



limmatsharkszürich

42. Internationaler Hallenjugendtag  
Zürich, 20. - 21.1.2024

Wettkampf 13

20.01.2024 - 17:05

Mädchen, 400m Freistil

11 - 15 Jahre

Rangliste

Punkte: FINA 2023

Rang			Jg.							Zeit	Pkt.
J1 (2009-2010)											
1.	MANI, Nina		09	SK Bern						<b>4:40.90</b>	596
	50m:	32.69 32.69	150m:	1:44.99	36.20	250m:	2:56.39	36.14	350m:	4:07.58	35.36
	100m:	1:08.79 36.10	200m:	2:20.25	35.26	300m:	3:32.22	35.83	400m:	4:40.90	33.32
2.	KÄSLIN, Annika Lara		09	Limmat Sharks						<b>4:50.01</b>	541
	50m:	33.68 33.68	150m:	1:47.20	37.10	250m:	3:00.43	36.50	350m:	4:14.43	37.04
	100m:	1:10.10 36.42	200m:	2:23.93	36.73	300m:	3:37.39	36.96	400m:	4:50.01	35.58
3.	BERIE, Aline		09	SC Schaffhausen						<b>4:50.99</b>	536
	50m:	33.71 33.71	150m:	1:47.87	37.37	250m:	3:02.46	37.36	350m:	4:17.55	37.35
	100m:	1:10.50 36.79	200m:	2:25.10	37.23	300m:	3:40.20	37.74	400m:	4:50.99	33.44
4.	AKA, Meret		09	Limmat Sharks						<b>4:53.92</b>	520
	50m:	34.51 34.51	150m:	1:50.46	38.10	250m:	3:05.89	37.58	350m:	4:19.18	35.99
	100m:	1:12.36 37.85	200m:	2:28.31	37.85	300m:	3:43.19	37.30	400m:	4:53.92	34.74
5.	ZURBRIGGEN, Mia		09	SK Bern						<b>4:54.11</b>	519
	50m:	33.59 33.59	150m:	1:48.33	37.31	250m:	3:03.56	37.48	350m:	4:18.65	36.85
	100m:	1:11.02 37.43	200m:	2:26.08	37.75	300m:	3:41.80	38.24	400m:	4:54.11	35.46
6.	BENELLI, Lou Anna		10	SK Bern						<b>4:56.26</b>	508
	50m:	33.57 33.57	150m:	1:48.58	37.90	250m:	3:04.69	37.89	350m:	4:20.31	37.70
	100m:	1:10.68 37.11	200m:	2:26.80	38.22	300m:	3:42.61	37.92	400m:	4:56.26	35.95
7.	ROTH, Nadja		09	SC Kreuzlingen						<b>5:01.40</b>	482
	50m:	34.75 34.75	150m:	1:51.68	38.31	250m:	3:08.81	38.28	350m:	4:25.45	37.47
	100m:	1:13.37 38.62	200m:	2:30.53	38.85	300m:	3:47.98	39.17	400m:	5:01.40	35.95
8.	FRISK, Christina		10	SV St.Gallen-Wittenbach						<b>5:01.55</b>	481
	50m:	32.99 32.99	150m:	1:48.49	38.39	250m:	3:06.03	38.75	350m:	4:24.77	39.06
	100m:	1:10.10 37.11	200m:	2:27.28	38.79	300m:	3:45.71	39.68	400m:	5:01.55	36.78
9.	NIEMEYER, Lia		09	SC Uster						<b>5:01.80</b>	480
	50m:	34.82 34.82	150m:	1:52.63	39.13	250m:	3:10.19	38.03	350m:	4:26.49	37.21
	100m:	1:13.50 38.68	200m:	2:32.16	39.53	300m:	3:49.28	39.09	400m:	5:01.80	35.31
10.	POLLINI, Jana		09	SV Baar						<b>5:04.55</b>	467
	50m:	33.86 33.86	150m:	1:50.45	38.59	250m:	3:08.82	39.13	350m:	4:26.77	38.28
	100m:	1:11.86 38.00	200m:	2:29.69	39.24	300m:	3:48.49	39.67	400m:	5:04.55	37.78
11.	BILLETER, Leonie		09	SV St.Gallen-Wittenbach						<b>5:05.19</b>	464
	50m:	34.73 34.73	150m:	1:51.38	38.32	250m:	3:09.59	39.28	350m:	4:28.31	39.24
	100m:	1:13.06 38.33	200m:	2:30.31	38.93	300m:	3:49.07	39.48	400m:	5:05.19	36.88
12.	BARNEZET, Louise		09	Limmat Sharks						<b>5:05.97</b>	461
	50m:	35.04 35.04	150m:	1:51.61	38.48	250m:	3:09.16	38.73	350m:	4:26.84	38.51
	100m:	1:13.13 38.09	200m:	2:30.43	38.82	300m:	3:48.33	39.17	400m:	5:05.97	39.13
13.	TALLETT, Dakota		10	SC Meilen						<b>5:06.83</b>	457
	50m:	33.76 33.76	150m:	1:51.31	39.09	250m:	3:11.30	39.69	350m:	4:30.53	38.67
	100m:	1:12.22 38.46	200m:	2:31.61	40.30	300m:	3:51.86	40.56	400m:	5:06.83	36.30
14.	RAUSCH, Lara		09	SV Wädenswil						<b>5:07.55</b>	454
	50m:	35.53 35.53	150m:	1:52.54	38.55	250m:	3:11.17	39.47	350m:	4:30.30	39.64
	100m:	1:13.99 38.46	200m:	2:31.70	39.16	300m:	3:50.66	39.49	400m:	5:07.55	37.25
15.	CURTY, Emma		10	SK Bern						<b>5:11.12</b>	438
	50m:	35.00 35.00	150m:	1:54.75	40.41	250m:	3:16.08	40.54	350m:	4:35.33	38.82
	100m:	1:14.34 39.34	200m:	2:35.54	40.79	300m:	3:56.51	40.43	400m:	5:11.12	35.79



