

Programmanr. 5
3-11-2023 - 19:05

Heren, 800m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en ouder					
1.	Mohammad Shouman	WS Twente	9:06.81	200604397	8:48.20
	100m: 1:00.68 200m: 2:06.08	1:00.68 300m: 1:05.40 400m:	4:18.71	500m: 600m:	700m: 800m: 8:48.20
2.	Niek Vreeling	O Z & P C	9:28.19	200604211	9:19.35
	100m: 1:03.66 200m: 2:12.37	1:03.66 300m: 1:08.71 400m:	4:35.42	500m: 600m:	700m: 800m: 9:19.35
3.	Rian Schoneveld	De Berkelduikers	9:38.48	200801789	9:23.30
	100m: 1:02.70 200m: 2:10.64	1:02.70 300m: 1:07.94 400m:	4:32.99	500m: 600m:	700m: 800m: 9:23.30
4.	Teun van Weeren	WS Twente	9:55.42	200801145	9:26.74
	100m: 1:06.49 200m: 2:17.70	1:06.49 300m: 1:11.21 400m:	4:40.23	500m: 600m:	700m: 800m: 9:26.74
5.	Finn Ooijman	De Berkelduikers	10:15.29	200603161	9:44.08
	100m: 1:06.75 200m: 2:18.80	1:06.75 300m: 1:12.05 400m:	4:46.41	500m: 600m:	700m: 800m: 9:44.08
6.	Cristian Comendant	WS Twente	NT	200205149	9:47.00
	100m: 1:05.09 200m: 2:18.39	1:05.09 300m: 1:13.30 400m:	4:47.79	500m: 600m:	700m: 800m: 9:47.00
7.	Wessel Everloo	WS Twente	9:37.82	198906597	9:49.72
	100m: 1:09.97 200m: 2:22.65	1:09.97 300m: 1:12.68 400m:	4:50.39	500m: 600m:	700m: 800m: 9:49.72
8.	Lars Haytink	WS Twente	10:14.38	200601815	9:53.92
	100m: 1:07.36 200m: 2:20.31	1:07.36 300m: 1:12.95 400m:	4:50.13	500m: 600m:	700m: 800m: 9:53.92
9.	Diederick Schothans	De Veene	NT	199703185	9:59.42
	100m: 1:07.60 200m: 2:20.64	1:07.60 300m: 1:13.04 400m:	4:52.92	500m: 600m:	700m: 800m: 9:59.42
10.	Marcel Reefhuis	WS Twente	10:00.51	198101381	10:05.85
	100m: 1:09.60 200m: 2:25.24	1:09.60 300m: 1:15.64 400m:	4:58.61	500m: 600m:	700m: 800m: 10:05.85
11.	Tijs Kruijthof	Het Ravijn	11:21.15	200701181	10:13.78
	100m: 1:08.38 200m: 2:23.54	1:08.38 300m: 1:15.16 400m:	4:59.23	500m: 600m:	700m: 800m: 10:13.78
12.	Niels Bent	WS Twente	NT	199400465	10:21.68
	100m: 1:09.18 200m: 2:24.73	1:09.18 300m: 1:15.55 400m:	4:59.98	500m: 600m:	700m: 800m: 10:21.68
13.	Lanco Manaf	Het Ravijn	10:57.16	200402715	10:25.93
	100m: 1:09.99 200m: 2:28.07	1:09.99 300m: 1:18.08 400m:	5:07.31	500m: 600m:	700m: 800m: 10:25.93
14.	Finn Stamsnieder	O Z & P C	10:43.86	200900225	10:26.31
	100m: 1:12.55 200m: 2:31.68	1:12.55 300m: 1:19.13 400m:	5:10.91	500m: 600m:	700m: 800m: 10:26.31
15.	Silvio Overbeeke	De Veene	NT	200801889	10:29.45
	100m: 1:13.72 200m: 2:30.85	1:13.72 300m: 1:17.13 400m:	5:12.03	500m: 600m:	700m: 800m: 10:29.45
16.	Bjorn Scholten	WS Twente	9:55.00	200801143	10:29.69
	100m: 1:02.08 200m: 2:10.46	1:02.08 300m: 1:08.38 400m:	4:33.91	500m: 600m:	700m: 800m: 10:29.69
17.	Dani Yefimov	WS Twente	11:23.98	200901305	10:29.94
	100m: 1:13.18 200m: 2:32.28	1:13.18 300m: 1:19.10 400m:	5:11.54	500m: 600m:	700m: 800m: 10:29.94
18.	Sander Riezebos	WS Twente	11:04.47	199400467	10:44.19
	100m: 1:12.61 200m: 2:33.69	1:12.61 300m: 1:21.08 400m:	5:20.13	500m: 600m:	700m: 800m: 10:44.19
19.	Dago Hofmeijer	WS Twente	10:57.44	200600121	10:47.71
	100m: 1:11.61 200m: 2:32.90	1:11.61 300m: 1:21.29 400m:	5:19.06	500m: 600m:	700m: 800m: 10:47.71
20.	Bram Kulpe	De Veene	NT	200900329	10:55.61
	100m: 1:14.69 200m: 2:38.12	1:14.69 300m: 1:23.43 400m:	5:29.02	500m: 600m:	700m: 800m: 10:55.61
21.	Chris Kouwenhoven	De Grunte	11:20.41	197101669	10:55.81
	100m: 1:13.85 200m: 2:34.56	1:13.85 300m: 1:20.71 400m:	5:18.54	500m: 600m:	700m: 800m: 10:55.81

