

Festival par équipe All Tides section 2
 Québec, 27- - 29-10-2023



Epreuve 19 Dames, 400m Libre 11 ans et plus
 2023-10-29 - 9:00 Liste résultats

Records du Qc Sr	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records du Qc GA 15 - 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Records du Qc GA 13 - 14	4:17.41	HUTCHISON, Jennifer	PCSC	???	1987-02-01
Records du Qc GA - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Points: FINA 2023

Rang	Age	Temps								Pts				
11 - 12 ans														
1.	BELHUMEUR, Jeanne	12	Natation Gatineau								5:03.10	444		
	50m: 5:03.11 5:03.11	150m: 1:13.01	37.81	250m: 2:31.07	39.11	350m: 3:48.14	38.81	100m: 35.20	200m: 1:51.96	38.95	300m: 3:09.33	38.26	400m: 5:03.10	1:14.96
2.	PATINO ROSERO, Zarita	12	Rouge et Or/Université Laval								5:08.60	421		
	50m: 5:08.60 5:08.60	150m: 1:13.26	38.78	250m: 2:32.39	39.29	350m: 3:51.86	39.88	100m: 34.48	200m: 1:53.10	39.84	300m: 3:11.98	39.59	400m: 5:08.60	1:16.74
3.	BROCHU, Aleni	12	Natation Gatineau								5:17.53	386		
	50m: 5:17.53 5:17.53	150m: 1:18.43	40.96	250m: 2:40.52	40.88	350m: 4:01.22	40.75	100m: 37.47	200m: 1:59.64	41.21	300m: 3:20.47	39.95	400m: 5:17.53	1:16.31
4.	FORTIN, Flavie	12	Rouge et Or/Université Laval								5:20.68	375		
	50m: 35.93 35.93	150m: 1:56.40	40.20	250m: 3:17.77	41.07	350m:		100m: 1:16.20	200m: 2:36.70	40.30	300m: 3:59.64	41.87	400m: 5:20.68	
5.	WANG, Emily Zihan	11	Club de Natation Samak								5:23.01	367		
	50m: 36.46 36.46	150m: 1:58.33	41.95	250m: 3:20.57	40.46	350m: 4:42.67	41.61	100m: 1:16.38	200m: 2:40.11	41.78	300m: 4:01.06	40.49	400m: 5:23.01	40.34
6.	TREMBLAY, Béatrice	12	Mégophias								5:29.68	345		
	50m: 5:29.58 5:29.58	150m: 1:17.14	41.02	250m: 2:40.79	42.51	350m: 4:06.23	42.50	100m: 36.12	200m: 1:58.28	41.14	300m: 3:23.73	42.94	400m: 5:29.68	1:23.45
7.	TRUDEL, Maika	12	club aquatique st-eustache								5:35.66	327		
	50m: 37.61 37.61	150m: 2:01.83	42.84	250m: 3:28.34	43.14	350m: 4:54.92	43.08	100m: 1:18.99	200m: 2:45.20	43.37	300m: 4:11.84	43.50	400m: 5:35.66	40.74
8.	MARCOUX, Livia	12	Natation Gatineau								5:38.78	318		
	50m: 38.10 38.10	150m: 2:05.12	43.33	250m: 3:30.83	42.49	350m:		100m: 1:21.79	200m: 2:48.34	43.22	300m: 4:14.48	43.65	400m: 5:38.78	
9.	CAVAR, Léonie	12	Club de Natation Samak								5:43.91	304		
	50m: 36.79 36.79	150m: 2:00.51	42.92	250m: 3:29.91	45.18	350m: 5:01.12	45.92	100m: 1:17.59	200m: 2:44.73	44.22	300m: 4:15.20	45.29	400m: 5:43.91	42.79
10.	ZENG, Shirley	11	Club de Natation Samak								5:46.04	298		
	50m: 39.27 39.27	150m: 2:08.02	44.35	250m: 3:37.33	44.89	350m:		100m: 1:23.67	200m: 2:52.44	44.42	300m: 4:21.20	43.87	400m: 5:46.04	
11.	BOUCHARD, Sarah	11	Rouge et Or/Université Laval								5:49.69	289		
	50m: 39.12 39.12	150m: 2:06.85	43.50	250m: 3:35.77	44.57	350m: 5:05.12	44.34	100m: 1:23.35	200m: 2:51.20	44.35	300m: 4:20.78	45.01	400m: 5:49.69	44.57
12.	AUDY, Alice	12	Club de Natation Samak								5:54.64	277		
	50m: 39.24 39.24	150m: 2:08.66	45.09	250m: 3:40.17	46.03	350m: 5:11.33	45.24	100m: 1:23.57	200m: 2:54.14	45.48	300m: 4:26.09	45.92	400m: 5:54.64	43.31
13.	DUBÉ, Anna	12	Les Dauphins de Rimouski								6:06.16	252		
	50m: 40.07 40.07	150m: 2:12.56	46.89	250m: 3:47.60	47.71	350m: 5:21.76	46.65	100m: 1:25.67	200m: 2:59.89	47.33	300m: 4:35.11	47.51	400m: 6:06.16	44.40
14.	WANG, Xixian	11	Club de Natation Samak								6:07.23	249		
	50m: 41.27 41.27	150m: 2:13.82		250m:		350m:		100m:	200m:		300m: 4:36.43		400m: 6:07.23	

