

13th Kokneses rudens
Koknese, 11.11.2023

Event 24
11.11.2023

Women, 400m Medley

25 - 94 years
Results

Points: DSV Masters 22

Rank				YB						Time	Pts	
25 - 29 years												
1.	GOBERGA, Marta Annija			98	Rigas Kipsalas PK					5:47.29	646	
	50m:	40.14	40.14	150m:	2:11.00	46.28	250m:	3:44.23	47.32	350m:	5:09.51	40.28
	100m:	1:24.72	44.58	200m:	2:56.91	45.91	300m:	4:29.23	45.00	400m:	5:47.29	37.78

45 - 49 years

1.	VAITONE, Irina			74	Rezeknes SP					6:08.85	674	
	50m:	37.70	37.70	150m:	2:11.24	47.54	250m:	3:46.72	47.71	350m:	5:22.64	47.00
	100m:	1:23.70	46.00	200m:	2:59.01	47.77	300m:	4:35.64	48.92	400m:	6:08.85	46.21