Programmanr. 5, Heren, 800m vrije slag, Junioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
22.	Lasse Ophuis	WS Twente	10:58.19	200400027	10:57.01
	100m: 1:11.60 200m: 2:31.43	1:11.60 300m: 1:19.83 400m:	5:19.76	500m: 600m:	700m: 800m: 10:57.01
23.	Johan Nijeboer	WS Twente	10:15.04	200402417	11:03.16
	100m: 1:13.68 200m: 2:35.37	1:13.68 300m: 1:21.69 400m:	5:26.02	500m: 600m:	700m: 800m: 11:03.16
24.	Rafaël Agterbos	O Z & P C	11:36.24	201000171	11:07.12
	100m: 1:17.19 200m: 2:41.55	1:17.19 300m: 1:24.36 400m:	5:34.85	500m: 600m:	700m: 800m: 11:07.12
25.	Haiying Jacobs	WS Twente	NT	200703299	11:07.57
	100m: 1:17.84 200m: 2:43.78	1:17.84 300m: 1:25.94 400m:	5:34.66	500m: 600m:	700m: 800m: 11:07.57
26.	Eric Hoekman	WS Twente	10:50.11	197401531	11:20.27
	100m: 1:11.81 200m: 2:35.40	1:11.81 300m: 1:23.59 400m:	5:27.88	500m: 600m:	700m: 800m: 11:20.27
27.	Niek Evers	O Z & P C	11:47.43	200700079	11:24.85
	100m: 1:18.38 200m: 2:43.83	1:18.38 300m: 1:25.45 400m:	5:38.81	500m: 600m:	700m: 800m: 11:24.85
28.	Rinse de Jonge	De Grunte	11:45.36	200900705	11:26.61
	100m: 1:18.79 200m: 2:46.63	1:18.79 300m: 1:27.84 400m:	5:46.02	500m: 600m:	700m: 800m: 11:26.61
29.	William Kruithof	Het Ravijn	11:46.07	198000857	11:28.36
	100m: 1:13.51 200m: 2:36.55	1:13.51 300m: 1:23.04 400m:	5:33.70	500m: 600m:	700m: 800m: 11:28.36
30.	Stan Nijhuis	O Z & P C	11:45.52	201100191	11:32.58
	100m: 1:18.76 200m: 2:44.44	1:18.76 300m: 1:25.68 400m:	5:40.69	500m: 600m:	700m: 800m: 11:32.58
31.	Fabian Pol	WS Twente	13:06.56	201001179	11:41.51
	100m: 1:18.53 200m: 2:45.80	1:18.53 300m: 1:27.27 400m:	5:43.36	500m: 600m:	700m: 800m: 11:41.51
32.	Mees Elfring	WS Twente	12:29.20	200800009	11:46.57
	100m: 1:17.70 200m: 2:45.06	1:17.70 300m: 1:27.36 400m:	5:46.17	500m: 600m:	700m: 800m: 11:46.57
33.	Viktor Post	WS Twente	12:25.38	200802201	11:59.17
	100m: 1:20.22 200m: 2:48.34	1:20.22 300m: 1:28.12 400m:	5:52.27	500m: 600m:	700m: 800m: 11:59.17
34.	Dewin Volker	WS Twente	NT	201101935	12:02.23
	100m: 1:19.86 200m: 2:48.73	1:19.86 300m: 1:28.87 400m:	5:54.60	500m: 600m:	700m: 800m: 12:02.23
35.	Kay Lubbers	WS Twente	12:30.76	200600987	12:36.97
	100m: 1:23.23 200m: 2:57.45	1:23.23 300m: 1:34.22 400m:	6:11.82	500m: 600m:	700m: 800m: 12:36.97
36.	Hidde de Jonge	De Grunte	NT	201101213	12:44.92
	100m: 1:27.39 200m: 3:03.45	1:27.39 300m: 1:36.06 400m:	6:20.95	500m: 600m:	700m: 800m: 12:44.92
37.	Mathijs Krieger	Sg - E Z C L	12:46.06	199905361	12:45.69
	100m: 1:22.76 200m: 2:56.99	1:22.76 300m: 1:34.23 400m:	6:11.64	500m: 600m:	700m: 800m: 12:45.69
38.	Dylan van Doeselaar	Sg - E Z C L	NT	200700477	12:49.43
	100m: 1:22.32 200m: 2:58.43	1:22.32 300m: 1:36.11 400m:	6:18.33	500m: 600m:	700m: 800m: 12:49.43
39.	Jan Willem Heuten	WS Twente	13:44.93	196000883	13:53.87
	100m: 1:33.18 200m: 3:18.17	1:33.18 300m: 1:44.99 400m:	6:51.29	500m: 600m:	700m: 800m: 13:53.87

