

KNZB Zwemcompetitie #2
Kampen, 11-11-2023

Programmanr. 10
11-11-2023 - 17:25

Meisjes, 400m vrije slag
VVT Eredivisie: 6.03.80

Junioren 2 en jonger
Resultaten

rang	naam	vereniging	intijd			tijd			RT
1.	Isabel Amelink	Deltasteur	5:31.37			201100196			5:17.81
	50m: 34.67	34.67	150m: 1:56.13	41.98	250m: 3:18.86	41.04	350m: 4:41.50	41.82	
	100m: 1:14.15	39.48	200m: 2:37.82	41.69	300m: 3:59.68	40.82	400m: 5:17.81	36.31	
2.	Lisa Boogaard	Deltasteur	6:08.83			201100990			5:40.34
	50m: 38.13	38.13	150m: 2:05.54	44.70	250m: 3:34.00	44.28	350m: 5:00.80	42.88	
	100m: 1:20.84	42.71	200m: 2:49.72	44.18	300m: 4:17.92	43.92	400m: 5:40.34	39.54	
3.	Manoah Dekker	Deltasteur	6:11.37			201100656			5:42.75
	50m: 39.64	39.64	150m: 2:06.39	44.10	250m: 3:33.28	43.93	350m: 5:01.85	44.35	
	100m: 1:22.29	42.65	200m: 2:49.35	42.96	300m: 4:17.50	44.22	400m: 5:42.75	40.90	
4.	Sjors Werger	Dedemsvaart-AC	5:58.86			201100906			5:48.80
	50m: 38.20	38.20	150m: 2:06.76	44.19	250m: 3:36.29	44.93	350m: 5:05.29	44.47	
	100m: 1:22.57	44.37	200m: 2:51.36	44.60	300m: 4:20.82	44.53	400m: 5:48.80	43.51	
5.	Benthe Boersma	Deltasteur	NT			201100994			5:57.37
	50m: 41.42	41.42	150m: 2:14.59	46.64	250m: 3:47.15	46.14	350m: 5:18.12	45.49	
	100m: 1:27.95	46.53	200m: 3:01.01	46.42	300m: 4:32.63	45.48	400m: 5:57.37	39.25	
6.	Femke Keizer	Dedemsvaart-AC	6:44.80			201200272			6:04.02
	50m: 41.47	41.47	150m: 2:15.40	47.27	250m: 3:50.67	47.67	350m: 5:21.18	43.02	
	100m: 1:28.13	46.66	200m: 3:03.00	47.60	300m: 4:38.16	47.49	400m: 6:04.02	42.84	
7.	Do Klaassen	Deltasteur	NT			201200236			6:05.42
	50m: 41.73	41.73	150m: 2:16.73	48.25	250m: 3:51.39	47.79	350m: 5:19.92	41.47	
	100m: 1:28.48	46.75	200m: 3:03.60	46.87	300m: 4:38.45	47.06	400m: 6:05.42	45.50	
8.	Mieke Jansen	Dedemsvaart-AC	6:42.75			201101950			6:27.47
	50m: 42.01	42.01	150m: 2:20.85	50.35	250m: 4:00.36	49.20	350m: 5:40.13	48.94	
	100m: 1:30.50	48.49	200m: 3:11.16	50.31	300m: 4:51.19	50.83	400m: 6:27.47	47.34	
9.	Meya Ekkelboom	Deltasteur	NT			201201562			6:57.39
	50m: 45.53	45.53	150m: 2:33.54	54.76	250m: 4:23.36	54.55	350m: 6:09.74	52.33	
	100m: 1:38.78	53.25	200m: 3:28.81	55.27	300m: 5:17.41	54.05	400m: 6:57.39	47.65	
10.	Dagmar Bos	Deltasteur	NT			201202438			7:02.20
	50m: 45.64	45.64	150m: 2:34.23	54.75	250m: 4:23.76	54.72	350m: 6:11.02	53.60	
	100m: 1:39.48	53.84	200m: 3:29.04	54.81	300m: 5:17.42	53.66	400m: 7:02.20	51.18	
11.	Maud Ekkelboom	Deltasteur	NT			201200812			7:12.53
	50m: 49.44	49.44	150m: 2:42.44	55.97	250m: 4:34.28	54.52	350m: 6:23.90	55.07	
	100m: 1:46.47	57.03	200m: 3:39.76	57.32	300m: 5:28.83	54.55	400m: 7:12.53	48.63	