

Epreuve 19 Dames, 400m Libre 11 ans et plus
2023-11-05 - 9:10 Liste résultats

Records du Qc Sr	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records du Qc GA 15 - 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records du Qc GA 13 - 14	4:17.41	HUTCHISON, Jennifer	PCSC	???	1987-02-01
Records du Qc GA - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Points: FINA 2023

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	PLANTE, Élizabéth		12	Club de Natation Juvaqua Alma						5:15.72	393	
	50m:	34.69	34.69	150m:	1:56.44	40.58	250m:	3:18.21	40.59	350m:	4:38.70	39.45
	100m:	1:15.86	41.17	200m:	2:37.62	41.18	300m:	3:59.25	41.04	400m:	5:15.72	37.02
2.	LAVOIE, Anabelle		12	Club de Natation Juvaqua Alma						5:46.17	298	
	50m:	36.99	36.99	150m:	2:03.07	44.28	250m:	3:35.00	46.16	350m:	5:05.62	
	100m:	1:18.79	41.80	200m:	2:48.84	45.77	300m:			400m:	5:46.17	40.55
3.	BOUDREAU, Mérédith		12	C.Natation. Sept-Iles						5:46.46	297	
	50m:	39.59	39.59	150m:	2:08.73	45.82	250m:	3:39.21	43.58	350m:	5:05.91	42.76
	100m:	1:22.91	43.32	200m:	2:55.63	46.90	300m:	4:23.15	43.94	400m:	5:46.46	40.55
4.	GAGNON, Olivia		11	Aquanautes						6:12.61	239	
	50m:	40.05	40.05	150m:	2:13.87	48.07	250m:	3:49.85	48.65	350m:	5:27.12	48.83
	100m:	1:25.80	45.75	200m:	3:01.20	47.33	300m:	4:38.29	48.44	400m:	6:12.61	45.49
13 - 14 ans												
1.	GIBBONS-RENAUD, Gabrielle		14	Cnsf						4:49.69	509	
	50m:	31.88	31.88	150m:	1:43.18	36.42	250m:	2:58.17	37.73	350m:	4:13.96	37.69
	100m:	1:06.76	34.88	200m:	2:20.44	37.26	300m:	3:36.27	38.10	400m:	4:49.69	35.73
2.	TURBIDE, Florence		14	C.Natation. Sept-Iles						5:05.52	433	
	50m:	34.82	34.82	150m:	1:50.40	38.26	250m:	3:08.45	39.23	350m:	4:27.79	39.52
	100m:	1:12.14	37.32	200m:	2:29.22	38.82	300m:	3:48.27	39.82	400m:	5:05.52	37.73
3.	ESSIEMBRE, Léanne		14	Cpc						5:10.20	414	
	50m:	35.28	35.28	150m:	1:53.31	39.61	250m:	3:14.28	40.45	350m:	4:33.50	38.61
	100m:	1:13.70	38.42	200m:	2:33.83	40.52	300m:	3:54.89	40.61	400m:	5:10.20	36.70
4.	ROBERTSON, Elodie		14	Club de Natation Juvaqua Alma						5:11.50	409	
	50m:	35.59	35.59	150m:	1:53.92	40.09	250m:	3:14.92	40.34	350m:	4:34.47	40.11
	100m:	1:13.83	38.24	200m:	2:34.58	40.66	300m:	3:54.36	39.44	400m:	5:11.50	37.03
5.	MARCOUX, Laurie		14	C.Natation. Sept-Iles						5:12.72	404	
	50m:	35.71	35.71	150m:	1:54.26	39.91	250m:	3:13.59	39.93	350m:	4:34.29	39.87
	100m:	1:14.35	38.64	200m:	2:33.66	39.40	300m:	3:54.42	40.83	400m:	5:12.72	38.43
6.	BELLEMARE, Alexia		14	Aquanautes						5:17.52	386	
	50m:	34.74	34.74	150m:	1:53.24	39.58	250m:	3:14.72	41.18	350m:	4:37.71	41.37
	100m:	1:13.66	38.92	200m:	2:33.54	40.30	300m:	3:56.34	41.62	400m:	5:17.52	39.81
7.	BOUCHARD, Lydia-Maude		14	Club de natation Chibougamau-Chapais						5:25.06	360	
	50m:	35.86	35.86	150m:	1:57.75	41.72	250m:	3:21.92	42.42	350m:	4:46.25	42.13
	100m:	1:16.03	40.17	200m:	2:39.50	41.75	300m:	4:04.12	42.20	400m:	5:25.06	38.81
8.	LEMAY-PRESCOTT, Jeanne		13	Club de Natation Juvaqua Alma						5:31.05	341	
	50m:	36.11	36.11	150m:	1:55.69	40.88	250m:	3:20.69	43.02	350m:	4:48.30	43.84
	100m:	1:14.81	38.70	200m:	2:37.67	41.98	300m:	4:04.46	43.77	400m:	5:31.05	42.75
9.	BOULANGER, Madi-Sun		13	Club de Natation Juvaqua Alma						5:43.49	305	
	50m:	36.66	36.66	150m:	2:03.55	44.61	250m:	3:33.61	45.69	350m:	5:01.99	43.04
	100m:	1:18.94	42.28	200m:	2:47.92	44.37	300m:	4:18.95	45.34	400m:	5:43.49	41.50