Junioren 1 en 2

1.	Rafaël Agterbos	O Z & P C	11:36.24	201000171	11:07.12
	100m: 1:17.19 200m: 2:41.55	1:17.19 300m: 1:24.36 400m:	5:34.85	500m: 600m:	700m: 800m: 11:07.12
2.	Stan Nijhuis	O Z & P C	11:45.52	201100191	11:32.58
	100m: 1:18.76 200m: 2:44.44	1:18.76 300m: 1:25.68 400m:	5:40.69	500m: 600m:	700m: 800m: 11:32.58
3.	Fabian Pol	WS Twente	13:06.56	201001179	11:41.51
	100m: 1:18.53 200m: 2:45.80	1:18.53 300m: 1:27.27 400m:	5:43.36	500m: 600m:	700m: 800m: 11:41.51
4.	Dewin Volker	WS Twente	NT	201101935	12:02.23
	100m: 1:19.86 200m: 2:48.73	1:19.86 300m: 1:28.87 400m:	5:54.60	500m: 600m:	700m: 800m: 12:02.23

Programmanr. 5, Jongens, 800m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	201101213	tijd	RT
5.	Hidde de Jonge	De Grunte	NT	201101213	12:44.92	
	100m: 1:27.39	1:27.39 300m:		500m:	700m:	
	200m: 3:03.45	1:36.06 400m: 6:20.95		600m:	800m: 12:44.92	

