

Eerste Divisie Competitie - deel 2  
Alkmaar, 12-11-2023

Programmanr. 7  
12-11-2023 - 14:25

Dames, 400m wisselslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	200601338	tijd	RT
1.	Evy Rozeboom	Daw	5:02.71	200601338	<b>5:06.18</b>	
	50m: 30.27	30.27 150m:		250m:	350m:	
	100m: 1:06.13	35.86 200m:		300m:	400m: 5:06.18	
2.	Kim Zwinkels	Zpch	5:09.85	200300422	<b>5:08.45</b>	
	50m: 31.85	31.85 150m:		250m:	350m:	
	100m: 1:08.01	36.16 200m:		300m:	400m: 5:08.45	
3.	Mara Bosman	Blue Marlins 2	5:20.68	200303048	<b>5:13.94</b>	
	50m: 33.82	33.82 150m:		250m:	350m:	
	100m: 1:13.20	39.38 200m:		300m:	400m: 5:13.94	
4.	Anouchka Bos	Niemo Barracuda	5:24.00	200501528	<b>5:18.92</b>	
	50m: 33.86	33.86 150m:		250m:	350m:	
	100m: 1:14.52	40.66 200m:		300m:	400m: 5:18.92	
5.	Maaïke Vooren	Daw	5:25.39	199103324	<b>5:23.73</b>	
	50m: 34.19	34.19 150m:		250m:	350m:	
	100m: 1:15.09	40.90 200m:		300m:	400m: 5:23.73	
6.	Melanie Marinus-Cruz	Blue Marlins 2	5:46.06	200404702	<b>5:35.63</b>	
	50m: 34.70	34.70 150m:		250m:	350m:	
	100m: 1:15.85	41.15 200m:		300m:	400m: 5:35.63	
7.	Madoline Held	Blue Marlins 2	5:45.10	200503412	<b>5:41.37</b>	
	50m: 33.92	33.92 150m:		250m:	350m:	
	100m: 1:12.82	38.90 200m:		300m:	400m: 5:41.37	
8.	Marijke Kommers	Niemo Barracuda	5:53.46	199305334	<b>5:53.77</b>	
	50m: 39.74	39.74 150m:		250m:	350m:	
	100m: 1:27.42	47.68 200m:		300m:	400m: 5:53.77	
9.	Danielle Thuijs	Zpch	NT	200305302	<b>5:54.82</b>	
	50m: 36.26	36.26 150m:		250m:	350m:	
	100m: 1:18.69	42.43 200m:		300m:	400m: 5:54.82	