

Latvian U16 Championship
Jelgava, 1. - 2.12.2023

Event 23 Girls, 400m Medley 2007 and younger
02.12.2023 - 11:19 Meitenes, 400m komplekss Results

Latvijas rekords 4:47.99 MALUKA Ieva LAT Glasgow (GBR) 04.12.2019
Sacens bu rekords 4:53.90 MALUKA Ieva LAT Valmiera 01.12.2018

SKSM Open: 4:35.53 / SM Open: 5:00.47 / SMK Open: 5:17.98 / I Open: 5:40.44 / II Open: 6:14.70 / III Open: 7:02.62 /
IV Open: 8:31.15

Points: FINA 2023

Vieta	UZV	RDS,	V	rds	Dz.g.	Komanda	Laiks	Punkti	L	menis	RL	KP
1.	STRAZDINA	Emilija	08	Valmieras SS	5:11.57	574 SMK	+0.25	18.00				
	50m:	33.13	33.13	150m:	1:57.05	43.31	250m:	3:21.09	43.01	350m:	4:39.79	35.30
	100m:	1:13.74	40.61	200m:	2:38.08	41.03	300m:	4:04.49	43.40	400m:	5:11.57	31.78
2.	SIRMA	Dzenifera	08	RBJSS Ridzene	5:37.64	451 I	+0.74	16.00				
	50m:	35.52	35.52	150m:	2:03.16	44.46	250m:	3:32.86	46.06	350m:	4:59.38	39.28
	100m:	1:18.70	43.18	200m:	2:46.80	43.64	300m:	4:20.10	47.24	400m:	5:37.64	38.26
3.	MONOKANDILOSE	Darija	10	Kipsalas peldbaseins	5:47.46	413 II	+0.75	15.00				
	50m:	36.30	36.30	150m:	2:03.33	44.78	250m:	3:36.63	50.32	350m:	5:07.41	40.82
	100m:	1:18.55	42.25	200m:	2:46.31	42.98	300m:	4:26.59	49.96	400m:	5:47.46	40.05
DSQ	SAULITE	Sindija	08	RBJSS Ridzene-DSN	5:58.72	II	+0.71	-				
	<i>(Time: 11:21), Par nepareizu apgriezianu bras ar 1 roku</i>											
	50m:	38.00	38.00	150m:	2:09.28	44.49	250m:	3:44.13	50.00	350m:	5:16.38	41.34
	100m:	1:24.79	46.79	200m:	2:54.13	44.85	300m:	4:35.04	50.91	400m:	5:58.72	42.34
DSQ	VIKSNA	Amelija Nikola	07	Valmieras SS	6:13.10	II		-				
	<i>(Time: 11:18), Par nepareizu pagriezianu no muguras uz brasu</i>											
	50m:	42.77	42.77	150m:	2:25.34	50.56	250m:	4:03.39	48.67	350m:	5:34.20	41.78
	100m:	1:34.78	52.01	200m:	3:14.72	49.38	300m:	4:52.42	49.03	400m:	6:13.10	38.90