

Journée de l'Amitié  
Pétange, 14.1.2024

Wettkampf 5  
14.01.2024 - 10:45

Frauen, 400m Freistil

12 Jahre und älter  
Protokoll

Punkte: FINA 2023

Rang			Jg.					Zeit	Pkt.			
<b>18 Jahre und älter</b>												
1.	HIM, Julia		05	Schwammclub Monnerech				<b>5:48.85</b>	291			
	50m:	37.55	37.55	150m:	2:03.82	43.96	250m:	3:33.63	45.13	350m:	5:04.67	45.67
	100m:	1:19.86	42.31	200m:	2:48.50	44.68	300m:	4:19.00	45.37	400m:	5:48.85	44.18
<b>16 - 17 Jahre</b>												
1.	HEILIGER, Lilly		08	Swimming Luxembourg				<b>5:22.42</b>	369			
	50m:	36.81	36.81	150m:	1:57.15	40.78	250m:	3:20.54	41.43	350m:	4:42.09	40.57
	100m:	1:16.37	39.56	200m:	2:39.11	41.96	300m:	4:01.52	40.98	400m:	5:22.42	40.33
2.	CESARI, Andrea		08	Swimming Club ERA				<b>6:56.40</b>	171			
	50m:	44.49	44.49	150m:	2:26.21	51.73	250m:	4:14.45	54.63	350m:	6:01.78	52.50
	100m:	1:34.48	49.99	200m:	3:19.82	53.61	300m:	5:09.28	54.83	400m:	6:56.40	54.62
<b>14 - 15 Jahre</b>												
1.	LAMBIN, Elisa		09	Schwammclub Déifferdang				<b>4:55.68</b>	478			
	50m:	33.99	33.99	150m:	1:48.25	37.51	250m:	3:02.76	36.80	350m:	4:18.18	37.91
	100m:	1:10.74	36.75	200m:	2:25.96	37.71	300m:	3:40.27	37.51	400m:	4:55.68	37.50
2.	SMITH, Joséphine		09	Scr				<b>5:02.97</b>	444			
	50m:	35.32	35.32	150m:	1:53.54	39.43	250m:	3:11.21	38.60	350m:	4:26.67	37.08
	100m:	1:14.11	38.79	200m:	2:32.61	39.07	300m:	3:49.59	38.38	400m:	5:02.97	36.30
3.	FRADET, Maelle		09	Schwammclub Déifferdang				<b>5:27.28</b>	352			
	50m:			150m:			250m:	3:21.79	41.97	350m:		
	100m:			200m:	2:39.82		300m:	4:04.26	42.47	400m:	5:27.28	
4.	HAMEN, Sophie		10	Cercle de Natation Diekirch				<b>6:20.76</b>	224			
	50m:			150m:	2:16.98		250m:	3:58.10	51.27	350m:	5:36.13	
	100m:			200m:	3:06.83	49.85	300m:			400m:	6:20.76	44.63
na.	CONSTANTIN, Sophia-Elena		09	Schwammclub Déifferdang								
<b>12 - 13 Jahre</b>												
1.	RESL, Dana		11	Cercle de Natation Dudelange				<b>5:11.17</b>	410			
	50m:	35.77	35.77	150m:	1:53.96	39.20	250m:	3:12.27	39.10	350m:	4:31.35	39.35
	100m:	1:14.76	38.99	200m:	2:33.17	39.21	300m:	3:52.00	39.73	400m:	5:11.17	39.82
2.	MULLER, Liz		11	Swimming Luxembourg				<b>5:25.34</b>	359			
	50m:			150m:			250m:	3:23.76	41.54	350m:		
	100m:			200m:	2:42.22		300m:	4:04.80	41.04	400m:	5:25.34	
3.	NONOA, Pénielle		11	Swimming Club ERA				<b>6:47.55</b>	182			
	50m:	42.55	42.55	150m:	2:24.09	51.54	250m:	4:10.61	53.39	350m:	5:56.17	53.25
	100m:	1:32.55	50.00	200m:	3:17.22	53.13	300m:	5:02.92	52.31	400m:	6:47.55	51.38
4.	FRENTZ, Zora		11	Swimming Club ERA				<b>7:05.35</b>	160			
	50m:	43.20	43.20	150m:	2:26.37	53.67	250m:	4:17.55	56.26	350m:	6:12.74	57.60
	100m:	1:32.70	49.50	200m:	3:21.29	54.92	300m:	5:15.14	57.59	400m:	7:05.35	52.61