

Campeonato Regional Absolutos e Torneio Nadador Completo Infantis
Grândola, 25 - 26/11/2023

Prova 23 800m Livres 12 anos e mais velhos
26/11/2023 - 9:30 Resultados

Rec Reg Open	8:46.53	Nelson Pereira MALHEIROS	CNLA	Caldas da Rainha	29/11/2015
Rec Reg 19 +	8:47.27	Tomas Antonio AZEVEDO	AMINATA	Caldas da Rainha	29/11/2015
Rec Reg 18	8:58.37	Joao Pedro NEVES	AMINATA	Ponte de Sor	15/03/2014
Rec Reg 17	8:46.53	Nelson Pereira MALHEIROS	CNLA	Caldas da Rainha	29/11/2015
Rec Reg 16	8:59.05	Nelson Pereira MALHEIROS	CNLA	Ponte da Barca	07/12/2014
Rec Reg 15	9:04.59	Nelson Pereira MALHEIROS	CNLA	Leiria	08/12/2013
Rec Reg 14	9:17.94	Andre Alves BASCH	AMINATA	Grandola	26/02/2011
Rec Reg 13	9:36.12	Gustavo Manuel SANTA	VGAC	Paços de Ferreira	19/12/2005
Rec Reg Open	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Rec Reg 18 +	10:04.09	Sofia Oliveira SILVA	CNLA	Sines	20/11/2022
Rec Reg 17	9:51.32	Sofia Cristina GRILO	Ind ANALEP	Ponte de Sôr	15/03/2014
Rec Reg 16	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Rec Reg 15	9:30.24	Ana Reis SOUSA	CNLA	Abrantes	26/11/2016
Rec Reg 14	9:37.43	Ana Reis SOUSA	CNLA	Caldas da Rainha	28/11/2015
Rec Reg 13	9:56.19	Joana Catarina SANTA	VGAC	Santarém	05/02/2005
Rec Reg 12	10:38.25	Eliana Vilhena MARTINS	Ind ANALEP	Sines	13/05/2006

Pontos: FINA 2023

Lugar Nome Idade Clube Tempo final Pts

15 anos e mais velhos, Masc.

1. Samuel Andre MARIANO	22	Litoral Alentejano	9:38.01	451
100m: 1:07.47 1:07.47	300m: 3:31.06 1:11.55	500m: 5:57.81 1:13.61	700m: 8:25.56 1:13.66	
200m: 2:19.51 1:12.04	400m: 4:44.20 1:13.14	600m: 7:11.90 1:14.09	800m: 9:38.01 1:12.45	
2. Diogo Miguel ROSADO	17	Grupo Desportivo Mora	10:02.98	397
100m: 1:08.18 1:08.18	300m: 3:42.72 1:17.33	500m: 6:17.19 1:16.58	700m: 8:49.65 1:15.56	
200m: 2:25.39 1:17.21	400m: 5:00.61 1:17.89	600m: 7:34.09 1:16.90	800m: 10:02.98 1:13.33	
3. Francisco Reis MAGUAS	18	Ndco	10:17.73	369
100m: 1:10.96 1:10.96	300m: 3:46.20 1:18.15	500m: 6:23.17 1:18.36	700m: 9:00.49 1:18.74	
200m: 2:28.05 1:17.09	400m: 5:04.81 1:18.61	600m: 7:41.75 1:18.58	800m: 10:17.73 1:17.24	
4. Jorge Manuel NARIGUETA	26	Acmn	10:49.35	318
100m: 1:13.46 1:13.46	300m: 3:52.33 1:20.68	500m: 6:38.86 1:23.65	700m: 9:27.18 1:24.00	
200m: 2:31.65 1:18.19	400m: 5:15.21 1:22.88	600m: 8:03.18 1:24.32	800m: 10:49.35 1:22.17	
5. Manuel Francisco SOBRAL	18	GSC Grândola Sports Club	10:59.54	303
100m: 1:13.56 1:13.56	300m: 4:00.63 1:24.24	500m: 6:53.00 1:26.30	700m: 9:40.73 1:23.59	
200m: 2:36.39 1:22.83	400m: 5:26.70 1:26.07	600m: 8:17.14 1:24.14	800m: 10:59.54 1:18.81	
6. Afonso Oliveira MARQUES	18	Grupo Desportivo Mora	11:37.02	257
100m: 1:18.22 1:18.22	300m: 4:12.16 1:27.62	500m: 7:09.46 1:29.76	700m: 10:11.64 1:30.74	
200m: 2:44.54 1:26.32	400m: 5:39.70 1:27.54	600m: 8:40.90 1:31.44	800m: 11:37.02 1:25.38	

14 anos e mais velhos, Femin.

1. Sofia Oliveira SILVA	25	Litoral Alentejano	10:06.48	487
100m: 1:11.51 1:11.51	300m: 3:44.09 1:16.74	500m: 6:17.61 1:17.06	700m: 8:50.93 1:16.62	
200m: 2:27.35 1:15.84	400m: 5:00.55 1:16.46	600m: 7:34.31 1:16.70	800m: 10:06.48 1:15.55	
2. Rita Prado SILVA	18	Ndco	10:39.21	416
100m: 1:14.43 1:14.43	300m: 3:52.95 1:19.23	500m: 6:35.18 1:21.84	700m: 9:20.20 1:22.73	
200m: 2:33.72 1:19.29	400m: 5:13.34 1:20.39	600m: 7:57.47 1:22.29	800m: 10:39.21 1:19.01	
3. Leonor Duarte GONCALVES	14	Ndco	11:07.02	366
100m: 1:19.39 1:19.39	300m: 4:08.74 1:24.63	500m: 6:57.20 1:23.81	700m: 9:44.85 1:24.04	
200m: 2:44.11 1:24.72	400m: 5:33.39 1:24.65	600m: 8:20.81 1:23.61	800m: 11:07.02 1:22.17	
4. Maria Lua PISCO	17	Acmn	11:10.10	361
100m: 1:18.12 1:18.12	300m: 4:05.36 1:24.05	500m: 6:56.09 1:25.74	700m: 9:45.81 1:25.05	
200m: 2:41.31 1:23.19	400m: 5:30.35 1:24.99	600m: 8:20.76 1:24.67	800m: 11:10.10 1:24.29	
5. Joana Afonso BANZA	15	Aljustrelense	11:27.26	335
100m: 1:18.62 1:18.62	300m: 4:09.59 1:25.93	500m: 7:07.04 1:29.06	700m: 10:02.34 1:26.65	
200m: 2:43.66 1:25.04	400m: 5:37.98 1:28.39	600m: 8:35.69 1:28.65	800m: 11:27.26 1:24.92	
6. Sofia Espada PASSECHNIKOFF	14	GSC Grândola Sports Club	13:43.75	194
100m: 1:32.92 1:32.92	300m: 5:03.92 1:46.04	500m: 8:35.60 1:45.29	700m: 12:03.67 1:43.42	
200m: 3:17.88 1:44.96	400m: 6:50.31 1:46.39	600m: 10:20.25 1:44.65	800m: 13:43.75 1:40.08	