

Campeonato Regional ANICentro / Preparação de Infantis  
Castelo Branco, 25 - 26/11/2023

Prova 35

Masc., 1500m Livres

13 anos e mais velhos

26/11/2023 - 9:59

Resultados

Pontos: FINA 2023

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
<b>Infantis</b>							
1.	Rui Ferreirinho, DIOGO	14	AN Alcabastrense	<b>22:07.24</b>		259	
	100m: 1:21.91 1:21.91	500m: 7:20.11 1:29.31	900m: 13:24.94 1:31.31	1300m: 19:19.30 1:27.03			
	200m: 2:51.81 1:29.90	600m: 8:53.14 1:33.03	1000m: 14:53.32 1:28.38	1400m: 20:44.16 1:24.86			
	300m: 4:19.26 1:27.45	700m: 10:25.16 1:32.02	1100m: 16:21.52 1:28.20	1500m: 22:07.24 1:23.08			
	400m: 5:50.80 1:31.54	800m: 11:53.63 1:28.47	1200m: 17:52.27 1:30.75				
2.	Dinis Lourenco, PEREIRA	13	AN Alcabastrense	<b>26:03.27</b>		158	
	100m: 1:36.11 1:36.11	500m: 8:42.69 1:45.61	900m: 15:46.52 1:45.48	1300m: 22:43.30 1:43.90			
	200m: 3:23.49 1:47.38	600m: 10:28.16 1:45.47	1000m: 17:32.39 1:45.87	1400m: 24:24.44 1:41.14			
	300m: 5:10.47 1:46.98	700m: 12:14.51 1:46.35	1100m: 19:14.88 1:42.49	1500m: 26:03.27 1:38.83			
	400m: 6:57.08 1:46.61	800m: 14:01.04 1:46.53	1200m: 20:59.40 1:44.52				
<b>Absolutos</b>							
1.	Afonso Maria, BENTO	15	AN Alcabastrense	<b>18:31.34</b>		442	
	100m: 1:07.26 1:07.26	500m: 6:07.48 1:14.92	900m: 11:07.54 1:16.21	1300m: 16:06.13 1:14.88			
	200m: 2:21.81 1:14.55	600m: 7:22.27 1:14.79	1000m: 12:22.03 1:14.49	1400m: 17:20.40 1:14.27			
	300m: 3:37.29 1:15.48	700m: 8:36.18 1:13.91	1100m: 13:36.64 1:14.61	1500m: 18:31.34 1:10.94			
	400m: 4:52.56 1:15.27	800m: 9:51.33 1:15.15	1200m: 14:51.25 1:14.61				
2.	Francisco Martins, RIBEIRO	18	CCDSerta	<b>19:17.39</b>		391	
	100m: 1:08.57 1:08.57	500m: 6:14.83 1:18.41	900m: 11:33.16 1:19.19	1300m: 16:49.76 1:17.29			
	200m: 2:23.12 1:14.55	600m: 7:34.17 1:19.34	1000m: 12:54.98 1:21.82	1400m: 18:06.11 1:16.35			
	300m: 3:39.48 1:16.36	700m: 8:54.18 1:20.01	1100m: 14:14.55 1:19.57	1500m: 19:17.39 1:11.28			
	400m: 4:56.42 1:16.94	800m: 10:13.97 1:19.79	1200m: 15:32.47 1:17.92				
3.	Carlos Manuel, MARQUES	24	AN Alcabastrense	<b>20:54.33</b>		307	
	100m: 1:08.99 1:08.99	500m: 6:38.50 1:24.62	900m: 12:19.29 1:26.42	1300m: 18:04.97 1:26.72			
	200m: 2:27.39 1:18.40	600m: 7:59.27 1:20.77	1000m: 13:40.63 1:21.34	1400m: 19:30.85 1:25.88			
	300m: 3:50.44 1:23.05	700m: 9:26.53 1:27.26	1100m: 15:10.07 1:29.44	1500m: 20:54.33 1:23.48			
	400m: 5:13.88 1:23.44	800m: 10:52.87 1:26.34	1200m: 16:38.25 1:28.18				
4.	Hugo Andre, AFONSO	48	CCDSerta	<b>23:13.70</b>		224	
	100m: 1:24.07 1:24.07	500m: 7:39.70 1:34.13	900m: 13:54.63 1:34.48	1300m: 20:09.77 1:33.87			
	200m: 2:57.09 1:33.02	600m: 9:12.75 1:33.05	1000m: 15:28.43 1:33.80	1400m: 21:43.69 1:33.92			
	300m: 4:31.29 1:34.20	700m: 10:46.28 1:33.53	1100m: 17:02.13 1:33.70	1500m: 23:13.70 1:30.01			
	400m: 6:05.57 1:34.28	800m: 12:20.15 1:33.87	1200m: 18:35.90 1:33.77				