Junioren 3 en 4

1.	Rian Schoneveld	De Berkelduikers	9:38.48	200801789	9:23.30	
	100m: 1:02.70	1:02.70 300m:		500m:	700m:	
	200m: 2:10.64	1:07.94 400m: 4:32.99		600m:	800m: 9:23.30	
2.	Teun van Weeren	WS Twente	9:55.42	200801145	9:26.74	
	100m: 1:06.49	1:06.49 300m:		500m:	700m:	
	200m: 2:17.70	1:11.21 400m: 4:40.23		600m:	800m: 9:26.74	
3.	Finn Stamsnieder	O Z & P C	10:43.86	200900225	10:26.31	
	100m: 1:12.55	1:12.55 300m:		500m:	700m:	
	200m: 2:31.68	1:19.13 400m: 5:10.91		600m:	800m: 10:26.31	
4.	Silvio Overbeeke	De Veene	NT	200801889	10:29.45	
	100m: 1:13.72	1:13.72 300m:		500m:	700m:	
	200m: 2:30.85	1:17.13 400m: 5:12.03		600m:	800m: 10:29.45	
5.	Bjorn Scholten	WS Twente	9:55.00	200801143	10:29.69	
	100m: 1:02.08	1:02.08 300m:		500m:	700m:	
	200m: 2:10.46	1:08.38 400m: 4:33.91		600m:	800m: 10:29.69	
6.	Dani Yefimov	WS Twente	11:23.98	200901305	10:29.94	
	100m: 1:13.18	1:13.18 300m:		500m:	700m:	
	200m: 2:32.28	1:19.10 400m: 5:11.54		600m:	800m: 10:29.94	
7.	Bram Kulpe	De Veene	NT	200900329	10:55.61	
	100m: 1:14.69	1:14.69 300m:		500m:	700m:	
	200m: 2:38.12	1:23.43 400m: 5:29.02		600m:	800m: 10:55.61	
8.	Rinse de Jonge	De Grunte	11:45.36	200900705	11:26.61	
	100m: 1:18.79	1:18.79 300m:		500m:	700m:	
	200m: 2:46.63	1:27.84 400m: 5:46.02		600m:	800m: 11:26.61	
9.	Mees Elfring	WS Twente	12:29.20	200800009	11:46.57	
	100m: 1:17.70	1:17.70 300m:		500m:	700m:	
	200m: 2:45.06	1:27.36 400m: 5:46.17		600m:	800m: 11:46.57	
10.	Viktor Post	WS Twente	12:25.38	200802201	11:59.17	
	100m: 1:20.22	1:20.22 300m:		500m:	700m:	
	200m: 2:48.34	1:28.12 400m: 5:52.27		600m:	800m: 11:59.17	

Jeugd 1 en 2

1.	Mohammad Shouman	WS Twente	9:06.81	200604397	8:48.20	
	100m: 1:00.68	1:00.68 300m:		500m:	700m:	
	200m: 2:06.08	1:05.40 400m: 4:18.71		600m:	800m: 8:48.20	
2.	Niek Vreeling	O Z & P C	9:28.19	200604211	9:19.35	
	100m: 1:03.66	1:03.66 300m:		500m:	700m:	
	200m: 2:12.37	1:08.71 400m: 4:35.42		600m:	800m: 9:19.35	
3.	Finn Ooijman	De Berkelduikers	10:15.29	200603161	9:44.08	
	100m: 1:06.75	1:06.75 300m:		500m:	700m:	
	200m: 2:18.80	1:12.05 400m: 4:46.41		600m:	800m: 9:44.08	
4.	Lars Haytink	WS Twente	10:14.38	200601815	9:53.92	
	100m: 1:07.36	1:07.36 300m:		500m:	700m:	
	200m: 2:20.31	1:12.95 400m: 4:50.13		600m:	800m: 9:53.92	
5.	Tijs Kruithof	Het Ravijn	11:21.15	200701181	10:13.78	
	100m: 1:08.38	1:08.38 300m:		500m:	700m:	
	200m: 2:23.54	1:15.16 400m: 4:59.23		600m:	800m: 10:13.78	
6.	Dago Hofmeijer	WS Twente	10:57.44	200600121	10:47.71	
	100m: 1:11.61	1:11.61 300m:		500m:	700m:	
	200m: 2:32.90	1:21.29 400m: 5:19.06		600m:	800m: 10:47.71	
7.	Haiying Jacobs	WS Twente	NT	200703299	11:07.57	
	100m: 1:17.84	1:17.84 300m:		500m:	700m:	
	200m: 2:43.78	1:25.94 400m: 5:34.66		600m:	800m: 11:07.57	
8.	Niek Evers	O Z & P C	11:47.43	200700079	11:24.85	
	100m: 1:18.38	1:18.38 300m:		500m:	700m:	
	200m: 2:43.83	1:25.45 400m: 5:38.81		600m:	800m: 11:24.85	
9.	Kay Lubbers	WS Twente	12:30.76	200600987	12:36.97	
	100m: 1:23.23	1:23.23 300m:		500m:	700m:	
	200m: 2:57.45	1:34.22 400m: 6:11.82		600m:	800m: 12:36.97	
10.	Dylan van Doeselaar	Sg - E Z C L	NT	200700477	12:49.43	
	100m: 1:22.32	1:22.32 300m:		500m:	700m:	
	200m: 2:58.43	1:36.11 400m: 6:18.33		600m:	800m: 12:49.43	