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Wettkampf 13, Mädchen, 400m Freistil, J1 (2009-2010)

Rang			Jg.					Zeit	Pkt.
16.	KALOUSKOVA, Lucie		10	SC Winterthur				<b>5:13.65</b>	428
	50m:	35.21 35.21	150m:	1:54.83	40.23	250m:	3:15.71 40.35	350m:	4:35.90 39.66
	100m:	1:14.60 39.39	200m:	2:35.36	40.53	300m:	3:56.24 40.53	400m:	5:13.65 37.75
17.	KRULL, Klara		10	SC Herisau				<b>5:16.87</b>	415
	50m:	35.78 35.78	150m:	1:57.28	41.05	250m:	3:18.29	350m:	4:38.29 39.31
	100m:	1:16.23 40.45	200m:			300m:	3:58.98 40.69	400m:	5:16.87 38.58
18.	BANKA, Linea		09	SC Schaffhausen				<b>5:23.74</b>	389
	50m:	36.83 36.83	150m:	1:59.57	41.71	250m:	3:22.73 41.70	350m:	4:44.60 40.94
	100m:	1:17.86 41.03	200m:	2:41.03	41.46	300m:	4:03.66 40.93	400m:	5:23.74 39.14
19.	HODZIC, Dalila		10	SC Flös				<b>5:29.17</b>	370
	50m:	37.59 37.59	150m:	2:02.42	42.86	250m:	3:27.31 42.28	350m:	4:51.07 41.97
	100m:	1:19.56 41.97	200m:	2:45.03	42.61	300m:	4:09.10 41.79	400m:	5:29.17 38.10
20.	FERLUDINA, Olha		10	Limmat Sharks				<b>5:29.62</b>	368
	50m:	36.74 36.74	150m:	1:58.25	41.33	250m:	3:22.27 42.14	350m:	4:47.77 42.91
	100m:	1:16.92 40.18	200m:	2:40.13	41.88	300m:	4:04.86 42.59	400m:	5:29.62 41.85
21.	MÄDER, Laura		09	SC Uster				<b>5:29.76</b>	368
	50m:	35.65 35.65	150m:	1:58.16	40.75	250m:	3:22.82 42.28	350m:	4:48.90 42.59
	100m:	1:17.41 41.76	200m:	2:40.54	42.38	300m:	4:06.31 43.49	400m:	5:29.76 40.86

J2 (2011-2012)

