

Campeonato Regional Absolutos e Torneio Nadador Completo Infantis
Grândola, 25 - 26/11/2023

Prova 2 Masc., 400m Estilos 13 anos e mais velhos
25/11/2023 - 10:15 Resultados

Rec Reg Open	4:45.12	Joao Pedro NEVES	AMINATA	Ponte de Sor	15/03/2014
Rec Reg 19 +	4:57.32	Pedro Cunha CAETANO	AMINATA	Grandola	03/03/2012
Rec Reg 18	4:45.12	Joao Pedro NEVES	AMINATA	Ponte de Sor	15/03/2014
Rec Reg 17	4:50.15	Joao Pedro NEVES	AMINATA	Porto	07/12/2012
Rec Reg 16	4:56.40	Tiago Pastor ESCADA	AMINATA	Ponte de Sor	23/11/2014
Rec Reg 15	5:01.37	Francisco Alves CORREIA	CNLA	Ponte de Sor	19/03/2019
Rec Reg 14	5:03.68	Tiago Pastor ESCADA	AMINATA	Sto Antonio dos Cavaleiros	15/03/2013
Rec Reg 13	5:18.10	Tiago Pastor ESCADA	AMINATA	Sto Antonio dos Cavaleiros	16/03/2012

Pontos: FINA 2023

Lugar Nome Idade Clube Tempo final Pts

15 anos e mais velhos

1. Guilherme Cotovio ALVES	20	Acmn	5:02.94	465
50m: 30.88 30.88	150m:	250m:	350m:	
100m: 1:06.55 35.67	200m: 2:26.25	300m:	400m: 5:02.94	
2. Joao Pedro NEVES	28	Aminata	5:04.91	456
50m: 32.44 32.44	150m:	250m:	350m:	
100m: 1:09.09 36.65	200m: 2:30.72	300m:	400m: 5:04.91	
3. Samuel Andre MARIANO	22	Litoral Alentejano	5:19.80	395
50m: 32.28 32.28	150m:	250m:	350m:	
100m: 1:09.69 37.41	200m: 1:30.82	300m:	400m: 5:19.80	
4. Diogo Miguel ROSADO	17	Grupo Desportivo Mora	5:25.16	376
50m: 34.22 34.22	150m:	250m:	350m:	
100m: 1:11.89 37.67	200m: 2:23.55	300m:	400m: 5:25.16	
5. Guilherme Oliveira MARQUES	16	Grupo Desportivo Mora	5:26.84	370
50m: 32.97 32.97	150m:	250m:	350m:	
100m: 1:12.53 39.56	200m: 2:32.84	300m:	400m: 5:26.84	
Daniel Alves MATOS	17	Litoral Alentejano	5:26.84	370
50m: 32.75 32.75	150m:	250m:	350m:	
100m: 1:11.02 38.27	200m: 2:38.23	300m:	400m: 5:26.84	
7. Ricardo Paixao CANSADO	17	Aminata	5:39.55	330
50m: 34.34 34.34	150m:	250m:	350m:	
100m: 1:15.52 41.18	200m: 2:42.02	300m:	400m: 5:39.55	
8. Pedro Caeiro MARQUES	15	Aminata	5:52.76	294
50m: 38.64 38.64	150m:	250m:	350m:	
100m: 1:24.37 45.73	200m: 2:52.71	300m:	400m: 5:52.76	
9. Santiago Delgado FALCAO	18	Ndco	6:02.89	270
50m: 38.02 38.02	150m:	250m:	350m:	
100m: 1:20.64 42.62	200m: 2:51.95	300m:	400m: 6:02.89	
10. Manuel Francisco SOBRAL	18	GSC Grândola Sports Club	6:11.12	253
50m: 34.42 34.42	150m:	250m:	350m:	
100m: 1:18.28 43.86	200m: 2:42.02	300m:	400m: 6:11.12	
11. Diogo Alexandre DOMINGOS	17	GSC Grândola Sports Club	6:29.40	219
50m: 37.10 37.10	150m:	250m:	350m:	
100m: 1:23.45 46.35	200m: 3:06.52	300m:	400m: 6:29.40	