



Campeonato Distrital de JUV, JUN, SEN)  
Tomar, 19 e 20 de Novembro de 2022

Prova 3 Masc., 1500m Livres Juvenil  
18/11/2023 - 9:05 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003

Juv B: 23:05.00; Juv A: 22:49.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Monteiro	08	BUZIOS - Coruche	<b>17:52.12</b>		492
	50m: 32.51 300m: 3:28.04	550m: 6:26.55	800m: 9:27.65	1050m: 12:31.86	1300m: 15:32.22	
	100m: 1:07.02 350m: 4:03.50	600m: 7:02.21	850m: 10:04.47	1100m: 13:08.26	1350m: 16:07.88	
	150m: 1:43.31 400m: 4:39.20	650m: 7:38.49	900m: 10:41.35	1150m: 13:44.90	1400m: 16:44.41	
	200m: 2:18.54 450m: 5:15.02	700m: 8:14.48	950m: 11:18.12	1200m: 14:20.12	1450m: 17:18.66	
	250m: 2:53.23 500m: 5:50.81	750m: 8:51.21	1000m: 11:55.46	1250m: 14:55.85	1500m: 17:52.12	
2.	Francisco Guilherme Freixieiro	08	Rio Maior	<b>18:24.30</b>		451
	50m: 33.14 300m: 3:35.29	550m: 6:39.76	800m: 9:45.15	1050m: 12:50.88	1300m: 15:57.02	
	100m: 1:09.47 350m: 4:12.29	600m: 7:17.08	850m: 10:22.10	1100m: 13:28.36	1350m: 16:34.43	
	150m: 1:45.78 400m: 4:48.81	650m: 7:53.84	900m: 10:58.92	1150m: 14:05.78	1400m: 17:11.56	
	200m: 2:22.22 450m: 5:25.67	700m: 8:30.91	950m: 11:36.53	1200m: 14:42.66	1450m: 17:47.73	
	250m: 2:58.48 500m: 6:02.65	750m: 9:08.01	1000m: 12:14.07	1250m: 15:19.38	1500m: 18:24.30	
3.	Stefan Iordan Chele	09	Rio Maior	<b>18:46.22</b>		425
	50m: 33.69 300m: 3:40.86	550m: 6:50.58	800m: 9:59.87	1050m: 13:08.81	1300m: 16:18.24	
	100m: 1:10.34 350m: 4:18.88	600m: 7:28.57	850m: 10:37.95	1100m: 13:46.67	1350m: 16:55.61	
	150m: 1:47.75 400m: 4:56.65	650m: 8:06.86	900m: 11:15.44	1150m: 14:24.61	1400m: 17:32.88	
	200m: 2:25.18 450m: 5:35.03	700m: 8:44.54	950m: 11:53.44	1200m: 15:02.58	1450m: 18:09.97	
	250m: 3:03.06 500m: 6:12.94	750m: 9:22.40	1000m: 12:31.04	1250m: 15:40.19	1500m: 18:46.22	
4.	Pedro Morgado Costa	09	Rio Maior	<b>21:41.82</b>		275
	50m: 34.08 300m: 4:02.81	550m: 7:40.47	800m: 11:22.04	1050m: 15:06.72	1300m: 18:50.75	
	100m: 1:13.84 350m: 4:45.31	600m: 8:24.55	850m: 12:06.53	1100m: 15:52.15	1350m: 19:34.54	
	150m: 1:55.56 400m: 5:28.48	650m: 9:09.53	900m: 12:51.10	1150m: 16:37.68	1400m: 20:18.08	
	200m: 2:37.85 450m: 6:12.10	700m: 9:54.01	950m: 13:35.90	1200m: 17:22.29	1450m: 21:00.33	
	250m: 3:19.95 500m: 6:56.30	750m: 10:37.92	1000m: 14:20.85	1250m: 18:06.51	1500m: 21:41.82	

