

13th Kokneses rudens
Koknese, 11.11.2023

Event 25
11.11.2023

Men, 400m Medley

25 - 94 years
Results

Points: DSV Masters 22

Rank				YB						Time	Pts	
35 - 39 years												
1.	VERDENHOFS, Atis			85	SK Delfins					5:58.94	439	
	50m:	36.19	36.19	150m:	2:08.13	49.29	250m:	3:46.54	51.73	350m:	5:19.93	40.60
	100m:	1:18.84	42.65	200m:	2:54.81	46.68	300m:	4:39.33	52.79	400m:	5:58.94	39.01
2.	VIKSNE, Arturs			84	SK Delfins					6:02.64	426	
	50m:	40.85	40.85	150m:	2:12.38	43.40	250m:	3:46.94	51.53	350m:	5:20.17	43.41
	100m:	1:28.98	48.13	200m:	2:55.41	43.03	300m:	4:36.76	49.82	400m:	6:02.64	42.47
40 - 44 years												
1.	KULLERKUPP, Margus			79	Ujumisklubi Briis					6:49.09	290	
	50m:	45.07	45.07	150m:	2:26.98	50.45	250m:	4:15.13	57.22	350m:	6:00.64	47.60
	100m:	1:36.53	51.46	200m:	3:17.91	50.93	300m:	5:13.04	57.91	400m:	6:49.09	48.45