21094/10				NT	6:29.00	210			
	50m:	41.32	41.32	150m:	2:19.14	49.80	250m:	3:59.25	49.97	350m:	5:39.11	49.57
	100m:	1:29.34	48.02	200m:	3:09.28	50.14	300m:	4:49.54	50.29	400m:	6:29.00	49.89
24.	Buysens Esmée		FAST/21126/10				NT	7:18.75	146			
	50m:	44.43	44.43	150m:	2:27.83	53.90	250m:	4:24.56	58.77	350m:	7:18.75	1:56.03
	100m:	1:33.93	49.50	200m:	3:25.79	57.96	300m:	5:22.72	58.16	400m:	7:18.75	