

Nordic Swimming Championships 2023
Tartu, 1. - 3.12.2023

Event 4
01.12.2023 - 17:27

Men, 400m Freestyle

2010 and older
Results Finals

Points: FINA 2023

Rank			YB							Time	Pts	
2005 and older												
1.	LINDHOLM Frederik		04	Den						3:50.93	776	
	50m:	26.71	26.71	150m:	1:24.58	29.09	250m:	2:23.36	29.39	350m:	3:22.32	29.61
	100m:	55.49	28.78	200m:	1:53.97	29.39	300m:	2:52.71	29.35	400m:	3:50.93	28.61
2.	MELBERG Axel Sebastian Karal		05	Norge						3:51.47	771	
	50m:	26.96	26.96	150m:	1:25.60	29.41	250m:	2:24.77	29.63	350m:	3:24.01	29.60
	100m:	56.19	29.23	200m:	1:55.14	29.54	300m:	2:54.41	29.64	400m:	3:51.47	27.46
3.	PAATOS Roope		02	Finland						3:52.39	761	
	50m:	26.95	26.95	150m:	1:25.73	29.41	250m:	2:24.64	29.24	350m:	3:23.70	29.75
	100m:	56.32	29.37	200m:	1:55.40	29.67	300m:	2:53.95	29.31	400m:	3:52.39	28.69
4.	HUMLING Lucas		05	Sweden						3:52.77	758	
	50m:	26.77	26.77	150m:	1:25.53	29.65	250m:	2:24.84	29.73	350m:	3:24.15	29.53
	100m:	55.88	29.11	200m:	1:55.11	29.58	300m:	2:54.62	29.78	400m:	3:52.77	28.62
5.	SLOTSVIK Philip Johan Abad		05	Norge						3:55.19	734	
	50m:	27.52	27.52	150m:	1:26.11	29.50	250m:	2:25.64	29.68	350m:	3:25.49	30.07
	100m:	56.61	29.09	200m:	1:55.96	29.85	300m:	2:55.42	29.78	400m:	3:55.19	29.70
6.	RULLIS Reds		05	Latvia						3:56.37	724	
	50m:	25.80	25.80	150m:	1:24.24	29.58	250m:	2:25.15	30.86	350m:	3:26.74	30.95
	100m:	54.66	28.86	200m:	1:54.29	30.05	300m:	2:55.79	30.64	400m:	3:56.37	29.63
7.	MARTIN Morris		04	Sweden						3:56.96	718	
	50m:	26.98	26.98	150m:	1:26.20	29.84	250m:	2:26.75	29.93	350m:	3:27.36	30.41
	100m:	56.36	29.38	200m:	1:56.82	30.62	300m:	2:56.95	30.20	400m:	3:56.96	29.60
8.	SIGTHORSSON Veigar Hrafn		05	Iceland						3:59.94	692	
	50m:	27.22	27.22	150m:	1:27.92	30.84	250m:	2:29.76	30.98	350m:	3:30.84	30.15
	100m:	57.08	29.86	200m:	1:58.78	30.86	300m:	3:00.69	30.93	400m:	3:59.94	29.10
YOB 2006 - 2010												
1.	SORENSEN Sander Kiar		07	Norge						3:50.23	783	
	50m:	26.71	26.71	150m:	1:24.54	28.83	250m:	2:23.21	29.23	350m:	3:22.23	29.51
	100m:	55.71	29.00	200m:	1:53.98	29.44	300m:	2:52.72	29.51	400m:	3:50.23	28.00
2.	VAICIUNAS Kostas		06	Lithuania						3:51.33	772	
	50m:	26.50	26.50	150m:	1:23.66	28.86	250m:	2:22.50	29.77	350m:	3:22.13	29.71
	100m:	54.80	28.30	200m:	1:52.73	29.07	300m:	2:52.42	29.92	400m:	3:51.33	29.20
3.	PESALA Kalle		06	Finland						3:52.25	763	
	50m:	27.16	27.16	150m:	1:25.77	29.37	250m:	2:25.04	29.48	350m:	3:24.52	29.57
	100m:	56.40	29.24	200m:	1:55.56	29.79	300m:	2:54.95	29.91	400m:	3:52.25	27.73
4.	ILTSISIN Mark		06	Estonia						3:52.34	762	
	50m:	26.74	26.74	150m:	1:25.28	29.38	250m:	2:24.70	29.67	350m:	3:24.59	29.92
	100m:	55.90	29.16	200m:	1:55.03	29.75	300m:	2:54.67	29.97	400m:	3:52.34	27.75
5.	JOHNSEN Sander F. Hoyrup		07	Den						3:52.98	756	
	50m:	27.57	27.57	150m:	1:26.84	29.60	250m:	2:26.03	29.42	350m:	3:24.62	29.35
	100m:	57.24	29.67	200m:	1:56.61	29.77	300m:	2:55.27	29.24	400m:	3:52.98	28.36
6.	JOENSEN Liggjas		08	Faroe Islands						3:55.22	734	
	50m:	26.92	26.92	150m:	1:26.31	29.66	250m:	2:25.87	29.41	350m:	3:25.64	30.10
	100m:	56.65	29.73	200m:	1:56.46	30.15	300m:	2:55.54	29.67	400m:	3:55.22	29.58
7.	ANDERSEN Gustav Steen		06	Den						4:00.52	687	
	50m:	27.33	27.33	150m:	1:26.72	29.95	250m:	2:27.75	30.52	350m:	3:30.25	31.33
	100m:	56.77	29.44	200m:	1:57.23	30.51	300m:	2:58.92	31.17	400m:	4:00.52	30.27
8.	HOLST Viggo		06	Sweden						4:02.92	667	
	50m:	26.96	26.96	150m:	1:27.12	30.42	250m:	2:30.02	31.46	350m:	3:32.69	30.94
	100m:	56.70	29.74	200m:	1:58.56	31.44	300m:	3:01.75	31.73	400m:	4:02.92	30.23