

Severoslovenská liga 4.kolo
Dolný Kubín, 18.11.2023

disciplína 8
18.11.2023 - 11:50

ženy, 400m vo ný spôsob

10 ro . a st.
Výsledky

bodovanie: FINA 2023

por.	Ro .	as	body
10 ro .			
1.	POLÁKOVÁ, Zara	13 MPK Tvrdošín	6:20.45 224
	50m: 41.79 41.79 150m: 2:18.50 47.93 250m: 3:58.28 49.83 350m: 5:34.50 48.12		
	100m: 1:30.57 48.78 200m: 3:08.45 49.95 300m: 4:46.38 48.10 400m: 6:20.45 45.95		
2.	MA OŠKOVÁ, Barbora	13 MPK Tvrdošín	6:22.11 221
	50m: 42.18 42.18 150m: 2:20.65 49.82 250m: 3:58.22 48.75 350m: 5:35.69 48.03		
	100m: 1:30.83 48.65 200m: 3:09.47 48.82 300m: 4:47.66 49.44 400m: 6:22.11 46.42		
3.	BELOVÁ, Darina	13 PK Martin	6:38.77 195
	50m: 43.52 43.52 150m: 2:30.51 54.91 250m: 4:07.57 46.57 350m: 5:49.38 49.67		
	100m: 1:35.60 52.08 200m: 3:21.00 50.49 300m: 4:59.71 52.14 400m: 6:38.77 49.39		
4.	LEJOVÁ, Dorota	13 PK Martin	6:39.44 194
	50m: 43.73 43.73 150m: 2:24.00 50.99 250m: 4:09.24 53.59 350m: 5:52.73 51.45		
	100m: 1:33.01 49.28 200m: 3:15.65 51.65 300m: 5:01.28 52.04 400m: 6:39.44 46.71		
5.	DUBOVSKÁ, Nikola	13 MPK Dolný Kubín	6:58.91 168
	50m: 44.21 44.21 150m: 2:33.74 56.04 250m: 4:21.58 54.13 350m: 6:07.14 51.66		
	100m: 1:37.70 53.49 200m: 3:27.45 53.71 300m: 5:15.48 53.90 400m: 6:58.91 51.77		
6.	LEŠ OVSKÁ, Miriama	13 MPK Dolný Kubín	7:04.51 161
	50m: 45.72 45.72 150m: 2:32.55 54.17 250m: 4:22.18 55.35 350m: 6:14.10 55.66		
	100m: 1:38.38 52.66 200m: 3:26.83 54.28 300m: 5:18.44 56.26 400m: 7:04.51 50.41		
7.	STACHOVÁ, Kristína Alžbeta	13 PK Martin	7:15.11 150
	50m: 45.58 45.58 150m: 2:34.52 55.95 250m: 4:27.08 56.07 350m: 6:21.16 56.69		
	100m: 1:38.57 52.99 200m: 3:31.01 56.49 300m: 5:24.47 57.39 400m: 7:15.11 53.95		
11 ro .			
1.	TARBAJOVÁ, Radka	12 MPK Tvrdošín	6:08.52 247
	50m: 41.54 41.54 150m: 2:16.20 47.25 250m: 3:53.23 48.76 350m: 5:28.45 46.81		
	100m: 1:28.95 47.41 200m: 3:04.47 48.27 300m: 4:41.64 48.41 400m: 6:08.52 40.07		
2.	FEKETE, Tamara	12 MPK Prievidza	6:09.93 244
	50m: 42.76 42.76 150m: 2:18.93 48.68 250m: 3:55.89 47.92 350m: 5:29.04 45.33		
	100m: 1:30.25 47.49 200m: 3:07.97 49.04 300m: 4:43.71 47.82 400m: 6:09.93 40.89		
3.	GILIANOVÁ, Tereza	12 PK Martin	6:31.63 206
	50m: 43.25 43.25 150m: 2:21.64 50.19 250m: 4:02.77 50.63 350m: 5:43.22 50.57		
	100m: 1:31.45 48.20 200m: 3:12.14 50.50 300m: 4:52.65 49.88 400m: 6:31.63 48.41		
4.	GROSSMANNOVÁ, Anna	12 MPK Tvrdošín	6:36.23 198
	50m: 45.23 45.23 150m: 2:23.74 49.49 250m: 4:06.33 51.32 350m: 5:50.40 52.69		
	100m: 1:34.25 49.02 200m: 3:15.01 51.27 300m: 4:57.71 51.38 400m: 6:36.23 45.83		
5.	GYÉNOVÁ, Natalia	12 PK Martin	7:30.11 135
	50m: 48.91 48.91 150m: 2:46.42 59.89 250m: 4:46.33 1:00.04 350m: 6:34.16 51.38		
	100m: 1:46.53 57.62 200m: 3:46.29 59.87 300m: 5:42.78 56.45 400m: 7:30.11 55.95		
6.	JANOVSKÁ, Natália	12 PK Martin	7:41.14 126
	50m: 51.08 51.08 150m: 2:48.34 59.60 250m: 4:47.61 59.40 350m: 6:47.40 1:00.14		
	100m: 1:48.74 57.66 200m: 3:48.21 59.87 300m: 5:47.26 59.65 400m: 7:41.14 53.74		
12 - 13 ro .			
1.	NOVINSKÁ, Kristína	11 PK Martin	4:47.31 521
	50m: 32.22 32.22 150m: 1:42.95 35.80 250m: 2:56.03 36.55 350m: 4:11.99 37.69		
	100m: 1:07.15 34.93 200m: 2:19.48 36.53 300m: 3:34.30 38.27 400m: 4:47.31 35.32		
2.	ŠMIDOVÁ, Karolína	10 PK Martin	5:26.69 354
	50m: 36.74 36.74 150m: 1:57.94 41.51 250m: 3:22.16 42.31 350m: 4:46.14 42.16		
	100m: 1:16.43 39.69 200m: 2:39.85 41.91 300m: 4:03.98 41.82 400m: 5:26.69 40.55		

