

44° Meeting Internazionale del Ceresio 2024
Lugano, 13. - 14.1.2024

gara 16 Donne, 400m Mista 14 anni e più vecchi
14.01.2024 - 8:50 Risultati Eliminatorie

Vincitore 2023 4:51.34 FASANI, Chiara ITA Lugano 15.01.2023
Record manifestazione 4:44.91 PAINI, Elisa ASTV 15.01.2005

Pointi: FINA 2023

Rango			An							Tempo	Pt.	
1.	FIORE, Valentina		05	Sporting Club 63 ssd						5:02.00	630 A	
	50m:	31.67	31.67	150m:	1:46.99	39.45	250m:	3:07.88	42.56	350m:	4:27.33	35.96
	100m:	1:07.54	35.87	200m:	2:25.32	38.33	300m:	3:51.37	43.49	400m:	5:02.00	34.67
2.	BRANCA, Elisa		05	Team Legnano Nuoto						5:03.26	622 A	
	50m:	32.17	32.17	150m:	1:49.15	39.37	250m:	3:10.07	42.25	350m:	4:28.30	35.89
	100m:	1:09.78	37.61	200m:	2:27.82	38.67	300m:	3:52.41	42.34	400m:	5:03.26	34.96
3.	BERTSCHI, Amélie		05	A-Club Swimming Team Savosa SA						5:03.50	621 A	
	50m:	31.84	31.84	150m:	1:47.61	39.16	250m:	3:09.03	42.64	350m:	4:27.79	34.58
	100m:	1:08.45	36.61	200m:	2:26.39	38.78	300m:	3:53.21	44.18	400m:	5:03.50	35.71
4.	PAGANI, Sofia		05	Sporting Club 63 ssd						5:05.08	611 A	
	50m:	31.68	31.68	150m:	1:48.48	41.64	250m:	3:10.86	42.73	350m:	4:30.66	35.89
	100m:	1:06.84	35.16	200m:	2:28.13	39.65	300m:	3:54.77	43.91	400m:	5:05.08	34.42
5.	ROSSI, Elisabetta		07	Mendrisiotto-Nuoto						5:05.90	606 A	
	50m:	33.62	33.62	150m:	1:51.15	39.18	250m:	3:13.91	43.95	350m:	4:32.13	34.56
	100m:	1:11.97	38.35	200m:	2:29.96	38.81	300m:	3:57.57	43.66	400m:	5:05.90	33.77
6.	PAPAI, Suami		08	A-Club Swimming Team Savosa SA						5:11.85	572 A	
	50m:	33.07	33.07	150m:	1:53.70	42.38	250m:	3:18.17	43.18	350m:	4:37.54	34.87
	100m:	1:11.32	38.25	200m:	2:34.99	41.29	300m:	4:02.67	44.50	400m:	5:11.85	34.31
7.	COSCIA, Giulia		09	PHOENIX asd						5:14.00	560 B	
	50m:	33.43	33.43	150m:	1:52.30	39.14	250m:	3:17.04	45.68	350m:	4:39.34	35.78
	100m:	1:13.16	39.73	200m:	2:31.36	39.06	300m:	4:03.56	46.52	400m:	5:14.00	34.66
8.	GANCI, Alice		08	A-Club Swimming Team Savosa SA						5:14.28	559 B	
	50m:	33.27	33.27	150m:	1:51.66	40.23	250m:	3:16.75	45.22	350m:	4:38.33	35.96
	100m:	1:11.43	38.16	200m:	2:31.53	39.87	300m:	4:02.37	45.62	400m:	5:14.28	35.95
9.	FERRIAN, Sofia		09	Sportclub12						5:17.54	542 B	
	50m:	33.96	33.96	150m:	1:53.94	40.20	250m:	3:20.81	47.02	350m:	4:43.62	35.80
	100m:	1:13.74	39.78	200m:	2:33.79	39.85	300m:	4:07.82	47.01	400m:	5:17.54	33.92
10.	BRUNELLA, Chiara		06	Sportclub12						5:18.31	538 B	
	50m:	34.14	34.14	150m:	1:53.64	41.73	250m:	3:19.31	43.86	350m:	4:42.50	38.25
	100m:	1:11.91	37.77	200m:	2:35.45	41.81	300m:	4:04.25	44.94	400m:	5:18.31	35.81
11.	PALAZZOTTO, Daniela		07	Nuotatori Milanesi						5:19.87	530 B	
	50m:	33.59	33.59	150m:	1:56.36	43.37	250m:	3:22.60	45.30	350m:	4:45.32	36.17
	100m:	1:12.99	39.40	200m:	2:37.30	40.94	300m:	4:09.15	46.55	400m:	5:19.87	34.55
12.	GIANOTTI, Tiara Maria		06	Sportclub12						5:23.27	513 B	
	50m:	33.37	33.37	150m:	1:54.43	42.06	250m:	3:20.46	45.51	350m:	4:46.02	38.70
	100m:	1:12.37	39.00	200m:	2:34.95	40.52	300m:	4:07.32	46.86	400m:	5:23.27	37.25
13.	CAPERNA, Valentina Giovanna		10	Sm Taurus Nuoto						5:23.54	512 R	
	50m:	34.30	34.30	150m:	1:54.88	41.48	250m:	3:24.30	48.50	350m:	4:48.64	36.36
	100m:	1:13.40	39.10	200m:	2:35.80	40.92	300m:	4:12.28	47.98	400m:	5:23.54	34.90
14.	ALMEIDA, Pauline		10	A-Club Swimming Team Savosa SA						5:29.21	486 R	
	50m:	34.46	34.46	150m:	1:55.39	41.91	250m:	3:24.93	48.37	350m:	4:51.97	38.01
	100m:	1:13.48	39.02	200m:	2:36.56	41.17	300m:	4:13.96	49.03	400m:	5:29.21	37.24
15.	FRANCIA, Marta		09	PHOENIX asd						5:31.26	477	
	50m:	35.66	35.66	150m:	2:00.95	42.89	250m:	3:29.22	46.25	350m:	4:54.64	38.36
	100m:	1:18.06	42.40	200m:	2:42.97	42.02	300m:	4:16.28	47.06	400m:	5:31.26	36.62
16.	LARGHI, Emma		09	A-Club Swimming Team Savosa SA						5:37.93	449	
	50m:	37.27	37.27	150m:	2:01.77	42.16	250m:	3:31.41	48.23	350m:	4:59.86	39.35
	100m:	1:19.61	42.34	200m:	2:43.18	41.41	300m:	4:20.51	49.10	400m:	5:37.93	38.07