1.	HIRSCH, Frida		11	SC Kreuzlingen				<b>4:58.19</b>	498
	50m:	33.89 33.89	150m:	1:51.17	38.77	250m:	3:07.40 37.89	350m:	4:23.46 37.61
	100m:	1:12.40 38.51	200m:	2:29.51	38.34	300m:	3:45.85 38.45	400m:	4:58.19 34.73
2.	SPAGNOL, Lucia		11	Limmat Sharks				<b>5:11.03</b>	439
	50m:	35.82 35.82	150m:	1:56.37	41.18	250m:	3:17.28 39.54	350m:	4:34.64 39.38
	100m:	1:15.19 39.37	200m:	2:37.74	41.37	300m:	3:55.26 37.98	400m:	5:11.03 36.39
3.	LIM, Kezia		12	SC Romanshorn				<b>5:11.36</b>	437
	50m:	34.71 34.71	150m:	1:54.72	40.71	250m:	3:15.91 40.91	350m:	4:34.70 38.81
	100m:	1:14.01 39.30	200m:	2:35.00	40.28	300m:	3:55.89 39.98	400m:	5:11.36 36.66
4.	BAUMGARTNER, Vida		11	SV St.Gallen-Wittenbach				<b>5:14.66</b>	424
	50m:	34.83 34.83	150m:	1:54.53	40.41	250m:	3:16.42 41.29	350m:	4:36.47 39.75
	100m:	1:14.12 39.29	200m:	2:35.13	40.60	300m:	3:56.72 40.30	400m:	5:14.66 38.19
5.	CASSIDY, Elaine		11	SV St.Gallen-Wittenbach				<b>5:19.99</b>	403
	50m:	36.47 36.47	150m:	1:57.45	40.76	250m:	3:20.39 41.85	350m:	4:41.73 40.41
	100m:	1:16.69 40.22	200m:	2:38.54	41.09	300m:	4:01.32 40.93	400m:	5:19.99 38.26
6.	WALDBURGER, Myla		11	SV St.Gallen-Wittenbach				<b>5:21.95</b>	395
	50m:	36.74 36.74	150m:	1:58.27	41.53	250m:	3:20.51 41.13	350m:	4:43.37 40.74
	100m:	1:16.74 40.00	200m:	2:39.38	41.11	300m:	4:02.63 42.12	400m:	5:21.95 38.58
7.	WEBER, Therese		12	SC Meilen				<b>5:23.88</b>	388
	50m:	35.52 35.52	150m:	1:58.29	41.61	250m:	3:23.11 42.18	350m:	4:45.56 40.11
	100m:	1:16.68 41.16	200m:	2:40.93	42.64	300m:	4:05.45 42.34	400m:	5:23.88 38.32
8.	HARDEGGER, Moana Finja		11	SC Flös				<b>5:24.83</b>	385
	50m:	36.38 36.38	150m:	1:58.52	41.68	250m:	3:23.19 42.11	350m:	4:48.20 42.39
	100m:	1:16.84 40.46	200m:	2:41.08	42.56	300m:	4:05.81 42.62	400m:	5:24.83 36.63
9.	RAMEL, Anne		11	SK Bern				<b>5:27.22</b>	377
	50m:	38.00 38.00	150m:	2:03.63	43.12	250m:	3:27.26 41.54	350m:	4:48.87 39.80
	100m:	1:20.51 42.51	200m:	2:45.72	42.09	300m:	4:09.07 41.81	400m:	5:27.22 38.35
10.	GÜLEC, Aylin		11	SC Herisau				<b>5:28.63</b>	372
	50m:	36.54 36.54	150m:	2:02.93	43.94	250m:	3:29.18 42.27	350m:	4:51.74 40.51
	100m:	1:18.99 42.45	200m:	2:46.91	43.98	300m:	4:11.23 42.05	400m:	5:28.63 36.89



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Wettkampf 13, Mädchen, 400m Freistil, J2 (2011-2012)

Rang									Jg.									Zeit	Pkt.
11.	DÜRLER, Selina								11	Limmat Sharks								<b>5:32.83</b>	358
	50m:	37.62	37.62	150m:	2:02.80	42.44	250m:	3:28.64	42.74	350m:	4:52.24	40.60							
	100m:	1:20.36	42.74	200m:	2:45.90	43.10	300m:	4:11.64	43.00	400m:	5:32.83	40.59							
12.	FRÖHLICH, Tamara								12	SC Kreuzlingen								<b>5:49.05</b>	310
	50m:	38.43	38.43	150m:	2:06.32	44.75	250m:	3:35.48	44.97	350m:	5:06.12	45.25							
	100m:	1:21.57	43.14	200m:	2:50.51	44.19	300m:	4:20.87	45.39	400m:	5:49.05	42.93							
13.	BECK, Moena								12	Limmat Sharks								<b>5:53.80</b>	298
	50m:	38.26	38.26	150m:	2:07.44	45.49	250m:	3:39.73	46.34	350m:	5:11.15	44.95							
	100m:	1:21.95	43.69	200m:	2:53.39	45.95	300m:	4:26.20	46.47	400m:	5:53.80	42.65							

J3 (2013)

1.	DEHM, Sophie-Charlotte								13	Limmat Sharks								<b>5:42.94</b>	327
	50m:	39.23	39.23	150m:	2:05.86	43.73	250m:	3:34.98	45.10	350m:	5:02.34	44.10							
	100m:	1:22.13	42.90	200m:	2:49.88	44.02	300m:	4:18.24	43.26	400m:	5:42.94	40.60							
2.	SCHENKER, Jael								13	SV St.Gallen-Wittenbach								<b>5:57.51</b>	289
	50m:	39.88	39.88	150m:	2:11.07	46.04	250m:	3:42.77	45.30	350m:	5:15.05	45.26							
	100m:	1:25.03	45.15	200m:	2:57.47	46.40	300m:	4:29.79	47.02	400m:	5:57.51	42.46							