

11  
 16.11.2023 - 12:12

, 400m

2011-2012

1.			2011 2	"	"	<b>5:21.16</b>	2
	50m: 34.90	34.90	150m:	250m:	350m:		
	100m: 1:13.00	38.10	200m: 2:32.00	300m: 3:55.00	400m: 5:21.16		
2.			2011 2	"	2"	<b>5:29.76</b>	2
	50m: 36.53	36.53	150m:	250m:	350m:		
	100m: 1:17.69	41.16	200m: 2:58.15	300m: 4:05.13	400m: 5:29.76		
3.			2011 2	"	2"	<b>5:29.90</b>	2
	50m: 35.00	35.00	150m:	250m:	350m:		
	100m: 1:15.60	40.60	200m: 2:41.00	300m: 4:07.50	400m: 5:29.90		
4.			2012 2			<b>5:31.01</b>	2
	50m: 36.00	36.00	150m:	250m:	350m:		
	100m: 1:18.00	42.00	200m: 2:40.00	300m: 4:04.00	400m: 5:31.01		
5.			2011 2	"	2"	<b>5:34.60</b>	2
	50m: 36.00	36.00	150m:	250m:	350m:		
	100m: 1:17.00	41.00	200m: 2:40.00	300m: 4:07.00	400m: 5:34.60		
6.			2011 2			<b>5:39.13</b>	3
	50m: 37.88	37.88	150m:	250m:	350m:		
	100m: 1:19.48	41.60	200m: 2:45.32	300m: 4:13.66	400m: 5:39.13		
7.			2011 3	"	"	<b>5:47.14</b>	3
	50m: 37.00	37.00	150m:	250m:	350m:		
	100m: 1:21.00	44.00	200m: 2:50.00	300m: 4:21.00	400m: 5:47.14		
8.			2011 3	"	"	<b>5:49.35</b>	3
	50m: 40.30	40.30	150m:	250m:	350m:		
	100m: 1:23.95	43.65	200m: 2:52.35	300m: 4:22.19	400m: 5:49.35		
9.			2012 3			<b>5:51.10</b>	3
	50m: 37.24	37.24	150m:	250m:	350m:		
	100m: 1:20.25	43.01	200m: 2:50.80	300m: 4:21.11	400m: 5:51.10		
10.			2011 3			<b>5:52.32</b>	3
	50m: 36.50	36.50	150m:	250m:	350m:		
	100m: 1:21.00	44.50	200m: 2:50.00	300m: 4:24.00	400m: 5:52.32		
11.			2011 3			<b>5:53.57</b>	3
	50m: 37.31	37.31	150m:	250m:	350m:		
	100m: 1:19.12	41.81	200m: 2:47.66	300m: 4:20.15	400m: 5:53.57		
12.			2012 3		3	<b>5:58.68</b>	3
	50m: 37.15	37.15	150m:	250m:	350m:		
	100m: 1:21.52	44.37	200m: 2:56.11	300m: 4:30.41	400m: 5:58.68		
13.			2011 3			<b>5:59.32</b>	3
	50m: 36.01	36.01	150m:	250m:	350m:		
	100m: 1:19.01	43.00	200m: 2:53.16	300m: 4:27.00	400m: 5:59.32		
14.			2011 3	"	2"	<b>6:00.42</b>	3
	50m: 37.50	37.50	150m:	250m:	350m:		
	100m: 1:20.70	43.20	200m: 2:52.50	300m: 4:26.00	400m: 6:00.42		
15.			2011 3		" "	<b>6:06.87</b>	3
	50m: 38.40	38.40	150m:	250m:	350m:		
	100m: 1:21.39	42.99	200m: 2:54.34	300m: 4:31.02	400m: 6:06.87		
16.			2012 3		3	<b>6:19.63</b>	3
	50m: 39.00	39.00	150m:	250m:	350m:		
	100m: 1:26.00	47.00	200m: 3:00.00	300m: 4:38.00	400m: 6:19.63		
17.			2011 3			<b>6:23.61</b>	1
	50m: 40.04	40.04	150m:	250m:	350m:		
	100m: 1:26.51	46.47	200m: 3:04.62	300m: 4:44.16	400m: 6:23.61		

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11,		, 400m					2011-2012	
18.			2012 3		.	"	2"	<b>6:36.10 1</b>
	50m:	40.32 40.32	150m:	250m:			350m:	
	100m:	1:28.61 48.29	200m:	300m:	4:56.19		400m:	6:36.10
19.			2011 3					<b>6:36.21 1</b>
	50m:	40.61 40.61	150m:	250m:			350m:	
	100m:	1:29.00 48.39	200m:	300m:	4:57.00		400m:	6:36.21
20.			2012 3		.	"	2"	<b>6:37.98 1</b>
	50m:	38.70 38.70	150m:	250m:			350m:	
	100m:	1:26.20 47.50	200m:	300m:	4:44.76		400m:	6:37.98
21.			2012					<b>6:44.01 1</b>
	50m:	39.68 39.68	150m:	250m:			350m:	
	100m:	1:28.38 48.70	200m:	300m:	5:00.55		400m:	6:44.01
22.			2012					<b>6:44.93 1</b>
	50m:	42.10 42.10	150m:	250m:			350m:	
	100m:	1:30.60 48.50	200m:	300m:	4:58.00		400m:	6:44.93
23.			2012					<b>7:48.42 2</b>
	50m:	47.28 47.28	150m:	250m:			350m:	
	100m:	1:46.12 58.84	200m:	300m:	5:53.00		400m:	7:48.42