

Event 53

Girls, 400m Medley

Juvenis

05/11/2023 - 15:35

Results

Recordes Nacionais 25m Open	4:37.41	Victoria Kaminskaya	ESJB	Porto	11/12/2015
Recordes Nacionais 25m Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	21/11/2004
Recordes Nacionais 25m Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	19/03/2004
Recorde Regional (25m) Open	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014
Recorde Regional (25m) Juv A	5:15.46	Ana Margarida Guedes	GCVR	Vila Real	21/11/2015
Recorde Regional (25m) Juv B	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014

Points: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Leonor Carnide Silva	151721	09	Gcvr	<b>5:34.96</b>	461
	50m: 34.59 34.59	150m:		250m:	350m:	
	100m: 1:16.03 41.44	200m: 2:40.93		300m: 4:17.06	400m: 5:34.96	
2.	Vitoria Cortinhas Pinto	212716	10	CMN Peso da Regua	<b>6:31.53</b>	289
	50m: 41.20 41.20	150m:		250m:	350m:	
	100m: 1:28.58 47.38	200m: 3:16.12		300m: 5:03.06	400m: 6:31.53	

Event 53

Women, 400m Medley

Juniores e Seniores

05/11/2023 - 15:35

Results

Recordes Nacionais 25m Open	4:37.41	Victoria Kaminskaya	ESJB	Porto	11/12/2015
Recordes Nacionais 25m Sen	4:37.41	Victoria Kaminskaya	ESJB	Porto	11/12/2015
Recordes Nacionais 25m 17	4:48.80	Victoria Kaminskaya	PIMP	Silves	02/12/2011
Recordes Nacionais 25m 16	4:50.85	Diana Margarida Duraes	FOCA	Silves	02/12/2011
Recorde Regional (25m) Open	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014
Recorde Regional (25m) Sen	5:19.17	Elsa Manuela Cardoso	GCVR	Sines	22/12/2008
Recorde Regional (25m) 17	5:15.65	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	08/07/2023
Recorde Regional (25m) 16	5:26.28	Andreia Monteiro Barreira	CMNPR	Peso da Régua	06/03/2022

Points: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Andreia Monteiro Barreira <i>Recorde Regional</i>	204638	06	CMN Peso da Regua	<b>5:11.34</b>	575
	50m: 34.84 34.84	150m:		250m:	350m:	
	100m: 1:15.21 40.37	200m: 2:37.18		300m: 4:01.71	400m: 5:11.34	
2.	Bianca Santos Goncalves	209198	07	EN Braganca	<b>6:26.87</b>	299
	50m: 40.40 40.40	150m:		250m:	350m:	
	100m: 1:31.09 50.69	200m: 3:07.21		300m: 4:59.18	400m: 6:26.87	

Event 53

Women, 400m Medley

Absoluto

05/11/2023 - 15:35

Results

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Recordes Nacionais 25m 17	4:48.80	Victoria Kaminskaya	PIMP	Silves	02/12/2011
Recordes Nacionais 25m 16	4:50.85	Diana Margarida Duraes	FOCA	Silves	02/12/2011
Recordes Nacionais 25m Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	21/11/2004
Recordes Nacionais 25m Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	19/03/2004
Recorde Regional (25m) Open	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014
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Recorde Regional (25m) 16	5:26.28	Andreia Monteiro Barreira	CMNPR	Peso da Régua	06/03/2022
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Points: FINA 2023

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Event 53, Women, 400m Medley, Absoluto

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