

Majstrovstvá SR Open a juniorov v krátkom bazéne  
Šamorín, 15. - 17.12.2023

disciplína 10  
15.12.2023 - 11:41

ženy, 400m polohové preteky

Open  
Výsledky

Rekord SR sen.	4:37.69	Trníková Nikoleta	PBPO	Kazan (RUS)	02.11.2021
Rekord SR jun.	4:41.28	Trníková Nikoleta	PBPO	Glasgow (GBR)	04.12.2019
Rekord SR 14 ro .	4:54.24	Kup ová Sabína	AQSLE	Schwechat (AUT)	19.11.2017

bodovanie: FINA 2022

por.			Ro .			as	RT	body		
Open										
1.	Trníková Nikoleta		02	Považskobystrický PO		<b>4:41.29</b>	+0,53	780		
	50m:	29.97 29.97	150m:	1:40.44	35.83	250m:	2:54.25	38.30	350m:	4:07.04 33.59
	100m:	1:04.61 34.64	200m:	2:15.95	35.51	300m:	3:33.45	39.20	400m:	4:41.29 34.25
2.	Šprláková-Zmorová Olivia Ana		05	J&T Sport Team		<b>4:42.44</b>		770	+ 1.15	
	50m:	30.25 30.25	150m:	1:40.84	36.27	250m:	2:57.92	41.63	350m:	4:11.28 32.05
	100m:	1:04.57 34.32	200m:	2:16.29	35.45	300m:	3:39.23	41.31	400m:	4:42.44 31.16
3.	Grucha áková Laura		06	PK Martin		<b>4:59.66</b>		645	+ 18.37	
	50m:	30.93 30.93	150m:	1:45.12	38.74	250m:	3:05.48	41.87	350m:	4:24.27 35.93
	100m:	1:06.38 35.45	200m:	2:23.61	38.49	300m:	3:48.34	42.86	400m:	4:59.66 35.39
4.	Lecká Dominika		09	Aquasport Levice		<b>5:08.66</b>	+0,76	590	+ 27.37	
	50m:	31.90 31.90	150m:	1:50.61	41.54	250m:	3:15.15	43.47	350m:	4:35.13 35.87
	100m:	1:09.07 37.17	200m:	2:31.68	41.07	300m:	3:59.26	44.11	400m:	5:08.66 33.53
5.	Martišovi ová Nella		09	Sport Club DS		<b>5:08.87</b>		589	+ 27.58	
	50m:	31.48 31.48	150m:	1:50.60	41.42	250m:	3:14.78	43.88	350m:	4:33.75 35.32
	100m:	1:09.18 37.70	200m:	2:30.90	40.30	300m:	3:58.43	43.65	400m:	5:08.87 35.12
6.	Chromiaková Lea		06	Kúpele Pieš any		<b>5:10.87</b>	+0,57	577	+ 29.58	
	50m:	32.73 32.73	150m:	1:50.12	40.24	250m:	3:14.01	44.50	350m:	4:35.00 35.54
	100m:	1:09.88 37.15	200m:	2:29.51	39.39	300m:	3:59.46	45.45	400m:	5:10.87 35.87
7.	Fašková Viktória		06	Aquasport Levice		<b>5:15.51</b>		552	+ 34.22	
	50m:	33.01 33.01	150m:	1:52.18	40.07	250m:	3:16.45	45.34	350m:	4:40.23 37.88
	100m:	1:12.11 39.10	200m:	2:31.11	38.93	300m:	4:02.35	45.90	400m:	5:15.51 35.28
8.	Barilová Tereza		09	J&T Sport Team		<b>5:19.18</b>		533	+ 37.89	
	50m:	33.59 33.59	150m:	1:54.24	40.90	250m:	3:20.50	45.77	350m:	4:43.29 36.88
	100m:	1:13.34 39.75	200m:	2:34.73	40.49	300m:	4:06.41	45.91	400m:	5:19.18 35.89
9.	Pašková Barbora		09	PK Azeta		<b>5:21.63</b>		521	+ 40.34	
	50m:	33.47 33.47	150m:	1:54.85	41.48	250m:	3:21.08	44.88	350m:	4:46.06 38.25
	100m:	1:13.37 39.90	200m:	2:36.20	41.35	300m:	4:07.81	46.73	400m:	5:21.63 35.57
10.	Tomašková Mária		08	PK ŠG Nitra		<b>5:23.56</b>		512	+ 42.27	
	50m:	33.23 33.23	150m:	1:53.88	40.89	250m:	3:20.51	45.43	350m:	4:46.39 38.75
	100m:	1:12.99 39.76	200m:	2:35.08	41.20	300m:	4:07.64	47.13	400m:	5:23.56 37.17
11.	Gomolová Nela		09	PK Martin		<b>5:28.41</b>		490	+ 47.12	
	50m:	35.26 35.26	150m:	1:58.89	41.50	250m:	3:25.55	46.48	350m:	4:51.42 38.76
	100m:	1:17.39 42.13	200m:	2:39.07	40.18	300m:	4:12.66	47.11	400m:	5:28.41 36.99
12.	Balogá ová Mária		07	PK Humenné		<b>5:28.44</b>		490	+ 47.15	
	50m:	34.27 34.27	150m:	1:57.07	42.66	250m:	3:24.92	46.03	350m:	4:51.57 40.10
	100m:	1:14.41 40.14	200m:	2:38.89	41.82	300m:	4:11.47	46.55	400m:	5:28.44 36.87
13.	Strašíková Natália		07	Matador Púchov		<b>5:29.90</b>		483	+ 48.61	
	50m:	33.65 33.65	150m:	1:57.99	44.62	250m:	3:26.82	45.64	350m:	4:52.86 39.55
	100m:	1:13.37 39.72	200m:	2:41.18	43.19	300m:	4:13.31	46.49	400m:	5:29.90 37.04
14.	Ferková Charlotte		10	ŠKP Košice		<b>5:31.25</b>		477	+ 49.96	
	50m:	35.90 35.90	150m:	2:00.60	42.73	250m:	3:28.50	46.51	350m:	4:55.04 39.18
	100m:	1:17.87 41.97	200m:	2:41.99	41.39	300m:	4:15.86	47.36	400m:	5:31.25 36.21
15.	Jurgová Lucia		09	Matador Púchov		<b>5:37.33</b>		452	+ 56.04	
	50m:	34.95 34.95	150m:	2:03.90	44.84	250m:	3:35.06	47.34	350m:	5:01.10 37.22
	100m:	1:19.06 44.11	200m:	2:47.72	43.82	300m:	4:23.88	48.82	400m:	5:37.33 36.23
16.	Traves Emily		09	Slávia Tren ín		<b>5:39.19</b>		444	+ 57.90	
	50m:	35.75 35.75	150m:	2:02.92	44.33	250m:	3:31.76	45.13	350m:	4:59.73 41.09
	100m:	1:18.59 42.84	200m:	2:46.63	43.71	300m:	4:18.64	46.88	400m:	5:39.19 39.46

