

44° Meeting Internazionale del Ceresio 2024  
Lugano, 13. - 14.1.2024

gara 15  
14.01.2024 - 15:00

Uomini, 400m Mista

14 anni e più vecchi  
Risultati Finale

Vincitore 2023	4:18.83	BARBOTTI, Jacopo	ITA	Lugano	15.01.2023
Record manifestazione	4:14.74	COVA, Davide	ITA	Lugano	10.01.2016

Pointi: FINA 2023

Rango			An					Tempo	Pt.		
<b>Finale A</b>											
1.	<b>CARMINATI, Samuele</b>		<b>06</b>	<b>Sportclub12</b>				<b>4:25.42</b>	<b>692</b>		
	50m:	28.75 28.75	150m:	1:34.89	33.76	250m:	2:45.10	36.99	350m:	3:54.77	32.37
	100m:	1:01.13 32.38	200m:	2:08.11	33.22	300m:	3:22.40	37.30	400m:	4:25.42	30.65
2.	<b>CARMINATI, Matteo</b>		<b>06</b>	<b>Sportclub12</b>				<b>4:26.65</b>	<b>682</b>		
	50m:	29.18 29.18	150m:	1:36.73	34.57	250m:	2:48.48	36.27	350m:	3:57.24	31.91
	100m:	1:02.16 32.98	200m:	2:12.21	35.48	300m:	3:25.33	36.85	400m:	4:26.65	29.41
3.	<b>TEALDI, Manuel</b>		<b>04</b>	<b>Sportclub12</b>				<b>4:32.42</b>	<b>640</b>		
	50m:	28.71 28.71	150m:	1:37.50	35.72	250m:	2:51.13	38.73	350m:	4:03.15	32.56
	100m:	1:01.78 33.07	200m:	2:12.40	34.90	300m:	3:30.59	39.46	400m:	4:32.42	29.27
4.	<b>LAZZARI, Davide</b>		<b>06</b>	<b>Sportclub12</b>				<b>4:34.83</b>	<b>623</b>		
	50m:	27.63 27.63	150m:	1:33.01	33.90	250m:	2:46.44	39.90	350m:	4:02.11	34.04
	100m:	59.11 31.48	200m:	2:06.54	33.53	300m:	3:28.07	41.63	400m:	4:34.83	32.72
5.	<b>BASILICO, Andrea</b>		<b>07</b>	<b>Sportclub12</b>				<b>4:39.81</b>	<b>590</b>		
	50m:	29.18 29.18	150m:	1:37.98	35.43	250m:	2:53.78	40.54	350m:	4:07.57	33.12
	100m:	1:02.55 33.37	200m:	2:13.24	35.26	300m:	3:34.45	40.67	400m:	4:39.81	32.24
6.	<b>CAZZATO, Leo</b>		<b>05</b>	<b>Sporting Club 63 ssd</b>				<b>4:45.75</b>	<b>554</b>		
	50m:	29.71 29.71	150m:	1:42.35	38.76	250m:	3:00.11	39.94	350m:	4:14.28	33.86
	100m:	1:03.59 33.88	200m:	2:20.17	37.82	300m:	3:40.42	40.31	400m:	4:45.75	31.47
<b>Finale B</b>											
7.	<b>GIOIA, Leonardo</b>		<b>07</b>	<b>Sm Taurus Nuoto</b>				<b>4:44.83</b>	<b>560</b>		
	50m:	30.09 30.09	150m:	1:43.34	39.09	250m:	2:59.21	38.38	350m:	4:12.29	33.57
	100m:	1:04.25 34.16	200m:	2:20.83	37.49	300m:	3:38.72	39.51	400m:	4:44.83	32.54
8.	<b>SFREGOLA, Luigi</b>		<b>06</b>	<b>Nuoto Club Milano</b>				<b>4:46.28</b>	<b>551</b>		
	50m:	29.58 29.58	150m:	1:42.33	39.06	250m:	3:01.60	39.85	350m:	4:15.57	33.46
	100m:	1:03.27 33.69	200m:	2:21.75	39.42	300m:	3:42.11	40.51	400m:	4:46.28	30.71
9.	<b>D'IORIO, Gioele</b>		<b>01</b>	<b>Turrita Nuoto</b>				<b>4:48.36</b>	<b>539</b>		
	50m:	30.51 30.51	150m:	1:41.73	36.39	250m:	3:01.48	42.71	350m:	4:17.13	31.76
	100m:	1:05.34 34.83	200m:	2:18.77	37.04	300m:	3:45.37	43.89	400m:	4:48.36	31.23
10.	<b>MESSINA, Alex</b>		<b>07</b>	<b>A-Club Swimming Team Savosa SA</b>				<b>4:51.01</b>	<b>525</b>		
	50m:	30.21 30.21	150m:	1:46.38	41.08	250m:	3:04.68	38.17	350m:	4:18.23	34.26
	100m:	1:05.30 35.09	200m:	2:26.51	40.13	300m:	3:43.97	39.29	400m:	4:51.01	32.78
squal.	<b>GHIRIMOLDI, Carlo</b>		<b>08</b>	<b>Sportclub12</b>				<b>5:00.58</b>			
	<i>303 - Tocco non simultaneo con le due mani (virata 3)</i>										
	50m:	31.68 31.68	150m:	1:48.31	40.30	250m:	3:08.76	40.43	350m:	4:25.99	35.80
	100m:	1:08.01 36.33	200m:	2:28.33	40.02	300m:	3:50.19	41.43	400m:	5:00.58	34.59