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disciplína 8, žia ky, 400m vo ný spôsob, 12 - 13 ro .

por.			Ro .					as	body		
3.	BRISUDOVÁ, Alica		10	MPK Tvrdošín				5:39.00	317		
	50m:	36.76 36.76	150m:	2:02.20	42.84	250m:	3:30.29	44.39	350m:	4:58.01	43.25
	100m:	1:19.36 42.60	200m:	2:45.90	43.70	300m:	4:14.76	44.47	400m:	5:39.00	40.99
4.	ŠÁLKOVÁ, Lucia		10	MPK Tvrdošín				5:40.80	312		
	50m:	36.80 36.80	150m:	2:02.43	44.13	250m:	3:30.88	43.93	350m:	5:00.41	45.12
	100m:	1:18.30 41.50	200m:	2:46.95	44.52	300m:	4:15.29	44.41	400m:	5:40.80	40.39
5.	TADLÁNKOVÁ, Lucia		11	AT Tur ianske Teplice				5:53.33	280		
	50m:	39.26 39.26	150m:	2:09.34	45.92	250m:	3:40.39	45.22	350m:	5:12.74	46.15
	100m:	1:23.42 44.16	200m:	2:55.17	45.83	300m:	4:26.59	46.20	400m:	5:53.33	40.59
6.	ROMANOVÁ, Nina		11	PK Martin				5:54.06	278		
	50m:	38.82 38.82	150m:	2:07.60	45.22	250m:	3:38.86	45.79	350m:	5:10.77	46.11
	100m:	1:22.38 43.56	200m:	2:53.07	45.47	300m:	4:24.66	45.80	400m:	5:54.06	43.29
7.	KVAŠ OVSKÁ, Karolína		11	MPK Dolný Kubín				5:57.22	271		
	50m:	38.36 38.36	150m:	2:07.50	45.38	250m:	3:39.15	45.66	350m:	5:13.55	47.49
	100m:	1:22.12 43.76	200m:	2:53.49	45.99	300m:	4:26.06	46.91	400m:	5:57.22	43.67
8.	CIBULOVÁ, Izabela		11	PK Martin				6:01.23	262		
	50m:	39.31 39.31	150m:	2:09.31	45.67	250m:	3:41.96	46.51	350m:	5:15.93	47.05
	100m:	1:23.64 44.33	200m:	2:55.45	46.14	300m:	4:28.88	46.92	400m:	6:01.23	45.30
9.	MACEKOVÁ, Viktória		10	MPK Dolný Kubín				6:02.32	260		
	50m:	39.78 39.78	150m:	2:09.91	46.18	250m:	3:43.05	46.18	350m:	5:17.49	47.55
	100m:	1:23.73 43.95	200m:	2:56.87	46.96	300m:	4:29.94	46.89	400m:	6:02.32	44.83
10.	KOPECKÁ, Emília		10	AT Tur ianske Teplice				6:16.58	231		
	50m:	41.75 41.75	150m:	2:18.17	47.97	250m:	3:55.00	48.28	350m:	5:32.11	47.93
	100m:	1:30.20 48.45	200m:	3:06.72	48.55	300m:	4:44.18	49.18	400m:	6:16.58	44.47