Epreuve 19, Filles, 400m Libre, 11 - 12 ans

Rang				Age					Temps	Pts		
15.	BANVILLE, Léonie			12	Les Dauphins de Rimouski				6:14.03	236		
	50m:	40.11	40.11	150m:	2:14.66	48.67	250m:	3:53.07	48.30	350m:	5:28.43	46.58
	100m:	1:25.99	45.88	200m:	3:04.77	50.11	300m:	4:41.85	48.78	400m:	6:14.03	45.60
16.	ZHANG, Xinyu			12	Club de Natation Samak				6:22.22	221		
	50m:	40.24	40.24	150m:	2:15.12	48.86	250m:	3:53.97	48.92	350m:	5:33.71	50.30
	100m:	1:26.26	46.02	200m:	3:05.05	49.93	300m:	4:43.41	49.44	400m:	6:22.22	48.51
17.	SLAMA, Meriam			11	Rouge et Or/Université Laval				6:23.85	218		
	50m:	40.78	40.78	150m:	2:14.44	48.58	250m:	3:52.72	49.07	350m:	5:34.66	51.61
	100m:	1:25.86	45.08	200m:	3:03.65	49.21	300m:	4:43.05	50.33	400m:	6:23.85	49.19
18.	PARENT, Léanne			12	Les Dauphins de Rimouski				6:30.20	208		
	50m:	44.05	44.05	150m:	2:24.00	50.74	250m:	4:02.32	48.69	350m:	5:45.01	50.97
	100m:	1:33.26	49.21	200m:	3:13.63	49.63	300m:	4:54.04	51.72	400m:	6:30.20	45.19

