

Campeonato Regional ANICentro / Preparação de Infantis
Castelo Branco, 25 - 26/11/2023

Prova 8

Femin., 400m Livres

12 anos e mais velhos

25/11/2023 - 11:02

Resultados

Pontos: FINA 2023

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
Infantis							
1.	Maria Beatriz, MESTRE	12	Eléctrico	6:16.45		231	
	50m: 42.81 42.81	150m: 2:17.58 47.79	250m: 3:53.70 48.38	350m: 5:29.09 47.71			
	100m: 1:29.79 46.98	200m: 3:05.32 47.74	300m: 4:41.38 47.68	400m: 6:16.45 47.36			
2.	Carolina Varanda, AUGUSTO	12	Clube Natacao Fundao/Girassol	6:26.19		214	
	50m: 44.92 44.92	150m: 2:24.59 50.61	250m: 4:04.80 49.93	350m: 5:47.33 50.45			
	100m: 1:33.98 49.06	200m: 3:14.87 50.28	300m: 4:56.88 52.08	400m: 6:26.19 38.86			
3.	Margarida Amaral, MESQUITA	12	Eléctrico	8:01.61		110	
	50m: 52.91 52.91	150m: 2:55.64 1:00.61	250m: 5:02.61 1:03.41	350m: 7:05.26 59.14			
	100m: 1:55.03 1:02.12	200m: 3:59.20 1:03.56	300m: 6:06.12 1:03.51	400m: 8:01.61 56.35			
Absolutos							
1.	Helena Neto, FLORINDO	18	Eléctrico	5:20.66		375	
	50m: 34.93 34.93	150m: 1:55.63 41.01	250m: 3:18.24 41.67	350m: 4:40.43 40.95			
	100m: 1:14.62 39.69	200m: 2:36.57 40.94	300m: 3:59.48 41.24	400m: 5:20.66 40.23			
2.	Carolina Santos, SILVA	18	CCDSerta	5:34.01		332	
	50m: 36.68 36.68	150m: 2:00.27 43.11	250m: 3:26.76 43.06	350m: 4:53.97 43.65			
	100m: 1:17.16 40.48	200m: 2:43.70 43.43	300m: 4:10.32 43.56	400m: 5:34.01 40.04			
3.	Carolina Pinto, BANHUDO	14	AN Albicastrense	5:39.61		315	
	50m: 36.35 36.35	150m: 1:59.61 42.98	250m: 3:27.81 44.29	350m: 4:57.43 45.06			
	100m: 1:16.63 40.28	200m: 2:43.52 43.91	300m: 4:12.37 44.56	400m: 5:39.61 42.18			
4.	Maria Alexandra, MARQUES	20	AN Albicastrense	5:45.60		299	
	50m: 39.19 39.19	150m: 2:05.30 43.58	250m: 3:33.15 44.07	350m: 5:02.31 44.74			
	100m: 1:21.72 42.53	200m: 2:49.08 43.78	300m: 4:17.57 44.42	400m: 5:45.60 43.29			
5.	Stefania Cosmina, CHITIC	16	Elvense	5:46.13		298	
	50m: 38.65 38.65	150m: 2:05.15 43.85	250m: 3:34.00 44.89	350m: 5:03.33 44.84			
	100m: 1:21.30 42.65	200m: 2:49.11 43.96	300m: 4:18.49 44.49	400m: 5:46.13 42.80			
6.	Gabriela Conceicao, PINTO	16	Elvense	5:54.53		277	
	50m: 38.05 38.05	150m: 2:06.48 45.15	250m: 3:38.67 46.07	350m: 5:10.88 45.53			
	100m: 1:21.33 43.28	200m: 2:52.60 46.12	300m: 4:25.35 46.68	400m: 5:54.53 43.65			
7.	Vitoria Morao, ALMEIDA	15	AN Albicastrense	5:56.48		273	
	50m: 40.54 40.54	150m: 2:08.70 44.74	250m: 3:39.42 45.50	350m: 5:12.93 46.33			
	100m: 1:23.96 43.42	200m: 2:53.92 45.22	300m: 4:26.60 47.18	400m: 5:56.48 43.55			
8.	Maria Rita, AGOSTINHO	14	AN Albicastrense	6:41.43		191	
	50m: 42.83 42.83	150m: 2:23.00 51.25	250m: 4:07.75 52.49	350m: 5:53.08 51.88			
	100m: 1:31.75 48.92	200m: 3:15.26 52.26	300m: 5:01.20 53.45	400m: 6:41.43 48.35			
9.	Alice Henriques, JOB	16	Penta Clube Covilha	6:47.58		182	
	50m: 42.00 42.00	150m: 2:23.46 52.06	250m: 4:07.70 52.34	350m: 5:54.69 53.90			
	100m: 1:31.40 49.40	200m: 3:15.36 51.90	300m: 5:00.79 53.09	400m: 6:47.58 52.89			