Prova 3 Masc., 1500m Livres Junior  
18/11/2023 - 9:05 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Jun18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 21:04.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Afonso Formigo Pinho	06	Torres Novas	<b>17:15.71</b>		546
	50m: 31.01 300m: 3:18.91	550m: 6:12.59	800m: 9:07.60	1050m: 12:02.46	1300m: 14:58.64	
	100m: 1:03.37 350m: 3:53.62	600m: 6:47.69	850m: 9:42.42	1100m: 12:37.87	1350m: 15:33.90	
	150m: 1:36.72 400m: 4:28.11	650m: 7:22.32	900m: 10:17.43	1150m: 13:12.88	1400m: 16:08.84	
	200m: 2:10.27 450m: 5:02.83	700m: 7:57.59	950m: 10:52.20	1200m: 13:48.30	1450m: 16:43.21	
	250m: 2:44.44 500m: 5:37.63	750m: 8:32.45	1000m: 11:27.23	1250m: 14:23.48	1500m: 17:15.71	
2.	Rafael Sousa Azevedo	06	Viver Santarem	<b>17:42.12</b>		506
	50m: 31.66 300m: 3:28.69	550m: 6:26.08	800m: 9:23.66	1050m: 12:22.58	1300m: 15:22.76	
	100m: 1:06.33 350m: 4:04.54	600m: 7:01.70	850m: 9:58.99	1100m: 12:58.31	1350m: 15:58.74	
	150m: 1:41.73 400m: 4:40.06	650m: 7:37.65	900m: 10:34.77	1150m: 13:34.44	1400m: 16:34.32	
	200m: 2:17.72 450m: 5:15.51	700m: 8:12.99	950m: 11:10.76	1200m: 14:10.76	1450m: 17:10.74	
	250m: 2:53.23 500m: 5:50.75	750m: 8:48.46	1000m: 11:46.90	1250m: 14:46.95	1500m: 17:42.12	
3.	Tomas Alexandre Santos	07	BUZIOS - Coruche	<b>17:44.07</b>		504
	50m: 30.42 300m: 3:23.22	550m: 6:20.00	800m: 9:19.09	1050m: 12:18.86	1300m: 15:21.19	
	100m: 1:03.99 350m: 3:58.85	600m: 6:55.88	850m: 9:54.50	1100m: 12:55.03	1350m: 15:57.27	
	150m: 1:38.13 400m: 4:34.15	650m: 7:31.41	900m: 10:30.22	1150m: 13:31.32	1400m: 16:33.10	
	200m: 2:12.99 450m: 5:09.18	700m: 8:07.14	950m: 11:06.29	1200m: 14:08.32	1450m: 17:09.66	
	250m: 2:47.80 500m: 5:44.40	750m: 8:42.82	1000m: 11:42.56	1250m: 14:44.59	1500m: 17:44.07	



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Prova 3, Masc., 1500m Livres, Junior

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
4.	Bernardo Pereira Simoes	07	Torres Novas	<b>18:19.97</b>		456
	50m: 32.11	300m: 3:32.58	550m: 6:37.95	800m: 9:43.04	1050m: 12:49.67	1300m: 15:55.68
	100m: 1:07.31	350m: 4:08.91	600m: 7:15.20	850m: 10:20.15	1100m: 13:26.82	1350m: 16:32.91
	150m: 1:43.25	400m: 4:46.08	650m: 7:52.07	900m: 10:57.03	1150m: 14:04.16	1400m: 17:10.20
	200m: 2:19.78	450m: 5:23.48	700m: 8:28.98	950m: 11:34.47	1200m: 14:41.76	1450m: 17:45.22
	250m: 2:56.44	500m: 6:00.56	750m: 9:06.15	1000m: 12:12.17	1250m: 15:18.82	1500m: 18:19.97
5.	Simao Pedro Oliveira	07	Torres Novas	<b>19:07.52</b>		401
	50m: 33.38	300m: 3:41.48	550m: 6:53.68	800m: 10:06.84	1050m: 13:19.16	1300m: 16:33.07
	100m: 1:10.33	350m: 4:19.61	600m: 7:32.43	850m: 10:44.82	1100m: 13:58.03	1350m: 17:12.11
	150m: 1:47.66	400m: 4:58.48	650m: 8:11.38	900m: 11:23.35	1150m: 14:36.64	1400m: 17:51.16
	200m: 2:25.45	450m: 5:37.01	700m: 8:49.90	950m: 12:01.50	1200m: 15:15.59	1450m: 18:29.92
	250m: 3:03.57	500m: 6:15.31	750m: 9:28.20	1000m: 12:40.43	1250m: 15:54.44	1500m: 19:07.52

Prova 3 Masc., 1500m Livres Senior Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:26.56	Tiago Filipe Campos	CNRM	Albufeira	12/11/2021

Jun/Sen: 21:04.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Goncalo Faria Saldida	99	Torres Novas	<b>17:58.22</b>		484
	50m: 33.25	300m: 3:32.01	550m: 6:30.72	800m: 9:30.29	1050m: 12:32.39	1300m: 15:34.76
	100m: 1:08.44	350m: 4:08.12	600m: 7:06.20	850m: 10:06.00	1100m: 13:09.34	1350m: 16:11.45
	150m: 1:44.00	400m: 4:44.03	650m: 7:42.29	900m: 10:42.51	1150m: 13:45.99	1400m: 16:47.28
	200m: 2:19.95	450m: 5:20.22	700m: 8:18.28	950m: 11:18.95	1200m: 14:22.45	1450m: 17:24.41
	250m: 2:55.98	500m: 5:55.51	750m: 8:54.21	1000m: 11:55.69	1250m: 14:58.39	1500m: 17:58.22

