



TACA VALE DO TEJO

— XXXI EDIÇÃO —

XXXI Taça Vale do Tejo
Abrantes, 20/1/2024

Prova 10 Masc., 400m Livres 13 - 16 anos
20/01/2024 - 15:45 Resultados

Rec Nac 25m Open	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 25m Juv A	3:58.45	PEREIRA Rui Silva	ADRCIMM	Sines	17/12/2023
Rec Nac 25m Juv B	4:01.42	PEREIRA Rui Silva	POR	Tomar	15/01/2023
Rec Nac 25m Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29/03/2014
Rec Nac 25m Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04/04/2003
Rec Taça Vale do Tejo Juv	3:59.75	COSTA Rui Filipe	SANNP	Abrantes	21/04/2007
Rec Taça Vale do Tejo Inf	4:14.55	RUIVO Andre Vilas	SANDL	Abrantes	12/04/2014

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	Pts
Infantis							
1.	PACHECO David Filipe	10	Selecao Distrito Santarem	4:30.54	+0,78	482	14,00
	50m: 30.28 30.28	150m: 1:38.77 34.57	250m: 2:48.06 34.81	350m: 3:57.73 34.83			
	100m: 1:04.20 33.92	200m: 2:13.25 34.48	300m: 3:22.90 34.84	400m: 4:30.54 32.81			
2.	MONTEIRO Afonso Carvalho	10	Selecao do Norte de Portugal	4:30.81	+0,78	481	12,00
	50m: 30.86 30.86	150m: 1:39.58 34.37	250m: 2:48.94 34.24	350m: 3:58.03 34.38			
	100m: 1:05.21 34.35	200m: 2:14.70 35.12	300m: 3:23.65 34.71	400m: 4:30.81 32.78			
3.	MIMOSO Renato Ferreira	10	Selecao de Lisboa	4:35.38	+0,79	457	11,00
	50m: 30.28 30.28	150m: 1:39.86 35.31	250m: 2:50.45 34.85	350m: 4:01.40 35.23			
	100m: 1:04.55 34.27	200m: 2:15.60 35.74	300m: 3:26.17 35.72	400m: 4:35.38 33.98			
4.	MARTINHO Guilherme Bernardo	10	Selecao do Interior Centro	4:45.48	+0,84	410	10,00
	50m: 30.29 30.29	150m: 1:39.92 35.73	250m: 2:53.05 37.18	350m: 4:08.54 37.83			
	100m: 1:04.19 33.90	200m: 2:15.87 35.95	300m: 3:30.71 37.66	400m: 4:45.48 36.94			
5.	PEREIRA Santiago Marques	10	Selecao de Coimbra	4:46.35	+0,77	407	9,00
	50m: 32.45 32.45	150m: 1:44.86 36.77	250m: 2:59.57 37.55	350m: 4:13.03 36.37			
	100m: 1:08.09 35.64	200m: 2:22.02 37.16	300m: 3:36.66 37.09	400m: 4:46.35 33.32			
6.	GASPAR Lucas Ferreira	10	Selecao Distrito Leiria	4:49.88	+0,72	392	8,00
	50m: 31.00 31.00	150m: 1:44.15 37.09	250m: 2:59.53 37.89	350m: 4:15.04 37.59			
	100m: 1:07.06 36.06	200m: 2:21.64 37.49	300m: 3:37.45 37.92	400m: 4:49.88 34.84			
7.	ASSUNCAO Rafael Moreira	10	Selecao Centro Norte Portugal	4:50.21	+0,76	391	7,00
	50m: 31.30 31.30	150m: 1:43.60 36.66	250m: 2:58.63 37.97	350m: 4:15.22 38.22			
	100m: 1:06.94 35.64	200m: 2:20.66 37.06	300m: 3:37.00 38.37	400m: 4:50.21 34.99			
8.	LETRA Francisco Freitas	10	Selecao da Madeira	4:52.23	+0,62	383	6,00
	50m: 31.73 31.73	150m: 1:44.59 37.00	250m: 3:00.22 37.75	350m: 4:15.99 37.65			
	100m: 1:07.59 35.86	200m: 2:22.47 37.88	300m: 3:38.34 38.12	400m: 4:52.23 36.24			
9.	MARQUES Rodrigo Almeida	10	Selecao do Minho	4:55.39	+0,78	370	5,00
	50m: 32.74 32.74	150m: 1:46.39 37.48	250m: 3:02.59 38.20	350m: 4:18.79 38.25			
	100m: 1:08.91 36.17	200m: 2:24.39 38.00	300m: 3:40.54 37.95	400m: 4:55.39 36.60			
10.	RETRE Goncalo Alexandre	10	Selecao do Algarve	4:55.92	+0,93	368	4,00
	50m: 32.42 32.42	150m: 1:45.82 37.44	250m: 3:02.20 38.50	350m: 4:19.36 38.41			
	100m: 1:08.38 35.96	200m: 2:23.70 37.88	300m: 3:40.95 38.75	400m: 4:55.92 36.56			
11.	FERREIRA Afonso Rodrigues	10	Selecao do Alentejo	4:57.17	+0,84	364	3,00
	50m: 32.79 32.79	150m: 1:45.72 37.11	250m: 3:02.53 38.64	350m: 4:20.92 38.73			
	100m: 1:08.61 35.82	200m: 2:23.89 38.17	300m: 3:42.19 39.66	400m: 4:57.17 36.25			
12.	MENESES Miguel Rocha	10	Selecao dos Acores	5:17.09	+0,89	299	2,00
	50m: 34.69 34.69	150m: 1:54.24 40.13	250m: 3:15.93 41.18	350m: 4:38.57 41.51			
	100m: 1:14.11 39.42	200m: 2:34.75 40.51	300m: 3:57.06 41.13	400m: 5:17.09 38.52			

