

Nordic Swimming Championships 2023
Tartu, 1. - 3.12.2023

Event 20
02.12.2023 - 9:30

Women, 400m Medley

2010 and older
Results Prelim

Points: FINA 2023

Rank			YB							Time	Pts	
2005 and older												
1.	WINBLAD Tea		04	Sweden						4:46.66	737	Q
	50m:	30.36	30.36	150m:	1:42.79	37.80	250m:	2:59.11	39.63	350m:	4:14.27	33.94
	100m:	1:04.99	34.63	200m:	2:19.48	36.69	300m:	3:40.33	41.22	400m:	4:46.66	32.39
2.	BORGENSGAARD Mia		03	Den						4:52.15	696	Q
	50m:	30.61	30.61	150m:	1:41.59	36.96	250m:	3:00.84	41.50	350m:	4:18.25	34.51
	100m:	1:04.63	34.02	200m:	2:19.34	37.75	300m:	3:43.74	42.90	400m:	4:52.15	33.90
3.	FALSDOTTIR Eva Margret		05	Iceland						4:56.76	664	Q
	50m:	31.94	31.94	150m:	1:47.17	39.19	250m:	3:06.47	40.78	350m:	4:23.07	35.05
	100m:	1:07.98	36.04	200m:	2:25.69	38.52	300m:	3:48.02	41.55	400m:	4:56.76	33.69
4.	EKMAN Christine		94	Sweden						5:09.13	587	Q
	50m:	32.97	32.97	150m:	1:50.92	40.37	250m:	3:11.91	42.23	350m:	4:32.84	37.60
	100m:	1:10.55	37.58	200m:	2:29.68	38.76	300m:	3:55.24	43.33	400m:	5:09.13	36.29
5.	RUUSKA Martta		03	Finland						5:09.91	583	Q
	50m:	32.52	32.52	150m:	1:53.86	43.16	250m:	3:16.31	39.81	350m:	4:34.92	36.96
	100m:	1:10.70	38.18	200m:	2:36.50	42.64	300m:	3:57.96	41.65	400m:	5:09.91	34.99
6.	MAURANEN Kiira		99	Finland						5:14.92	555	Q
	50m:	31.47	31.47	150m:	1:48.57	41.33	250m:	3:15.65	46.15	350m:	4:39.47	37.01
	100m:	1:07.24	35.77	200m:	2:29.50	40.93	300m:	4:02.46	46.81	400m:	5:14.92	35.45
YOB 2006 - 2010												
1.	KJELSTRUP Karoline		06	Den						4:56.39	666	Q
	50m:	32.03	32.03	150m:	1:48.77	40.10	250m:	3:06.79	40.27	350m:	4:22.80	35.12
	100m:	1:08.67	36.64	200m:	2:26.52	37.75	300m:	3:47.68	40.89	400m:	4:56.39	33.59
2.	GURJANOVA Violanta		06	Estonia						5:00.86	637	Q
	50m:	31.99	31.99	150m:	1:47.92	38.37	250m:	3:07.13	42.23	350m:	4:26.27	36.21
	100m:	1:09.55	37.56	200m:	2:24.90	36.98	300m:	3:50.06	42.93	400m:	5:00.86	34.59
3.	SOINI Aliisa		07	Finland						5:01.53	633	Q
	50m:	32.86	32.86	150m:	1:48.86	38.67	250m:	3:08.43	41.97	350m:	4:27.63	36.02
	100m:	1:10.19	37.33	200m:	2:26.46	37.60	300m:	3:51.61	43.18	400m:	5:01.53	33.90
4.	SOHN Ida		08	Den						5:02.28	628	Q
	50m:	34.14	34.14	150m:	1:49.73	37.54	250m:	3:09.65	43.90	350m:	4:28.49	35.00
	100m:	1:12.19	38.05	200m:	2:25.75	36.02	300m:	3:53.49	43.84	400m:	5:02.28	33.79
5.	SUNDT Wilma		06	Finland						5:03.31	622	Q
	50m:	31.13	31.13	150m:	1:48.01	41.26	250m:	3:09.95	42.43	350m:	4:29.19	36.09
	100m:	1:06.75	35.62	200m:	2:27.52	39.51	300m:	3:53.10	43.15	400m:	5:03.31	34.12
6.	BIRKISDOTTIR Freyja		06	Iceland						5:03.97	618	Q
	50m:	32.52	32.52	150m:	1:52.19	41.58	250m:	3:11.42	40.31	350m:	4:30.33	35.52
	100m:	1:10.61	38.09	200m:	2:31.11	38.92	300m:	3:54.81	43.39	400m:	5:03.97	33.64
7.	OLAVSDOTTIR Johanna		07	Faroe Islands						5:06.10	605	Q
	50m:	32.15	32.15	150m:	1:47.80	38.43	250m:	3:10.20	44.41	350m:	4:31.35	35.94
	100m:	1:09.37	37.22	200m:	2:25.79	37.99	300m:	3:55.41	45.21	400m:	5:06.10	34.75
8.	ARNFINNSDOTTIR Sunna		07	Iceland						5:07.60	596	Q
	50m:	33.84	33.84	150m:	1:51.86	39.52	250m:	3:14.75	44.24	350m:	4:34.41	35.20
	100m:	1:12.34	38.50	200m:	2:30.51	38.65	300m:	3:59.21	44.46	400m:	5:07.60	33.19
9.	BALKEVICIUTE Jorile		10	Lithuania						5:14.13	560	R
	50m:	31.85	31.85	150m:	1:51.25	41.35	250m:	3:16.91	44.73	350m:	4:38.98	36.31
	100m:	1:09.90	38.05	200m:	2:32.18	40.93	300m:	4:02.67	45.76	400m:	5:14.13	35.15
10.	ASBJORNSDOTTIR Sunneva Bergmann07			Iceland						5:15.12	554	R
	50m:	33.69	33.69	150m:	1:55.27	41.39	250m:	3:18.03	43.03	350m:	4:39.69	37.00
	100m:	1:13.88	40.19	200m:	2:35.00	39.73	300m:	4:02.69	44.66	400m:	5:15.12	35.43

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Event 20, Women, 400m Medley, Prelim, YOB 2006 - 2010

Rank	YB								Time	Pts		
11.	ROMANJUK Darja			06	Estonia			5:16.09	549			
	50m:	31.86	31.86	150m:	1:49.32	39.01	250m:	3:16.01	47.24	350m:	4:40.04	36.82
	100m:	1:10.31	38.45	200m:	2:28.77	39.45	300m:	4:03.22	47.21	400m:	5:16.09	36.05