Prova 3 Masc., 1500m Livres Juvenil B Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003

: 23:05.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Stefan Iordan Chele	09	Rio Maior	<b>18:46.22</b>		425
	50m: 33.69	300m: 3:40.86	550m: 6:50.58	800m: 9:59.87	1050m: 13:08.81	1300m: 16:18.24
	100m: 1:10.34	350m: 4:18.88	600m: 7:28.57	850m: 10:37.95	1100m: 13:46.67	1350m: 16:55.61
	150m: 1:47.75	400m: 4:56.65	650m: 8:06.86	900m: 11:15.44	1150m: 14:24.61	1400m: 17:32.88
	200m: 2:25.18	450m: 5:35.03	700m: 8:44.54	950m: 11:53.44	1200m: 15:02.58	1450m: 18:09.97
	250m: 3:03.06	500m: 6:12.94	750m: 9:22.40	1000m: 12:31.04	1250m: 15:40.19	1500m: 18:46.22
2.	Pedro Morgado Costa	09	Rio Maior	<b>21:41.82</b>		275
	50m: 34.08	300m: 4:02.81	550m: 7:40.47	800m: 11:22.04	1050m: 15:06.72	1300m: 18:50.75
	100m: 1:13.84	350m: 4:45.31	600m: 8:24.55	850m: 12:06.53	1100m: 15:52.15	1350m: 19:34.54
	150m: 1:55.56	400m: 5:28.48	650m: 9:09.53	900m: 12:51.10	1150m: 16:37.68	1400m: 20:18.08
	200m: 2:37.85	450m: 6:12.10	700m: 9:54.01	950m: 13:35.90	1200m: 17:22.29	1450m: 21:00.33
	250m: 3:19.95	500m: 6:56.30	750m: 10:37.92	1000m: 14:20.85	1250m: 18:06.51	1500m: 21:41.82



Campeonato Distrital de JUV, JUN, SEN)  
Tomar, 19 e 20 de Novembro de 2022

Prova 3, Masc., 1500m Livres

Prova 3 Masc., 1500m Livres Juvenil A  
18/11/2023 - 9:05 Resultados

Recorde Distrital ANDS Open 15:05.57 Gustavo Manuel Santa CNLA Leiria 06/12/2009  
Recorde Distrital ANDS Juv A 15:50.63 Gustavo Manuel Santa CNLA Sines 21/12/2008

: 22:49.00

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Monteiro	08	BUZIOS - Coruche	<b>17:52.12</b>		492
	50m: 32.51	300m: 3:28.04	550m: 6:26.55	800m: 9:27.65	1050m: 12:31.86	1300m: 15:32.22
	100m: 1:07.02	350m: 4:03.50	600m: 7:02.21	850m: 10:04.47	1100m: 13:08.26	1350m: 16:07.88
	150m: 1:43.31	400m: 4:39.20	650m: 7:38.49	900m: 10:41.35	1150m: 13:44.90	1400m: 16:44.41
	200m: 2:18.54	450m: 5:15.02	700m: 8:14.48	950m: 11:18.12	1200m: 14:20.12	1450m: 17:18.66
	250m: 2:53.23	500m: 5:50.81	750m: 8:51.21	1000m: 11:55.46	1250m: 14:55.85	1500m: 17:52.12
2.	Francisco Guilherme Freixieiro	08	Rio Maior	<b>18:24.30</b>		451
	50m: 33.14	300m: 3:35.29	550m: 6:39.76	800m: 9:45.15	1050m: 12:50.88	1300m: 15:57.02
	100m: 1:09.47	350m: 4:12.29	600m: 7:17.08	850m: 10:22.10	1100m: 13:28.36	1350m: 16:34.43
	150m: 1:45.78	400m: 4:48.81	650m: 7:53.84	900m: 10:58.92	1150m: 14:05.78	1400m: 17:11.56
	200m: 2:22.22	450m: 5:25.67	700m: 8:30.91	950m: 11:36.53	1200m: 14:42.66	1450m: 17:47.73
	250m: 2:58.48	500m: 6:02.65	750m: 9:08.01	1000m: 12:14.07	1250m: 15:19.38	1500m: 18:24.30