13 - 14 ans

1.	BOYER, Mariane			14	Natation Gatineau				4:41.43	555		
	50m:	31.99	31.99	150m:	1:42.91	35.89	250m:	2:54.07	35.20	350m:	4:05.57	35.48
	100m:	1:07.02	35.03	200m:	2:18.87	35.96	300m:	3:30.09	36.02	400m:	4:41.43	35.86
2.	DE VOGELAERE, Noémie			14	Club de Natation Samak				4:47.14	522		
	50m:	32.57	32.57	150m:	1:44.51	35.98	250m:	2:57.72	36.75	350m:	4:11.94	37.07
	100m:	1:08.53	35.96	200m:	2:20.97	36.46	300m:	3:34.87	37.15	400m:	4:47.14	35.20
3.	PANAITESCU, Andreea-Francesca			14	Mustang Boucherville				4:48.01	517		
	50m:	32.60	32.60	150m:	1:44.74	36.47	250m:	2:58.36	36.85	350m:	4:12.62	37.13
	100m:	1:08.27	35.67	200m:	2:21.51	36.77	300m:	3:35.49	37.13	400m:	4:48.01	35.39
4.	LABERGE, Élise			14	Rouge et Or/Université Laval				4:59.59	460		
	50m:	33.44	33.44	150m:	1:48.36	38.07	250m:	3:05.41	38.60	350m:	4:22.50	38.29
	100m:	1:10.29	36.85	200m:	2:26.81	38.45	300m:	3:44.21	38.80	400m:	4:59.59	37.09
5.	DROUIN, Marilou			14	club aquatique st-eustache				5:00.04	458		
	50m:	33.07	33.07	150m:	1:48.50	38.55	250m:	3:05.76	38.38	350m:	4:23.15	38.67
	100m:	1:09.95	36.88	200m:	2:27.38	38.88	300m:	3:44.48	38.72	400m:	5:00.04	36.89
6.	GOSSELIN, Méliã			13	Rouge et Or/Université Laval				5:01.00	453		
	50m:	33.45	33.45	150m:	1:48.87	38.25	250m:	3:06.46	38.73	350m:	4:23.72	38.84
	100m:	1:10.62	37.17	200m:	2:27.73	38.86	300m:	3:44.88	38.42	400m:	5:01.00	37.28
7.	BOUCHARD, Marie			14	Rouge et Or/Université Laval				5:06.68	429		
	50m:	34.61	34.61	150m:	1:53.01	39.34	250m:	3:11.35	38.79	350m:	4:28.65	38.86
	100m:	1:13.67	39.06	200m:	2:32.56	39.55	300m:	3:49.79	38.44	400m:	5:06.68	38.03
8.	PRONOVOST, Juliane			14	Rouge et Or/Université Laval				5:11.51	409		
	50m:	34.53	34.53	150m:	1:52.65	39.77	250m:	3:13.37	40.46	350m:	4:33.66	40.01
	100m:	1:12.88	38.35	200m:	2:32.91	40.26	300m:	3:53.65	40.28	400m:	5:11.51	37.85
9.	LESSARD, Émilie			13	Natation Gatineau				5:12.07	407		
	50m:	33.24	33.24	150m:	1:50.73	39.19	250m:	3:12.20	40.33	350m:	4:33.82	41.33
	100m:	1:11.54	38.30	200m:	2:31.87	41.14	300m:	3:52.49	40.29	400m:	5:12.07	38.25
10.	CANTIN, Élisabeth			13	Rouge et Or/Université Laval				5:16.35	390		
	50m:	35.08	35.08	150m:	1:54.67	40.05	250m:	3:16.52	41.10	350m:	4:37.71	40.69
	100m:	1:14.62	39.54	200m:	2:35.42	40.75	300m:	3:57.02	40.50	400m:	5:16.35	38.64
11.	BÉRUBÉ, Alizée			13	club aquatique st-eustache				5:17.78	385		
	50m:	35.68	35.68	150m:	1:54.79	39.58	250m:	3:16.65	40.83	350m:	4:38.79	41.02
	100m:	1:15.21	39.53	200m:	2:35.82	41.03	300m:	3:57.77	41.12	400m:	5:17.78	38.99

