

Campeonato Regional ANICentro / Preparação de Infantis
Castelo Branco, 25 - 26/11/2023

Prova 18
25/11/2023 - 16:08

Femin., 400m Estilos

12 anos e mais velhos
Resultados

Pontos: FINA 2023

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
Infantis							
1.	Ines Sendas, MARCO	13	AN Albicastrense	6:55.96		241	
	50m: 46.33 46.33	150m: 2:35.54 53.59	250m: 4:21.66 54.33	350m: 6:07.21 48.75			
	100m: 1:41.95 55.62	200m: 3:27.33 51.79	300m: 5:18.46 56.80	400m: 6:55.96 48.75			
2.	Maria Francisca, CONSTANTIM3	13	Eléctrico	7:01.76		231	
	50m: 46.88 46.88	150m: 2:36.45 55.36	250m: 4:28.63 59.04	350m: 6:16.10 49.59			
	100m: 1:41.09 54.21	200m: 3:29.59 53.14	300m: 5:26.51 57.88	400m: 7:01.76 45.66			
3.	Matilde Trigueiros, PAULO	13	AN Albicastrense	7:25.66		196	
	50m: 49.60 49.60	150m: 2:46.51 58.50	250m: 4:42.08 1:01.90	350m: 6:38.84 52.94			
	100m: 1:48.01 58.41	200m: 3:40.18 53.67	300m: 5:45.90 1:03.82	400m: 7:25.66 46.82			
4.	Ines Munhos, SILVA	12	AN Albicastrense	7:27.67		193	
	50m: 54.83 54.83	150m: 2:53.17 53.43	250m: 4:48.45 1:00.05	350m: 6:40.75 51.87			
	100m: 1:59.74 1:04.91	200m: 3:48.40 55.23	300m: 5:48.88 1:00.43	400m: 7:27.67 46.92			
Absolutos							
1.	Ana Sofia, CALDES	18	Elvense	5:38.95		445	
	50m: 35.04 35.04	150m: 2:01.02 45.04	250m: 3:32.22 47.00	350m: 5:00.23 39.91			
	100m: 1:15.98 40.94	200m: 2:45.22 44.20	300m: 4:20.32 48.10	400m: 5:38.95 38.72			
2.	Carolina Pinto, BANHUDO	14	AN Albicastrense	6:30.35		291	
	50m: 41.59 41.59	150m: 2:20.54 47.74	250m: 4:03.52 56.52	350m: 5:44.77 45.16			
	100m: 1:32.80 51.21	200m: 3:07.00 46.46	300m: 4:59.61 56.09	400m: 6:30.35 45.58			
3.	Vitoria Morao, ALMEIDA	15	AN Albicastrense	6:57.42		238	
	50m: 48.32 48.32	150m: 2:38.40 50.95	250m: 4:28.31 1:00.04	350m: 6:13.31 46.89			
	100m: 1:47.45 59.13	200m: 3:28.27 49.87	300m: 5:26.42 58.11	400m: 6:57.42 44.11			
4.	Carolina Neves, SOUSA	14	Eléctrico	7:00.41		233	
	50m: 44.91 44.91	150m: 2:37.27 52.09	250m: 4:26.52 1:00.01	350m: 6:16.11 48.33			
	100m: 1:45.18 1:00.27	200m: 3:26.51 49.24	300m: 5:27.78 1:01.26	400m: 7:00.41 44.30			