

ANARA  
ASSOCIAÇÃO DE NATACÃO DO ALLENTEJOSINES  
MUNICÍPIOTorneio Zonal de Juvenis (Zona Sul)  
Sines, 15 - 17/12/2023

## Prova 2

## Masc., 800m Livres

## Juvenis

15/12/2023 - 16:35

Resultados

Rec Nac 25m Open	7:42.14	Jose Paulo LOPES	SCB	Felgueiras	20/12/2019
Rec Nac 25m Juv A	8:09.43	Rui Filipe COSTA	VSC	Senhora da Hora	12/05/2007
Rec Nac 25m Juv B	8:25.99	Rui Silva PEREIRA	POR	Tomar	14/01/2023

TAC Juvenil A Masc Juv A 50m: 9:56.77 - 25m: 9:37.54 / TAC Juvenil B Masc Juv B 50m: 10:07.62 - 25m: 9:50.71

Pontos: FINA 2023

Lugar	Nome	Idade	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
-------	------	-------	------	-------	-------------	-------	----------	-----

## Juvenil B

1.	Paulo KOT	15	144468	Nautico Marinha Grande	<b>8:46.06</b>		598	
	100m: 1:00.15	1:00.15	300m: 3:10.40	1:05.99	500m: 5:24.00	1:07.02	700m: 7:39.85	1:08.17
	200m: 2:04.41	1:04.26	400m: 4:16.98	1:06.58	600m: 6:31.68	1:07.68	800m: 8:46.06	1:06.21
2.	Martim Chambel PINTO	15	208969	Colegio Monte Maior	<b>8:57.28</b>		562	
	100m: 1:02.96	1:02.96	300m: 3:18.94	1:08.40	500m: 5:34.80	1:07.99	700m: 7:50.87	1:07.85
	200m: 2:10.54	1:07.58	400m: 4:26.81	1:07.87	600m: 6:43.02	1:08.22	800m: 8:57.28	1:06.41
3.	Rafael Lin MONIZ	15	210337	Naval Setubalense	<b>9:14.87</b>		510	
	100m: 1:03.89	1:03.89	300m: 3:21.94	1:10.07	500m: 5:42.45	1:10.16	700m: 8:05.19	1:11.87
	200m: 2:11.87	1:07.98	400m: 4:32.29	1:10.35	600m: 6:53.32	1:10.87	800m: 9:14.87	1:09.68
4.	Vasco Alexandre MARTINS	15	209406	Colegio Monte Maior	<b>9:20.26</b>		495	
	100m: 1:06.69	1:06.69	300m: 3:27.23	1:09.53	500m: 5:47.35	1:10.45	700m: 8:09.60	1:11.17
	200m: 2:17.70	1:11.01	400m: 4:36.90	1:09.67	600m: 6:58.43	1:11.08	800m: 9:20.26	1:10.66
5.	Afonso Maria BENTO	15	211118	Albicastrense	<b>9:27.64</b>		476	
	100m: 1:05.21	1:05.21	300m: 3:27.22	1:11.79	500m: 5:53.02	1:13.41	700m: 8:18.14	1:12.37
	200m: 2:15.43	1:10.22	400m: 4:39.61	1:12.39	600m: 7:05.77	1:12.75	800m: 9:27.64	1:09.50
6.	Miguel Bera FONSECA	15	214925	Benfica	<b>9:30.91</b>		468	
	100m: 1:06.63	1:06.63	300m: 3:28.78	1:11.80	500m: 5:53.55	1:12.30	700m: 8:19.33	1:13.02
	200m: 2:16.98	1:10.35	400m: 4:41.25	1:12.47	600m: 7:06.31	1:12.76	800m: 9:30.91	1:11.58
7.	Pedro Guedes CALDAS	15	205652	Benfica	<b>9:35.32</b>		457	
	100m: 1:06.18	1:06.18	300m: 3:29.61	1:11.61	500m: 5:56.27	1:13.77	700m: 8:22.79	1:13.26
	200m: 2:18.00	1:11.82	400m: 4:42.50	1:12.89	600m: 7:09.53	1:13.26	800m: 9:35.32	1:12.53
8.	Diogo Filipe CARDOSO	15	210399	Natacao Olhao	<b>9:37.74</b>		452	
	100m: 1:07.98	1:07.98	300m: 3:34.67	1:13.16	500m: 6:01.03	1:13.66	700m: 8:28.22	1:13.81
	200m: 2:21.51	1:13.53	400m: 4:47.37	1:12.70	600m: 7:14.41	1:13.38	800m: 9:37.74	1:09.52
9.	Antonio Freitas MARTINS	15	209933	Desportivo Nacional	<b>9:38.64</b>		450	
	100m: 1:08.45	1:08.45	300m: 3:35.04	1:13.30	500m: 6:01.74	1:13.46	700m: 8:28.42	1:13.63
	200m: 2:21.74	1:13.29	400m: 4:48.28	1:13.24	600m: 7:14.79	1:13.05	800m: 9:38.64	1:10.22
10.	Pedro Correia PESTANA	15	209489	Desportivo Nacional	<b>9:46.73</b>		431	
	100m: 1:06.83	1:06.83	300m: 3:35.15	1:14.56	500m: 6:04.99	1:13.65	700m: 8:34.14	1:14.38
	200m: 2:20.59	1:13.76	400m: 4:51.34	1:16.19	600m: 7:19.76	1:14.77	800m: 9:46.73	1:12.59