Epreuve 19, Filles, 400m Libre, 13 - 14 ans

Rang					Age					Temps	Pts	
12.	BOLDUC, Carolane				14	club aquatique st-eustache				5:21.33	372	
	50m:	36.83	36.83	150m:	1:57.37	40.50	250m:	3:19.45	41.26	350m:	4:41.69	40.96
	100m:	1:16.87	40.04	200m:	2:38.19	40.82	300m:	4:00.73	41.28	400m:	5:21.33	39.64
13.	BANNON, Maxim				13	Club de Natation Samak				5:23.77	364	
	50m:	36.45	36.45	150m:	1:56.85	40.71	250m:	3:19.36	41.82	350m:	4:43.59	42.45
	100m:	1:16.14	39.69	200m:	2:37.54	40.69	300m:	4:01.14	41.78	400m:	5:23.77	40.18
14.	GAGNON-BOULAY, Emma				13	Rouge et Or/Université Laval				5:24.55	361	
	50m:	40.14	40.14	150m:	2:03.98	41.77	250m:	3:26.98	41.37	350m:	4:47.20	39.23
	100m:	1:22.21	42.07	200m:	2:45.61	41.63	300m:	4:07.97	40.99	400m:	5:24.55	37.35
15.	TANGUAY, Lou-Ann				13	club aquatique st-eustache				5:26.90	354	
	50m:	36.62	36.62	150m:	1:58.02	41.21	250m:	3:21.41	41.92	350m:	4:46.49	42.32
	100m:	1:16.81	40.19	200m:	2:39.49	41.47	300m:	4:04.17	42.76	400m:	5:26.90	40.41
16.	DESGAGNÉS, Alice				13	Rouge et Or/Université Laval				5:30.18	343	
	50m:	38.95	38.95	150m:	2:02.94	42.75	250m:	3:27.01	41.24	350m:	4:49.78	40.64
	100m:	1:20.19	41.24	200m:	2:45.77	42.83	300m:	4:09.14	42.13	400m:	5:30.18	40.40
17.	JACOB, Fanny				13	Mégophias				5:31.31	340	
	50m:	36.94	36.94	150m:	1:59.05	41.86	250m:	3:24.62	43.07	350m:	4:49.27	41.60
	100m:	1:17.19	40.25	200m:	2:41.55	42.50	300m:	4:07.67	43.05	400m:	5:31.31	42.04
18.	POIRIER, Maika				13	club aquatique st-eustache				5:36.70	324	
	50m:	36.35	36.35	150m:	2:01.18	43.03	250m:	3:28.28	43.95	350m:	4:55.49	43.44
	100m:	1:18.15	41.80	200m:	2:44.33	43.15	300m:	4:12.05	43.77	400m:	5:36.70	41.21
19.	CHABAB, Yasmine				13	Mégophias				5:39.14	317	
	50m:	37.91	37.91	150m:	2:03.25	43.69	250m:	3:31.10	43.96	350m:	4:58.14	42.84
	100m:	1:19.56	41.65	200m:	2:47.14	43.89	300m:	4:15.30	44.20	400m:	5:39.14	41.00
20.	EMOND, Aryelle				13	Mustang Boucherville				5:41.41	310	
	50m:	38.32	38.32	150m:	2:04.72	43.76	250m:	3:31.55	43.80	350m:	4:58.97	43.53
	100m:	1:20.96	42.64	200m:	2:47.75	43.03	300m:	4:15.44	43.89	400m:	5:41.41	42.44
21.	BÉDARD, Juliette				13	Rouge et Or/Université Laval				5:41.53	310	
	50m:	37.82	37.82	150m:	2:05.96	44.63	250m:	3:33.32	43.53	350m:	5:01.09	43.71
	100m:	1:21.33	43.51	200m:	2:49.79	43.83	300m:	4:17.38	44.06	400m:	5:41.53	40.44
22.	DOUCET, Simone				14	Les Dauphins de Rimouski				5:43.82	304	
	50m:	37.99	37.99	150m:	2:06.59	44.72	250m:	3:35.26	44.52	350m:	5:01.36	42.82
	100m:	1:21.87	43.88	200m:	2:50.74	44.15	300m:	4:18.54	43.28	400m:	5:43.82	42.46
23.	BEAUDOIN, Jade				14	Club de Natation Samak				5:47.31	295	
	50m:	36.53	36.53	150m:	2:02.35	43.96	250m:	3:31.44	44.98	350m:	5:02.02	44.95
	100m:	1:18.39	41.86	200m:	2:46.46	44.11	300m:	4:17.07	45.63	400m:	5:47.31	45.29
24.	FRIGON, Millie-Rose				14	Natation Gatineau				5:50.38	287	
	50m:			150m:			250m:			350m:	5:09.76	
	100m:			200m:			300m:			400m:	5:50.38	40.62
25.	LICCIARDI, Mirella				13	Rouge et Or/Université Laval				5:51.13	285	
	50m:	38.11	38.11	150m:	2:05.83	44.25	250m:	3:35.19	44.72	350m:	5:06.53	45.82
	100m:	1:21.58	43.47	200m:	2:50.47	44.64	300m:	4:20.71	45.52	400m:	5:51.13	44.60