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por.		Ro.		as	RT	body	
17.	Labudíková Klára	08	Matador Púchov	<b>5:41.34</b>	+0,61	436	+ 1:00.05
	50m: 35.95 35.95		150m: 2:01.68 43.97	250m: 3:31.14 46.91	350m: 5:01.10 42.47		
	100m: 1:17.71 41.76		200m: 2:44.23 42.55	300m: 4:18.63 47.49	400m: 5:41.34 40.24		
18.	Vasi ková Dominika	09	PK Humenné	<b>5:44.23</b>		425	+ 1:02.94
	50m: 35.09 35.09		150m: 2:04.62 45.20	250m: 3:35.35 46.82	350m: 5:04.21 40.95		
	100m: 1:19.42 44.33		200m: 2:48.53 43.91	300m: 4:23.26 47.91	400m: 5:44.23 40.02		
19.	Urbanová Linda	08	MPK Dolný Kubín	<b>5:46.39</b>		417	+ 1:05.10
	50m: 36.62 36.62		150m: 2:05.98 44.23	250m: 3:36.86 47.30	350m: 5:06.52 41.36		
	100m: 1:21.75 45.13		200m: 2:49.56 43.58	300m: 4:25.16 48.30	400m: 5:46.39 39.87		
20.	Mikulášová Sára	09	Pieš anský PK	<b>5:48.22</b>		411	+ 1:06.93
	50m: 35.90 35.90		150m: 2:02.58 44.72	250m: 3:38.27 51.72	350m: 5:10.36 40.93		
	100m: 1:17.86 41.96		200m: 2:46.55 43.97	300m: 4:29.43 51.16	400m: 5:48.22 37.86		
21.	Bošanská Svetlana	10	PK ORCA Bratislava	<b>5:51.75</b>		398	+ 1:10.46
	50m: 38.52 38.52		150m: 2:08.64 46.09	250m: 3:43.22 50.80	350m: 5:13.87 39.61		
	100m: 1:22.55 44.03		200m: 2:52.42 43.78	300m: 4:34.26 51.04	400m: 5:51.75 37.88		
22.	Kanocová Emma	05	PK Humenné	<b>5:53.15</b>		394	+ 1:11.86
	50m: 34.73 34.73		150m: 2:00.26 44.00	250m: 3:36.34 52.05	350m: 5:11.44 41.72		
	100m: 1:16.26 41.53		200m: 2:44.29 44.03	300m: 4:29.72 53.38	400m: 5:53.15 41.71		
23.	Gorelová Veronika	09	ROYAL plavecký klub	<b>5:53.81</b>		392	+ 1:12.52
	50m: 35.13 35.13		150m: 2:06.25 47.52	250m: 3:41.15 47.57	350m: 5:13.53 43.82		
	100m: 1:18.73 43.60		200m: 2:53.58 47.33	300m: 4:29.71 48.56	400m: 5:53.81 40.28		
24.	Bilená Lenka	07	Pieš anský PK	<b>5:55.69</b>		385	+ 1:14.40
	50m: 37.77 37.77		150m: 2:05.28 43.23	250m: 3:38.46 49.12	350m: 5:13.41 43.75		
	100m: 1:22.05 44.28		200m: 2:49.34 44.06	300m: 4:29.66 51.20	400m: 5:55.69 42.28		
DSQ	Schelingová Lenka	05	AQUATICS Nitra				
	( as: 11:59)						