14 - 15 ro .

1.	PEKNUŠOVÁ, Sophia		08	PK TENAX Žilina				4:48.01	517		
	50m:	30.41 30.41	150m:	1:40.80	36.09	250m:	2:56.07	37.86	350m:	4:12.00	37.94
	100m:	1:04.71 34.30	200m:	2:18.21	37.41	300m:	3:34.06	37.99	400m:	4:48.01	36.01
2.	DIRBÁKOVÁ, Viktória		08	MPK Prievidza				5:10.98	411		
	50m:	33.99 33.99	150m:	1:53.46	40.74	250m:	3:14.50	39.93	350m:	4:34.51	39.59
	100m:	1:12.72 38.73	200m:	2:34.57	41.11	300m:	3:54.92	40.42	400m:	5:10.98	36.47
3.	URBANOVÁ, Linda		08	MPK Dolný Kubín				5:18.83	381		
	50m:	35.01 35.01	150m:	1:54.27	40.16	250m:	3:15.59	40.61	350m:	4:37.90	41.28
	100m:	1:14.11 39.10	200m:	2:34.98	40.71	300m:	3:56.62	41.03	400m:	5:18.83	40.93
4.	LEGEMZOVÁ, Sofia		08	MPK Dolný Kubín				5:41.07	311		
	50m:	36.82 36.82	150m:	2:02.92	43.32	250m:	3:31.97	44.44	350m:	5:01.50	44.67
	100m:	1:19.60 42.78	200m:	2:47.53	44.61	300m:	4:16.83	44.86	400m:	5:41.07	39.57
5.	CIBULOVÁ, Liliana		09	PK Martin				6:20.84	224		
	50m:	40.60 40.60	150m:	2:13.87	48.00	250m:	3:52.09	49.15	350m:	5:32.79	50.57
	100m:	1:25.87 45.27	200m:	3:02.94	49.07	300m:	4:42.22	50.13	400m:	6:20.84	48.05

16 ro . a st.

1.	MATÚŠOVÁ, Zuzana		83	MPK Prievidza				5:26.84	354		
	50m:	36.75 36.75	150m:	1:58.36	41.68	250m:	3:22.08	42.01	350m:	4:47.09	42.42
	100m:	1:16.68 39.93	200m:	2:40.07	41.71	300m:	4:04.67	42.59	400m:	5:26.84	39.75
2.	KECEROVÁ, Dorota		01	MPK Dolný Kubín				5:40.02	314		
	50m:	35.18 35.18	150m:	1:56.79	41.88	250m:	3:25.36	44.85	350m:	4:55.51	45.20
	100m:	1:14.91 39.73	200m:	2:40.51	43.72	300m:	4:10.31	44.95	400m:	5:40.02	44.51