Epreuve 19, Dames, 400m Libre

15 - 16 ans

1.	KRAUSS, Ellie	15	Natation Gatineau	4:28.36	640
	50m: 31.08 31.08	150m: 1:39.93 34.58	250m: 2:48.72 33.83	350m: 3:56.12 33.07	
	100m: 1:05.35 34.27	200m: 2:14.89 34.96	300m: 3:23.05 34.33	400m: 4:28.36 32.24	
2.	BELLEMARE, Maxim	16	Natation Gatineau	4:32.16	613
	50m: 31.39 31.39	150m: 1:40.19 34.55	250m: 2:49.89 34.76	350m: 3:59.00 34.61	
	100m: 1:05.64 34.25	200m: 2:15.13 34.94	300m: 3:24.39 34.50	400m: 4:32.16 33.16	
3.	CHARETTE, Gabrielle	16	Mégophias	4:35.01	594
	50m: 31.26 31.26	150m: 1:40.17 34.57	250m: 2:50.15 35.27	350m: 4:00.50 35.24	
	100m: 1:05.60 34.34	200m: 2:14.88 34.71	300m: 3:25.26 35.11	400m: 4:35.01 34.51	
4.	COOPER-KELLY, Emily	16	Natation Gatineau	4:39.14	568
	50m: 31.42 31.42	150m: 1:41.92 35.32	250m: 2:52.93 35.66	350m: 4:04.22 35.76	
	100m: 1:06.60 35.18	200m: 2:17.27 35.35	300m: 3:28.46 35.53	400m: 4:39.14 34.92	
5.	DROUIN, Laurie	16	club aquatique st-eustache	4:40.55	560
	50m: 31.33 31.33	150m: 1:42.26 35.92	250m: 2:54.22 35.81	350m: 4:06.04 35.95	
	100m: 1:06.34 35.01	200m: 2:18.41 36.15	300m: 3:30.09 35.87	400m: 4:40.55 34.51	
6.	LELIÈVRE, Karelle	15	Club de Natation Samak	4:41.54	554
	50m: 31.17 31.17	150m: 1:41.63 35.37	250m: 2:53.15 36.02	350m: 4:06.40 36.89	
	100m: 1:06.26 35.09	200m: 2:17.13 35.50	300m: 3:29.51 36.36	400m: 4:41.54 35.14	
7.	SHEEL, Laura	16	Club de Natation Samak	4:41.70	553
	50m: 31.00 31.00	150m: 1:41.02 35.55	250m: 2:53.69 36.50	350m: 4:06.45 36.22	
	100m: 1:05.47 34.47	200m: 2:17.19 36.17	300m: 3:30.23 36.54	400m: 4:41.70 35.25	
8.	PRICE, Loriane	15	Club de Natation Samak	4:42.15	550
	50m: 31.91 31.91	150m: 1:42.59 36.09	250m: 2:55.68 36.55	350m: 4:08.17 35.92	
	100m: 1:06.50 34.59	200m: 2:19.13 36.54	300m: 3:32.25 36.57	400m: 4:42.15 33.98	
9.	REID, Annabelle	16	Mustang Boucherville	4:48.46	515
	50m: 32.53 32.53	150m: 1:44.61 36.12	250m: 2:58.04 36.51	350m: 4:12.20 36.97	
	100m: 1:08.49 35.96	200m: 2:21.53 36.92	300m: 3:35.23 37.19	400m: 4:48.46 36.26	
10.	RIVERA, Aletxa	16	club aquatique st-eustache	4:51.93	497
	50m: 32.93 32.93	150m: 1:47.02 37.29	250m: 3:01.85 37.01	350m: 4:16.30 37.12	
	100m: 1:09.73 36.80	200m: 2:24.84 37.82	300m: 3:39.18 37.33	400m: 4:51.93 35.63	
11.	TOURANGEAU, Émy	16	Mégophias	4:53.44	489
	50m: 32.12 32.12	150m: 1:45.69 36.96	250m: 3:00.79 38.21	350m: 4:16.98 37.90	
	100m: 1:08.73 36.61	200m: 2:22.58 36.89	300m: 3:39.08 38.29	400m: 4:53.44 36.46	
12.	COLLIN, Camille	15	Les Dauphins de Rimouski	4:55.06	481
	50m: 32.87 32.87	150m: 1:47.07 37.75	250m: 3:03.35 37.99	350m: 4:18.87 37.21	
	100m: 1:09.32 36.45	200m: 2:25.36 38.29	300m: 3:41.66 38.31	400m: 4:55.06 36.19	
13.	RIOUX, Sarah-Jade	15	club aquatique st-eustache	4:55.12	481
	50m: 32.62 32.62	150m: 1:45.89 37.26	250m: 3:01.26 37.37	350m: 4:18.11 38.35	
	100m: 1:08.63 36.01	200m: 2:23.89 38.00	300m: 3:39.76 38.50	400m: 4:55.12 37.01	
14.	BELLANGER, Madeleine	16	Rouge et Or/Université Laval	4:55.16	481
	50m: 33.78 33.78	150m: 1:49.01 37.96	250m: 3:05.09 37.68	350m: 4:19.91 37.22	
	100m: 1:11.05 37.27	200m: 2:27.41 38.40	300m: 3:42.69 37.60	400m: 4:55.16 35.25	
15.	NÉMORIN, Joelle	16	club aquatique st-eustache	4:56.00	477
	50m: 33.15 33.15	150m: 1:46.48 37.34	250m: 3:01.62 37.30	350m: 4:18.64 38.65	
	100m: 1:09.14 35.99	200m: 2:24.32 37.84	300m: 3:39.99 38.37	400m: 4:56.00 37.36	
16.	SÉGUIN, Justine	16	club aquatique st-eustache	4:58.94	463
	50m: 33.76 33.76	150m: 1:49.19 38.30	250m: 3:06.23 38.37	350m: 4:22.46 37.84	
	100m: 1:10.89 37.13	200m: 2:27.86 38.67	300m: 3:44.62 38.39	400m: 4:58.94 36.48	

