

Severoslovenská liga 4.kolo
Dolný Kubín, 18.11.2023

disciplína 7
18.11.2023 - 11:10

muži, 400m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.	Ro .	mas	body
11 ro .			
1.	SLOVÍK, Samuel	12 MPK Tvrdošín	5:43.39 236
	50m: 38.31 38.31 150m: 2:05.34 43.76 250m: 3:33.83 44.16 350m: 5:03.41 44.29		
	100m: 1:21.58 43.27 200m: 2:49.67 44.33 300m: 4:19.12 45.29 400m: 5:43.39 39.98		
2.	VROBEL, Michael	12 MPK Tvrdošín	6:07.07 193
	50m: 39.58 39.58 150m: 2:13.47 47.90 250m: 3:48.29 47.88 350m: 5:22.09 46.46		
	100m: 1:25.57 45.99 200m: 3:00.41 46.94 300m: 4:35.63 47.34 400m: 6:07.07 44.98		
3.	KOPECKÝ, Matej	12 AT Tur ianske Teplice	6:23.82 169
	50m: 41.01 41.01 150m: 2:19.67 50.51 250m: 3:59.03 49.86 350m: 5:38.47 49.96		
	100m: 1:29.16 48.15 200m: 3:09.17 49.50 300m: 4:48.51 49.48 400m: 6:23.82 45.35		
4.	DUBOVEC, Ivan	12 MPK Dolný Kubín	6:49.87 138
	50m: 45.34 45.34 150m: 2:30.63 52.51 250m: 4:18.72 52.25 350m: 5:57.66 48.75		
	100m: 1:38.12 52.78 200m: 3:26.47 55.84 300m: 5:08.91 50.19 400m: 6:49.87 52.21		
5.	LONC, Marko	12 PK Martin	6:51.43 137
	50m: 43.06 43.06 150m: 2:25.78 52.73 250m: 4:14.55 54.21 350m: 6:00.38 52.41		
	100m: 1:33.05 49.99 200m: 3:20.34 54.56 300m: 5:07.97 53.42 400m: 6:51.43 51.05		
6.	ŠMAJDA, Marián	12 PK Martin	7:01.96 127
	50m: 45.31 45.31 150m: 2:32.59 54.54 250m: 4:21.19 53.73 350m: 6:08.99 53.19		
	100m: 1:38.05 52.74 200m: 3:27.46 54.87 300m: 5:15.80 54.61 400m: 7:01.96 52.97		
7.	KUNÍK, Filip	12 MPK Tvrdošín	7:05.43 124
	50m: 46.12 46.12 150m: 2:35.07 54.62 250m: 4:25.25 54.96 350m: 6:12.63 53.31		
	100m: 1:40.45 54.33 200m: 3:30.29 55.22 300m: 5:19.32 54.07 400m: 7:05.43 52.80		
8.	JUHÁS, Jakub	12 PO Ružomberok	8:14.36 79
	50m: 56.47 56.47 150m: 3:01.56 1:02.33 250m: 5:11.77 1:05.22 350m: 7:14.07 1:00.71		
	100m: 1:59.23 1:02.76 200m: 4:06.55 1:04.99 300m: 6:13.36 1:01.59 400m: 8:14.36 1:00.29		
12 ro .			
1.	BELA, Ivan	11 PK Martin	5:12.01 314
	50m: 35.29 35.29 150m: 1:53.96 39.60 250m: 3:13.49 39.04 350m: 4:33.96 40.07		
	100m: 1:14.36 39.07 200m: 2:34.45 40.49 300m: 3:53.89 40.40 400m: 5:12.01 38.05		
2.	GO ALTOVSKÝ, Marek	11 PK Martin	6:02.01 201
	50m: 40.19 40.19 150m: 2:13.35 46.70 250m: 3:46.90 46.15 350m: 5:19.91 47.29		
	100m: 1:26.65 46.46 200m: 3:00.75 47.40 300m: 4:32.62 45.72 400m: 6:02.01 42.10		
3.	GEISBACHER, Matej	11 AT Tur ianske Teplice	6:22.50 170
	50m: 42.15 42.15 150m: 2:21.24 50.14 250m: 3:58.70 49.50 350m: 5:36.16 48.38		
	100m: 1:31.10 48.95 200m: 3:09.20 47.96 300m: 4:47.78 49.08 400m: 6:22.50 46.34		
13 - 14 ro .			
1.	MACHOV ÁK, Marek	09 PK Martin	4:43.15 421
	50m: 31.24 31.24 150m: 1:42.18 36.30 250m: 2:55.44 36.40 350m: 4:08.68 36.35		
	100m: 1:05.88 34.64 200m: 2:19.04 36.86 300m: 3:32.33 36.89 400m: 4:43.15 34.47		
2.	GO ALTOVSKÝ, Daniel	09 PK Martin	4:50.88 388
	50m: 32.68 32.68 150m: 1:47.01 37.25 250m: 3:01.32 36.63 350m: 4:15.26 37.36		
	100m: 1:09.76 37.08 200m: 2:24.69 37.68 300m: 3:37.90 36.58 400m: 4:50.88 35.62		
3.	ROVNIANEK, Tomáš	09 PK Martin	4:56.06 368
	50m: 32.81 32.81 150m: 1:48.72 38.57 250m: 3:06.15 38.53 350m: 4:23.43 38.06		
	100m: 1:10.15 37.34 200m: 2:27.62 38.90 300m: 3:45.37 39.22 400m: 4:56.06 32.63		
4.	MACHAJ, Jakub	10 TT Dolný Kubín	5:19.65 292
	50m: 35.80 35.80 150m: 1:57.02 41.08 250m: 3:18.62 40.98 350m: 4:39.14 40.75		
	100m: 1:15.94 40.14 200m: 2:37.64 40.62 300m: 3:58.39 39.77 400m: 5:19.65 40.51		