Epreuve 19, Filles, 400m Libre, 13 - 14 ans

Rang				Age				Temps				Pts
10.	PAGÉ, Aly-Sun			13	Cnsf			5:46.16				298
	50m:	37.27	37.27	150m:	2:02.91	43.43	250m:	3:32.56	44.60	350m:	5:03.91	45.41
	100m:	1:14.48	42.21	200m:	2:47.96	45.05	300m:	4:18.50	45.94	400m:	5:46.16	42.25
11.	FRANCOEUR, Abigaëlle			14	Bg			5:58.05				269
	50m:	38.97	38.97	150m:	2:09.33	45.91	250m:	3:42.62	46.33	350m:	5:14.60	45.36
	100m:	1:23.42	44.45	200m:	2:56.29	46.96	300m:	4:29.24	46.62	400m:	5:58.05	43.45

15 ans et plus

1.	BERNARD, Florence			15	Club de Natation Juvaqua Alma			5:23.21				366
	50m:	35.63	35.63	150m:	1:55.65	40.72	250m:	3:19.11	41.95	350m:	4:44.20	42.33
	100m:	1:14.93	39.30	200m:	2:37.16	41.51	300m:	4:01.87	42.76	400m:	5:23.21	39.01
2.	VERREAULT, Mélory			16	Club de Natation Juvaqua Alma			5:23.51				365
	50m:	34.99	34.99	150m:	1:54.39	40.59	250m:	3:17.55	42.20	350m:	4:43.34	43.07
	100m:	1:13.80	38.81	200m:	2:35.35	40.96	300m:	4:00.27	42.72	400m:	5:23.51	40.17
3.	COUILLARD, Mellyann			17	Aquanautes			5:38.68				318
	50m:	37.52	37.52	150m:			250m:	3:26.37	43.41	350m:	4:54.91	43.99
	100m:	1:18.70	41.18	200m:	2:42.96		300m:	4:10.92	44.55	400m:	5:38.68	43.77
4.	NOËL, Mathilde			15	C.Natation. Sept-Iles			5:39.04				317
	50m:	37.39	37.39	150m:	2:02.54	43.28	250m:	3:31.35	44.63	350m:	4:58.96	43.85
	100m:	1:19.26	41.87	200m:	2:46.72	44.18	300m:	4:15.11	43.76	400m:	5:39.04	40.08
5.	FORTIN, Rose			17	Cnsf			5:39.80				315
	50m:	36.16	36.16	150m:	2:00.98	43.02	250m:	3:29.46	45.09	350m:	4:59.45	44.36
	100m:	1:17.96	41.80	200m:	2:44.37	43.39	300m:	4:15.09	45.63	400m:	5:39.80	40.35
6.	LAROUCHE, Justine			15	Club de Natation Juvaqua Alma			5:44.75				302
	50m:	36.39	36.39	150m:	2:01.45	43.62	250m:	3:31.93	45.50	350m:	5:03.00	45.84
	100m:	1:17.83	41.44	200m:	2:46.43	44.98	300m:	4:17.16	45.23	400m:	5:44.75	41.75
disq.	GAUDREAULT, Léa			16	C.Natation. Sept-Iles							