Epreuve 19, Filles, 400m Libre, 15 - 16 ans

Rang				Age					Temps	Pts		
17.	GERVAIS, Frédérique			16	Rouge et Or/Université Laval				4:59.88	458		
	50m:	34.44	34.44	150m:	1:50.51	38.12	250m:	3:07.81	38.52	350m:	4:23.94	37.54
	100m:	1:12.39	37.95	200m:	2:29.29	38.78	300m:	3:46.40	38.59	400m:	4:59.88	35.94
18.	DEMERS, Justine			16	Rouge et Or/Université Laval				4:59.98	458		
	50m:	33.51	33.51	150m:	1:48.57	37.83	250m:	3:05.62	38.64	350m:	4:22.36	37.49
	100m:	1:10.74	37.23	200m:	2:26.98	38.41	300m:	3:44.87	39.25	400m:	4:59.98	37.62
19.	ROBITAILLE, Sara			15	Mustang Boucherville				5:01.68	450		
	50m:	33.44	33.44	150m:	1:48.50	38.01	250m:	3:06.43	39.13	350m:	4:24.03	38.75
	100m:	1:10.49	37.05	200m:	2:27.30	38.80	300m:	3:45.28	38.85	400m:	5:01.68	37.65
20.	LECLERC, Méliane			16	Les Dauphins de Rimouski				5:02.33	447		
	50m:	33.08	33.08	150m:	1:48.97	38.39	250m:	3:06.43	38.75	350m:	4:24.17	38.82
	100m:	1:10.58	37.50	200m:	2:27.68	38.71	300m:	3:45.35	38.92	400m:	5:02.33	38.16
21.	MILETTE-KÉGLE, Zaraève			15	Mégophias				5:03.14	444		
	50m:	33.52	33.52	150m:	1:47.72	37.35	250m:	3:04.98	38.85	350m:	4:24.17	39.50
	100m:	1:10.37	36.85	200m:	2:26.13	38.41	300m:	3:44.67	39.69	400m:	5:03.14	38.97
22.	LACHAPELLE, Frédérique			15	Mustang Boucherville				5:08.28	422		
	50m:	35.10	35.10	150m:	1:52.37	39.18	250m:	3:11.13	39.37	350m:	4:29.99	39.23
	100m:	1:13.19	38.09	200m:	2:31.76	39.39	300m:	3:50.76	39.63	400m:	5:08.28	38.29
23.	HERNANDEZ-FAUCHER, Emma			15	Rouge et Or/Université Laval				5:08.30	422		
	50m:	34.91	34.91	150m:	1:54.04	40.39	250m:	3:12.50	38.51	350m:	4:30.98	39.59
	100m:	1:13.65	38.74	200m:	2:33.99	39.95	300m:	3:51.39	38.89	400m:	5:08.30	37.32
24.	COUTURE, Rosianne			15	club aquatique st-eustache				5:09.46	417		
	50m:	34.20	34.20	150m:	1:50.68	39.03	250m:	3:10.10	39.96	350m:	4:30.47	40.24
	100m:	1:11.65	37.45	200m:	2:30.14	39.46	300m:	3:50.23	40.13	400m:	5:09.46	38.99
25.	COLLIN, Florence			15	Les Dauphins de Rimouski				5:12.85	404		
	50m:	35.05	35.05	150m:	1:56.22	40.82	250m:	3:17.53	39.83	350m:	4:35.67	39.10
	100m:	1:15.40	40.35	200m:	2:37.70	41.48	300m:	3:56.57	39.04	400m:	5:12.85	37.18
26.	COURCY, Marianne			15	Les Dauphins de Rimouski				5:14.63	397		
	50m:	34.03	34.03	150m:	1:52.46	40.18	250m:	3:13.01	40.94	350m:	4:35.27	40.57
	100m:	1:12.28	38.25	200m:	2:32.07	39.61	300m:	3:54.70	41.69	400m:	5:14.63	39.36
27.	BOUDREAU, Alice			16	Les Dauphins de Rimouski				5:16.52	390		
	50m:	35.23	35.23	150m:	1:54.89	40.44	250m:	3:16.39	41.08	350m:	4:37.45	40.75
	100m:	1:14.45	39.22	200m:	2:35.31	40.42	300m:	3:56.70	40.31	400m:	5:16.52	39.07
28.	BEAUMIER, Marianne			16	Mustang Boucherville				5:16.74	389		
	50m:	36.98	36.98	150m:	1:56.31	39.89	250m:	3:16.82	39.92	350m:	4:37.72	40.24
	100m:	1:16.42	39.44	200m:	2:36.90	40.59	300m:	3:57.48	40.66	400m:	5:16.74	39.02
29.	HOULE, Megan			16	club aquatique st-eustache				5:21.41	372		
	50m:	35.09	35.09	150m:	1:53.29	39.87	250m:	3:15.02	40.50	350m:	4:38.90	42.92
	100m:	1:13.42	38.33	200m:	2:34.52	41.23	300m:	3:55.98	40.96	400m:	5:21.41	42.51
30.	BERGERON, Marie-Laurence			15	Mustang Boucherville				5:23.34	366		
	50m:	35.37	35.37	150m:	1:55.28	40.90	250m:	3:17.42	40.65	350m:	4:42.17	43.26
	100m:	1:14.38	39.01	200m:	2:36.77	41.49	300m:	3:58.91	41.49	400m:	5:23.34	41.17
31.	SALIM, Mira			16	Natation Gatineau				5:36.91	323		
	50m:	36.82	36.82	150m:	2:00.80	42.49	250m:	3:26.81	43.02	350m:	4:53.96	43.15
	100m:	1:18.31	41.49	200m:	2:43.79	42.99	300m:	4:10.81	44.00	400m:	5:36.91	42.95
32.	LESSARD, Alice			15	Mustang Boucherville				5:39.76	315		
	50m:	37.58	37.58	150m:	2:02.35	43.88	250m:	3:29.81	44.12	350m:	4:58.34	43.83
	100m:	1:18.47	40.89	200m:	2:45.69	43.34	300m:	4:14.51	44.70	400m:	5:39.76	41.42