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Prova 10, Masc., 400m Livres, Infantis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	Pts
13.	PEREIRA Martim Barros	11	Seleccao do Nordeste	6:09.02	+0,95	190	1,00
	50m: 38.74 38.74	150m: 2:11.96 47.29	250m: 3:46.31 47.72	350m: 5:20.87 46.23			
	100m: 1:24.67 45.93	200m: 2:58.59 46.63	300m: 4:34.64 48.33	400m: 6:09.02 48.15			

Juvenis

1.	PEREIRA Rui Silva	08	Seleccao de Lisboa	4:02.78	+0,86	668	14,00
	50m: 27.65 27.65	150m: 1:28.99 31.19	250m: 2:30.82 30.79	350m: 3:32.99 31.13			
	100m: 57.80 30.15	200m: 2:00.03 31.04	300m: 3:01.86 31.04	400m: 4:02.78 29.79			
2.	MEDEIROS Miguel Fragoso	08	Seleccao do Norte de Portugal	4:03.00	+0,73	666	12,00
	50m: 28.15 28.15	150m: 1:29.32 30.78	250m: 2:31.54 31.16	350m: 3:33.96 31.32			
	100m: 58.54 30.39	200m: 2:00.38 31.06	300m: 3:02.64 31.10	400m: 4:03.00 29.04			
3.	KOT Paulo	09	Seleccao Distrito Leiria	4:16.35	+0,64	567	11,00
	50m: 28.42 28.42	150m: 1:32.37 32.52	250m: 2:37.95 33.11	350m: 3:44.69 33.25			
	100m: 59.85 31.43	200m: 2:04.84 32.47	300m: 3:11.44 33.49	400m: 4:16.35 31.66			
4.	RODRIGUES Rafael Pereira	08	Seleccao de Coimbra	4:17.24	+0,84	561	10,00
	50m: 29.86 29.86	150m: 1:34.65 32.77	250m: 2:40.00 32.58	350m: 3:45.50 32.75			
	100m: 1:01.88 32.02	200m: 2:07.42 32.77	300m: 3:12.75 32.75	400m: 4:17.24 31.74			
5.	SANTOS Rodrigo Canedo	08	Seleccao dos Acores	4:22.46	+0,75	528	9,00
	50m: 29.46 29.46	150m: 1:33.97 32.71	250m: 2:40.45 33.24	350m: 3:48.63 34.01			
	100m: 1:01.26 31.80	200m: 2:07.21 33.24	300m: 3:14.62 34.17	400m: 4:22.46 33.83			
6.	OLIVEIRA Paulo Jorge	08	Seleccao Centro Norte Portugal	4:24.07	+0,71	519	8,00
	50m: 28.98 28.98	150m: 1:34.05 33.03	250m: 2:41.02 33.56	350m: 3:49.69 34.59			
	100m: 1:01.02 32.04	200m: 2:07.46 33.41	300m: 3:15.10 34.08	400m: 4:24.07 34.38			
7.	CASTRO Marco Antonio	08	Seleccao da Madeira	4:26.06	+0,73	507	7,00
	50m: 29.71 29.71	150m: 1:36.53 33.53	250m: 2:44.66 34.45	350m: 3:53.09 34.28			
	100m: 1:03.00 33.29	200m: 2:10.21 33.68	300m: 3:18.81 34.15	400m: 4:26.06 32.97			
8.	FEDOROV Andriy	08	Seleccao do Algarve	4:27.71	+0,74	498	6,00