staršie juniorky

1.	Gruha áková Laura	06	PK Martin	<b>4:59.66</b>		645	
	50m: 30.93 30.93		150m: 1:45.12 38.74	250m: 3:05.48 41.87	350m: 4:24.27 35.93		
	100m: 1:06.38 35.45		200m: 2:23.61 38.49	300m: 3:48.34 42.86	400m: 4:59.66 35.39		
2.	Chromiaková Lea	06	Kúpele Pieš any	<b>5:10.87</b>	+0,57	577	+ 11.21
	50m: 32.73 32.73		150m: 1:50.12 40.24	250m: 3:14.01 44.50	350m: 4:35.00 35.54		
	100m: 1:09.88 37.15		200m: 2:29.51 39.39	300m: 3:59.46 45.45	400m: 5:10.87 35.87		
3.	Fašková Viktória	06	Aquasport Levice	<b>5:15.51</b>		552	+ 15.85
	50m: 33.01 33.01		150m: 1:52.18 40.07	250m: 3:16.45 45.34	350m: 4:40.23 37.88		
	100m: 1:12.11 39.10		200m: 2:31.11 38.93	300m: 4:02.35 45.90	400m: 5:15.51 35.28		
4.	Balogá ová Mária	07	PK Humenné	<b>5:28.44</b>		490	+ 28.78
	50m: 34.27 34.27		150m: 1:57.07 42.66	250m: 3:24.92 46.03	350m: 4:51.57 40.10		
	100m: 1:14.41 40.14		200m: 2:38.89 41.82	300m: 4:11.47 46.55	400m: 5:28.44 36.87		
5.	Strašíková Natália	07	Matador Púchov	<b>5:29.90</b>		483	+ 30.24
	50m: 33.65 33.65		150m: 1:57.99 44.62	250m: 3:26.82 45.64	350m: 4:52.86 39.55		
	100m: 1:13.37 39.72		200m: 2:41.18 43.19	300m: 4:13.31 46.49	400m: 5:29.90 37.04		
6.	Bilená Lenka	07	Pieš anský PK	<b>5:55.69</b>		385	+ 56.03
	50m: 37.77 37.77		150m: 2:05.28 43.23	250m: 3:38.46 49.12	350m: 5:13.41 43.75		
	100m: 1:22.05 44.28		200m: 2:49.34 44.06	300m: 4:29.66 51.20	400m: 5:55.69 42.28		

