



Campeonato Distrital de JUV, JUN, SEN)  
Tomar, 19 e 20 de Novembro de 2022

Prova 40 Femin., 200m Livres Juvenil  
19/11/2023 - 16:15 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv A	2:09.96	Carolina Marques Neves	CNTN	Sines	25/04/2016
Recorde Distrital ANDS Juv B	2:12.10	Ana Rita Boavista	CNLA	Our�m	07/07/2002

Juv B: 3:04.50; Juv A: 3:01.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Laura Brites Costa	09	Rio Maior	<b>2:20.30</b>		486
	50m: 31.98 100m: 1:06.65 150m: 1:43.11 200m: 2:20.30					
2.	Leonor Sombreiro Martins	10	BUZIOS - Coruche	<b>2:22.68</b>		462
	50m: 34.31 100m: 1:11.21 150m: 1:48.25 200m: 2:22.68					
3.	Laura Prates Morais	09	BUZIOS - Coruche	<b>2:25.11</b>		439
	50m: 33.96 100m: 1:11.01 150m: 1:49.21 200m: 2:25.11					
4.	Lara Paixao Silva	10	Rio Maior	<b>2:25.37</b>		436
	50m: 33.94 100m: 1:10.52 150m: 1:48.66 200m: 2:25.37					
5.	Maria Leonor Lopes	10	Torres Novas	<b>2:26.56</b>		426
	50m: 34.98 100m: 1:12.94 150m: 1:51.27 200m: 2:26.56					
6.	Leonor Margarida Mateus	09	BUZIOS - Coruche	<b>2:31.46</b>		386
	50m: 36.39 100m: 1:15.03 150m: 1:53.93 200m: 2:31.46					
7.	Flor Fortunata Ferreira	10	Gualdim Pais	<b>2:36.70</b>		348
	50m: 35.50 100m: 1:15.36 150m: 1:56.83 200m: 2:36.70					
8.	Leonor Matilde Oliveira	10	20Km de Almeirim	<b>2:43.61</b>		306
	50m: 37.52 100m: 1:19.58 150m: 2:02.08 200m: 2:43.61					
9.	Catarina Isabel Galvao	09	BUZIOS - Coruche	<b>2:52.36</b>		262
	50m: 40.70 100m: 1:24.54 150m: 2:09.50 200m: 2:52.36					
10.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	<b>2:54.15</b>		254
	50m: 40.35 100m: 1:25.39 150m: 2:11.66 200m: 2:54.15					
DNS	Maria Carmo Rodrigues	10	BUZIOS - Coruche			
DNS	Joana Pereira Santos	09	Rio Maior			

Prova 40 Femin., 200m Livres Junior  
19/11/2023 - 16:15 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS 17	2:04.85	Caroliona Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Jun16	2:06.28	Carolina Marques Neves	CNTN	Funchal	11/12/2016

Jun/Sen: 2:52.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Rafaela Ferreira Mendes	08	Torres Novas	<b>2:13.44</b>		564
	50m: 31.09 100m: 1:04.77 150m: 1:39.35 200m: 2:13.44					
2.	Madalena Maria Midoes	07	Viver Santarem	<b>2:21.46</b>		474
	50m: 33.89 100m: 1:10.29 150m: 1:46.53 200m: 2:21.46					
3.	Mariana Mauricio Coelho	07	BUZIOS - Coruche	<b>2:30.99</b>		389
	50m: 34.94 100m: 1:13.60 150m: 1:53.23 200m: 2:30.99					
4.	Daniela Santos Carrilho	08	CLAC-Entroncamento	<b>2:45.87</b>		294
	50m: 37.68 100m: 1:20.14 150m: 2:04.06 200m: 2:45.87					
5.	Carlota Pereira Sousa	08	Viver Santarem	<b>2:51.86</b>		264
	50m: 38.57 100m: 1:22.04 150m: 2:07.14 200m: 2:51.86					



Campeonato Distrital de JUV, JUN, SEN)  
Tomar, 19 e 20 de Novembro de 2022

Prova 40, Femin., 200m Livres

Prova 40 Femin., 200m Livres Senior Resultados  
19/11/2023 - 16:15

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Sen	2:04.86	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021

Jun/Sen: 2:52.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Carolina Marques Neves	01	Torres Novas	<b>2:19.63</b>		493
	50m: 32.82 100m: 1:09.16 150m: 1:45.37 200m: 2:19.63					
2.	Rafaela Canano Silva	04	Viver Santarem	<b>2:21.26</b>		476
	50m: 32.78 100m: 1:08.51 150m: 1:45.35 200m: 2:21.26					

Prova 40 Femin., 200m Livres Juvenil B Resultados  
19/11/2023 - 16:15

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv B	2:12.10	Ana Rita Boavista	CNLA	Our�m	07/07/2002

: 3:04.50

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Leonor Sombreireiro Martins	10	BUZIOS - Coruche	<b>2:22.68</b>		462
	50m: 34.31 100m: 1:11.21 150m: 1:48.25 200m: 2:22.68					
2.	Lara Paixao Silva	10	Rio Maior	<b>2:25.37</b>		436
	50m: 33.94 100m: 1:10.52 150m: 1:48.66 200m: 2:25.37					
3.	Maria Leonor Lopes	10	Torres Novas	<b>2:26.56</b>		426
	50m: 34.98 100m: 1:12.94 150m: 1:51.27 200m: 2:26.56					
4.	Flor Fortunata Ferreira	10	Gualdim Pais	<b>2:36.70</b>		348
	50m: 35.50 100m: 1:15.36 150m: 1:56.83 200m: 2:36.70					
5.	Leonor Matilde Oliveira	10	20Km de Almeirim	<b>2:43.61</b>		306
	50m: 37.52 100m: 1:19.58 150m: 2:02.08 200m: 2:43.61					
DNS	Maria Carmo Rodrigues	10	BUZIOS - Coruche			

Prova 40 Femin., 200m Livres Juvenil A Resultados  
19/11/2023 - 16:15

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv A	2:09.96	Carolina Marques Neves	CNTN	Sines	25/04/2016

: 3:01.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Laura Brites Costa	09	Rio Maior	<b>2:20.30</b>		486
	50m: 31.98 100m: 1:06.65 150m: 1:43.11 200m: 2:20.30					
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	50m: 40.70 100m: 1:24.54 150m: 2:09.50 200m: 2:52.36					
5.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	<b>2:54.15</b>		254
	50m: 40.35 100m: 1:25.39 150m: 2:11.66 200m: 2:54.15					
DNS	Joana Pereira Santos	09	Rio Maior			