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Rango			An					Tempo	Pt.
17.	LAZZARIN, Lisa		09	PHOENIX asd				5:38.47	447
	50m:	37.13 37.13	150m:	2:02.33 43.92	250m:	3:33.97 48.80	350m:	5:02.43 38.70	
	100m:	1:18.41 41.28	200m:	2:45.17 42.84	300m:	4:23.73 49.76	400m:	5:38.47 36.04	
18.	FAMULARI, Rebecca		09	Sm Taurus Nuoto				5:39.73	442
	50m:	35.15 35.15	150m:	2:01.58 44.73	250m:	3:28.85 44.52	350m:	4:57.54 42.42	
	100m:	1:16.85 41.70	200m:	2:44.33 42.75	300m:	4:15.12 46.27	400m:	5:39.73 42.19	
19.	SOLDAVINI, Sofia		08	Sm Taurus Nuoto				5:42.31	432
	50m:	34.89 34.89	150m:	1:59.17 44.35	250m:	3:32.39 49.17	350m:	5:03.17 40.57	
	100m:	1:14.82 39.93	200m:	2:43.22 44.05	300m:	4:22.60 50.21	400m:	5:42.31 39.14	
20.	LEOPARDI, Aurora		09	PHOENIX asd				5:50.34	403
	50m:	37.57 37.57	150m:	2:09.41 46.29	250m:	3:42.70 49.10	350m:	5:12.03 40.49	
	100m:	1:23.12 45.55	200m:	2:53.60 44.19	300m:	4:31.54 48.84	400m:	5:50.34 38.31	