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mladšie juniorky

1.	Lecká Dominika		09	Aquasport Levice	<b>5:08.66</b>	+0,76	590		
	50m:	31.90	31.90	150m:	1:50.61	41.54	250m:	3:15.15	43.47
	100m:	1:09.07	37.17	200m:	2:31.68	41.07	300m:	3:59.26	44.11
							350m:	4:35.13	35.87
							400m:	5:08.66	33.53
2.	Martišovi ová Nella		09	Sport Club DS	<b>5:08.87</b>		589		+ 0.21
	50m:	31.48	31.48	150m:	1:50.60	41.42	250m:	3:14.78	43.88
	100m:	1:09.18	37.70	200m:	2:30.90	40.30	300m:	3:58.43	43.65
							350m:	4:33.75	35.32
							400m:	5:08.87	35.12
3.	Barilová Tereza		09	J&T Sport Team	<b>5:19.18</b>		533		+ 10.52
	50m:	33.59	33.59	150m:	1:54.24	40.90	250m:	3:20.50	45.77
	100m:	1:13.34	39.75	200m:	2:34.73	40.49	300m:	4:06.41	45.91
							350m:	4:43.29	36.88
							400m:	5:19.18	35.89
4.	Pašková Barbora		09	PK Azeta	<b>5:21.63</b>		521		+ 12.97
	50m:	33.47	33.47	150m:	1:54.85	41.48	250m:	3:21.08	44.88
	100m:	1:13.37	39.90	200m:	2:36.20	41.35	300m:	4:07.81	46.73
							350m:	4:46.06	38.25
							400m:	5:21.63	35.57
5.	Tomašková Mária		08	PK ŠG Nitra	<b>5:23.56</b>		512		+ 14.90
	50m:	33.23	33.23	150m:	1:53.88	40.89	250m:	3:20.51	45.43
	100m:	1:12.99	39.76	200m:	2:35.08	41.20	300m:	4:07.64	47.13
							350m:	4:46.39	38.75
							400m:	5:23.56	37.17
6.	Gomolová Nela		09	PK Martin	<b>5:28.41</b>		490		+ 19.75
	50m:	35.26	35.26	150m:	1:58.89	41.50	250m:	3:25.55	46.48
	100m:	1:17.39	42.13	200m:	2:39.07	40.18	300m:	4:12.66	47.11
							350m:	4:51.42	38.76
							400m:	5:28.41	36.99
7.	Jurgová Lucia		09	Matador Púchov	<b>5:37.33</b>		452		+ 28.67
	50m:	34.95	34.95	150m:	2:03.90	44.84	250m:	3:35.06	47.34
	100m:	1:19.06	44.11	200m:	2:47.72	43.82	300m:	4:23.88	48.82
							350m:	5:01.10	37.22
							400m:	5:37.33	36.23
8.	Traves Emily		09	Slávia Trenín	<b>5:39.19</b>		444		+ 30.53
	50m:	35.75	35.75	150m:	2:02.92	44.33	250m:	3:31.76	45.13
	100m:	1:18.59	42.84	200m:	2:46.63	43.71	300m:	4:18.64	46.88
							350m:	4:59.73	41.09
							400m:	5:39.19	39.46
9.	Labudíková Klára		08	Matador Púchov	<b>5:41.34</b>	+0,61	436		+ 32.68
	50m:	35.95	35.95	150m:	2:01.68	43.97	250m:	3:31.14	46.91
	100m:	1:17.71	41.76	200m:	2:44.23	42.55	300m:	4:18.63	47.49
							350m:	5:01.10	42.47
							400m:	5:41.34	40.24
10.	Vasíková Dominika		09	PK Humenné	<b>5:44.23</b>		425		+ 35.57
	50m:	35.09	35.09	150m:	2:04.62	45.20	250m:	3:35.35	46.82
	100m:	1:19.42	44.33	200m:	2:48.53	43.91	300m:	4:23.26	47.91
							350m:	5:04.21	40.95
							400m:	5:44.23	40.02
11.	Urbanová Linda		08	MPK Dolný Kubín	<b>5:46.39</b>		417		+ 37.73
	50m:	36.62	36.62	150m:	2:05.98	44.23	250m:	3:36.86	47.30
	100m:	1:21.75	45.13	200m:	2:49.56	43.58	300m:	4:25.16	48.30
							350m:	5:06.52	41.36
							400m:	5:46.39	39.87
12.	Mikulášová Sára		09	Piešťanský PK	<b>5:48.22</b>		411		+ 39.56
	50m:	35.90	35.90	150m:	2:02.58	44.72	250m:	3:38.27	51.72
	100m:	1:17.86	41.96	200m:	2:46.55	43.97	300m:	4:29.43	51.16
							350m:	5:10.36	40.93
							400m:	5:48.22	37.86
13.	Gorelová Veronika		09	ROYAL plavecký klub	<b>5:53.81</b>		392		+ 45.15
	50m:	35.13	35.13	150m:	2:06.25	47.52	250m:	3:41.15	47.57
	100m:	1:18.73	43.60	200m:	2:53.58	47.33	300m:	4:29.71	48.56
							350m:	5:13.53	43.82
							400m:	5:53.81	40.28

MS

1.	Mikhalevich Anastasiia		09	Slávia Trenín	<b>5:07.33</b>		598		
	50m:	30.92	30.92	150m:	1:45.79	38.26	250m:	3:09.53	45.77
	100m:	1:07.53	36.61	200m:	2:23.76	37.97	300m:	3:54.30	44.77
							350m:	4:31.32	37.02
							400m:	5:07.33	36.01