## Juvenil A

1.	Rui Silva PEREIRA	16	205327	Colegio Monte Maior	<b>8:17.30</b>		708	
	100m: 59.01	59.01	300m: 3:04.24	1:02.88	500m: 5:08.92	1:01.74	700m: 7:15.23	1:03.23
	200m: 2:01.36	1:02.35	400m: 4:07.18	1:02.94	600m: 6:12.00	1:03.08	800m: 8:17.30	1:02.07
2.	Martim Santos CABRITA	16	208153	Louletano / Loule Concelho	<b>8:59.96</b>		553	
	100m: 1:03.59	1:03.59	300m: 3:20.68	1:08.59	500m: 5:36.74	1:07.77	700m: 7:54.56	1:08.67
	200m: 2:12.09	1:08.50	400m: 4:28.97	1:08.29	600m: 6:45.89	1:09.15	800m: 8:59.96	1:05.40
3.	Rodrigo Canedo SANTOS	16	153185	Bombeiros de Ponta Delgada	<b>9:02.57</b>		545	
	100m: 1:03.29	1:03.29	300m: 3:18.63	1:08.40	500m: 5:35.77	1:08.56	700m: 7:54.46	1:10.01
	200m: 2:10.23	1:06.94	400m: 4:27.21	1:08.58	600m: 6:44.45	1:08.68	800m: 9:02.57	1:08.11
4.	Joao Pedro MONTEIRO	16	203021	BUZIOS - Coruche	<b>9:07.76</b>		530	
	100m: 1:04.53	1:04.53	300m: 3:23.14	1:09.80	500m: 5:41.22	1:09.19	700m: 8:00.56	1:10.22
	200m: 2:13.34	1:08.81	400m: 4:32.03	1:08.89	600m: 6:50.34	1:09.12	800m: 9:07.76	1:07.20
5.	Henrique Barros DOMINGOS	16	151201	Sporting	<b>9:14.34</b>		511	
	100m: 1:02.27	1:02.27	300m: 3:22.08	1:10.61	500m: 5:43.22	1:10.19	700m: 8:06.52	1:11.71
	200m: 2:11.47	1:09.20	400m: 4:33.03	1:10.95	600m: 6:54.81	1:11.59	800m: 9:14.34	1:07.82
6.	Santiago Boica SOUSA	16	212709	Vieirense	<b>9:15.47</b>		508	
	100m: 1:03.35	1:03.35	300m: 3:22.32	1:09.76	500m: 5:43.68	1:10.23	700m: 8:03.15	1:09.93
	200m: 2:12.56	1:09.21	400m: 4:33.45	1:11.13	600m: 6:53.22	1:09.54	800m: 9:15.47	1:12.32
7.	F. FREIXIEIRO	16	208642	Rio Maior	<b>9:17.27</b>		503	
	100m: 1:04.29	1:04.29	300m: 3:25.18	1:10.83	500m: 5:47.57	1:11.33	700m: 8:09.93	1:11.03
	200m: 2:14.35	1:10.06	400m: 4:36.24	1:11.06	600m: 6:58.90	1:11.33	800m: 9:17.27	1:07.34

ANARA  
ASSOCIAÇÃO DE NATACÃO DO ALENTEJO

Torneio Zonal de Juvenis (Zona Sul)  
Sines, 15 - 17/12/2023

Prova 2, Masc., 800m Livres, Juvenil A

Lugar	Nome	Idade	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Vasco Franca JESUS	16	207497	Naval do Funchal	<b>9:17.47</b>		503	
	100m: 1:05.09 1:05.09		300m: 3:24.81 1:10.10	500m: 5:47.43 1:11.32	700m: 8:09.78 1:10.92			
	200m: 2:14.71 1:09.62		400m: 4:36.11 1:11.30	600m: 6:58.86 1:11.43	800m: 9:17.47 1:07.69			
9.	Eugenio PASECHKO	16	213332	Natacao de Lagos	<b>9:25.40</b>		482	
	100m: 1:04.88 1:04.88		300m: 3:24.80 1:10.73	500m: 5:48.02 1:11.58	700m: 8:13.92 1:13.03			
	200m: 2:14.07 1:09.19		400m: 4:36.44 1:11.64	600m: 7:00.89 1:12.87	800m: 9:25.40 1:11.48			
10.	Tome Nunes TOME	16	205544	CNLeiria	<b>9:26.40</b>		479	
	100m: 1:04.92 1:04.92		300m: 3:26.22 1:11.31	500m: 5:50.99 1:11.90	700m: 8:16.80 1:13.03			
	200m: 2:14.91 1:09.99		400m: 4:39.09 1:12.87	600m: 7:03.77 1:12.78	800m: 9:26.40 1:09.60			
11.	Joao Filipe PRAZERES	16	208984	Gesloures	<b>9:37.30</b>		453	
	100m: 1:04.91 1:04.91		300m: 3:29.10 1:12.91	500m: 5:55.71 1:13.92	700m: 8:25.68 1:14.29			
	200m: 2:16.19 1:11.28		400m: 4:41.79 1:12.69	600m: 7:11.39 1:15.68	800m: 9:37.30 1:11.62			
12.	Diogo Jose MATEUS <i>Ftl</i>	16	207673	Lagoa AC	<b>9:37.81</b>		451	
	100m: 1:03.90 1:03.90		300m: 3:28.89 1:13.50	500m: 5:59.02 1:14.68	700m: 8:27.74 1:14.81			
	200m: 2:15.39 1:11.49		400m: 4:44.34 1:15.45	600m: 7:12.93 1:13.91	800m: 9:37.81 1:10.07			
13.	Romulo Artur SILVA <i>Ftl</i>	16	205494	Electrico Clube/ FGil.pt	<b>9:58.09</b>		407	
	100m: 1:05.67 1:05.67		300m: 3:31.75 1:13.80	500m: 6:07.30 1:17.74	700m: 8:42.98 1:16.04			
	200m: 2:17.95 1:12.28		400m: 4:49.56 1:17.81	600m: 7:26.94 1:19.64	800m: 9:58.09 1:15.11			