Severoslovenská liga 4.kolo
Dolný Kubín, 18.11.2023

disciplína 7, žiaci, 400m vo ný spôsob, 13 - 14 ro .

por.	Ro .				as				body			
5.	MINEK, Filip				10 PK Martin				5:21.64 287			
	50m:	36.46	36.46	150m:	1:57.73	40.83	250m:	3:20.55	41.53	350m:	4:43.12	41.04
	100m:	1:16.90	40.44	200m:	2:39.02	41.29	300m:	4:02.08	41.53	400m:	5:21.64	38.52
6.	BÉREŠ, Samuel				10 KPŠ Nereus Žilina				5:42.29 238			
	50m:	36.06	36.06	150m:	1:59.65	42.87	250m:	3:28.47	44.21	350m:	4:58.30	45.12
	100m:	1:16.78	40.72	200m:	2:44.26	44.61	300m:	4:13.18	44.71	400m:	5:42.29	43.99
7.	ŠU AL, Juraj Tobias				10 MPK Prievidza				5:51.13 220			
	50m:	39.33	39.33	150m:	2:07.70	44.55	250m:	3:38.02	45.46	350m:	5:09.71	45.55
	100m:	1:23.15	43.82	200m:	2:52.56	44.86	300m:	4:24.16	46.14	400m:	5:51.13	41.42
8.	ÍŽIK, Adam				09 MPK Prievidza				6:00.81 203			
	50m:	39.43	39.43	150m:	2:07.70	45.22	250m:	3:37.66	45.25	350m:	5:14.51	48.44
	100m:	1:22.48	43.05	200m:	2:52.41	44.71	300m:	4:26.07	48.41	400m:	6:00.81	46.30
9.	MA OR, Benjamín				10 MPK Tvrdošín				6:13.99 182			
	50m:	39.74	39.74	150m:	2:13.80	47.81	250m:	3:50.20	47.38	350m:	5:27.00	47.67
	100m:	1:25.99	46.25	200m:	3:02.82	49.02	300m:	4:39.33	49.13	400m:	6:13.99	46.99
10.	BURSA, Samuel				09 PO Ružomberok				6:55.46 133			
	50m:	45.13	45.13	150m:	2:28.63	53.15	250m:	4:17.04	53.65	350m:	6:03.16	53.00
	100m:	1:35.48	50.35	200m:	3:23.39	54.76	300m:	5:10.16	53.12	400m:	6:55.46	52.30

15 - 16 ro .