Programmanr. 5, Heren, 800m vrije slag

Senioren 1 en ouder

1.	Cristian Comendant	WS Twente	NT	200205149		9:47.00	
	100m: 1:05.09	1:05.09	300m: 1:13.30	400m: 4:47.79	500m: 600m:	700m: 9:47.00	800m: 9:47.00
2.	Wessel Everloo	WS Twente		9:37.82	198906597	S14	9:49.72 850
	100m: 1:09.97	1:09.97	300m: 1:12.68	400m: 4:50.39	500m: 600m:	700m: 9:49.72	800m: 9:49.72
3.	Diederick Schothans	De Veene	NT	199703185		9:59.42	
	100m: 1:07.60	1:07.60	300m: 1:13.04	400m: 4:52.92	500m: 600m:	700m: 9:59.42	800m: 9:59.42
4.	Marcel Reefhuis	WS Twente		10:00.51	198101381		10:05.85
	100m: 1:09.60	1:09.60	300m: 1:15.64	400m: 4:58.61	500m: 600m:	700m: 10:05.85	800m: 10:05.85
5.	Niels Bent	WS Twente	NT	199400465		10:21.68	
	100m: 1:09.18	1:09.18	300m: 1:15.55	400m: 4:59.98	500m: 600m:	700m: 10:21.68	800m: 10:21.68
6.	Lanco Manaf	Het Ravijn		10:57.16	200402715		10:25.93
	100m: 1:09.99	1:09.99	300m: 1:18.08	400m: 5:07.31	500m: 600m:	700m: 10:25.93	800m: 10:25.93
7.	Sander Riezebos	WS Twente		11:04.47	199400467		10:44.19
	100m: 1:12.61	1:12.61	300m: 1:21.08	400m: 5:20.13	500m: 600m:	700m: 10:44.19	800m: 10:44.19
8.	Chris Kouwenhoven	De Grunte		11:20.41	197101669		10:55.81
	100m: 1:13.85	1:13.85	300m: 1:20.71	400m: 5:18.54	500m: 600m:	700m: 10:55.81	800m: 10:55.81
9.	Lasse Ophuis	WS Twente		10:58.19	200400027		10:57.01
	100m: 1:11.60	1:11.60	300m: 1:19.83	400m: 5:19.76	500m: 600m:	700m: 10:57.01	800m: 10:57.01
10.	Johan Nijeboer	WS Twente		10:15.04	200402417		11:03.16
	100m: 1:13.68	1:13.68	300m: 1:21.69	400m: 5:26.02	500m: 600m:	700m: 11:03.16	800m: 11:03.16
11.	Eric Hoekman	WS Twente		10:50.11	197401531		11:20.27
	100m: 1:11.81	1:11.81	300m: 1:23.59	400m: 5:27.88	500m: 600m:	700m: 11:20.27	800m: 11:20.27
12.	William Kruihof	Het Ravijn		11:46.07	198000857		11:28.36
	100m: 1:13.51	1:13.51	300m: 1:23.04	400m: 5:33.70	500m: 600m:	700m: 11:28.36	800m: 11:28.36
13.	Mathijs Krieger	Sg - E Z C L		12:46.06	199905361		12:45.69
	100m: 1:22.76	1:22.76	300m: 1:34.23	400m: 6:11.64	500m: 600m:	700m: 12:45.69	800m: 12:45.69
14.	Jan Willem Heuten	WS Twente		13:44.93	196000883		13:53.87
	100m: 1:33.18	1:33.18	300m: 1:44.99	400m: 6:51.29	500m: 600m:	700m: 13:53.87	800m: 13:53.87