



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 7
18/11/2023 - 10:30

Masc., 200m Bruços

Juvenil
Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	2:26.42	Francisco Costa Nunes	CCDSM	Albufeira	17/12/2017
Recorde Distrital ANDS Juv B	2:31.58	Carlos Daniel Nunes	CNSM	Sines	08/12/2019

Juv B: 3:35.00; Juv A: 3:20.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Dinis Maria Garcia	09	Nautico Abrantes	2:39.89		424
	50m: 36.04 100m: 1:16.77 150m: 1:58.45 200m: 2:39.89					
2.	Joao Pedro Monteiro	08	BUZIOS - Coruche	2:49.55		355
	50m: 37.95 100m: 1:20.83 150m: 2:04.91 200m: 2:49.55					
3.	Miguel Tomas Amaral	08	Natacao do Tejo	3:06.61		266
	50m: 42.06 100m: 1:29.82 150m: 2:19.76 200m: 3:06.61					
4.	Martim Silva Oliveira	08	Torres Novas	3:17.41		225
	50m: 45.37 100m: 1:34.78 150m: 2:25.82 200m: 3:17.41					
5.	Tomas Jorge Amaral FTL	08	Natacao do Tejo	3:21.49		212
	50m: 44.09 100m: 1:35.35 150m: 2:28.34 200m: 3:21.49					
6.	Alexandre Miguel Adriano	09	Nautico Salvaterra Magos	3:25.41		200
	50m: 46.87 100m: 1:39.93 150m: 2:33.56 200m: 3:25.41					
7.	Rodrigo Duque Dias	09	CLAC-Entroncamento	3:25.46		200
	50m: 47.03 100m: 1:40.46 150m: 2:34.43 200m: 3:25.46					
8.	Dinis Rodrigues Inacio	09	Nautico Salvaterra Magos	3:30.32		186
	50m: 46.83 100m: 1:39.92 150m: 2:35.19 200m: 3:30.32					

Prova 7
18/11/2023 - 10:30

Masc., 200m Bruços

Junior
Resultados

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Jun18	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Jun17	2:21.08	Francisco Costa Nunes Nunes	CCDSM	Felgueiras	22/12/2018

Jun/Sen: 3:15.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Bernardo Miguel Evaristo	06	Gualdim Pais	2:33.37		480
	50m: 34.74 100m: 1:13.94 150m: 1:53.22 200m: 2:33.37					
2.	Daniel Santos Carapeto	07	Nautico Abrantes	2:43.01		400
	50m: 35.92 100m: 1:16.30 150m: 1:59.23 200m: 2:43.01					
3.	Tomas Alexandre Santos	07	BUZIOS - Coruche	2:53.82		330
	50m: 38.29 100m: 1:23.17 150m: 2:09.07 200m: 2:53.82					
4.	Rodrigo Alexandre Alves	06	CLAC-Entroncamento	2:57.50		310
	50m: 39.71 100m: 1:24.87 150m: 2:11.70 200m: 2:57.50					
5.	Simao Pedro Oliveira	07	Torres Novas	3:03.27		281
	50m: 41.65 100m: 1:28.60 150m: 2:16.66 200m: 3:03.27					
6.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	3:08.00		261
	50m: 41.99 100m: 1:28.91 150m: 2:18.42 200m: 3:08.00					



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Prova 7, Masc., 200m Bruços

Prova 7 Masc., 200m Bruços Senior Resultados
18/11/2023 - 10:30

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Sen	2:22.88	Luis Afonso Lopes	VS	Tomar	06/11/2021

Jun/Sen: 3:15.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Goncalo Faria Saldida	99	Torres Novas	2:39.21		429
	50m: 37.28 100m: 1:18.01 150m: 1:58.65 200m: 2:39.21					
2.	Artur Rafael Saramago	97	BUZIOS - Coruche	2:41.58		411
	50m: 35.96 100m: 1:16.86 150m: 1:58.71 200m: 2:41.58					

Prova 7 Masc., 200m Bruços Juvenil B Resultados
18/11/2023 - 10:30

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Juv B	2:31.58	Carlos Daniel Nunes	CNSM	Sines	08/12/2019

: 3:35.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Dinis Maria Garcia	09	Nautico Abrantes	2:39.89		424
	50m: 36.04 100m: 1:16.77 150m: 1:58.45 200m: 2:39.89					
2.	Alexandre Miguel Adriano	09	Nautico Salvaterra Magos	3:25.41		200
	50m: 46.87 100m: 1:39.93 150m: 2:33.56 200m: 3:25.41					
3.	Rodrigo Duque Dias	09	CLAC-Entroncamento	3:25.46		200
	50m: 47.03 100m: 1:40.46 150m: 2:34.43 200m: 3:25.46					
4.	Dinis Rodrigues Inacio	09	Nautico Salvaterra Magos	3:30.32		186
	50m: 46.83 100m: 1:39.92 150m: 2:35.19 200m: 3:30.32					

Prova 7 Masc., 200m Bruços Juvenil A Resultados
18/11/2023 - 10:30

Recorde Distrital ANDS Open	2:19.14	Carlos Daniel Nunes	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS Juv A	2:26.42	Francisco Costa Nunes	CCDSM	Albufeira	17/12/2017

: 3:20.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Monteiro	08	BUZIOS - Coruche	2:49.55		355
	50m: 37.95 100m: 1:20.83 150m: 2:04.91 200m: 2:49.55					
2.	Miguel Tomas Amaral	08	Natacao do Tejo	3:06.61		266
	50m: 42.06 100m: 1:29.82 150m: 2:19.76 200m: 3:06.61					
3.	Martim Silva Oliveira	08	Torres Novas	3:17.41		225
	50m: 45.37 100m: 1:34.78 150m: 2:25.82 200m: 3:17.41					
4.	Tomas Jorge Amaral	08	Natacao do Tejo	3:21.49		212
	<i>FTL</i>					
	50m: 44.09 100m: 1:35.35 150m: 2:28.34 200m: 3:21.49					