	50m: 30.04 30.04	150m: 1:36.03 33.67	250m: 2:44.43 34.41	350m: 3:54.14 34.82			
	100m: 1:02.36 32.32	200m: 2:10.02 33.99	300m: 3:19.32 34.89	400m: 4:27.71 33.57			
9.	MONTEIRO Joao Pedro	08	Seleccao Distrito Santarem	4:27.78	+0,82	497	5,00
	50m: 29.87 29.87	150m: 1:37.38 34.12	250m: 2:46.68 34.94	350m: 3:55.18 33.94			
	100m: 1:03.26 33.39	200m: 2:11.74 34.36	300m: 3:21.24 34.56	400m: 4:27.78 32.60			
10.	BARROS Raul Ventura	09	Seleccao do Minho	4:32.52	+0,80	472	4,00
	50m: 30.69 30.69	150m: 1:38.38 34.27	250m: 2:48.26 35.10	350m: 3:58.06 34.73			
	100m: 1:04.11 33.42	200m: 2:13.16 34.78	300m: 3:23.33 35.07	400m: 4:32.52 34.46			
11.	SILVA Romulo Artur	08	Seleccao do Interior Centro	4:44.74	+0,72	414	3,00
	50m: 31.36 31.36	150m: 1:40.77 35.38	250m: 2:54.56 37.44	350m: 4:09.49 37.09			
	100m: 1:05.39 34.03	200m: 2:17.12 36.35	300m: 3:32.40 37.84	400m: 4:44.74 35.25			
12.	ENCARNACAO Miguel Afonso	08	Seleccao do Nordeste	4:47.09	+0,81	404	2,00
	50m: 31.44 31.44	150m: 1:43.41 36.33	250m: 2:56.14 36.39	350m: 4:10.14 37.23			
	100m: 1:07.08 35.64	200m: 2:19.75 36.34	300m: 3:32.91 36.77	400m: 4:47.09 36.95			
13.	MARQUES Guilherme Oliveira	08	Seleccao do Alentejo	5:18.07	+0,93	297	1,00
	50m: 32.79 32.79	150m: 1:48.98 38.49	250m: 3:09.77 40.98	350m: 4:29.52 39.66			
	100m: 1:10.49 37.70	200m: 2:28.79 39.81	300m: 3:49.86 40.09	400m: 5:18.07 48.55			



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Prova 10, Masc., 400m Livres

EXH	GARCIA Afonso Gago	08	Seleccao de Lisboa	4:18.38	+0,74	554	-
	50m: 28.18 28.18	150m: 1:31.93 32.39	250m: 2:37.84 33.09	350m: 3:45.33 33.72			
	100m: 59.54 31.36	200m: 2:04.75 32.82	300m: 3:11.61 33.77	400m: 4:18.38 33.05			
EXH	SILVA Leonardo Gomes	08	Seleccao Distrito Santarem	4:44.70	+0,70	414	-
	50m: 30.07 30.07	150m: 1:41.49 36.74	250m: 2:55.23 37.20	350m: 4:08.51 36.78			
	100m: 1:04.75 34.68	200m: 2:18.03 36.54	300m: 3:31.73 36.50	400m: 4:44.70 36.19			
EXH	MENDES Duarte Moura	11	Seleccao Distrito Santarem	5:37.41	+0,81	248	-
	50m: 36.58 36.58	150m: 2:02.93 43.77	250m: 3:29.78 43.18	350m: 4:57.23 43.25			
	100m: 1:19.16 42.58	200m: 2:46.60 43.67	300m: 4:13.98 44.20	400m: 5:37.41 40.18			