Epreuve 19, Filles, 400m Libre, 15 - 16 ans

Rang			Age					Temps	Pts			
33.	PEPIN, Anabelle		16	Les Dauphins de Rimouski				5:51.21	285			
	50m:	37.60	37.60	150m:	2:03.11	43.39	250m:	3:33.29	45.68	350m:	5:06.07	46.33
	100m:	1:19.72	42.12	200m:	2:47.61	44.50	300m:	4:19.74	46.45	400m:	5:51.21	45.14

17 ans et plus

1.	VÉZINA, Corinne		18	Rouge et Or/Université Laval				4:25.95	657			
	50m:	30.17	30.17	150m:	1:36.65	33.51	250m:	2:44.16	33.54	350m:	3:52.46	34.21
	100m:	1:03.14	32.97	200m:	2:10.62	33.97	300m:	3:18.25	34.09	400m:	4:25.95	33.49
2.	MARQUIS, Jade		19	Club de Natation Samak				4:28.85	636			
	50m:	31.07	31.07	150m:	1:38.66	34.17	250m:	2:47.08	34.21	350m:	3:55.90	34.33
	100m:	1:04.49	33.42	200m:	2:12.87	34.21	300m:	3:21.57	34.49	400m:	4:28.85	32.95
3.	GAGNON, Isabelle		19	Rouge et Or/Université Laval				4:29.37	633			
	50m:	31.46	31.46	150m:	1:38.90	34.17	250m:	2:47.23	34.03	350m:	3:56.09	34.23
	100m:	1:04.73	33.27	200m:	2:13.20	34.30	300m:	3:21.86	34.63	400m:	4:29.37	33.28
4.	LEMOYNE, Marie-Hélène		18	Mégophias				4:39.77	565			
	50m:	31.02	31.02	150m:	1:40.28	35.18	250m:	2:51.62	35.83	350m:	4:04.06	36.29
	100m:	1:05.10	34.08	200m:	2:15.79	35.51	300m:	3:27.77	36.15	400m:	4:39.77	35.71
5.	HOUDE, Gabrielle		17	Mégophias				4:42.20	550			
	50m:	30.52	30.52	150m:	1:39.27	34.83	250m:	2:51.74	36.65	350m:	4:05.95	37.17
	100m:	1:04.44	33.92	200m:	2:15.09	35.82	300m:	3:28.78	37.04	400m:	4:42.20	36.25
6.	CHALIFOUR, Mathilde		18	Rouge et Or/Université Laval				4:45.39	532			
	50m:	32.97	32.97	150m:	1:44.64	35.95	250m:	2:57.16	35.98	350m:	4:09.70	36.26
	100m:	1:08.69	35.72	200m:	2:21.18	36.54	300m:	3:33.44	36.28	400m:	4:45.39	35.69
7.	GIRARDIN, Naomie		17	Rouge et Or/Université Laval				4:46.51	526			
	50m:	32.86	32.86	150m:	1:44.79	36.35	250m:	2:58.14	36.83	350m:	4:11.47	36.72
	100m:	1:08.44	35.58	200m:	2:21.31	36.52	300m:	3:34.75	36.61	400m:	4:46.51	35.04
