

lange afstand - longues distances
Nieuwpoort, 21/1/2024

Programmanr. 1
21/1/24 - 10:00

400m vrije slag

dolfijntjes
Resultaten

| Rang | Geb. | | Tijd | | insch. tijd | | | | | |
|---------------------------|---------------|---------|-----------------|---------|---------------|---------|----------------|---------|--|--|
| dolfijnen, Meisjes | | | | | | | | | | |
| 1. | 14 ZIB | | 6:46.61 | | 7:37.11 | | | | | |
| | 50m: 46.97 | 46.97 | 150m: 2:32.21 | 52.88 | 250m: 4:18.04 | 52.78 | 350m: 5:59.56 | 49.87 | | |
| | 100m: 1:39.33 | 52.36 | 200m: 3:25.26 | 53.05 | 300m: 5:09.69 | 51.65 | 400m: 6:46.61 | 47.05 | | |
| 2. | 14 VZN | | 7:30.42 | | NT | | | | | |
| | 50m: 45.59 | 45.59 | 150m: 2:37.23 | 56.60 | 250m: 4:34.56 | 59.57 | 350m: 6:33.73 | 58.17 | | |
| | 100m: 1:40.63 | 55.04 | 200m: 3:34.99 | 57.76 | 300m: 5:35.56 | 1:01.00 | 400m: 7:30.42 | 56.69 | | |
| 3. | 15 BZV | | 7:33.73 | | NT | | | | | |
| | 50m: 52.12 | 52.12 | 150m: 2:43.05 | 56.34 | 250m: 4:39.46 | 58.35 | 350m: 6:38.36 | 58.97 | | |
| | 100m: 1:46.71 | 54.59 | 200m: 3:41.11 | 58.06 | 300m: 5:39.39 | 59.93 | 400m: 7:33.73 | 55.37 | | |
| 4. | 14 VZO | | 7:40.02 | | 8:23.47 | | | | | |
| | 50m: 48.79 | 48.79 | 150m: 2:46.56 | 59.62 | 250m: 4:45.48 | 58.88 | 350m: 6:47.56 | 59.25 | | |
| | 100m: 1:46.94 | 58.15 | 200m: 3:46.60 | 1:00.04 | 300m: 5:48.31 | 1:02.83 | 400m: 7:40.02 | 52.46 | | |
| 5. | 14 VZO | | 8:16.25 | | NT | | | | | |
| | 50m: 50.82 | 50.82 | 150m: 2:54.74 | 1:03.11 | 250m: 5:02.49 | 1:06.09 | 350m: 7:11.48 | 1:05.49 | | |
| | 100m: 1:51.63 | 1:00.81 | 200m: 3:56.40 | 1:01.66 | 300m: 6:05.99 | 1:03.50 | 400m: 8:16.25 | 1:04.77 | | |
| 6. | 15 VZO | | 8:27.55 | | NT | | | | | |
| | 50m: 57.24 | 57.24 | 150m: 3:05.40 | 1:05.46 | 250m: 5:16.99 | 1:06.24 | 350m: 7:28.17 | 1:06.31 | | |
| | 100m: 1:59.94 | 1:02.70 | 200m: 4:10.75 | 1:05.35 | 300m: 6:21.86 | 1:04.87 | 400m: 8:27.55 | 59.38 | | |
| 7. | 14 COK | | 8:59.98 | | NT | | | | | |
| | 50m: 55.08 | 55.08 | 150m: 3:06.56 | 1:07.24 | 250m: 5:29.19 | 1:11.56 | 350m: 7:52.73 | 1:11.47 | | |
| | 100m: 1:59.32 | 1:04.24 | 200m: 4:17.63 | 1:11.07 | 300m: 6:41.26 | 1:12.07 | 400m: 8:59.98 | 1:07.25 | | |
| 8. | 15 COK | | 9:06.47 | | NT | | | | | |
| | 50m: 54.68 | 54.68 | 150m: 3:16.34 | 1:10.65 | 250m: 5:40.40 | 1:14.06 | 350m: 8:00.59 | 1:06.80 | | |
| | 100m: 2:05.69 | 1:11.01 | 200m: 4:26.34 | 1:10.00 | 300m: 6:53.79 | 1:13.39 | 400m: 9:06.47 | 1:05.88 | | |
| 9. | 15 VZG | | 9:25.81 | | NT | | | | | |
| | 50m: 59.53 | 59.53 | 150m: 3:24.86 | 1:13.95 | 250m: 5:51.30 | 1:12.72 | 350m: 8:19.41 | 1:16.28 | | |
| | 100m: 2:10.91 | 1:11.38 | 200m: 4:38.58 | 1:13.72 | 300m: 7:03.13 | 1:11.83 | 400m: 9:25.81 | 1:06.40 | | |
| 10. | 14 COK | | 9:58.80 | | NT | | | | | |
| | 50m: 1:00.81 | 1:00.81 | 150m: 3:34.46 | 1:16.80 | 250m: 6:14.28 | 1:20.96 | 350m: 8:47.38 | 1:14.88 | | |
| | 100m: 2:17.66 | 1:16.85 | 200m: 4:53.32 | 1:18.86 | 300m: 7:32.50 | 1:18.22 | 400m: 9:58.80 | 1:11.42 | | |
| 11. | 15 BZV | | 11:17.80 | | NT | | | | | |
| | 50m: 1:11.80 | 1:11.80 | 150m: 4:03.67 | 1:27.21 | 250m: 7:00.49 | 1:27.05 | 350m: 9:54.18 | 1:26.37 | | |
| | 100m: 2:36.46 | 1:24.66 | 200m: 5:33.44 | 1:29.77 | 300m: 8:27.81 | 1:27.32 | 400m: 11:17.80 | 1:23.62 | | |
| dolfijnen, Jongens | | | | | | | | | | |
| 1. | 15 BZV | | 8:11.85 | | NT | | | | | |
| | 50m: 53.12 | 53.12 | 150m: 2:57.92 | 1:03.57 | 250m: 5:06.03 | 1:03.96 | 350m: 7:11.67 | 1:02.73 | | |
| | 100m: 1:54.35 | 1:01.23 | 200m: 4:02.07 | 1:04.15 | 300m: 6:08.94 | 1:02.91 | 400m: 8:11.85 | 1:00.18 | | |
| 2. | 14 BZV | | 8:17.84 | | NT | | | | | |
| | 50m: 56.35 | 56.35 | 150m: 3:01.03 | 1:02.52 | 250m: 5:10.82 | 1:05.09 | 350m: 7:19.88 | 1:04.62 | | |
| | 100m: 1:58.51 | 1:02.16 | 200m: 4:05.73 | 1:04.70 | 300m: 6:15.26 | 1:04.44 | 400m: 8:17.84 | 57.96 | | |
| 3. | 14 VZG | | 9:46.03 | | NT | | | | | |
| | 50m: 58.26 | 58.26 | 150m: 3:26.13 | 1:16.41 | 250m: 6:01.21 | 1:18.46 | 350m: 8:37.24 | 1:17.53 | | |
| | 100m: 2:09.72 | 1:11.46 | 200m: 4:42.75 | 1:16.62 | 300m: 7:19.71 | 1:18.50 | 400m: 9:46.03 | 1:08.79 | | |