1.	IŽMÁRIK, Tomáš				08 KPŠ Nereus Žilina				4:19.66 546			
	50m:	29.21	29.21	150m:	1:34.40	33.09	250m:	2:41.61	34.14	350m:	3:47.78	32.72
	100m:	1:01.31	32.10	200m:	2:07.47	33.07	300m:	3:15.06	33.45	400m:	4:19.66	31.88
2.	LIPTAI, Matej				08 PK Martin				4:26.21 506			
	50m:	29.43	29.43	150m:	1:35.29	33.25	250m:	2:43.77	34.35	350m:	3:53.16	34.43
	100m:	1:02.04	32.61	200m:	2:09.42	34.13	300m:	3:18.73	34.96	400m:	4:26.21	33.05
3.	CIGÁNIK, Marián				07 KPŠ Nereus Žilina				4:37.10 449			
	50m:	30.61	30.61	150m:	1:39.60	34.87	250m:	2:49.92	34.71	350m:	4:02.55	36.13
	100m:	1:04.73	34.12	200m:	2:15.21	35.61	300m:	3:26.42	36.50	400m:	4:37.10	34.55
4.	LEHOCKÝ, Jakub				08 KPŠ Nereus Žilina				4:55.49 370			
	50m:	31.67	31.67	150m:	1:44.65	37.23	250m:	3:01.70	38.47	350m:	4:19.43	39.13
	100m:	1:07.42	35.75	200m:	2:23.23	38.58	300m:	3:40.30	38.60	400m:	4:55.49	36.06
5.	PÁLENÍK, Matúš				07 MPK Dolný Kubín				5:50.13 222			
	50m:	39.38	39.38	150m:	2:09.67	44.96	250m:	3:39.86	44.78	350m:	5:07.80	44.00
	100m:	1:24.71	45.33	200m:	2:55.08	45.41	300m:	4:23.80	43.94	400m:	5:50.13	42.33

17 ro . a st.

1.	ALJOU, René				06 PK Martin				4:43.09 421			
	50m:	30.81	30.81	150m:	1:41.45	36.30	250m:	2:54.45	36.09	350m:	4:07.84	36.36
	100m:	1:05.15	34.34	200m:	2:18.36	36.91	300m:	3:31.48	37.03	400m:	4:43.09	35.25
2.	PAVLÍ EK, Dominik				95 PO Ružomberok				5:40.49 242			
	50m:	34.78	34.78	150m:	1:57.96	42.21	250m:	3:25.55	44.42	350m:	4:55.84	45.13
	100m:	1:15.75	40.97	200m:	2:41.13	43.17	300m:	4:10.71	45.16	400m:	5:40.49	44.65
3.	KR ÍK, Jozef				57 MPK Prievidza				5:57.89 208			
	50m:	39.08	39.08	150m:	2:06.18	44.41	250m:	3:37.28	45.57	350m:	5:10.91	47.27
	100m:	1:21.77	42.69	200m:	2:51.71	45.53	300m:	4:23.64	46.36	400m:	5:57.89	46.98
4.	REŠETÁR, Andrej				85 AT Tur ianske Teplice				6:10.66 187			
	50m:	38.90	38.90	150m:	2:09.07	46.75	250m:	3:45.63	48.81	350m:	5:23.66	49.87
	100m:	1:22.32	43.42	200m:	2:56.82	47.75	300m:	4:33.79	48.16	400m:	6:10.66	47.00