8.	PAUL, Florence		17	Rouge et Or/Université Laval				4:51.47	499			
	50m:	33.82	33.82	150m:	1:47.38	37.21	250m:	3:01.20	36.30	350m:	4:15.24	36.98
	100m:	1:10.17	36.35	200m:	2:24.90	37.52	300m:	3:38.26	37.06	400m:	4:51.47	36.23
9.	MARTINEAU, Margot		19	Mégophias				4:55.91	477			
	50m:	32.35	32.35	150m:	1:45.63	37.22	250m:	3:01.13	38.00	350m:	4:18.13	38.59
	100m:	1:08.41	36.06	200m:	2:23.13	37.50	300m:	3:39.54	38.41	400m:	4:55.91	37.78
10.	SIMARD, Anne		17	Rouge et Or/Université Laval				4:56.86	473			
	50m:	33.04	33.04	150m:	1:48.09	37.96	250m:	3:03.98	37.51	350m:	4:20.02	37.95
	100m:	1:10.13	37.09	200m:	2:26.47	38.38	300m:	3:42.07	38.09	400m:	4:56.86	36.84
11.	SÉGUIN, Daphnée		19	club aquatique st-eustache				4:59.72	459			
	50m:	33.24	33.24	150m:	1:46.43	37.43	250m:	3:03.18	38.92	350m:	4:21.82	39.55
	100m:	1:09.00	35.76	200m:	2:24.26	37.83	300m:	3:42.27	39.09	400m:	4:59.72	37.90
12.	HUARD, Enora		21	Rouge et Or/Université Laval				5:03.04	444			
	50m:	32.36	32.36	150m:	1:47.61	38.29	250m:	3:05.01	38.29	350m:	4:24.76	40.23
	100m:	1:09.32	36.96	200m:	2:26.72	39.11	300m:	3:44.53	39.52	400m:	5:03.04	38.28
13.	MARSOLAIS, Julia		18	Mustang Boucherville				5:11.58	409			
	50m:	33.67	33.67	150m:	1:49.66	39.02	250m:	3:09.83	40.00	350m:	4:31.03	40.63
	100m:	1:10.64	36.97	200m:	2:29.83	40.17	300m:	3:50.40	40.57	400m:	5:11.58	40.55
14.	BÉLANGER, Liana		17	Les Dauphins de Rimouski				5:19.58	379			
	50m:	34.40	34.40	150m:	1:53.55	40.71	250m:	3:16.53	41.43	350m:	4:40.13	41.48
	100m:	1:12.84	38.44	200m:	2:35.10	41.55	300m:	3:58.65	42.12	400m:	5:19.58	39.45

Epreuve 19, Dames, 400m Libre, 17 ans et plus

Rang	Age						Temps	Pts
15.	GAUDREAU, Émilie		17	Les Dauphins de Rimouski			5:24.02	363
	50m:	35.10 35.10	150m:	1:55.39 41.06	250m:	3:19.06 42.21	350m:	4:43.53 41.83
	100m:	1:14.33 39.23	200m:	2:36.85 41.46	300m:	4:01.70 42.64	400m:	5:24.02 40.49